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stimulants, walk five miles a day, or do its equivalent of work or play, the action of his bowels will become free and regular, his melancholy and ill-temper will disappear, and his neurasthenia will fly away like "the baseless fabric of a dream."

Not so in pure neurasthenia. Beard says it is caused by worry and work and nervous strain. The remedies suggested for its relief are as numerous as the symptoms which it presents, and their enumeration alone would fill a page. No single medicine is able to cure neurasthenia; few remedies are required in lithemia.

J. J. C.

THE DISCIPLINE COMMITTEE SHOULD ACT ON INFORMATION.

THE following circular letter was issued (Oct. 27, '08) to County Attorneys throughout Ontario by Mr. Charles Rose, official prosecutor of the Ontario College of Physicians and Surgeons:

"Dear Sir,—The Council of the College of Physicians and Surgeons are anxious that any infractions of the law which would render any of their registered members liable to criminal prosecution, or which would in any way reflect upon their professional character, should come to their knowledge, so they have instructed the undersigned to communicate with you, in order that you may be placed in a position to advise them of any matters which may come to your knowledge, and which should, in your opinion, be attended to by the Discipline Committee of the Council.

"The Council of the College feel assured that infractions of the law and unprofessional conduct are the exception and not the rule; but they are anxious that the members of the College, and-of the medical profession, should live up to the highest ideals of the profession, and with that end in view they are taking this course."

The opinion expressed in the concluding paragraph of this letter is true enough; few physicians in Ontario do break the criminal law, or are guilty of unprofessional conduct. All the more, it is expedient that, when the Discipline Committee of the Council do get a culprit before them, they should advise the Council of the College of Physicians and Surgeous to inhibit his professional movements, thus placing the 1 nor and dignity of the physicians of Ontario on an unassailable basis.

J. J. C.