

$\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$

Before meals = $\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$

After meals = $\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$
 $\frac{1}{\sqrt{1-x^2}}$