Germs. Germs.

We hear a great deal about them these days, and rightly too; for they are the direct cause of whooping-cough, diphtheria scarlet fever and other diseases of childhood.

When any of these are in the neighborhood, you should use Vapo-Cresolene. Every evening purify their sleeping rooms with this perfectly safe remedy. It is so easy to prevent the disease in this way. For whooping cough and croup, the doctors say it is a perfect specific.

Vapo-Cresolene is sold by druggists everywhere. A Vapo-Cresolene outht, including the Vaporizer and Lamp, which should last a life-time, and a bottle of Cresolene, complete, 8,50; extra supplies of Cresolene 25 cents and 50 cents. Illustrated bookler contains the property of the property of the contains the property of the contains the conta ene 25 cents and 50 cents Unustrated booklet contaming physicians' testimonials free upon request. VAPO-CRESOLENE CO., 180 Fulton St., New York, U.S.A.

Jefferson's Ten Rules.

rules that governed Thomas Jefferson's daily life:

1. Never put off till tomorrow what you can do to-day.

2. Never troube another for what you can do yourself. 3. Never spend your money before

you have it. want because it is cheap; it will be 4. Never buy what you do not dear to you. 5. Pride costs us more than hun-

ger, thirst, and cold. 6. We never repent of having eaten too little. 7. Nothing is troublesome that we

do willingly.

8. How much pain have cost us the evils which never happened.
9f Take things always by the

mooth handle. 10. When angry, count ten before you speak; when very angry, a hun-

A New Dress For Ten Cents The Price of a Package of Diamond Dyes.

Women of every social condition know from practical experience that it is possible with the aid of Diamond lyes, to make A NEW DRESS FOR

TEN CENTS. Ladies use Diamond Dyes to their entire sarisfaction, advantage and profit. There is no reason why you, too, will not find in Diamond Dyes the same aid to prefer to get a new dress for ten cents instead of buying a new one at a cost of from five to ten doiars, buy a package of Diamond Dyes, and with very little work you can make your old dress look like a new

Send a postal card with your address to the Wells & Richardson, Co., Limited 200 Mountain street Montreal, P. Q., will mail you, free of cost full range of designs of Diamond Dye Mat and Rug Patterns to make selections from.

Do the Best You Can.

I was a little boy.' gendeman one day to a friend with whom he was talking, "I paid a visit to my grandfather. He was and wore a black velvet cap, and knee-breeches with large When si ver buckles at the knees. went to say good-by to him he ok me between his knees, kissed me kindly, and then laying his hand on my head he said: "My dear have only one thing to say to you; and you will try to remem-I looked him in the face and said. said he, it is this: "Whatever you have to do, always do the test you can." This was my grandfather's legacy to me. It was worth more than thousands of gold silver. I never forgot his words, and have always tried to act upon them.

Flight of the Swallow.

A swallow, flying for home, made 140 miles at the rate of 128; miles

Malt Breakfast Food Has Eeen a Marvelous Success and Has Proved a Blessing In our Canadian

Homes.

The men and women, the boys and girls who regularly enjoy full digesvigor, active brain, physical strength and sweet, natural sleep, are in ninety-nine cases out of every hundred, users of Mait Breakfast Food, It certainly behooves the users of oatmeal and other starchy and indigestible grain foods to give immediate attention to their present handicapped condition-per digestion, heated blood stomach deringements, skin cruptions

and loss of bodily energy.

Malt Breakfast Food, predigested, free from every trace of insoluble starch and other properties that re-tard digestion, is building up thou-sands of weak and rundown people. Dyspeptics who have made it their diet for a week or two have banished their troubles. Try it in home. All procers.

If you want to be held in esteem ust associate only with those who are estimable.

BRONCHIAL Affections, coughs and colds, all quickly cured by Pyny-Balsam. It has no equal. Acts promptly, soothes, heals and cures. Manufactured by the proprietors of Perry Davis' Pain-Killer.

What you want is not to possess religion, but to have a religion that shall possess you.

AT ALL Times of the Year Pain-Killer will be found a useful house-hold remedy. Cures cuts, sprains and dises. Internally for cramps and diarrhoea. Avoid substitutes, there's only one Pain-Killer, Perry Davis'.

Minard's Liniment is the best.

ART OF FORGETTING

GOD PROMISES FORGETFULNESS OF SINS AND INIQUITIES.

TO THOSE WHO TRULY REPENT

Father and Omnipotent Ruler of the Universe-Happiness Will Come to Those Who Can Forget Injuries Done by Others to Them.

