THE JOYS OF MOTHERHOOD ARE TWO-FOLD IF MOTHER AND BABY ARE HEALTHY.

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# You Make A Mistake

it you have Pale, Greenish or Sallow Complexion, Cold Hands and Feet, Loss of Appetite, Dyspepsia, Lack of Energy or Stomach Troubes.

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When you do not use Dr. Ward's Blood and Nerve Pills to counteract these conditions. Why? Because they contain all the natural elements necessary to build up the human system. The way to a cure lies along the road fron the stomach to the blood and nerves. All food is acted on by the stomach and prepared for absorption into the system.

#### Dr. Ward's pills give just the proner help to three system, and difture a glow of health through the whole human frame.

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30 ands per box, five boxes for \$7.00 All druggists, or fam Williams & Co. Totoute, Ont.

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Take a Note of This Fact.

The artist who has travelled the world over is necessarily particular of what piano he used when he visits a foreign field. He has had the world's best placed at his disposal.

If you have taken note of the annied entertainments and concerts held in the large cities in Ganala in recent years, you must have been improved with the fact that invariably it is the Heintsman & Co. Piano that is used.

Artists of the high standing of Friedheim, Burmeister, Albani, Natini, Wathin-Mills, Planket Greens and a score of others have made this piano their choice for the one obvious reason—that more than any other instrument it measures up to the axasting requirements of the granting requirements of the artist.

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217 Dunda's Street, London,

## Wholesome

to the word that best describes the BREAD we make. To be wholesome wash must have pure ingredients, be arounded with skill and babed with ears in a motors oven. All this applies with truth to our Bread and Pastry. Sweat delivered anywhere in the city.

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My entire stock of Buggies and Phaetons will be cleared out at cost to make room for winter goods. Now is the time to secure bargains, as the price of carriages is bound to advance owing to advance in iron and other materials.

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#### THE BYSTANDER

Further Observations of Thing in Italy.

Mis Sext Views Will be of Rome a

Two Bystander is leaving Naples for Rome, not unwillingly. Against the glorie of the Bay and the softness of the air is the set the constant sight of the extremity of human pennry, misery, flith, and degradation. Nothing on exceed the noisomenes of the alleys in which these poor people ar huddled. Their quarters are not lighted a night, and are aps somes for deads of dark uses. The people are against the law; and the police, everybody suys, fears to do its duty.

In Northern Italy I shall find a better state of things. Yet in Milan, which is amposed to be the most prosperous of the cities, there were not long ago desperate head riots. The mores! of coarse bread is atstached from the lips of the people by the militant government to be weated in the jingo tace of ruin. Bread has risen to double its former price, and the government more poly of salt is enforced with origins rigor. No wonder the cry is the "things were better when they were were 'that is, under the Bourbons and Grand Bukes. Taxes in those days were nothing like so heavy as they are now. But it is not riddance of the Bourbon despotism of Italian union that it is at fault. It is imperialist government with its arbitious diplomacy, its Abyaninian warm of soldiery. Destiny plays us arrange trids. We had got rid of Bourbon despotism, the Inquisition, the Rotten Borougha, and all the apparent obstacles to greater. The world seemed to he flushing into a reason of jugo vicience and rapine not less unacrupulous or noxious, though far more sanctismnious and philosophic, than the avvagery of harbarian conquerors while coeleciatical superstition has been east off only to be replaced by the Moloch worship of the Flag. Christmas sentiment sounds rather like mockery.

Over all this misery in Naples rises the newly-built palace of the Minister who is mainly responsible for the present state of things, and whose enormous fortune, no body seems to doubt, has been annexed by corruption, for which his policy of military expenditure furnished opportunities, though his political power has enabled him to beffic investigation. Corruption of this kind is at native to jingoism as violence. Let Canada, before she yields to the attempt which is being made to incomiate her with militarium, reflect upon those things.

Much money, I am told, is spent here in charity. It can scarcely be well directed, or hideous mendicancy would not meet you at every turn. The government has established communal schools. But, as a poor boy in Skilly said when he was asked whether he went to a school, "School is very good when one has bread."

In the chamicless mendicancy, the church, who, with her begging friars, sets the example, may be partly to blame, as certainly she is for the grossness of the popular superstation. The aeromonial and the religious system generally may, as was said before, be congenial to the character and mental condition of the Nespotitans; but for spurious relies and foithous miracles there can be no excuse. They are fatal to the housety of the prients as well as to the religious intelligence of the people.

Naplea is described to me as very frivolous. They are said to sacrifice overything to show. A carriage with servants is livery and a hox at the open are it seems, the two things assist to social calvation. For these people are content to live or sacor on. It is said, however, that the earlings is often hired, and that the box is often underlet. Literary the Neapolitat gentry cannot be. In this great city I can head of only two bookstores, both of which are third-rate, and fully as much English, Gorman, and French as limits. There is a famous school of physiology at which our Protence Ransey Wright is now studying but it is international, not Neapolitae, and so of the popular products of these waters.

