

Dr. J. Rolph Malcolm,

(ESTABLISHED 1843.)

Physician for Affections of Throat, Lungs and all other Chronic Diseases
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For all those Painful Complaints and Weaknesses so common to our best female population.

A Medicine for Women. Invented by a Woman. Prepared by a Woman.

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It revives the drooping spirits, invigorates and harmonizes the organic functions, gives elasticity and firmness to the step, restores the natural lustre to the eye, and plants on the pale cheek of woman the fresh rose of life's spring and early summer time.

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It removes faintness, flatulency, destroys all craving for stimulant, and relieves weakness of the stomach. That feeling of bearing down, causing pain, weight and backache, is always permanently cured by its use. For the cure of Kidney Complaints of either sex this Compound is unsurpassed.

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Both the Compound and Blood Purifier are prepared at 233 and 235 Western Avenue, Lynn, Mass. Price of either, \$1. Six bottles for \$5. Sent by mail in the form of pills, or of lozenges, on receipt of price, \$1 per box for either. Mrs. Pinkham freely answers all letters of inquiry. Enclose 3c. stamp. Send for pamphlet.

No family should be without LYDIA E. PINKHAM'S LIVER PILLS. They cure constipation, biliousness, and torpidity of the liver. 25 cents per box.

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FOR SILK, WOOL, OR COTTON. DRESSES, COATS, BOATERS, HOSIERS, YARNS, STOCKINGS, CARPET RIBBONS, FEATHERS, or any fancy article easily and perfectly colored in any shade. Black, Brown, Green, Blue, Cardinal Red, Navy Blue, Seal Brown, Olive Green, Terra Cotta and 50 other beautiful colors. Warranted Fast and Durable. Each package will color one to two lbs. of goods. If you have never used Dyes try these ones. You will be delighted. Sold by druggists, or send us 10 cents and any color wanted sent post-paid. 24 colored samples and a set of fancy cards sent for a 5c. stamp. WELLS, RICHARDSON & CO., Burlington, Vt.

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Bronze Paint, Artists' Black. For gilding Fancy Baskets, Frames, Lamps, Chandeliers, and for all kinds of ornamental work. Equal to any of the high priced kinds and only 10c. a package, at the druggists, or post-paid from WELLS, RICHARDSON & CO., Burlington, Vt.

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WHAT'S SAVED IS GAINED. Workingmen will economize by getting Dr. Pierce's Medicines. His "Pleasant Pellets" and "Golden Medical Discovery" cleanse the blood and system (and prevent fever and other serious diseases, and curing all constitutional humors. Sold by druggists.

Scientific and Useful.

If a straw hat has been wet, and the stiffness has departed, rub a little white of egg mixed with cold water over it; put it on with a flannel cloth.

A ONE-KING bread pudding is sometimes greatly to be desired. Beat one egg with one tablespoonful of flour, three of brown sugar, one pint of milk, a little salt; place some very thin slices of buttered bread in a pudding dish, then pour the custard already made over this, and bake for half an hour. Fruit may be added, and spices to suit the taste.

FRENCH mustard is thus made in America.—Four tablespoonfuls of mustard, one tablespoonful of sugar, one teaspoonful of cinnamon, one-half teaspoonful each of cloves, black pepper, and of flour, with vinegar enough to cover these; mix all well, and let it come to a boil, when add a little salad oil, say one or two tablespoonfuls; this gives smoothness to the whole.

Now that boneless herring can be purchased at almost any grocery, the only objection to making herring salad is removed. The herring should soak in cold water for two or three hours, cut them up in small pieces, and add boiled potatoes in the proportion your taste indicates; hard-boiled eggs cut in small bits and the ordinary salad-dressing should be added just before serving. This is a good dish for a picnic.

BREAD cake fried may be a novelty to some cooks. To two cups and a half of bread dough, allow one cup and a half of sugar, two eggs, a quarter of a cup of melted butter, half a teaspoonful of salt, and a little nutmeg. Knead them well into the dough, using as much flour as is needed to make a smooth dough. Let it rise then until it is very light, then knead again, and cut out in fancy shapes, let them rise again, and fry in boiling fat.

A PRETTY ornament for a bracket or shelf in a dining-room is made by gilding, or purchasing already gilded, a little case which will hold a panel of plush about ten inches high and five or seven wide. To this is to be fastened a small pitcher of china or some fancy ware, it is fastened by having a ribbon put through the handle, and then having this tied to the case itself. A little white china pitcher with a spray of flowers hand-painted is very effective.

TASTEFUL curtains for the sitting room windows are made of dead momic cloth. Put them up with a cornice, and in the usual way; then, where they part, fit in a piece of the momic cloth on which a pretty group of flowers is embroidered in Kensington stitch, the edges may be trimmed with fringe, with lace crocheted of linen thread. Tie the draped part of the curtains back with narrow bands of the momic cloth on which is a vine matching the bouquet on the curtains.