Entered According to Act of Parliament of Can-ada, in the year 1992, by William Baily, of To-ronto, at the Dep't of Agriculture, Ottawa.

Washington, March 9.-From the letter to the Hebrews Pr. Talmage takes a text and illustrates how all offenders may be emancipated; text, Hebrews viii, 12, "Their sins and their iniquities will I remember no

The national flower of the Egypt-

ians is the heliotrope, of the Assyrians is the water lily, of the Hindoos is the marigold, of the Chinese is the chrysanthemum. We have no national flower, but there is hardly any flower more suggestive to many of us than the forget-me-not. We all like to be remembered, and one of our misfortunes is that there are so many things we cannot remember. Mnemonics, or the art of assisting memory, is an important art. It was first suggested by Simonides of Ceos 500 years before Christ. Persons who had but little power to recall events or put facts and names and dates in proper processions have through this art had their memory re-enforced to an almost incredible extent. A good memory is an invaluable possession By all means cultivate it. I had an aged friend who, detained all night at a miserable depot waiting for a rail train fast in the snowbanks, entertained a group of some ten or fifteen clergymen, likewise detained on their way home from a meeting of presbytery; by first with a piece of chalk drawing out on the black and sooty walls of the depot the characters of Walter Scott's "Marmion" and then reciting from memory the whole of that poem of some pages in fine print. My old friend, through great age, lost his memory, and when I asked him if this story of the railroad depot was true he said, "I do not remember now, but it was just like me." "Let me see," said he to me. "Have I ever seen you before?" "Yes," I said; "you were my guest last night, and I was with you an hour ago." What an awful contrast in that man between the greatest memory I ever knew and

But right along with this art of re-collection, which I cannot too highly eulogize, is one quite as important and yet I never heard it applauded mean the art of forgetting. There s a splendid faculty in that direction that we all need to cultivate. might through that process be ten times happier and more useful than we now are. We have been told that forgetfulness is a weakness and ought to be avoided by all possible far from a weak text ascribes it to God. It is the very top of omnipotence that God is able to obliterate a part of his own memory. If we repent of sin and rightly seek the divine forgiveness, the record of the misbehavior is not only crossed off the books, but God actually lets it pass out of memory. "Their sins and their iniquities will I remember no more." To remember no more is to forget, and you cannot make anything else out of it. God's power of forgetting is so great that if two men appeal to him and the one man, after a life all right, gets the sins of his heart pardoned and the other man, after a life of abomination, gets pardoned God remembers no more against one than against the other. The entire past of both the moralist, with his imperfections, and the profligate, with his debaucheries, is as much obliterated in the one case as in the other. Forgotten ferever and forever. "Their sins and their iniquities will I remember no

no memory at all!

The sublime attribute of forgetfulness on the part of God you and I need, in our finite way, to imitate. Vou will do well to cast out of your recollection all wrongs done you. During the course of one's life he is sure to be misrepresented, to be lied about, to be injured. There are those who keep these things fresh by frequent rehearsal. If things have appeared in print, they keep them their scrap-book, for they cut these precious paragraphs out of newspapers or books and at leisure times look them over, or they have them tied up in bundles or thrust in pigeonholes, and they frequently regale themselves and their friends by an inspection of these flings, these sarcasms, these falsehoods, these cruelties. I have known gentlemen carried them in their pocketbooks, so that they could easily get at these irritations, and they put their right hand in the inside of their ccat pocket over their heart and say: "Look here! Let me show you something." Scientists catch wasp " Scientists catch wasps and transfix them in curiosity bureaus for study, and that is well, but these of whom I speak catch the wasps and hornets and poisonous insects and play with them and put them on themselves and on their friends and see how far the noxious things can mp and show how deep they can Have no such scrap-book. sting. Keep nothing in your possession that is disagreeable. Tear up the falsehoods and the slanders and the hy-

Imitate the Lord in my text and forget, actually forget, sublimely forgct. There is no happiness for in any other plan or procedure. see all around you in the church and out of the church dispositions acerb, malign, cynical, pessimistic. Do you know how these men and women got that disposition? It was by the embalmment of things pantherine and viperous. They have spent much of their time in calling the roll of all the rats that have nibbled at their reputation. Their soul is a cage

