me hearty joy in his rifts and his superiority loot out weak is abhorrent to prayer. Grant ion, which is man Macleod's

vsician, retired is hands by an a simple vege. manent cure of isthma and all sitive and radi-Nervous Comderful curative it his duty to Actuated by man suffering. desire it, this lish, with full ent by mail by paper, W. A.

'ED ('REAM.circular slices nove seeds and r two hours to pound and a of water; boil of the apples. Take out and the rest cook nd spread on ie syrup. Be rapid boiling. ove and finish n a deep glass d rind of two picked out as nile and pour an orange and small teacupf rich cream. es. This is a

mportant outand kidneys. properly and re this proper

lve egg yolks gar and beat eamed butter. grate half a d a quarter of th the grated the whites of line four pie pudding and Do not cook

done by that s Yellow Oil, d in ever infill volumes. qualities, but roup, coughs, ithout saying.

roots of saly, crown and ith salt, pepgill of flour, h cream, but er. Have a and drop the ie, just about wn turn, and lly and serve

f life is the ible and lifes ose who have world. Miss : "Am using blood puri-

Children's Department.

January 8th, 1891.

The Truly Brave

Who is the truly brave? The boy with self-control, Who curbs his temper and his tongue, And though he may be big and strong, Would scorn to do the slightest wrong To any living soul.

Who is the truly brave? The boy who can forgive, And look as though he had not heard The mocking jest, the angry word, Who, though his spirit may be stirred, Yet tries in peace to live.

Who is the truly brave? The boy whose daily walk Is always honest, pure and bright, Who cannot lie, who will not fight, But stands up boldly for the right, And shuns unholy talk.

Who is the truly brave? The boy who fears to sin, Who knows no other sort of fear, But strives to keep his conscience clear, Nor heeds his comrades' taunt or jeer, If he hath peace within.

Who is the truly brave? The boy who dares to pray. And humbly kneeling, seeks the face Of God, and asks supplies of grace To help him run the Christian race, And walk in wisdom's way.

Dying at a Cross Word.

To show how this power of the voice extends through the whole animal creation, I will say, that I know one of the best ladies in Massachusetts, who lives within five miles of this schoolhouse. She had, a few years ago, a beautiful canary bird which she dearly loved, and to which she had "never spoken an unkind word in her life."

One Sunday the church organist was away, and she stopped after church to play the organ for the Sun-

day school.

In consequence of this, the dinner had to be put off an hour, and when she got home her good husband was very hungry, and he spoke to her unkindly.

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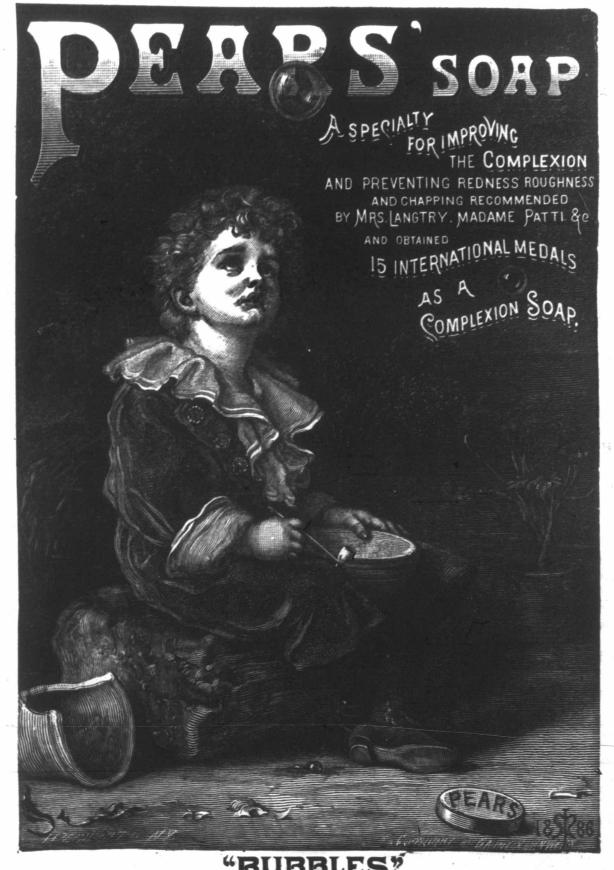
acid stomach.' Dr. F. G. McGavock, McGavock, Ark.,

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