

**Notes and Comments**

General Sir Arthur Currie has been offered and has accepted the Principalship of McGill University.

The scarcity of potatoes in the Maritime Provinces arises from Yankee buyers, who have been down here in droves picking up everything for sale.

Review of Reviews, in the following brief paragraph, gives due recognition to the local weekly newspapers as a medium of peculiar value to the man who would get the attention of the people of his community:

"Country weeklies are pre-eminently the home papers of newspaperdom. They are not hurriedly scanned while men travel to business, then left to brakemen to gather up. They go directly to homes where their reading is a duty as well as a pleasure. Hence their peculiar value as an advertising medium."

Food prices will continue to be high for several years. At least this will be true if prices are governed by the supply. Dr. J. W. Robertson, than whom there is no better authority anywhere, addressing the parliamentary committee on agriculture and colonization at Ottawa recently, said it would take at least two big crops to catch up to anything like the normal supplies of breadstuffs, ten years to attain the pre-war status on milk products, and four or five years for beef products. Dr. Robertson went at length into his experiences overseas, reiterating his statements that prices were dependent entirely upon world conditions. Increased production in Canada would not lower prices because of the continued abnormal demand.

According to a Horse Act passed in the year 1912, entitled "An Act for the Encouragement of Horse Breeding in Nova Scotia, amended in Chapter 20, of the Acts of 1918, it is illegal for any party or parties to offer a stallion for public service in the Province of Nova Scotia unless such stallion is duly enrolled with the Department of Agriculture. Such stallion must be enrolled either as a Pure Bred, Grade or Scrub, depending upon which class he belongs to. It may not be generally known but none the less it is the law of this country, that no charge made for the service of any stallion not enrolled shall be recoverable by any action or proceedings. Parties interested in Horse Breeding are referred to advertisement in another column of this paper, in which will be found the names of horses and their owners that have been enrolled in this county for the current year.

**Advices People to Cure Constipation Without Drugs; Suffered Ten Years, Well in Three Weeks by Internal Bathing.**

Did you ever hear of a person being cured of chronic constipation with drugs? They relieve at the time some, but larger doses are usually necessary from time to time. Nature's medicine, just pure sterilized water, administered with the J. B. L. Cascade, is the only scientific and permanent treatment. Don't force Nature with drugs. Bathe internally.

Mrs. A. McLeod, Middleboro, B. C., writes: "For ten years I suffered from constipation, and for the last year I became a wreck. I had awful pains in my back, severe headaches, indigestion and swollen limbs. I tried all kinds of medicine and many doctors without permanent benefit. It was at a lecture of Providence that I saw the J. B. L. Cascade advertised. The first time I used it I felt relieved, and in three weeks I was completely cured. My habits are now quite regular and I am in better health than I have been for years. I am very thankful to be doing my own work again."

The J. B. L. Cascade is the perfected invention of Dr. Chas. A. Tyrrell, of New York for internal bathing. It is now being shown and explained at A. V. 1180 a, Wolfville Drug Store.

Please or ask them for free booklet all about it or write Tyrrell's Hygienic Institute, 118 College St., Toronto.

**Early Symptoms of Bloodlessness**

SHOWN BY PALLOR OF THE FACE AND LIPS—HOW TO OBTAIN NEW BLOOD

Anaemia, or lack of blood is so gradual in its approach that it is often well developed before the patient is sufficiently alarmed to consult a doctor or take proper treatment to restore the blood to a healthy condition.

The earliest symptom of anaemia is loss of color, especially in the lips, gums and membranes lining the eyelids. Then comes shortness of breath on slight exertion, such as going up stairs, palpitation of the heart, increased pallor of the face and lips. If this thinning of the blood is not corrected it will proceed rapidly until a complete breakdown in health follows, when there may be disorders of the stomach, headaches and backaches, dizziness and fainting spells. The most effective and prompt way to increase and enrich the blood at a time like this is through the fair use of Dr. Williams' Pink Pills. These pills have restored to good health thousands of weak, anaemic people, among them Miss Mae Johnston, of Port Arthur, Ont., who says: "Between the ages of sixteen and eighteen I worked in a telephone office, and it was very trying to the nerves and health. I became bloodless, and so pale that friends often said I looked consumptive. One night I had to be taken home from the office, and a doctor was called in who told me I must not go back for a time. Sometimes I would faint, and to walk up stairs would leave me utterly breathless. As I did not appear to be getting any better one of my girl friends, whose mother had used Dr. Williams' Pink Pills with great benefit, advised me to try these. I took the pills very faithfully for some time, with the result that they restored me to good health, and now when anyone tells me they feel weak or rundown I always recommend Dr. Williams' Pink Pills, as I feel so thankful for the help they gave me."

If you have any of the symptoms described by Miss Johnston try building up the blood with Dr. Williams' Pink Pills. Eat nourishing food, exercise a little in the open air daily and watch the color return to cheeks and lips. You can run no risk in giving Dr. Williams' Pink Pills a trial as they can not injure the most delicate system. You can get these pills through any dealer in medicine, or by mail at 50 cents a box or six boxes for \$2.50 from The Dr. Williams' Medicine Co., Brockville, Ont.