ANTS IN THE CLOSET. The best ant trap is an ordinary dinner plate, the interior of which, all below the rim, is smeared with lard. Lay cards or a few sticks from the shelf to the edge of the plate, to afford a bridge upon which the insects can pass up to the inside of the plate and reach the lard, of which they are very fond. Of course this trap will only succeed where the temperature will keep the lard soft and adhesive. From time to time scald out the plates, apply fresh lard, and set them anew. To sprinkle the shelves well with slacked lime will drive away insects. And the free use of borax is good, especially against the encroachment of cockroaches.

A GREAT INSTITUTION.

The surgeons of the International Throat and Lung Institute, operating from their different offices, Montreal, Toronto, Detroit, Mich., and Winnipeg, Man., are treating more patients suffering from Consumption, Bronchitis, Laryngitis, Pharyngitis, Asthma, Catarrh, Catarrhal Deafness than any other institution in the world. We will treat no case we think incurable. We can help every case and cure the majority we undertake to treat if patients will strictly follow our directions. By the use of cold inhalations conveyed to the diseased parts by the Spirometer the wonderful invention of Dr. M. Soubeiran, of Paris, ex-arde surgeon of the French army, and other proper local and constitutional treatment, we are curing thousands of cases of the above named diseases every year. Write enclosing stamp for list of questions and copy of International News, published monthly, which will give you full information and reliable references. Address International Throat and Lung Institute, 173 Church Street, Toronto; 17 Phillips Square, Montreal, P. Q.; St. Lafayette Ave., Detroit, Mich.; or 166 Alexander Street, Winnipeg, Man.

If and If.

"If you are suffering from poor health or languishing on a bed of sickness, take cheer, if you are simply ailing, or if you feel weak and dispirited, without clearly knowing why, Hop Bitters will surely cure you."

"If you are a Minister, and have overtaxed yourself with your pastoral duties, or a Mother, worn out with care and work, or a man of business or a labourer, weakened by the strain of your every day duties, or a man of letters, toiling over your midnight work, Hop Bitters will surely strengthen you."

"If you are suffering from over-eating or drinking, any indiscretion or dissipation, or are young and growing too fast, as is often the case."

"Or if you are in the workshop, on the farm, at the desk, anywhere, and feel that your system needs cooling, toning, or stimulating, without exciting, if you are old, bloodless, and impare, pulse feeble, nerves weak, faculties waning, Hop Bitters is what you need to give you new life, health, and vigour."

If you are costive or dyspeptic, or suffering from any other of the numerous diseases of the stomach or bowels, it is your own fault if you remain ill.

If you are wasting away with any form of Kidney Disease, stop tempting death this moment, and turn for a cure to Hop Bitters.

If you are sick with that terrible sickness Nervousness, you will find a "Balm in Gilead" in Hop Bitters.

If you are a frequenter, or a resident of a miasmatic district, barricade your system against the scourge of all countries—malaria, epidemic, bilious and intermittent fevers—by the use of Hop Bitters.

If you have rough, pimply, or sallow skin, bad breath, Hop Bitters will give you fair skin, rich blood, the sweetest breath, and health. \$500 will be paid for a case they will not cure or help.

That poor, bedridden, invalid wife, sister, mother, or daughter, can be made the picture of health by a few bottles of Hop Bitters costing but a trifle.

"BUCHUPAIBA."

Quick, complete cure all annoying Kidney, Bladder and kindred Diseases. 50c. per bottle.

MUCH distress and sickness in children is caused by worms. Mother Graves' Worm Expeller gives relief by removing the cause.

HOLLOWAY'S Corn Cure destroys all kinds of Corns and warts, root and branch.

NOTHING so simple and perfect for colouring as the Diamond Dye. For carpet rags, better and cheaper than any other dye-stuff.

MR. C. P. BROWN, Crown Land Agent, St. Ste. Marie, writes: "Two of three of my friends and myself were recommended to try Northrop & Lyman's Emulsion of Cod Liver Oil and Hypophosphites of Lime and Soda, in preference to Compound of Hypophosphites. We prefer your Emulsion, and think it better for the system than the Syrup," etc.

WELLS' "ROUGH ON CORNS" Ask for Wells' "Rough on Corns," etc. Quick, complete, permanent cure. 50c. per box. Warts, bunions.

WOMEN are rapidly finding places in the larger professions and the more lucrative occupations from which they were formerly excluded. Many are graduating in medicine. Mrs. Lydia E. Pinkham of Lynn, Mass., is a minister of health to thousands who may never touch the hem of her garment or behold the genial light of her modest countenance.

THERE is no excuse for suffering from Headache, Constipation and all the wearying train of symptoms of a disordered liver, when Burdock Blood Bitters is an unerring remedy, and only costs One Dollar a bottle. Why suffer on without a trial? 25,000 bottles sold during the last three months, with a most universal satisfaction.

It is now in season to warn our readers against the sudden attacks of Cholera, Cramp, Colic, and the various Bowel Complaints incident to the season of ripe fruit, vegetables, etc. Dr. Fowler's Extract of Wild Strawberry is the grand specific for those troubles.

DON'T DIE IN THE HOUSE. "Rough on Rats." Clears out mice, rats, coon, bed-bugs, flies, ants, moths, chipmunks, gophers. 15c.

TORNADOES.

Scientifically Accounted For, and some Remote Causes that produce Painful Results Explained.

