

**RICH IN VITAMINES**



**ROYAL YEAST CAKES**

MAKES THE WHITEST BREAD

ARE WE EXTRAVAGANT?

Ontario teachers have been holding their annual meetings and it is not surprising that the question of salaries was considered.

At the meeting referred to the teachers countered on what they claim to be luxuries and extravagances indulged in by many people who are unwilling to advance the stipends of the teachers. They point out for example, that \$61,000,000 is expended in Canada every year for cigars, cigarettes and tobacco. It is a goodly sum, and would go towards providing increases for the teachers. It all goes up in smoke. The teachers would not complain of that if the smokers were willing to help pay them more generous salaries.

They say further that the gum chewers in Canada spend \$3,680,000 for the pleasure of wagging their jaws. This is quite a substantial sum for such an ephemeral pleasure. And they charge that face powders mean an expenditure every year in this country of \$1,600,000, which is quite a large sum to be daily applying and washing off. And soft drinks cost yearly the huge sum of 28 million dollars. The teachers think that if less liquid were put into the stomachs and more learning put into the heads of the people of Canada the country would be better off. They think that a good part of the 28 millions might well be applied to the encouragement of their profession.

We have contracted extravagant habits; and they are growing. They diminish the pocket-book; and too frequently people are more willing to starve the teaching profession than to reduce their supply of tobacco, chewing gum, face powder and soft drinks.

**NOW IS THE TIME TO ADVERTISE**

H. E. Hart, of Long Prairie, proprietor of what he calls "the biggest small town store in this state," in an address before a business men's association, predicted that 1922 will demand more advertising than any other recent year.

The advertising of a merchant must be constructive "to create a good public opinion of the store," said Mr. Hart. "Good advertising increases the volume of business and permits a decrease of prices."

In speaking of his own store, which he said does a business of \$900,000 a year in a town of 1,500 inhabitants, Mr. Hart explained how, "by common business principles and constructive advertising," he had overcome all difficulties.—Northwest Commercial Bulletin.

Keep Minard's Liniment in the house.

**CANADIAN NAVY TO RECEIVE CUT**

OTTAWA, May 12.—The Canadian Navy is to receive a drastic cut. To a closely attentive House, Hon. G. P. Graham, Minister of Defence, this afternoon announced the naval policy of the present Government. In brief it provides that:

1.—Five ships are to be laid up. These are the cruiser Aurora and the destroyers Patriot and Patrician, presented to Canada by Great Britain after the armistice. The other two ships laid up are submarines.

2.—Canada's naval force will consist of three vessels on each coast, namely, a small ship and two trawlers as tenders at both Halifax and Esquimalt.

3.—The three ships on either coast are to be used for training a volunteer force in protection of shores and harbors, mine sweeping and mine laying.

4.—Protection and care of wharves and docks at Halifax and Esquimalt to be continued with provision for a reserve force and men numbering 233. With the exception of four, officers from the Royal Navy to be returned to the Royal Navy.

In making his statement Mr. Graham emphasized that young men in the volunteer force would not be taken out of industrial employment. They would be trained on land and sea for two or three weeks each year, over a period of three years. There would also be the fisheries protection services containing a number of additional ships. Under the scheme some 1,500 young men could be trained during the year on land and sea.

**A HINT FOR US**

In Alberta groups of citizens are uniting to line one of the most important highways of the Province with rows of bright-blooming flowers. At comparatively little cost a change will be effected which will make the highway much more attractive for everybody who travels it, and it may be expected that the new prettiness of the road will give it added charm for tourists. Happily, nature has been so much kinder to Nova Scotia than to some other provinces as regards scenic beauty that there is not the same need of human effort in this respect here. But the Alberta case may perhaps help to emphasize to Nova Scotia that it is worth while to pay some attention to the appearance of highways as well as to the question of what material shall go into them and how they shall be maintained.

With bathing suits censored the waves will not be so wild this year.

**THE MOVIES POPULARITY CONTEST**

The first day of the motion picture popularity contest for the benefit of the Association for the Improvement of the Condition of the Poor in New York, was full of surprises. Douglas Fairbanks got only 20 votes. Mary Pickford got 1025 votes, or 21 more than Charlie Chaplin. The first official count showed that Constance Binney was leading among the women with 7076 and Will Rogers among the men with 2000. "Fatty" Arbuckle got one vote.

Another thing shown was that many young women who have had minor parts in pictures are in the ascendancy so far as fandom is concerned. Marcus Loew, chairman of the committee, confessed that the contest had been a great surprise to him, as did other producers, among them William Fox. One producer said: "Maybe the star system is due for a collapse. Perhaps the motion picture going public is not as loyal to its stars as has been generally supposed. The fact remains that the public is strongly supporting the average stars in the contest. Of course, many of the stars are on the coast and this may have kept back heavy voting for them."

