

TARTS.—Tarts are a very nice as well as ornamental addition to the tea table. Take the nicest puff paste, roll out a trifle thicker than for pie crust, cut with a biscuit cutter twice as many as you intend to make. In the centre of half of them cut out a circle, dip them in cold water and lay upon the tops of the whole one. Bake in a quick oven, but not to scorch them. Fill with jam, jelly or preserves, in cold weather, if kept in a dry place, they will keep for some time, and are convenient to have on hand. They should not be filled until just before using:

OLD-FASHIONED JOHNNY CAKE.—Two cupfuls of buttermilk (or sour milk, if solid, beaten briskly with an egg-beater), one cupful sifted flour, two cupfuls sifted Indian meal, a small teaspoonful salt, a rounded teaspoonful soda (dissolved in a tablespoonful warm water), a tablespoonful brown sugar (or two if liked sweeter), a well-beaten egg, and three-tablespoonfuls of melted butter or nice sweet lard. Put the milk, sugar and salt into a bowl, add soda, next flour and meal; after mixing, add first the butter, then the egg, pour into square baking pans and bake in a quick oven for half an hour. The old-fashioned way of baking it was to put into a bake-kettle or long-legged spider; set this upon live coals raked out upon the hearth.

CHICKEN GIBLETS IN CURRY JELLY.—Put the giblets of two chickens on the fire with the scalded feet and the necks of both fowls, a sliced onion and a stalk of celery. Pour over all a quart of cold water, bring to a boil and simmer slowly half an hour. Take out the giblets and boil the broth until it is reduced one-half. While this is being done, soak a tablespoonful of Cooper's gelatine in enough cold water to cover it. When the broth comes from the fire, strain, salt to taste, stir the gelatine into it until it is dissolved and strain again. Add a teaspoonful of curry powder. Set the broth aside to cool. Slice the giblets, arrange a layer in the bottom of a plain mould, pour on it a part of the half-formed jelly, place another layer of the giblets on this and pour over it more of the jelly. When firm, turn out on a platter. A good dish for lunch or tea.

POTATO PUFF.—Two cups of mashed potato (that has been put through a sieve); season with salt and pepper; stir in two tablespoonfuls of butter, beat to a cream, add two well-beaten eggs and one cup of cream. Pour into a baking dish and bake in a hot oven.

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HOME TESTIMONY:

TWO SAMPLE LETTERS MUST SUFFICE—MORE ANOTHER TIME.

THE REV. COVERDALE WATSON, for the last three years Pastor of the Central Methodist Church, Bloor-street Toronto, but now of Victoria, B.C., writes under date of Aug. 5th inst., as follows: "Dear MR. SIMPSON—Yours of the 20th July was duly received. I can only say with respect to Dr. A. WILFORD HALL'S Hygienic treatment that I regard it as a wonderful discovery, and I spontaneously used it cannot fail to be of great service. I would advise any one to get the pamphlet, begin the use of the treatment and throw medicine to the dogs. A very clever physician said to me the other day, 'Let medicine alone and get rid of the waste materials and the organs will perform their functions.' This is precisely what this treatment does."
Sincerely yours, C. WATSON.

MR. ROBERT LINN, Miller, with Messrs. McLaughlin & Moore, Bay and Esplanade-streets, Toronto, writes August 13 as follows: "To J. WESLEY SIMPSON—Dear Sir,—A remarkable experience prompts me to write concerning DR. HALL'S 'Health Pamphlet' purchased of you some time ago. The treatment unfolded therein, is to my mind, the greatest health discovery of the present century. It certainly has proved a great boon to me in a recent and severe attack of inflammation and hemorrhage of the kidneys, accompanied with piles of a painful character. The treatment acted like a charm in allaying the inflammation, stopping the issue of blood and causing the piles to disappear almost immediately. The rapidity with which the inflammation was arrested and healthy action restored was simply wonderful. I do not believe that any system of drug treatment in a case so critical could possibly have accomplished a cure so safely, effectively and rapidly. The treatment has also cured me of a very distressing headache, periodical in character and threatening to become obstinately chronic. The unique home treatment is simply of priceless value, and should be known and practised by everybody, however slightly out of health, as it would not only eradicate the disease from the system, but prevent much sickness and suffering and save most people many times its cost every year. I never invested \$4 to better advantage."
Yours truly, ROBERT LINN, 168 Parliament street.

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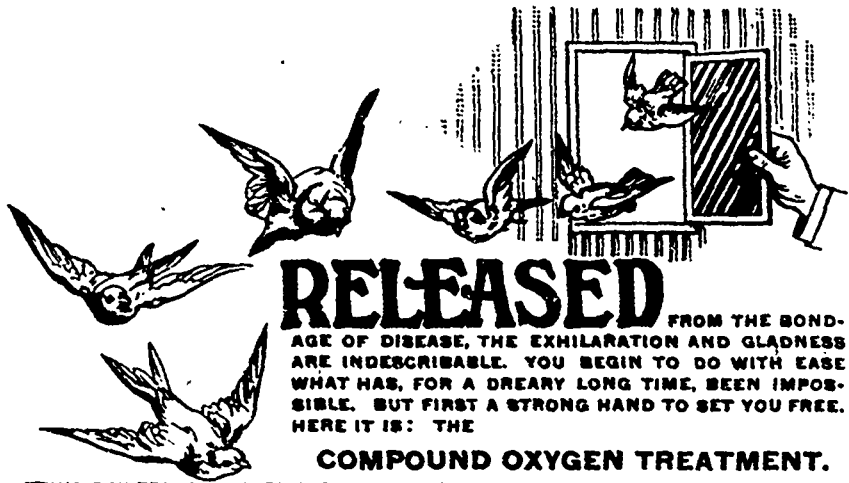
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