

"I Was Run Down"

"Body was completely covered with Boils"

"If you have ever had boils, you know how painful and annoying even one or two can be. But imagine having your whole body almost entirely covered with them. I am a watchmaker by trade, making a specialty of repairing the highest grade movements. This is probably the most trying of any mechanical work, particularly for a nervous individual like me. Working under great strain both day and night for three months, brought me almost to a state of collapse. I was so irritable and nervous that the slightest thing would send me up in the air. If I managed to get a few hours of sleep at night I was lucky. I had no appetite for food. Certainly I was miserable. During this time boils began to appear on different parts of my body and the pain from them made life a misery. My suffering was so great at times that I felt there was nothing left for me to do but to end it all. I consulted doctors but they all told me that if I didn't give up my work and live out of doors, I would go into a decline. As I had no money I couldn't do this. In fact paying doctors' bills and buying medicines

used up all the money I made. Finally in desperation, I decided that I would either kill or cure myself, so I began to study my case. I realized that I was a completely run-down man and could possibly be with a bad case of nerves. What I needed was building up. After reading descriptions of different preparations, the one which appeared to be the best for me was Carnol. It has simply performed miracles for me. Four bottles have done more than months of travel abroad. I feel like a two-year old. I sleep eight hours every night and eat three good meals a day. My skin is like a baby's, free from blemishes of any kind and I have now almost forgotten that I have ever had such things as nerves. I want everybody who is ailing to know about Carnol, because I have such faith in it I believe it will cure any human ill."

Mr. J. H. Mc C. Carnol is sold by your druggist, and if you can conscientiously say, after you have tried it, that it hasn't done you any good, return the empty bottle to him and he will refund your money.

The Heir of Bayneham

Lady Hutton's Ward.

CHAPTER XXX.

"Will you say I want the carriage, Pauline?" she said to the maid, who gazed in surprise at her mistress.

"Are you going out, my lady?" asked the girl; "you look cold."

"I am going," said Lady Hilda, with a strange smile, "for a very long drive."

She dressed herself in silence, placing the letter she had written on her desk. She never once looked round the room where so many happy hours had been spent. Long afterward her maid spoke of the strange, fixed, unchangeably look on her lady's face as she quitted the house.

"Where shall I drive, my lady?" asked the coachman.

"To Oulton," she replied; "go as usual to the Bayneham Arms and wait."

And wait he did, until the long day ended, but no Lady Bayneham came again. Night came on, chill and dark, but there was no sign of her. The man was uncertain how to act. She was punctuality itself, and the dinner-hour at the castle was past. He did not like to return without her, but the hours sped on, and she did not appear. The landlady suggested that perhaps her ladyship had returned in a friend's carriage, but all conjectures were cut short by the appearance of Lord Bayneham, riding as one riding for his life.

CHAPTER XXXI.

The Duke of Latham found his young neighbor a very dull and wearisome companion. He could neither excite his interest nor elicit his attention. Every now and then he seemed to awake from a reverie and utter a few irrelevant words. The ride to Oulton, the interview with the person concerned—the whole business, in fact, was a complete failure.

"I fear," said Lord Bayneham to his elderly friend, "that I have been a poor companion; the fact is, and I should have explained it to your grace before, I am not myself to-day. I have some little unpleasant affair on hand, and it has teased and troubled me."

"I began to think so," said the duke warmly. "Why did you not tell me?



Baby's Skin Troubles
Chafing, scalding, skin irritations and itching, burning eczema, are quickly and thoroughly relieved and the skin kept soft, smooth and velvety by the use of
Dr. Chase's Ointment
Apply daily after the bath.

differently; "I know nothing of her." Lord Bayneham quitted the room, equally angry at Barbara Earle's easy nonchalance and his mother's pride.

"Where is your lady?" he inquired of Pauline, who began to fatter herself that the young lord liked talking to her.

"My lady is out," she replied. "The carriage was ordered some hours since, and has not yet returned."

Lord Bayneham gave a sigh of mingled relief and impatience.

"Did she—did your lady say where she was going?" he inquired.

"No," was the reply; "my lady only said she was going for a long drive. She looked very ill, my lord, and quite unfit to be out long."

Lord Bayneham stamped his foot impatiently. Why had he allowed anything or any one to come between him and his fair, gentle wife? He was ashamed to ask any more questions, or people would surely think him childish. But he could not remain in the house; he went out and walked again where he could see the high-road, and catch the first glimpse of the carriage. One hour passed, and there was no sign of the carriage. The evening began to set in, the sun sank in the golden west, and the dew fell upon the flowers, and the birds "called all wanderers home to their nests;" but still Lord Bayneham paced the walk alone, until he heard the dressing-bell ring.