A story used to be told of a foreignes whose pooks had been picked of a valuable soulf-box. Some time afterwards, being at the opers, he espied his soulf-box in the hands of a Neapolitzan noblement in an adjoining box. He told a friend at his side that he was going at once to revisits it. His friend replied that if he did he would run a risk of assaulation. "Leave to to me," and the friend; who, passing into an adjoining box, engaged in conversation with the unlawful holder of the souff-box and presentity came back with the suff-box and presentity of it, he replied, "Picked his pocket, of course." This was in the Bourbon times.

Italian papers, of course, are full of the Transval war. They perhaps give, as as Reglish resident, a military man, was saying the other day, the version least favorable to England. Still it seems certain that the three relief expeditions have been arrested in their advance, and that there is consequently a tull in the operations. This would seem a moment favorable to overtures for peace. But when war begins, blind pagnacity gets the upper hand, and nations fight life dogs. There are many, unhappily, to whom war is simply a very exciting game. Nothing, apparently, will make peace but the exhaustion of the Boer resources, which cannot be far off.

British reveres seem to have cooled the friendship of President McKinley, and thrown him back into an attitude of rigorous neutrality. For this let us be thankful Great Britain is well able to do her sinister work alone. Entanglement with Mr. MoKinley and his game could only add to the darkness of a business which, unless the sympathies of the whole world are at fault, is dark enough already.

Mr. James Bryos, who is about on best authority on South Africa, and its affairs, contradicts the rtory of a great Dutch conspiracy against British rule told by Mr. Balfour to reconcile the British people to the reverses and to the year. It was not likely that a small community of farmers, working for their daily bread, would take it into their heads without provention to levy war against the British Empire. The Jameson raid, and the attitude of British politicians and of the British press in relation to it, were a warning to the Boars of the coming stores. Then they prepared; and they can hardly be blamed for not awaiting the arrival of the anemy in full forces. The attitude of the British Government af ar the Jameson raid ought to have been studiously re-assuring; but unfortunately it was very much the re-

Great Britain, when victorious, as vicorious she will infallibly be, will have gaind a dependency and lost a colony. For

#### -

Rally round the flag, boys! it's the flag that rules the seas;
It's the flag has braved a throughd years the battle and the breeze.
It's the flag of literty—it's the flag of white and black—
It's the flag of literty—it's the flag of white old Union Jack!

Its folds are round us all, boys! Old Engiand's brood are we; Its folds goes round the world into every living sea, And injustice done to one of us brings an army to its feet, And the dictum strong she'll right the wrong, brings out the Empire's fleet.

It's the flag of Weilington, and Cardigan, an all The beroes who have fought, and died, the Rogland might not fall; And the flag that they have handed us, we sully not nor stain. But we'll conquer or we'll die, my boys for England's fame.

It's the flag of Empire wide, hope 1 and wes to them butide. Who will try to ever us, my boys, or the Empire divide: And Canade, and all the rest of British bloods around. Prove the Lion's whelps are ready when the call responds.

Then here's to the flag again, boys! its colors speak to you of Home and Qu-en and Coun'ry, and the gird you love so true;

And we know you'll prove to all the world, Uld England's just the same As when Drake and Nelson lived and swept the raging main.

St. Thomas, Jan. 28th, 19.6, COURTHEAY.

TWO CLASSES OF BOERS.

Other Strave Set Trescheroes.

Julian Ralph, writing from his persons experience with the Boers during the present campaign, throws some welcome light on a matter that has been a good deal of puzzle to newspaper readers. On the on hand we have read of the splendid heroise of the Boer fighters in battle and of their magnanimous treatment of their wounder onemies; on the other we have read of the despicable treachery, the most cruel vindic tiveness and the absolute lack of a sense of honor. That both sides of the picture as correctly drawn we learn from Julia Julian Stalph. That the picture is capable of presenting two such contradictory as pests is due to the fact that there are two distinct and widely separated classes of Boers. The representatives of one class the botter class, come to the scene of action their Stunday clothes, riding in their buggies or on horseback. They fight a long as there is hope; but when hope flie they fly with it, take to their horses an carriages and disappear. The other class is made up of a degraded type of Boer, with ittle intellect as distinguished from instinct with no sense of honor and less of etiquette He knows no duty but to kill, and he make no nice distinctions. If the raising of white flag, He knows nothing about the Geneva convention, and as the red cross presents a good mark he would somer fir on it than something that was less distinct He knows nothing about the Benara the worst hardships of the was the mas thrusting a buyonet at him. He is little better than the slave of the other Boers He bears the worst hardships of the was received the first shock of battle and remains behind to cover up the retreat. He expects no mercy, even from his own brethere, much less from the enemy; he has no received the store them the enemy; he has no mercy, even from his own brethere, much less from the enemy; he has no seen the content of the content of

The annual meeting of the Union cheese and butter factory was held at the factory Tuesday, Jan. 23rd.

Tuesday, Jan. 23rd.

The scoretary's report showed the factory hade made forty tone of cheese for the past year, which brought an average price of \$8.90 per hundred weight for the season. The transport of the season, the low average speaks very highly of Mr. Donnelly as cheese maker, so much so the patrons passed a hearty vote of conditiones for him and wishing him re-engaged for 1909, which has been done.

