

Does Your Stomach Bother You?

Dr. Shoop's Restorative Cures All Distressing Stomach Troubles Through the Inside Nerves.

As you value your health and happiness don't neglect to care for the slightest stomach pain—don't let it go. At the first sign of distress use Dr. Shoop's Restorative and all these troubles. These aches are signals—they are symptoms of coming disease—is it wise to ignore them? You who never eat a hearty meal without a sense of fullness—followed by a period of lassitude or drowsiness—beware. Perfect these conditions—do them and you surely invite distressing indigestion—you'll become a yellow, experience any of these symptoms?—dizziness, nervousness, loss of appetite, gas, belching, heartburn, headache, dizziness? If you suffer in any of these ways, your duty is clear—there is but one course open to you—strengthen the inside nerves—these special stomach nerves—shake off forever this evidence of disease. Put the digestive nerves in condition to act as nature intended they should. Don't drug, don't force—just give the inside nerves natural force, gentle tonic, nature's help. Dr. Shoop's Restorative (Tablets or Liquid) should be taken to do this—it is the only prescription which builds up or even attempts to restore the inside stomach nerves. Sold by

T. B. TAYLOR.

INSURANCE

J. H. HUME.

AGENT FOR
FIRE, ACCIDENT AND SICK BENEFIT COMPANIES.
Representing
Five Old and Reliable Fire Insurance Companies
If you want your property insured please call on J. H. HUME and get his rates.
—ALSO AGENT FOR—
C. P. E. Telegraph and Canada Permanent Loan and Saving Co.
Local Agent For C. P. R.—Tickets sold to all points in Manitoba, Northwest and British Columbia.

THE LAMBTON Farmers' Mutual Fire Insurance Company.

J. W. KINGSTON - President.
THOS. STEADMAN - Vice-Pres.
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ALBERT DUNCAN, JAMES ARMSTRONG
HENRY MCBRYAN, PETER MCPHEDRAN
W. G. WILLOUGHBY,
Secretary-Treasurer, WALNUT P. O.

Farms For Sale.

300 ACRES, Lot 21, Con. 4, S. E. R., Warwick, situated on gravel road 1 mile from Watford. Soil rich clay loam, frame barn and outbuildings in good repair, good frame house with cellar, plenty of fruit, wood and water, farm principally in grass. Price \$9,500.00 terms to suit. Owned by John G. Miller, Watford, P. O.

50 ACRES, W. 1/2 of E. 1/2, Lot 22, Con. 4, S. E. R., Warwick, 1 1/2 miles from Watford, on gravel road, soil light clay loam, two wells, 2 acres orchard, 5 acres bush, frame house and barn, granary, stables etc. Price \$2,600. Will exchange for 100 acres to suit. Wm. McLean, owner, Watford P. O.

116 ACRES, Gore Lot 2, Con. 2, S. E. R., Warwick, 95 acres cleared, balance hardwood timber. Soil clay loam, easily worked and well drained, two spring wells, large brick house, good orchard, mostly winter fruit, good frame barn, stables and dryhouse, 6 miles to Watford and Wyoming, 1/2 mile to church, 2 miles to Wanstead Post Office. Price \$4,900. Possession spring or fall. Own er, John Brook, Wanstead P. O.

The above are a few of the desirable properties in this locality for sale by the Western Real Estate Exchange. Farms advertised free until sold. For further particulars regarding these properties, apply to the owners, or to

C. L. BRYCE, Agent,
Western Real Estate Exchange.
Forest & Wood Warehouses, Watford

50 YEARS' EXPERIENCE

PATENTS

TRADE MARKS DESIGNS

ANYONE sending sketch and description may quickly ascertain our opinion free whether an invention is new. Only reasonable communication strictly confidential. Handbook on Patents sent free. Office agency for securing patents. Patents taken through Mun & Co. receive special notice, without charge, in the

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A handsomely illustrated weekly. Largest circulation of any scientific journal. Terms, \$3 per year, for months. Sold by all newsdealers.