BRIGHT'S DISEASE

is the deadliest and most painful malady to which mankind is subject. Dodd's Kidney Pills will cure any case of Bright's Disease. They have never failed in one single case. They are the only remedy that ever has cured it, and they are the only remedy that can. the only remedy that can. There are imitations of Dodd's Kidney Pills—pill, box and name—but imitations are dangerous. The original and only genuine cure for Bright's Disease is

DODD'S KIDNEY PILLS Dodd's Kidney Pills are fifty cents a box at all druggists.

vultures. Everything in them soured or imbittered. The milk of human kindness has been curdled. They do not believe in anybody or anything. If they see two people whispering, they think it is about laughing, they think it is about themselves. Where there is one sweet pippin in their orchard there are fifty crabapples. They have been able to forget. They do not want to forget. They never will forget. Their wretchedness is supren for no one can be happy if he carries perpetually in mind the mean things that have been done him. On the other hand, you can find here and there a man or woman. (for are not many of them) whose disposition is genial and summery. Have they always been treated well? Oh, no. Hard things have been said against them. They have been charged with officiousness, and their generosities have been set down to a desire for display, and they have many a time been the subject of tittle tattle, and they have had enough small assaults like gnats and enough great attacks like lions to have made them perpetually miserable if they would have consented to be miserable. But they have had enough divine philosophy to cast off the annovances, and they have kept themselves in the sunlight of God's favor and have realized that these oppositions and hindrances are a part of a mighty discipline by which they are to be prepared for usefulness and heaven. The secret of it all is they have, by the help of the Eternal God.

learned how to forget, Another practical thought: our faults are repented of let them go out of mind. If God forgets them, we have a right to forget them. Having once repented of our infelicities and misdemeanors, there is no need of our repenting of them again. Suppose I owe you a large sum of money, an! you are persuaded I am incapacitated to pay and you give me acquittal from that obligation. You say: "I cancel that dest. All is right now. Start again. And the next day I come in and say: You know about that hig debt. I owe you. I have come to get you to let me off. I feel so bad about it I cannot rest. Do let me off." You reply with a little impatience: "I did you off. Don't bother yourself d bother me with any more of that dis uss on." The following day I say: "My dear sir, about that debt-I can never get over the fact that I owe you that money. It is something that weighs on my mind like a millstone. Do forgive me that debt." This time you clear lose your patience and say: "You are a nuisance, What do you mean by this reiteration of that affair? I am most sorry I forgave you that debt. Do you doubt my veracity or do you not understand the plain language in which I told you that debt was cancel d?" Well, my friends, there are many Christians guilty of worse folly than that. While it is right that they repent of new sins and of .recent sihs, what is the use of bother ing yourself and insulting God by asking him to forgive sins that long ago were forgiven? God has forgot-ten them. Why do you not forget them? No; you drag the load on with you, and 365 times a year, if you pray every day, you ask God to recall occurrences which he has not

only forgiven, but forgotten. Quit this folly. I do not ask you less to realize this turpitude of sin, but I ask you to a higher faith in the promise of God and the full deliverance of His mercy. He does not give a receipt for part payment or so much received on account, but receipt in full, God having for Christ's sake decreed "your sins and your iniquities will I remember more." As far as possible let



enough things in the present, and there will be enough in the future, to disturb us without running a special train into the great Goneby to fetch us as special freight things left behind. Years ago, when there was a great railroad strike I remember seeing all along the route from Omaha to Chicago and from Chicago to New York hundreds and thousands of freight cars switched on the sidetracks, those cars loaded with all kinds of perishable material, decaying and wasting. After the strike was over did the railroad companies bring all that perished material down to the markets? No; they threw it off where it was destroyed and loaded up with something else. Let the long t ain of your thoughts throw off the worse than useless freight of a corrupt and destroyed past and load up with gratitude and faith and holy determination. We do not please God by the cultivation of the miserable. He would rather see us happy than to see us depressed. You

would rather see your children he en than to see them cry, and your Henvenly Father has no fondness for hysterics. Not only forget your pardoned. transgressions, but allow others to forget them. The chief stock on hand of some people is to recorn in prayer meetings and pulpits what big scoundrels they once were They not only will not forget their forgiven deficits, but they seem to be determined that the church and the world shall not forget them. If you want to declare that you have been the chief of sinners and extol the grace that could save such a wretch as you were, do so, but do not go into particulars. Do not tell how many times you got drunk or to what bad places you or how many free rides you had in the prison van before you were converted. Lump it, brother; give it to us in bulk. If you have any scars got in honorable warfare not display them. I know you will quote the Bible reference to the horrible pit from which you were digged. Yes, be thankful for that rescue, but do not make displays of the mud of that horrible pit or splash it over other people. Some-times I have felt in Christian meetings discomfited and unfit for Christian service because I had done none of those things which seemed to be, in the estimation of