**LADIES FURNISHED**

The Prince of Wales enjoyed many a laugh when he saw some of the signs with English inscriptions which several Japanese tradesmen display outside their shops. Here are a few which may catch his eye. "Tailor of Resistant Wet Coat", "Baggages, Sent any Direction by Internal Railway", "Horse-bif Shop", "Coats Made from any Hides Yours or Ours", "Ladies Furnished in the Upper Story".

**MURINE** Night and Morning. Have Clean, Healthy Eyes. If they Tingle, Itch, Smart or Burn, if Sore, Irritated, Inflamed or Granulated, use Murine often. Soothe, Refresh. Safe for Infant or Adult. At all Druggists. Write for Free Eye Book. Murine Eye Remedy Co., Chicago

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Bright, sparkling dance hits that will capture your feet. The latest music, played by the best orchestras and recorded by Columbia's new process that brings all the enchantment of the original playing right into your own home.

Have your Columbia dealer play these over for you today!

- By the Sapphire Sea—Fox-Trot The Columbians A-3594 85c
- Sing Song Man—Fox-Trot, The Happy Six A-3595 85c
- Swanee River Moon, Intro. "Indiana Lullaby" Medley Waltz and South Sea Sweetheart, Intro. "Baby Dreams" Medley Waltz, Prince's Dance Orchestra A-6213 \$1.50
- Every Day, Intro. "Oh, Gee! Oh, Gosh!" from "For Goodness Sake" Medley Fox-Trot of Ted Lewis and His Band A-3596 85c
- Rony Pony from "The Blushing Bride" Fox-Trot Ted Lewis and His Band A-3597 85c
- Jimmy—Fox-Trot The Columbians A-3598 85c
- Dippy Dippy—Fox-Trot Ray Miller and His Orchestra A-3599 85c
- Tearain—Fox-Trot, Paul Blaise's Orchestra A-3600 85c
- On the Alabama—Fox-Trot Paul Blaise's Orchestra A-3601 85c
- Do It Again from "The French Doll" Fox-Trot, Ray Miller and His Orchestra A-3598 85c
- Lovely Dove from "The Rose of Shambal" Fox-Trot, Ray Miller and His Orchestra A-3599 85c

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Keeps Fresh and Fragrant in the Sealed Package

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All kinds of Repainting, Windows Sashes, Frames, etc. Shop work in general.  
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**D. A. R. Timetable**

The Train Service as it Affects Wolfville.

No. 96 From Kentville arrives 8.16 a.m.

No. 95 From Halifax, arrives 10.05 a.m.

No. 98 From Yarmouth, arrives 3.20 p.m.

No. 97 From Halifax, arrives 6.17 p.m.

No. 99 From Halifax (Tues. Fri., Sun.) arrives 12.18 a.m.

No. 100 From Yarmouth (Mon. Wed., Sat.), arrives 4.28 a.m.

**COAL!**

**HARD COAL**  
**SOFT COAL**  
**COKE**  
**KINDLING**

**A. M. WHEATON**

**Answer the Puzzle Win \$1000.00**



FIND THE MOST OBJECTS BEGINNING WITH "S"

You will find all kinds of "S" objects in this picture, even though it is small. If the picture doesn't print plainly in your paper, write for larger and clearer picture.

ANYONE CAN ENTER provided that they have no connection with Mayer Co., Ltd.

Your answer must be mailed by June 10th, 1922, and prizes will be awarded to the persons sending in the best correct answer as shown in list of prizes below. In case of ties, duplicate prizes will be given. Webster's New International Dictionary will be used by the three independent judges in deciding the winning answers. No master or predetermined list will be used by the judges, but their correct list will be made up from all answers submitted. Do not use obsolete, hyphenated or compound words. Neatness, style and handwriting have no bearing on deciding the winners. The contest is merely a test of skill to acquaint more people with LAYMORE. Names of Prize Winners and the correct list of words will be mailed to everyone making a purchase. Participants agree to accept the decision of the judges as final and conclusive.

LAYMORE—"Makes the Lazy Hens Lay"

Laymore is now used by thousands of poultry raisers and fed to hundreds of thousands of hens daily, with most satisfactory results. The purchase of 5 regular \$1.00 packages for \$3.00 makes your answer eligible for the \$300.00 Prize. The purchase of 15 regular \$1.00 size packages for \$6.00 makes your answer eligible for the \$1,000.00 Prize. If no money is sent, your answer will be eligible for the \$20.00 Prize. If you do not have chickens, you can qualify your list for the larger prizes with the purchase of a \$1.00 or \$6.00 Pentcraft Fountain Pen.

Start working on the picture puzzle now. See how many "S" words you can find.

MAYER CO., LTD., TORONTO, ONT. Dept. 33

	No Purchase \$3.00	Purchase \$6.00	Purchase \$300.00
1. ....	20	150	400
2. ....	15	75	150
3. ....	10	50	100
4. ....	8	40	75
5. ....	7	25	50
6. ....	6	15	25
7. ....	5	10	10
8-15. ....	2	5	10