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Twenty Rules For the Ideal Home

- First.—A contented mind.
- Second.—Neither poverty nor riches—just enough.
- Third.—Lack of pretentiousness, show and sham.
- Fourth.—Simplicity of life.
- Fifth.—Honesty of purpose in all things even the smallest.
- Sixth.—Father and mother co-rulers in the household.
- Seventh.—Father and mother equal guardians of the children before the law.
- Eighth.—One code of morals for man and woman.
- Ninth.—Political and industrial as well as social equality for man and woman.
- Tenth.—Much charity.
- Eleventh.—Good domestic service. If you cannot get it individually you can get it co-operatively.
- Twelfth.—Some good sentiment and no sentimentality.
- Thirteenth.—A good deal of common sense.
- Fourteenth.—Quick decisions.
- Fifteenth.—Punctuality, particularly at meal times.
- Sixteenth.—Standards put in practice, not in preaching.
- Seventeenth.—A knowledge of house-keeping as a trade.
- Eighteenth.—System.
- Nineteenth.—Consistency.
- Twentieth.—The saving grace of humor.

Don't Use Greasy Liniments.

A century ago they were popular. Today people want something easy to apply, certain in results, and above all a clean liniment. When Nervine is applied aches and pains disappear as the pores absorb its soothing healing properties. Nervine penetrates to the core of the pain, and a instantly, and leaves no oily bad smelling residue behind. Good to take in, capital to rub on, and five times more powerful in destroying pain than any oily liniment. Don't fail to get a large 25c bottle.

Smoke Costs Man \$25.

Medicine Hat, Alta., Oct. 26.—Robert Baker was fined \$25 by Capt. Parker, of the mounted police, for originating a prairie fire, which burned up considerable hay near Suffield. The prisoner was let off with this light fine, as he only just arrived from England, and did not realize the danger of smoking carelessly on the prairie in the fall.

John Shaw Dies.

Forest, Oct. 26.—John Shaw, formerly for many years in the wholesale lumber business supplying dealers in Western Ontario from Georgian Bay in his own vessels, and well known all over Ontario, died to-day aged 71 years.
He is survived by his wife and five children, one of his sons being Fred K. Shaw, of the Cleveland Sarnia Saw Mills Company. The funeral on Monday was conducted with Masonic honors.

Your Doctor

Can cure your Cough or Cold, no question about that, but why go to all the trouble and inconvenience of looking him up, and then of having his prescription filled, when you can step into any drug store in Canada and obtain a bottle of SHILOH'S CURE for a quarter.
Why pay two to five dollars when a twenty-five cent bottle of SHILOH will cure you as quickly?
Why not do as hundreds of thousands of Canadians have done for the past thirty-four years: let SHILOH be your doctor whenever a Cough or Cold appears.
SHILOH will cure you, and all druggists back up this statement with a positive guarantee.
The next time you have a Cough or Cold cure it with

SHILOH

WANTED.

For Fall and Winter Months.
A Reliable Party as Agent in Lambton County or Vicinity. This agency is a valuable one and offers good inducements to anyone desiring to make extra money.

We Pay Cash Weekly AND SUPPLY OUTFIT FREE.
Our agents have over **600 ACRES** of choice Nursery Stock to draw upon, and the assurance that they will be paid CASH for the orders they take.

Write Us for Full Particulars Now
Manager,
PELHAM NURSERY COMPANY,
n2-15
TORONTO.

STAGE LINES.
WATFORD AND WARWICK STAGE LEAVES Watford Village every morning except Sunday, reaching Watford at 11:30 a. m. Returning leaves Watford at 8:45 p. m. Passengers and freight conveyed on reasonable terms. D. M. Ross, Prop'r.

WATFORD AND ARKONA STAGE LEAVES Arkona at 9 a. m. Windsor at 10:10 a. m. Returning leaves Watford at 8:45 p. m. Passengers and freight conveyed on reasonable terms.—T. H. GILSON, Proprietor.

WOMEN WHO CHARM

HEALTH IS THE FIRST ESSENTIAL

It Helps Women to Win and Hold Men's Admiration, Respect and Love.