many necessary for Christian usefulness, for I never swore a word or ever got drunk or went to compromising places or was guilty of assault and battery or ever uttered a slanderous word or ever did any one a hurt, although I knew my heart was sinful enough, and I said to myself, "There is no use of my trying to do any good, for I never went through those deprayed experiences." But afterward I saw consolation in the thought that no one gained any ordination by the

laying on of the hands of dissolute-ness and infamy. And though an ordinary mortal life, ending in a Christian life, may not be as dramatic a story to tell about let us be grateful to God rather than worry about it if we have never plunged into outward abominations. It may be appropriate in a meeting of reformed drunkards or reformed debauchees to quote for those not reformed how perate and nasty you once were, but do not drive a scavenger's cart into assemblages of beople the most whom have always been decent and respectable. But I have been sometimes in great evangelical meetings where people went into particulars about the sins that they once committed, so much so that I felt like putting my hand on my pocketbook or calling for the police lest these reformed men might fall from grace and go at their business of theft or drunkenness or cutthroa ery. If your sins have een forgiven and your life purified. forget the waywardness of the past and allow others to forget it. But what I most want in the light of this text to impress is that we have a sin forgetting God. Suppose that on the last day-called the last day because the sun will never again rise upon our earth, the earth itself being flung into fiery supposing that on that last day a group of infernal spirits ehow get near

the gate of Heaven and challenge our entrance and say: "How canst thou the just Lord, let those souls into realm of supernal gladness Why. they said a great many things they never ought to have said, and they did a great many things they ought never to have done. Sinners are they-sinners all. And suppose God should deign to answer. He might say: "Yes,

but did not my only son die for their ransom? Did he not pay the price? Not one drop of blood was retained in his arteries; not one nerve of his that was not wrung in the torture. He took in his own body and soul all the suffering that those sinners deserve. They pleaded that sacrifice; they took the full pardon that I promised to all who. though my Son, earnestly applied for it, and it passed out of my mind that they were offenders. I forgot all about it. Yes, I forgot all about Their sins and their iniquities remember no more." A I remember no more." A forgetting God! That is clear beyond and far above a sin pardoning God. How often we hear said, "I can forgive, but I cannot forget." That is equal to saying, "I verbally admit it is all right, but I will keep the old grudge good." There is something in demeanor that seems to say would not do you harm. Indeed I wish you well, but that unfortunate affair can never pass out of mind." There may no hard words pass between them, but until death breaks in the same coolness remains. But God lets our pardoned offences go into oblivion. He never throws them up to us again. He feels as kindly towards us as though we

had been spotless and positively angelic all along.
So I set open the wide gate of my text, inviting you all to come into

The Kind That Men Admire.

Men admire a pretty face and a good figure, but sooner or later learn that the happy woman, —that contented one is most of all to be admired.

the happy woman, —that contented one is most of all to be admired.

Those troubled with fainting spells, irregularity, nervous irritability, backache, the blues and that dreadful bearing down feeling cannot hope to be happy, and advancement in either home or social life is impossible.

It is clearly shown in the young lady's letter which follows that Lydia E. Pinkham's Vegetable Compound will certainly cure the sufferings of women; and when one considers that Miss Murphy's letter is only one of the countless hundreds which we are continually publishing in the newspapers of this country, the great virtue of Mrs. Pinkham's medicine must be admitted by all; and for the absolute cure of all kinds of female ills no substitute can possibly take its place. Women should bear this important for the important happened into a drug store, and be sure not to accept anything that is claimed to be just as good as Lydia E. Pinkham's Vegetable Compound, for no other medicine for female ills has made so many actual cures.



MISS MARGARETTA MURPHY, President "Lend-a-Hand Club," Seattle, Wash.

