HE NOW BELIEVES IN "FRUIT-A-TIVES"

Because He No Longer Suffers With Headaches

TAUGUNTLE, ONT TAUGUNTLE, ONT The sa sufferer from Fearful Head-sches for over two years. Sometimes, twork for days at a time. I took all tistade of medicine, was treated by phy-tistans, but yet the Headaches persisted. Abort time soo, I was advised to try "Fruit-a-tives" and I did on, with I must be about the source of the did on the term of the source of the did on the term of the did on the one of the Abort Line that taken a box of the term of the did on the one of the about the did one of the did one of the term of the did one of the did one of the term of the did one of the did one of the term of the did one of the did one of the term of the did one of the did one of the term of the did one of the did one of the did one of the term of the did one of the did one of the did one of the term of the did one of the did one of the did one of the term of the did one of the did one of the did one of the term of the did one of the term of the did one of the did They lett me, After I had taken a box of these tablets, my headaches were quite cured My appetite was always poor and my stomach bad-and now my appetite i splendid and my digestion excellent. splendid and my digestion excellent. I had become thin and weak from the constant Headaches but now not only have I been cured of all these awful Headaches, but my strength is growing up once more and I feel like a new man BERT CORNELL. The UTAMIA STATE

BERT CORNEIL. Take "Fruit-a-tives". 50c a box, 6 for \$2.50-trial size, 25c. At dealers or from Fruit-a-tives Limited, Ottawa.

ve Land. BARCE -A knot of White Ribbon. WATCHWORD-Agitate, educate, or

OFFICERS OF WOLFVILLE UNION. President-Mrs. L. W. Sleep. Ist Vice President-Mrs. J. Kaye. 2nd Vice President-Mrs. F. Wood

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for. Press Work—Miss Margaret Barss. Flowers, Fruit, and Delicacies—Mrs. Kaye. abrador Relief Work. Mrs. Woodworth Home Relief Work. Mrs. Fielding.

tome astilief Work. Mrs. Woodworth Marcotics—Mrs. Bleakney Regular Business Meeting last Friday a each month at 3:30 p.m., in Temper-nese Hall. Labrador Meeting at the nese of the -members lat and 3rd ready werings in the month.

If.

tricks.

If you were busy being kind, Before you knew it, you would find, You'd soon forget to think 'twas true That someone was unkind to yon. If you were busy being glad, And cheering people who are sad, Although your head might ache a bit, You'd soon forget to notice it.

If you were busy doing good, And doing just the best you could, You'd not have time to blame some

Who's doing just the best he can.

It you were busy being true, To what you know you ought to do, You'd be so busy you'd forget, The blunders of the tolks you've met. I' you were busy being right, You'd find yoursel' too busy quite To criticise your neighbor long, Because he's busy being wrong.' --S. S. Times.

Do Dec. 13th, says Mr. E. W. Cha fin, I was at Mound City, Pulasti 'oounty, II. There was a murder case, ou trial before Circuit Judge Butler, of Caso. At the close of the krisit the judge, in rendering his decision, said 'The case at bar is the adventy-sixt murder case. I have the d, either as state's attorney or as judge, during the past nicetees years. I have key a careful record of each case, and I have to say that in seventy five of the seventy-say, whileky was the exciting cause.'

A Rumseller's Confession.

A man who had been runselling for eleven years made this confession: 'I have soid liquor long enough for me to see the beginning and end of its sheets. I have seen a man take in forg farse of lines of

id afterwards fill the grave of a sui de. I have seen man after man ealthy and educated, come into my

White Ribbon News. Woman's Christian Temperance Union. Atta.—The protection of the home, the abolition of the liquor traffic and the tra-maph of Christis's Golden Rule in custors and in law. Morro—For God and Home and Nas. Morro.—For God and Home and Nas. Morro.—K. COSSABOOM.

-umes his principal instead of inter-est, hence the inevitable bankrup-cy of the body.—Baron Liebig.

Zam-Buk Eczema and Sore Eyes.

If you suffer Stomach Trouble and you try our remedy, it won't cost you a cent if it fails.

Little Girl-Are you the trained urse mother said was coming? Nurse-Yes, dear, I am the train

trse. Little Girl-Ltt's see you do some

PILLES Do not suffy the provide the provided by the provided the provided by t

Cura te-Didn't I assure you that a cow is only dangerous when it has lost it's caif?

She-That's why I was frightened; I couldn't see a call anywhe

The Best Medicine in the World.

The Best M calcine in the World. "My little girl had dysentery very bad. I thought she would die. Chamberlain's Colic, Cholers and Diarrhosa Remedy uirsd her, and I can truthfully say that I think 'it is the best medicine in the world.' writes Mrs. William Orvis, Clare-Mich. For sale by all dealers.

To criticise your neighbor long, Because he's busy being wrong.' --S. S. Times. Seventy-five Out of Seven-ty-siz. 'What are you going to do when you grow up, if you don't know how to read, write and cipher?' asked a school teacher of a lazy, stupid boy.