Woman's greatest gift is the power to inspire admiration, respect, and love. There is a beauty in health which is more attractive to men than mere regularity of feature.



Mrs. T. E. Gillis

To be a successful wife, to retain the love and admiration of her husband, should be a woman's constant study. At the first indication of ill-health, painful or irregular periods, headache or backache, secure Lydia E. Pinkham's Vegetable Compound and begin its use.

Mrs. T. E. Gillis, Windsor, N. S., describes her illness, and cures, in the following letter:

Dear Mrs. Pinkham:—
"When I commenced to take Lydia E. Pinkham's Vegetable Compound I was suffering with weakness and womb trouble, headaches, backaches, and that worn-out, tired feeling. I have only taken the Vegetable Compound a few short weeks, and it has made me well, strong and robust. I believe that Lydia E. Pinkham's Vegetable Compound is without equal for female troubles."

Women who are troubled with painful or irregular periods, backache, bloating, (or flatulence), inflammation or ulceration, that "bearing-down" feeling, dizziness, faintness, indigestion, or nervous prostration may be restored to perfect health and strength by taking Lydia E. Pinkham's Vegetable Compound.

SOUTH END BAKERY.

OYSTERS

BY THE PINT, QUART, GALLON OR PLATE
SELECT BALTIMORE BRANDS.

Get Your Choice Confectionery here. Everything you want in the line of plain and fancy candies. Special rates for large quantities.

OUR WEDDING CAKES

Cannot be surpassed for flavor and quality. Leave your order.

SMOKERS SUPPLIED with Choice Imported and Domestic Cigars.

PEARCE BROS.,

SOUTH END BAKERY.

MUSICAL

HEADQUARTERS.

Schlemmer's New Store

PIANOS, ORGANS, SEWING MACHINES.

THE BELL PIANO, Made in Canada.
Unsurpassed by any.

Leading Makes in Organs.

We handle the Sewing Machines that satisfy. Reliable, Tested and Substantial.

Everything in the line of sheet music and musical supplies at popular prices. Sole Agent for **Berliner** and **Victor** Gramophones—Get the Best.

Agent for **CHATHAM INCUBATOR.**

H. SCHLEMMER,
OPPOSITE SWIFT BROS

Death of Mrs. Warren.

Mrs. Warren, of York, who was so seriously injured a couple of weeks ago in a runaway accident on Christina St., Sarnia, who has lain in an unconscious condition ever since died Wednesday at the residence of Mr. and Mrs. Cudlip. Deceased was aged 42 years and leaves a husband and young family to mourn her untimely death. The sympathy of a wide circle of friends will be extended to the bereaved relatives. The funeral took place from the family residence, Oct. 27th, at 1:30 p. m. to Lakeside cemetery.

The Law of Averages.

[Philadelphia Bulletin]
The average man is bald at 40.
The average minister marries 1,000 couples.
Glasses for old age are adopted on the average at 43.
The average cat mother blesses the world with 100 kittens.
The yearly sale of newspapers throughout the world averages 750,000 tons.
The world's gold mines yield on an average \$560,000 or 28,000 ounces of gold a year.

New Gold Find.

Ottawa, Oct. 24.—Ottawa district men report rich gold ore at Lardes Lake, 25 miles north of New Liskeard, near the provincial boundary.
The discovery is said to be of considerable promise, and prospectors are flocking in from all directions.

Langan—Rooney.

The marriage of Miss Ellen Rooney, of Sarnia township, to Mr. M. Langan, of Wyoming, was solemnized at the Roman Catholic church on Tuesday morning, of last week, Rev. Father Kennedy officiating. Many friends will wish Mr. and Mrs. Langan every happiness for the future.

FOURTEEN Grand Trunk conductors running between Toronto, Montreal and Portland have been discharged by the company.

ACCORDING to the Education Act of May, 1906, an Advisory Council to the Minister of Education is to be established. The Council is to consist of twenty members, four of whom are to be elected by the public school teachers of Ontario. Teachers, have you decided whom you wish to elect? It is time you were thinking about it.

