First Opening of American Goods!

We announce our first shipment Am. Goods, purchased keenly and marked at the lowest margin of profit

Ladies' Silk Blouses

8 Dozen LADIES'

Job Silk Blouses,

White Black and Coloured,
Value from $2.50 to $7.00 ea.
Sellling
$1.60 to $4.00
each.

Ladies' Fabric Gloves.

A Small Quantity of Ladies' Cotton and Silk Gloves as Follows:

White Lisle Gloves ..... 38c. pair
White, Bl'k & Pongee Silk Gloves $1.20 pr.
White Chamois Cloth Gloves ... $1.50 pair
The Latest Materials in Fabric Gloves.

Marshall Bros

Ladies' Job Collars.

30 Dozen LADIES'

Job Collars,

White, Black and Coloured,
Values from 40c to $1.00 ea.
Selling
20c. to 50c.
each.

MY SPREE.

By RUTH CAMERON.

RUTH CAMERON

I went on a spree night before last.

In the afternoon, on a car, my nose informed me of the fact that the woman next me was eating sweet chocolate, and immediately I was seized with an overwhelming craving for some.

On the way home I stopped at a drug store and bought a large cake. And that night after dinner I settled down on the couch with a new magazine and that cake of sweet chocolate.

I was alone in the house for which I was duly grateful (such is the blackness of my heart when I go on a chocolate spree) since I could have every bit of that chocolate for myself. And I actually did eat every scrap of it in a half hour.

My Morning After.

Of course I went to be feeling desperately sick; of course I slept miserably. And of course I waked up with that blue, depressed, ineffective, feeling which an outraged stomach always gives one in retaliation.

And I deserved it all. I was ashamed and I had reason to be.

Why do we do those things?

You see, I refuse to admit that I am the only woman who goes on that sort of spree.

They Despise Masculine Sprees But—

I know dozens of women who are death on masculine sprees and yet who outrage their systems, and reduce their efficiency every now and then by one of these feminine sprees.

I don't necessarily mean a chocolate spree, of course, but any kind of untimely and unrestrained sweet eating.

The woman who lunches on an eclair and a college ice when she needs something hot and nourishing is indulging in one form of spree.

The woman who attends a tea or an afternoon function and eats a lot of rich food at five o'clock and then can't eat her dinner is indulging in a very harmful form of spree. Afternoon teas and bridges with "eats" at five o'clock are meant for society folks who dine at eight. They are fatal to the digestions of plain folks like you and me who eat our dinner at half past six or thereabouts.

Eating Canady On An Empty Stomach Is "Digestioncide."

A young girl writs me a note asking when to eat candy and how much. The proper time to eat candy is right after a meal. How much varies somewhat according to individual temperament but you can usually be pretty sure you are eating too much, if you eat all you want. And to eat candy when your stomach is empty is just plain digestioncide."

This is a time when we need all our efficiency if we ever did. The really best women in the country are keeping themselves fit so that they can make their "bit" as big a bit as possible. It is always foolish to go on sprees of self indulgence. It is more than that now. It is unpatriotic.

NO EXCESSIVE WAR PROFITS.—When you order your suit from us you are assured of a square deal and full value for your money. A fine, serviceable suit in Serge or Tweed from $28 to $32, and an extra value Serge at $35. SPURRELL BROS., 365 Water St.—june1,eod,tf

ADVENTIST.—Subject: "The Prodigal Son." All welcome. Evangelist D. J. S. Barrett.

There's a Flavour of Distinction

in every cup of "HOMESTEAD."

Skilful blending of the finest hill-grown teas and scrupulous cleanliness in preparation is the secret.

This flavour constitutes the individuality of Homestead and will never change, no matter how costs may rise.

There's a smile in every cup of Homestead.

Sole Importer,
C. P. EAGAN.

Wash Boards!

Just received 100 dozen Eddy's finest quality Wash-boards, i.e.,
Twin Beaver (fibre)
2 in 1.
Household Globe.
Duchess.
50 cases Seadog Matches.

Libby's Chow and Mixed Pickles.
Libby's Olive Oil.
Libby's Strawberry Preserve.
Baker's Chocolate & Cocoa.
Campbell's Soups—
10 varieties, by tin, doz. or case.
Cook's Medicated and other Toilet Soaps.
Holbrook's Malt Vinegar.
Heinz Malt & Crystal Vinegar
Moir's Confectionery & Cakes
"Dromedary" Quick Tapioca.
Gorman's Minute Tapioca.
Gorman's Pickling Spices, etc

C. P. Eagan
DUCKWORTH STREET & QUEEN'S ROAD.

ON SPOT!

July 27th.
160 Cases
Ripe, Sound, Sunkist
California ORANGES.
176, 216, 252 count.

Soper & Moore,
Importers & Jobbers.
Phone 486.

Rann-dom Reels.

THE NECKTIE.

The necktie is a mechanical effort to improve man's looks. Some of these efforts are more mechanical than others and cause the wearer to look like a barber-pole with a double chin.

The main purpose of the necktie is to distract attention from the masculine Adam's apple is a reproach to the owner, but by wearing a bright green necktie with yellow stripes it will be lost sight of for several minutes. When the Adam's apple becomes agitated and rises and falls like the weights in a cuckoo-clock, the only thing that can effectively conceal its gyrations is the nine-inch collar on an Irish ulster.

Of late years the necktie has been taken up by woman, who has also seized most of man's other garments.

The necktie is usually strung around the neck between the teeth of a band collar. Perhaps the day will come when some budding genius will discover and put on the market a band-collar which will not sink its teeth into a new necktie and cause the wearer to strangle himself while in the act of dressing. All over this land fair-haired, sunny-tempered citizens are going about with lacerated necks, due to yanking on a four-in-hand necktie until they could see the sun, moon and stars in one red burial blent.