The following synopsis of a lecture delivered by Dr. Horace R. Hamilton before the New York Society for the promotion of science, contains so much that is timely and important that it can be read with both interest and profit.

There is probably no subject of modern times that has caused and is causing greater attention than the origin of tornadoes. Scientists have studied it for the benefit of humanity. Men have investigated for the welfare of their families. It had been a vexed subject long considered, and through all this investigation the cyclone has swept across the land carrying destruction to scientists as well as to the innocent dwellers in its track. One thing, however, is certain: the cause of the cyclone must be sought far away from the whirling body of wind itself. Its results are powerful; its cause must also be powerful. Let us therefore consider a few facts. First, the appearance of a cyclone is invariably preceded by dark spots upon the face of the sun. These spots, indicating a disturbed condition of the solar regions, necessarily affect the atmosphere of our earth. An unusual generation of heat in one part of the atmosphere is certain to cause a partial vacuum in another portion. Air must rush in to fill this vacuum. Hence the disturbances—hence the cyclone. This theory finds additional confirmation in the fact that tornadoes come during the day and not at night. The dark spots upon the face of the sun whatever they may be, seem to cause great commotion in the atmosphere of the world, and it is not certain that the extremely wet weather of the present season can be accounted for on precisely this basis. Is it reasonable to suppose that the powerful effect of the sun upon vegetation in the general shall be less than upon the atmosphere through which its rays come? The cause is remote, but the effect is here.

After describing some of the terrible effects of the cyclone, the speaker went on to say:—

This rule finds its application in nearly every department of life. An operator in San Francisco—the click of the instrument manipulated by his fingers, in New York. The president makes a slight stroke of the pen in his study at the White House, and the whole nation is aroused by the act. An uneasiness and disgust with everything in life, commonly called home-sickness, is felt by many people, when the cause is to be found in the distant bosoms thousands of miles away. An uncertain pain may be felt in the head. It is repeated in other parts of the body. The appetite departs and all energy is gone. Is the cause necessarily to be found in the head? The next day the feeling increases. There are added symptoms. They continue and become more aggravated. The slight palas in the head increase to agonies. The nausea becomes chronic. The head grows irregular, and the breathing uncertain. All these effects have a definite cause; and, after years of deep experience upon this subject, I do not hesitate to say that this cause is to be found in some derangement of the kidneys or liver far away from the portion of the body in which these effects appear. But one may say, I have no pain whatever in my kidneys or liver. Very true. Neither have we any evidence that there is a tornado on the surface of the sun. And it is none the less certain that the great organs of the body are the cause of the trouble although there may be no pain in their vicinity.

I have whereof I speak, for I have passed through this very experience myself. Nearly ten years ago I was the picture of health, weighing more than 200 pounds, and as strong and healthy as any man I ever knew. When I felt the symptoms I have described, they caused me annoyance, not only by reason of their aggravating nature, but because I had never felt any pain before. Other doctors told me I was troubled with malaria, and I treated myself accordingly. I did not believe, however, that malaria could show such aggravated symptoms. It never occurred to me that analysis would help, so the trouble as I did not presume my difficulty was located in that portion of the body. But I continued to grow worse. I had a faint sensation at the pit of my stomach nearly every day. I felt a great desire to eat, and yet I loathed food. I was constantly tired and still I could not sleep. My brain was unusually active; but I could not think connectedly. My constitution was a living misery. I continued in this condition for nearly a year; never free from pain, ever for a moment happy. Such an existence I can never think death, for which I confess I earnestly longed.

It was while suffering thus that a friend advised me to make a final attempt to recover my health. I sneered inwardly at his suggestion, but I was too weak to make any resistance. He furnished me with a remedy, simple yet palatable and within two days I observed a slight change for the better. The awakened my courage. I felt that I would not die at that time. I continued the use of the remedy, taking it in accordance with directions, until I became not only restored to my former health and strength, but of greater vigour than I have before known. This condition has continued up to the present time, and I believe I should have died as miserably as thousands of other men have died and are dying every day had it not been for the simple yet wonderful power of Wainwright's Self-Cure, the remedy I employed.

The lecturer then described his means of recovery more in detail, and concluded as follows:

My complete recovery has caused me to investigate the subject more carefully, and I believe I have discovered the key to most ill health of our modern civilization. I am fully cognizant that four-fifths of the diseases which afflict humanity might be avoided were the kidneys and the liver kept in perfect condition. Were it possible to control the action of the sun, the earth could undoubtedly be averted. The sun, however, is one of the things that cannot be. But I rejoice to say that it is possible to control the activity and life, to render their action wholly normal, and their effect upon the system that of purifiers rather than poisoners. That this end has been accomplished largely by means of the remedy I have named I do not have a doubt, and I feel it my duty to make this open declaration for the enlightenment of the profession and for the benefit of suffering humanity in all parts of the world.

A CURE FOR CHOLERA MORBUS—A positive cure for this dangerous complaint, and for all acute or chronic forms of Bowel Complaint incident to summer and fall, is found in Dr. Fowler's Extract of Wild Strawberry, to be procured from any druggist.