In the month of September owing to the drought and scarcity of labor the make of cheese in Ontario was 25 per cent less than in the corresponding month of last year, though the price and quality were both satisfactory. There are now 126 creameries and 1,274 cheese factories in the province, 1,000 of the latter being east of Toronto.

Mr. Ogle Gough, of Napier, met with an accident on Saturday night while returning from Stratford. His horse became frightened at a traction engine and jumped the ditch, running into a barb wire fence and throwing Mr. Gough out on the fence. He received some severe cuts. The horse was also badly out on the shoulder.

Last week the papers reported that a deer which had escaped from the Grand Bend resort had been captured at Arkona and sent back to Grand Bend. The deer got away and was seen at Abernethy last Sunday and at D. Campbell's in Warwick, on Monday morning. This deer does not feel like being kept in confinement.

An American visiting Dublin told some startling stories about the height of some of the New York buildings. An Irishman who was listening stood it as long as he could, then queried: "Ye haven't seen our newest hotel, have ye?" The American thought not. "Well," said the Irishman, "I'll tell you all that we had to put the two top stories on hinges." "What for?" asked the American. "So we could let 'em down till the moon went by," said Pat.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Dr. J. C. Fitch*

An exchange from a neighboring city applies this sound fall advice: "Let everybody keep hustling to improve the appearance of their streets and lots. Keep all kinds of rubbish off the streets, sidewalks and leaves raked off your lot as soon as foliage is shed, and see that your houses are neatly painted. There is nothing that helps the looks of a town and induces newcomers to settle in it more than neatly painted houses, with well-kept lawns and neat and tidy streets and sidewalks."

TEACHER WANTED.

TEACHER WANTED, MALE OR FEMALE, FOR Union S. S. No. 1 Brook and 13 Warwick. Duties to commence January 2nd, 1907. Apply, stating qualifications and salary to
GEO. KELLY, Sec'y-Treas.
Box 52, Watford P. O.

Farm For Sale.

100 ACRE FARM FOR SALE, being Lot East of Lot 17, Con. 14, Brook, about one mile from Watford. On the premises are a good frame barn, good drive shed, orchard and water. All cleared except about 10 acres, which is well wooded with white oak, elm, maple and basswood. Will be sold in bulk or the timber will be sold separately. For further particulars apply to
JAS. KING,
Watford P. O.

Farm For Sale.

LOT WEST HALF 23, CON. 3, S. E. R., Warwick, containing 100 acres, all cleared except about 8 acres of hardwood. On the premises are a frame house, frame and log barns, 3 good wells and about 300 bearing apple trees. Soil light clay loam. For further particulars apply to
WM. DORMER,
Watford



\$5,000 REWARD will be paid to any person who proves that Sunlight Soap contains any injurious chemicals or any form of adulteration.

Sunlight Soap

is better than other soaps, but is best when used in the Sunlight way.

Sunlight Soap contains no injurious chemicals.

Sunlight Soap is pure soap, scientifically made. Every step in its manufacture is watched by an expert chemist.

Sunlight Soap saves labor, and the wear of rubbing which common soaps require in washing fabrics.

5c. Buy it and follow directions 5c.
Lever Brothers Limited, Toronto

Chantry Farm,

KERWOOD.

Shorthorn Cattle

AND
Lincoln Sheep.

FOR SALE

25 Extra Good Lincoln Ram Lambs

Parties breeding Long Woolled Sheep will do well to see these lambs as I am selling them at a price that I will guarantee to refund as shearlings and 2-year-olds.
Breed to the Lincoln, the heaviest shearing sheep, and raise some good lambs for next year's trade.

E. H. de GEX,
KERWOOD.

NORTH END BAKERY.

We were never better prepared to supply the wants of the public in everything expected to be found in an up-to-date

Bakery and Confectionery.

Candies of All Kinds
Fruits in Season.

Nuts From All Nations.

Cigars That Please Particular Smokers.

Wedding Cakes That Delight Bride and Groom.

Your Orders will Receive Prompt and Careful Attention.

S. E. THOMPSON.