This fatal weakness of the band-collar has made the high, stand-up variety more popular this season than ever. It is an easy matter to thread a long, sinuous string-tie around a stand-up collar and work all day with the necktie located just below both ears.

The flowing necktie is favored by statesmen, artists, musicians, poets and prodigies, because it can be tied in the dark and is not intended to fit in any one spot. Recently the Ascot tie, which requires more material than a bed blanket, has been backing into popular favor.

Of late years the necktie, which was always monopolized by the men, has been taken up by woman, who has also seized most of man's other garments. It is getting so that a man can't lay in a new stock of neckties without seeing them flaunted in his face by his wife or the hired girl. Is it any wonder that martial unhappiness and the monthly alimony instalment are on the increase in this country, when such practices as this are winked at by the law?

Your Boys and Girls.

In selecting menus for young children macaroni and spaghetti should be more relied upon for variety than is usual. The error of using potatoes every day is one of the most common to be met with in the nursery. The starch of a properly cooked potato is usually easily digested, but too great reliance is usually placed upon its supplying a large share of the nutriment in a well balanced menu, whereas the fact of the potato being three parts water to one part starch shows the fallacy of this conclusion.

They are useful for supplying salts in restricted dietaries; for instance, if vegetables and fruits are not obtainable, they may be depended upon to supply some of the salts necessary for a well balanced menu and at the same time provide starch and prevent concentration. The fact that the starch of potatoes is easily digested makes them a fit food for the young, and if not abused, that is, not relied upon for every day use, they are a valuable nursery food.

$50.00 in Cash Prizes.

With every 25c. purchase at either of our Drug Stores, Duckworth St. and Theatre Hill, you receive a numbered ticket, and if you are holding a lucky number at the time the numbers are drawn (July 31st) you win one of the Cash Prizes we are giving away.

1st Prize $20.00
2nd Prize $15.00
3rd Prize $10.00
4th Prize ..... $ 5.00

P.S.—The above does not apply to "wholesale" buyers, but only the "Retail Cash Purchases" made at our two stores.

These prizes will be drawn by two prominent business men on the above mentioned date.

DR. F. STAFFORD & SON,
Theatre Hill.
STAFFORD'S PHARMACY,
Duckworth Street.
Stafford's 3 Specialties:
STAFFORD'S LINIMENT.
STAFFORD'S PRESCRIPTION "A".
STAFFORD'S PHORATONE COUGH CURE.

MINARD'S LINIMENT CURES DISTEMPER.

The Gas Range!

The Gas Range means comfort for the housewife; shorter kitchen hours for her, and a cleaner kitchen. It is a great mistake to think that cooking with gas is expensive.

Whenever a woman becomes used to gas for cooking, thoughts of a coal or wood stove fill her with gloom. A Gas range is so much easier to operate, so efficient for all kinds of cooking, and so much cleaner, that the idea of going back to the old style methods is decidedly unpleasant. Yet in winter many housewives think they must use a coal or wood stove, because there is no other way of heating the kitchen. THERE IS ANOTHER WAY AND IT IS FAR BETTER THAN THE OLD. THE CLOW GAS STEAM RADIATOR WAY. may23,tf

In Milady's Boudoir.

LITTLE GROOMINGS.

Did you ever stop to consider how important every little detail of the toilet really is? When you sit behind a woman in the street car who has carelessly pinned her collar, do you not long to fix it neatly for her? Have you not walked behind the woman who by all outward appearance is a lady, and suddenly you see a bit of braid dangling loosely from her skirt? Have you been the observer of buttonless blouses, hookless gapings and careless back hair?

It is the little things that count in this world. I have always found that an excellent rule to follow to dress oneself completely when preparing to go out, then just before I step out of the door I give a backward glance in the mirror. Perhaps a thread has caught on my skirt, perhaps a wisp of hair strays out at the back, or maybe there is a tiny hole in the heel of my stocking which I did not notice when dressing, or is it possible that I have too much powder on the tip of my nose.

All these details though trivial, make or mar a beautiful woman. No woman however beautiful can afford to be carelessly groomed. The backward glance is an excellent habit and once you establish in your mind, you will find lots of flaws in your appearance that you had never thought were there.

For every 25c. purchase made at Stafford's Drug Store you receive a numbered ticket. See advertisement.—may1,tf

Minard's Liniment Cures Diphtheria.

GREAT CLEARANCE SALE
of Ladies', Misses' and Children's
Middy Blouses.

NOTE PRICES:
Ladies' Middy Blouses, newest styles. Sale Price $1.59
Misses' Middy Blouses, to fit from 10 to 16 yrs. Sale Price 89c.
Children's Middy Blouses, to fit from 4 to 9 yrs. Sale Price 45c.
SEE THEM TO-DAY.

William Frew.

TEMPLETON'S for
Herring Nets!

We have over 800 Nets in stock ready to send out on receipt of your order. A full stock in 30, 35, 40, 50 and 60 ran nets in both Anchor and Advance Brand Nets.

Our Prices are the Lowest Obtainable.

WRITE US FOR A PRICE LIST.

Robert Templeton, 333 Water-st.

A Table of Tables!

We give here a Table of Tables of all descriptions that are now in stock in our Furniture Dept.

PARLOR TABLES,
WRITING TABLES,
LIBRARY TABLES,
OCCASIONAL TABLES,
WORK TABLES,
DEN TABLES,
CARD TABLES,
KITCHEN TABLES, and
EXTENSION TABLES.

The latter, of Golden Oak and Mahogany, can be obtained in different designs, round or square shape, and are capable of 6, 7 or 8 feet extension.

All Furniture sold by us is guaranteed for perfection of finish and quality.

U. S. Picture & Portrait Co.,
HOUSE FURNISHERS.