The following officers were elected: President, M. Hepburn; salesman and treasure, Wen. F. Hepburn; carestary. Charaver, Wen. F. Hepburn; carestary. Charaver, Wen. F. Hepburn; salesman and treasure, Wen. F. Hepburn; salesman and treasurer.

Graham ; management committee, J Sutton, John Whaley, John Fulton. The promise is for a good make in 1

TERRIBLE CRUELTY.

to a child attending Talbot street school and already reported in these coisans, will be brought before the police magistrate of Monday. The child, a little girl of eight years, was adopted by a poor family where the husband is sick and the wife support the family, isoluding a child of her own, be going out to wash. The girl in question had one of her feet severely frozen, but was neglected, and great norse appeared Seeing her condition; the child's teacher applied bandages, but these were torn off a home. The anifortunate little one was only half-olad, and her etockings had no feet in them. Finally the case was reported to In spector Sanders. Dr. Neu was sont to examine the child, and he at once took her from school, and she is now at the shelter

Fincher Creek, is a village of only 300 people in Alberta, but they are of the right kind they have sent thirty mounted men to South Arica and twelve more to follow

## CATARRH.

Catarrh has been found to be strictly a germ disease, caused by a distinct species of germs which attack the air passages. In most cases when these germs are once inhaled they do not stop until they reach the minute air cells at the termination of the bronchial tubes; here it is that they find lodgment, and here it is they must be followed and destroyed, or there is no hope for the sufferer.

Hundreds of different remadles have been

arned out useless, as the vapor condensed ind the medicaments were left deposited in he large bronchial tabes long before the air eached the smaller cells of the lungs. Regular physicians declared Catarrh inurable, because the atomach medicines, prays and douches all proved useless. They remained firm in their belief until he introduction of Catarrhozone, the ozonted air curs.

Catarrhozone is the only germicide ever feand volatile enough to impregnate every particle of air breathed, yet leaving it Fraza from wolsture, thus enabling this powerful germ destroyer to reach every part of the air passages in the head, throat and lunga where it at once kills the bacilli that cause where it at once kills the bacilli that cause catarrh, asthma, bronchitis, colds, etc.

It cures by inhalation because it can not fail to reach the seat of the disease. It is guaranteed, and incurs not the slightest danger or inconvenience to the patient.

Catarrhozone outfit, complete, 51,00, at all

danger or inconvenience to the patient.

Catarrhosone outfit complete, \$1.00, at druggists, or direct by mail. Send 10c. stamps for sample bottle, inhaler and to monials to N. C. Polace & Co. Manut turing Chemista, Sox , Kingston, Ont.

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# CEYLON GREEN TEA

Ins tea resembles Japan Tea in flavor, but it is much more delicious and is destined to turn out the colored and adulterated teas of Japan, as "SALADA" black tea has displaced the teas of China.

Lead packets only. la halves and quarters. At 40c per pound.

# THRESHERS

Do you know that steel is up in price? Still, if you let us have you order for Cylinder Teeth soon, we can supply them (any style) at 7½ cents each, with nuts.

Cutting-Box Knives any style.

# E. McCredie,

hone 237. 453 Talbot Street.

Open Tuesday and Saturday evenings.

FOR SALE A nice driving mare, bright bay, fifteen hands; 5 years old., Price \$65.00

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Now is the time to get your supplies for logging and chopping. We make a specialty in Cross Cut Saws and Axes. Our stock is the largest in Western Canada to choose from, comprising all the latest cuts and styles produced.

Hockey Skates, Spring Skates, Hockey Sticks, Pucks and Straps in great variety at

# R. H. Blackmore's,

286 Talbot Street, Corner Metcalfe Street.

# M. C. R. TIME TABLE.

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Contral Standard time—one hour slower that cond time.

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The streat Through Car Line.
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No. 1 500 a. na. Continental Limited, finest

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No. 2 — \$10 p. m. Solid train for simes No. 4 — Nagara Falls, Buffalo, New York no 4 — 12.8 a.m. Continental Limits solid wide vestibuled train for Ni gara Falls, Puffalo, New York and Boston Finest train in America.

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Time table in effect from Dec. 1, 1890
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867 a m. 1.5562 p. m., and 10:00 p. m.
South risums ("raine leave St. Zhomas"
5 m. and 3.6 p. m.
Trains leave London 5.50 a. m., 10.25 a.
30 p. m. and 5.6 p. m., arriving at St. Thom
96.25 a. m., 11 a. m., 3.6 p. m., and 7.25 p.;
fraice leave London 5.70 a. m., 1.75 p.;
fraice leave Port Stanley 7.45 a. m., 5.
m., arriving at St. Thomas 8.07 a. m., 5.
p.
10.
11.
12. Resistand west, and at St. Thomas with
12. R. contact west, and at St. Thomas with
13. Thomas with and the G. T. R. Ensk and West,
Car Perry Shenango No. 1 will ply between
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Leave 7:40 a.m. and k:50 pm. Arrivo 11:36 m and 8:30 pm. Moveling train makes direct connect one aut Winnipes, Vancouver and all waters points. Evering train makes direct onections for M mirred and all eastern point. Coal time

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