"She must be here soon," said the young husband to himself.

Among his wife's qualities he had always admired the one of punctuality. He never remembered to have been kept waiting or to have seen her late. This comforted him. She knew the dinner hour and would not remain beyond it.

Lord Bayneham never dressed so quickly, but when he descended, the carriage had not arrived. The first and second bell rang, and dinner was announced, but the young mistress of Bayneham was not in her accustomed place.

"What can have delayed Hilda," inquired Miss Earle, anxiously. "She went out early this afternoon, intending to take a long drive. Surely no accident can have happened?"

Lord Bayneham's face blanched at the thought.

"Accidents are not so common, Barbara," said Lady Bayneham; "if anything of that kind had occurred we should have heard of it before this. Lady Hilda has been absent many hours; I presume she has met some of our friends or neighbors, who have persuaded her to return with them."

"She is too thoughtful and considerate to have done such a thing," said Barbara warmly. "Knowing we should be anxious."

The countess saw that her son sent plate after plate away untouched, and drunk wine eagerly, as though wishing either to drown thought or acquire strength. The dinner passed in a most uncomfortable state of silence, but no Lady Hilda returned.

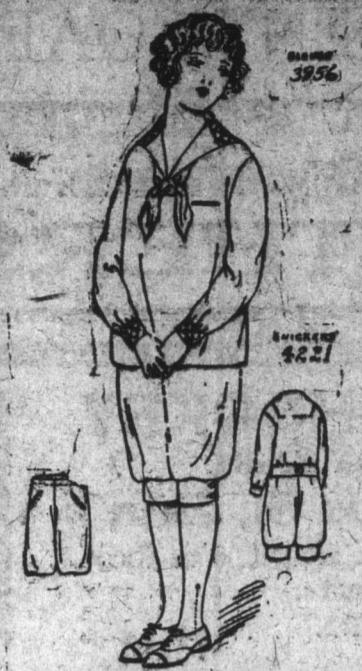
"I cannot bear this," said Lord Bayneham, rising hastily from his chair.

"Mother—Barbara, I am seriously alarmed. Pauline says my poor wife looked very ill when she left the house. Mother, be pitiful; she is young and has no mother. Barbara, what can we do?"

(To be continued.)

Fashion Plates.

The Home Dressmaker should keep a Catalogue Scrap Book of our Fashion Plates. These will be found very useful to refer to from time to time.



AN UP-TO-DATE COSTUME.

3985-4221. Knicker and bloomer suits appeal to the active girl as much as to "grown ups." This model is ever so serviceable and pleasing. It may be worn with or without a skirt. Serge, flannel, jersey cloth and other knitted materials, as well as linen, khaki and gingham are good for its development.

The Blouse Pattern 3985 is cut in 7 Sizes: 4, 6, 8, 10, 12, 14 and 16 years. To make the costume for a 14 year size will require 5 yards of 32 inch material.

TWO separate patterns mailed to any address on receipt of 10c. FOR EACH pattern in silver or stamps.



A STYLISH COAT STYLE.

4209. Black velvet and squirrel fur are here portrayed. This is a good model for broad cloth, velours, and other cloakings. The collar is convertible. It may be turned up high, or rolled low with the fronts open.

The Pattern is cut in 5 Sizes: 6, 8, 10, 12 and 14 years. A 10 year size requires 3 1/2 yards of 54 inch material. Patterns mailed to any address on receipt of 10c. in silver or stamps.

Name

Address in full:

Fads and Fashions.

The circular skirt is surely gaining favor, and spring will see an unusual number of them.

A pretty gray guttate has a white Buster Brown collar, overset loosely in gray.

Coats for spring do not forget the side front fastening held by drapery and ornaments.

A simple but smart model of black crepe has a Greek design carried out in gold beads as its only trimming.

Silk fabrics are by far the most important materials used in the costume showing.

The slim silhouette continues to be the one favored, although an occasional puffed drapery or sash is seen. Bright figured silk handkerchiefs are worn knotted at the throat or wrist.

A short sports coat for tramping or skating is of rose-red suede collared with opossum.

For mid-winter sports wear is a small crumpled hat of gray velour tied about with a figured silk handkerchief.

Novel mesh bags are striped, combining deep red gold with green gold, for instance.



A Well Doer

DR. SLOAN'S LINIMENT
Does more to drive away pains and aches than any other known remedy. That is why thousands of people the world over call it "Liniment's enemy."

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A Naval Court-Martial.