TESTIFY

<text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text><text>

You will find relief in Zam-Buk I It eases the burning, stinging pain, stops bleeding and brings ease. Perseverance, with Zam-Buk, means cure. Why not prove this ? dil Drougles and Corea-

honor and that of that she would gi sooner than one

non in the wife of my much honor and old rived, Sir William Hamilton I can say with truth that it wou not have been in my power to reach such cessential services to their; Sic ian Majestie but by the private in the services to the private in the service but by the private in you will believe that Nelson will a ways be found whare the honor an interest of Britain require bia pre-sence."

Interest of britain require his p sence." Nelson tarried about Naples a Palermo until finally Lord Span was fain to suggest in 1800 that health did not permit him to be w the ficet and ought to recurn hos Soon after this Nelson returned, m in company with Sir Will Lady Hamilton.

PROTECT THE HOME

he Advisability of Caring For tunate Mothers and Childr

Unate Mothers and Childry J. O. McCarthy, Toronto, in al-ing the Gaadian Club, Kingator mpart: "No mother ieft with her-family to support should have to them uncared for while she got to earn bread for them. The use whild on the strest soon beco-delinquent. Let the childlese iona children. It would be some of the money spent in migrants from the world over-ting for the orphans who are pen-mark the best clissens in the di-mark the strest soon to the best and make the best clissens in the di-mark of the strest soon to the best and make the best clissens in the di-mark of the strest soon to the best and make the best clissens in the di-mark of the strest soon to the best and the strest soon of the best and make the best clissens in the di-mark of the strest soon to the best and make the best clissens in the di-mark of the strest soon the soon the soon the mark of the strest soon the soon the soon the soon the best soon the soon the

"Wife desertion of ten child des could find some SEALED TENDERS addressed t ned, and endorsed the despination to Wharf at wife and will be received at country to

DYNE I JOHNSON'S ADVIL LIMITERT Used 40 Xears for Internal Article Internal Are you, prepared, to relieve sudden cramps and pains that may come any time? iait may come any inne. ohnson's Anodyne Liniment responds uickly in relieving coughs, colds, bowel roubles, burns, cuts, chaps, etc. 254 and 50c eve

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INTERESTING RELICS HAVE BEEN UNEARTHEI

A Perfect Network of Tunnels an Many Rare Old Coins Found an Montreal Excavation to Montreal Excavation Workmen engaged in tearing down and id convent found a perfect est work of tunnels, scere to perfect est work of tunnels, scere to perfect and the scene of the days of the Bourhow were recover passages at hidden chambers. All sorts of coins media, statues of the days of the Bourhow were recover passages at hidden chambers. All sorts of coins media, statues of the days of the Bourhow were recover passages at hidden chambers. All sorts of coins media, statues of the days of the Bourhow were recover passages at hidden chambers. All sorts of coins many chambers and pack the work many chambers and pack the work many chambers and pack the passage of the scene of the scene of the bourhow of the scene of the scene of the bourhow of the scene of the scene of the bourhow of the scene of the scene of the bourhow of the scene of the scene of the bourhow of the scene of the scene of the passage of the scene of the scene of the passage of the scene of the scene of the passage of the scene of the passage of the scene o

The second secon ever, it is the immula that aroused the greatest intervet. Owing to the ex-inversity intervet. Owing to the ex-intervent of these subterrances pas-mages it is estimated that to duplicate this work to day would cost a figure rulning well into the hundreds of thousands of doilars. There was dis-covered a method of construction to render the loop of the tannels imper-ribus to water which if applied to modern day, bafore esenant existed the old days, bafore estimation are plained the dusined end by placing over the atomas forming the arch of the manut that the fourness water, pudges dry.

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Another interesting feature of the structures is the elever are made flat stones, which were eviden gathered along the long reaches the St. Lawrence. Undouttedly the structure were a paid of the so Lawrence. Undoutiedly the rest were a part of the early as of the settlement, as it was any liten to subplement the or of the fortifications by com a subortnamen passages any, into which a garrison could in case it was endered neces The removal of the old pulled asks something of the early life little coleny. 夏山 (II) in the art of cooking.

VICTORIA, B.C.

KINDS OF BULLETS

Ancient Leaden Spher

For more than three cep ounting fro the invention of owder and the use of disearm ullets used in army weapons r d similar in form and composit

VALUE OF CREOSOTING

ated Rallway Ties Last Much Los ger-Creosote Mostly Imported One million four hundred thou One minor four numbers industries allons of credosts result have be roduced in Western Canada last yes i the cost that was converted int oke had been, coked in by-produc wess. With the exception of the recence produced from the by-produc wess at Syndry, N.S., and at Sau city they had seem if the world. Yet V ly, as its title mig from the by-produ

nglishman in it feels at home. st wood may be sconomically used for fiest it will be necessary to crossist floss apacies that fail through decay, scites W. J. D. in Conservation. In refer, also to utilise ties of the softer woods, if is necessary to use lieplates. When it is remembered that he versage life of an untrasted die is seven years while she life of a tromated is is sevenenen years, the importance and value of crossite is readily seen. that the ated the is of a treated

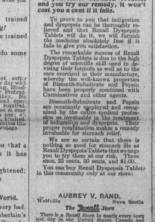
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For Dyspepsia

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