**Canadian Women and Music**

At the recent Congress of the National Council of Women of Canada a number of resolutions were passed dealing with the question of music. Among them the following points were brought out:

1. Music is a necessity, not a luxury.
2. Every child has an inherent right to a musical education.
3. Unity through music is a means to civic improvement.
4. Patriotism is developed by music.
5. The spirit of comradeship, regardless of creed, is induced by music.
6. Music is the most useful medium in constructive work in a community. With the saloon and dance hall abolished there must be established in their stead places of clean amusement.
7. Music tends to encourage a higher form of citizenship.
8. Music is a powerful curative for mental, moral and physical ailments.

**Grand Operatic Concert**

Mr. Wadsworth Provandie, one of America's foremost baritones, and Miss Lina Tufts, one of America's noted pianists, are coming to Wolfville and will appear at College Hall, on May 22nd, giving a joint operatic concert, which promises to be the best concert ever heard in Wolfville. Mr. Provandie and Miss Tufts are visiting the provinces and during their sojourn here, they are giving a series of concerts in the principal cities.

Mr. Provandie is a young American possessing a pure rich baritone voice of great power and extended range, singing as he does an A-natural with the ease of a tenor, and the great DeRaszke, of Paris, termed Provandie the King of Baritones.

Mr. Provandie studied singing with Arthur J. Hubbard, of Boston, and went to Europe in 1919 to open his operatic career there, and after a few weeks in Paris, he was offered the role of Germont in "Traviata" at the Covent Garden, London, where he made a decided success. He subsequently sang in the leading Opera Houses in France and Italy, where his success was instant and unquestioned.

His American debut after returning from Europe was made with Mme. Matzemur, Metropolitan Contralto at the famous Worcester Festival. Since then he has been re-engaged for that festival three consecutive seasons.

In an interview Prof. Willani, of Milan, Italy, told the N. Y. World the following: "In Provandie, America has sent us as great a baritone as was ever heard anywhere. He is not only a wonderful singer but one of the best actors I have ever seen in charge."

Miss Lina Tufts, the noted pianist, made her first appearance before the public at the age of seven years, showing even then decided musical ability, and at the age of nine appeared at a musical given by her teacher, Mme. Antoinette Szumowski, the eminent Polish pianist, with whom she studied for years. She also studied with the great American pianist, Alexander Lambert, of N. Y.

Miss Tufts has the distinction of playing before Paderewski, the greatest pianist in the world, who called her his grand-daughter at the piano. She is a masterful performer.

**New Canadian One Cent Piece**

Authority has been given for the issue of the new Canadian cent on and after May 15. The coin will not, however, actually be in circulation until the last of the month. The cent will be slightly larger than the Canadian ten cent piece or three-quarters of an inch in diameter. It will bear the following design: Obverse impression—His Majesty's crowned effigy, consisting of head and bust, wearing the royal robes, and looking to left with the inscription "George V. del. Rex et ind. imp." Reverse impression—The words "one cent" supported by a maple leaf on either side, and bearing the word "Canada" above and the date below.

Reverse impression—The words "one cent" supported by a maple leaf on either side, and bearing the word "Canada" above and the date below.

**OVER-ACIDITY**

of the stomach has upset many a night's rest. If your stomach is acid, disturbed, dissolve two or three

**KI-MOIDS**

on the tongue before retiring and enjoy refreshing sleep. The purity and goodness of Ki-moids guaranteed by

SCOTT & BOWNE MAKERS OF SCOTT'S EMULSION

**The Complete Ingredients for a Wholesome Meal are found in Every Grain of Wheat**

**Eat More Bread Baked From**

**PURITY FLOUR**

**"More Bread and Better Bread and Better Pastry"**

Western Canada Flour Mills Company, Limited TORONTO—Head Office  
Edmonton, Calgary, Montreal, Ottawa, St. John, Halifax



**"On Guard" EDDY'S Fire Pails**  
cannot leak—cannot warp—cannot rust. Always ready and reliable when not in use, and are easy to lift and easy to carry when wanted. Their round bottom prevents their use for other purposes than fire.

**"In Action" EDDY'S Wash Tubs**  
A boon to the housewife—much better than the ordinary wooden or galvanized iron kind. Lighter, easier to lift and carry. Water keeps hot in them much longer. Cost no more—last longer.

**"Protection" EDDY'S Butter Tubs**  
Lightweight—impervious to taints or odors. All in one piece without joint or seam. Fluted hard glass surface—cannot become dented—last longer.

**INDURATED FIBREWARE**  
The E. Eddy Co. Limited, Hull, Can.  
Makers of the Famous Eddy Mark

**JACKSON'S LIVERY & SALE STABLE**

We will buy your horses, we will sell you horses. Every horse sold, guaranteed to be as represented. A complete line of Dr. Bell's Veterinary Wonder Medicine always in stock. Farmers wanting anything in medicines should look up this line as it is one of the best. Also a competent Blacksmith always ready to do any line of work for the public.

**TERMS CASH**  
**S. R. JACKSON -- Wolfville, N. S.**  
Successor to T. E. HUTCHINSON

Results accomplished by **SYSTEMATIC SAVING**

MONTHLY DEPOSITE OF	\$1	\$2	\$5	\$10
1 year -	12.20	24.39	60.88	121.98
2 years -	24.76	49.52	121.80	247.60
3 years -	37.70	75.41	183.52	377.04

**THERE IS A SAVINGS DEPARTMENT AT EVERY BRANCH OF THE ROYAL BANK OF CANADA**

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