The recent court-martial at Portsmouth, which found Commander Leslie Charles Bott guilty of negligently or by default stranding H.M.S. Raleigh off the coast of Labrador, has drawn attention to the subject of court-martial generally, and Lieut-Commander H. L. Halewood explains the procedure as follows:

The court-martial was held at Portsmouth in the famous old Victory. In one of her cabins a number of senior officers assembled by order of the President of the Court.

A post captain, himself a specialist in navigation, and well-known throughout the Navy for his expert knowledge, was appointed as the Prosecutor.

Another officer, also a specialist, took the role of what is known as "Prisoner's Friend."

His duties were to help and advise, with his expert knowledge, the prisoner in his defence.

Court-martial are still carried out with rigid and solemn ceremony, which betrays the gravity of the circumstances of their constitution.

On the night before the trial an officer calls upon the prospective prisoner to deliver up his sword, and on the assembly of the court on the following morning this sword may be seen, laid crossways, on the table immediately in front of the President.

At 8 a.m. on the following morning a gun is fired as a signal, from the ship on which the court is to assemble.

This is an old custom, and is known throughout the service as "the one gun salute."

The trial is carried out with strict justice and impartiality. The Prosecutor presents his case and calls his witnesses, the prisoner, together with his "Friend," presents his witnesses for the defence.

Dramatic Scene.
The final scene is dramatic. The prisoner withdraws from the cabin while the verdict is being considered.

On being recalled, the prisoner knows before one word has been spoken whether the verdict is guilty or not guilty.

The position of the prisoner's sword, which up till now has been lying crossways in front of the President, has been altered.

If the prisoner has been found guilty, it has been placed so that as he enters he finds the point of the sword lying towards him; not guilty, with the hilt towards him.

In practice, however, there is generally very little doubt as to the verdict.

A ship has been stranded and lost, and the blame must almost inevitably fall on the navigating officer, and so it has been in the case quoted at the head of this article.

What of the officer himself? He may have been over-confident of the position of the ship. He may have made some slight error in calculation. He may have been over-tired and relaxed for a moment the intense concentration that is necessary for perfect navigation.

Whatever the cause, his future career is ruined. The sentence of the court is that he shall be "dismissed his ship."

It is really a technical term which means that he is to be placed on half-pay.

Lost His Ship.
The second part of the sentence is that he should be "severely reprimanded."

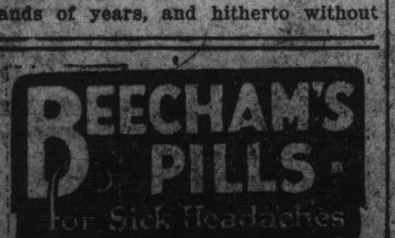
The latter is of little consequence. He has lost a ship and under normal conditions he cannot reasonably hope for any good appointments in the future.

And finally one word concerning navigating officers in general. A navigating officer to all intents and purposes has the entire responsibility for the safe passage of his ship. The extra pay (over and above that of the non-specialist officer) that he receives for this responsibility, which involves the safety of perhaps a thousand lives and the care of a ship worth perhaps some millions of pounds, is 4s. or 5s. a day, according to circumstances, but in any case a maximum of £21 5s. a year. They are not mercenary motives, therefore, that induce young officers to undertake such great responsibilities.

No, there is a far higher motive than that. It is love for their ship; love for their Navy; love for their Empire and a loyal willingness to serve all three to their utmost.

A Mysterious Malady.

While leprosy has long been regarded as incurable, a report recently published in London claimed that twenty patients had been discharged cured from the Territorial Hospital at Kallhi, in Honolulu. The cures were said to be due to chaulmoogra oil, and are among the most amazing achievements of medical science. It has been fighting leprosy for thousands of years, and hitherto without



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any success at all. Leprosy has remained the mystery of medical science.

The disease was known in China more than two thousand years ago, but did not reach Europe till the fifth century. By the sixth it had reached England, and in the Middle Ages, there were over one hundred leper hospitals in the island. King Robert Bruce of Scotland died of this awful disease.

Western Europe is now practically free of the disease, save in rare instances. But it exists all over Africa, from the Soudan to the West Coast, and even in healthy South Africa.

It has reached North America, but is very rare on that continent. It is common in Polynesia, India, and China.

The disease is a very mysterious one. Why it should disappear from one country and just as suddenly develop in another is not yet understood. It never attacks a child less

than three years old, and seldom anyone over forty. The usual age at which it appears is between twenty-five and thirty.

Ninety-five per cent. of lepers are born of healthy parents, whilst of the children of lepers only three per cent contract the disease.

No one knows the cause of leprosy, no one can tell exactly how the infection is carried from person to another. True, the virus is known, having been discovered so long ago as 1874, and there is easy to test a person's blood so find out whether he or she is infected or not.

The dainty bracelet of beads having a pronounced vowel.

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