tal way of taking a mild tonic, and I can certify that it is a very pleasant way.

SEVILLE ORANGE JELLY (A mild and pleasant tonic).

To every pound of Seville oranges allow 3 pints of cold water. Wash the oranges and dry them, cut them into small pieces, peel and all, remove the pips, place the cut-up oranges in a preserving-pan, and add the cold water to them. Allow the whole to boil slowly for six hours, or more, till it is reduced to one-third the quantity. At the end of that time run it through a jelly-bag, and to every pint of juice allow one pound of best loaf sugar. Place the juice and sugar in a preserving-pan, and boil the whole very slowly for twenty minutes, or until a small quantity will jelly if put on a cold plate. Keep the jelly well skimmed while it is boiling. Put it into small jelly-pots, cover them down the next day, and store in a dry cool place. To every pound of Seville oranges allow

Religious Notes.

The year 1907 will mark the completion of a century of Protestant Missions in China. In 1807 Morrison sailed for China and labored for years without one convert. Thirty-six years later there were twelve missionaries and only six converts. Fifty-six years later there were less than 2,000. Now there are the years of the missionaries number 2 are and 150,000. The missionaries number 3,270, and represent seventy-eight societies. The centennial will be kept by a general conference at Shanghai for ten days.

Pundita Ramabai has again been taken to task for saying that home life in Hindu society is not what it should be. There is much that is rotten. But Rajah Prithipal Sing says in his article on 'Purdah, Its Ori-

Sing says in his article on 'Purdah, Its Origin and Effects':

'To remove the disabilities of our ladies owing to the "Purdah" the baneful, thorny screen must somehow or other be removed without delay. We must first give our prompt attention toward the real culture and development of our women; then we must purfy our own society by putting down all coarse jests and improper behavior, and learn to be more moral before allowing our ladies into it. Thirdly, we must allow social intercourse between our women and the nearest relatives of the family who are refined, and moral and should gradually widen the circle by introducing them to our friends—fwiends not in the sense of mere acquaintance—whom we in many cases prefer to our blood relations.'

Another writer gives three reasons why Christians should be glad in her word.

'We see in Ramabai a native convert called and specially equipped of God to direct the attack of the soldiers of Christ on the central citadel, the Satan's seat, of Hindu idolatry.

'We see in her the mind of the East in direct touch with Jesus Christ, and the understanding His will by God-given spiritual insight without the medium of the Anglo-Saxon interpreter.

without the medium of the Anglo-Saxon interpreter.

'We see, also, an Indian woman, member of the most down-trodden and despised class of all Eve's children, capable of attaining the highest degree of mental culture and spiritual communion with the Unseen.

'Let us learn once more that all class distinction, all priestly assumption, all "caste," whether Eastern or Western, is contemptible, vain, and a thing of naught in the eyes of God. All His poor earthly children are dear to the Father in Heaven. "God is no respecter of persons; but in every nation he that feareth Him and doeth righteousness is accepted of Him."

Dr. Harry Guinness, in speaking at the annual meeting of the Regions Beyond Missionary Union in Exeter Hall, London, referred to the plague as being one of the difficulties missionaries in India have to contend with. About one million people are carried away every year in India by the plague. Many of the natives think the missionaries bring the plague to keep down the population. Dr. Guinness also spoke of the preaching of the Gospel to the opium workers. Thousands of men come from all over the villages round to bring the opium to the chief cities for exportation, and then is the time for the missionaries to reach them. Sometimes a thous-Dr. Harry Guinness, in speaking at the anand will listen to the Gospel illustrated by the lantern, which is invaluable. They then return to their homes, and when the missionaries go out to preach in the villages from which these men came, there is always a welcome awaiting them.

Mrs. J. Davis, for many years a mission-ary in Japan, writes: 'The late war between Japan and Russia, with all its horrors, has not been an unmixed evil. It has lifted woman into a position she never occupied before; it has spread the knowledge of Christianity among the soldiers, who will take it to every village and hamlet through the Empire; it has opened the hearts of many who can be comforted by the knowledge of Christ. The doors are wide open for every effort we can make for Japan. We need more teachers; we need more evangelistic workers to do the work that is waiting now, and to be studying the language, that they may be ready to take the places of those grown grey in the service.'—'Missionary Review of the World.'

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