"DEAR MRS. PINKHAM: - For three years I suffered with bearing down pains, backache, became nervous and hysterical and could not enjoy life as other young women did. A lady friend who had suffered similarly and been cured, suggested that I try Lydia E. Pinkham's Vegetable Compound. I had little faith in it, but nevertheless I gave it a trial, and I am glad that I did. I kept getting better gradually and my pains left me and within four months I was a well woman. This is a year ago and I have never had any trouble since. I wish all suffering women knew of your valuable medicine. - Yours very truly, Margar-ETTA MURPHY, 2703 Sec. Ave., Seattle, Wash." Two More Grateful Letters

"DEAR MRS. PINKHAM : - I feel it my duty to write you in regard to your valuable medicine. I have been troubled with falling of the womb and inflammation of the ovaries, and been greatly benefited by the use of your medicine. I was troubled with a pain in my side and any little unusual thing would almost prostrate me I was so nervous; I was so weak was so bad I could hardly walk across the floor. The doctors said it was impossible for me to get well unless I I could not do my work; menstrua-tion was very scanty. I tried medimpossible for me to get well unless I had an operation, but this I would not listen to. Having read so much about Lydia E. Pinkham's Vegetable Compound I made up my mind to give it a trial, and it has done wonders for me. I commenced to feel better from the first dose, and

today I am a well, healthy girl.

"Hoping that your Vegetable.
Compound will relieve other sufferers as it did me, and thanking you for re-

of it, and one box of your Liver Pills, and I have not been sick since. That was three years ago, and I have given birth to two children since then, and do all my housework for a family of six." — Mrs. JOHN MOLER, Hillsboro, storing my health, I remain, — Miss Ohio. (Nov. 19, 1900.)
ALMA LARSON, Box 188, Hudson, Wis." Don't hesitate to write to Mrs. Pinkham if there is anything about your sickness you do not understand. She will treat you with kindness and her advice is free. No woman ever regretted writing her and she has helped thousands. Address Lynn, Mass.

\$5000 REWARD. — We have deposited with the National City Bank of Lynn, Ma which will be paid to any person who can find that the above testimonial letter is not genuine, or was published before obtaining the writer mission.

still further, into the ruins of the place where once was kept the know-ledge of your iniquities. The place has been torn down and the records destroyed, and you will find the ruins more dilapidated and broken prostrate than the ruins of Melrose or Kenilworth, for from these ruins you can pick up some fragment of a sculptured stone or you can see the curve of some brobut after your repentance and your forgiveness you cannot find in all the memory of God a ment of your pardoned sins so large as a needle's point. "Their sins and their iniquities will remember no more.'

Six different kinds of sounds were

heard on that night which was interjected into the daylight Christ's assassination. The neighing of the war-horses-for some of the soldiers were in the saddle-was one sound, the bang of the hammers was a second sound, the jeer malignants was a third sound, the weeping of friends and followers was a fourth sound, the plash of blood on the rocks was a lifth sound, and the groan of the expiring Lord was a sixth sound. And they all commingled into one sadness. place in Russia where wolves were airsuing a load of travelers and to

save them, a servant of au the sled into the mouths of wild beasts and was devoured and thereby the other lives were saved inscribed the words, "Greater love hath no man than this, that a man lay down his life for friend." Many a surgeon in our own time has in tracheotomy his own lips drawn from the windpipe of a diphtheritic patient that which cured the patient and slew the surgeon, and all have honored the self-sacrifice. But all other scenes of sacrifice pale before this illustrious martyr of all time and all eternity. After that agonizing spectacle in behalf of our fallen race nothing about the sin forgetting God is too stupendous for my faith, and I accept the promise and will you not all accept it? "Their sins and their iniquities will I remember no more."

"DEAR MRS. PINKHAM: - I have

Compound. I took three bottles

When a young lover figures on whether he can support a wife, counts in everything except the rent butcher and grocer, clothes, and in cidentals.

The education of the human mind

There's One Thing About

Ceylon GREEN Tea it's all pure undoctored tea, no coloring, no foreign leaves, no dust. It's as far ahead of Japan tea as "SALADA" black is ahead of all other black teas. Sold w. E. RISPIN. only in lead packets, 25c and 40c per lb.

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CANADIAN PACIFIC

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Single First Class Fare Going March 27th to 31st, inclusive, returning up to and including April

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(On surrender of standard certifiate signed by Principal)

Single First Class Fare and One-Third Going March 21st to 29th, inclusive, ood to return until April 8th, 1902.

Territory—Between all stations in Canada, Port Arthur, Sault Ste. Marie. Mich., Detroit, Mich., and East, and icines for my nerves, also kidney and liver medicine, but nothing did me any good. I then concluded to try Lydia E. Pinkham's Vegetable to, but not from Buffalo, N. Y., Black Rock, N. Y., Niagara Fails ,N. Y., and Suspension Bridge, N. Y.,

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