

Perhaps the most interesting, and certainly the most instructive to the Anglo-Saxon, of Prof. Ripley's papers on *Racial Geography*, in *Appletons' Popular Science Monthly*, will be that in the December number on *The British Isles*. He describes the racial history of Great Britain and Ireland, and devotes considerable space to the curious language survivals in the Gaelic, or Goidelic, which is still common in parts of Scotland and Ireland; and the Kymric, or Brythonic, still spoken in Wales.

The October (1897) number of the *Alienist and Neurologist* contains: "Neurasthenia Essentialis and Neurasthenia Symptomatica," by F. X. Dercum, M.D., Philadelphia; "President's Annual Address," by Dr. Martin W. Barr, M.D., Elwyn, Pa.; "Neurasthenia," by C. C. Hersman, M.D., Pittsburgh, Pa.; "Tremor and Tremor-like Movements in Chorea," by Dr. J. H. Wallace Rhein, Philadelphia; "Suicide," by C. H. Hughes, M.D., St. Louis, Mo.; "Syphilis of the Central Nervous System," by Sydney Kuh, M.D., Chicago; "The Action of the Nervous System over the Nutritive Processes, in Health and Disease," by Beverly O. Kinnear, M.D., New York; "The Significance of Degeneration to the General Practitioner," by Haldor Snévé, St. Paul, Minn.; "Insane Confessions, Errabund Lunatics, The Corpus Delicti and Crime," by Jas. G. Kiernan, M.D., Chicago; besides the usual Selections, Editorials, Reviews, Book Notices, etc. C. H. Hughes, M.D., Editor, 3857 Olive St., St. Louis, Mo. Subscription: \$5 per annum; single copies, \$1.50.

A GREAT MAGAZINE FEATURE.

The *Ladies' Home Journal* has secured what promises to be the great magazine feature of 1898. It is entitled "The Inner Experiences of a Cabinet Member's Wife." In a series of letters written by the wife of a Cabinet member to her sister at home, are detailed her actual experiences in Washington, frankly and freely given. The letters were written without any intention of publication. They give intimate peeps behind the curtain of high official and social life. They are absolutely fearless, they study Washington life under the search-light as it has never been before presented. The President and the highest officials of the land, with the most brilliant men and women of the Capital, are seen in the most familiar way. As these are all actual experiences the name of the writer is withheld. The letters will doubtless excite much shrewd guessing by readers and study of internal evidence to discover the secret. The "Experiences," which will be beautifully illustrated, begin in the December number and will continue for several months.

APENTA WATER

IN THE TREATMENT OF OBESITY AND ITS INFLUENCE ON CHANGE OF TISSUE.

(Observations in Professor Gerhardt's Clinic in the Charité Hospital, Berlin.)

The *Berliner Klinische Wochenschrift* of March 22, 1897, publishes a Report upon some experiments that have been made under the direction of Professor Gerhardt, in his Clinic in the Charité Hospital at Berlin, demonstrating the value of Apenta Water in the treatment of Obesity, and its influence on change of tissue.

"Such experiments," it is observed, "could not be carried out until quite recently on account of the inconstant composition of the bitter waters coming into the market. In this respect the Apenta Water is favourably circumstanced," and it was chosen for these observations because of its constancy of composition.

The conclusion arrived at as to the value of Apenta in the treatment of obesity, and as to its influence on tissue-change, was that it "succeeded in producing a reduction of fat in the body without detriment to the existing albumen," and that "the general health of the patient suffered in no wise, and the cure ran its course in a satisfactory manner."

A translation of the Report may be obtained on application to Messrs. Charles Graef & Co., 32 Beaver Street, New York, sole agents of "The Apollinaris Co., Ltd.," London.