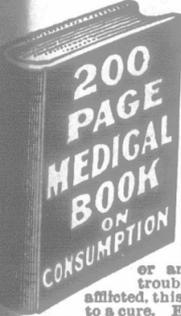


# Consumption Book



**FREE**

This valuable medical book tells in plain, simple language how Consumption can be cured in your own home. If you know of any one suffering from Consumption, Catarrh, Bronchitis, Asthma or any throat or lung trouble, or are yourself afflicted, this book will help you to a cure. Even if you are in the advanced stage of the disease and feel there is no hope, this book will show you how others have cured themselves after all remedies they had tried failed, and they believed their case hopeless. Write at once to the **Yonkerman Consumption Remedy Co., 1632 Rose Street, Hamazon, Mich.,** and they will send you from their Canadian Depot the book and generous supply of the New Treatment, absolutely free, for they want every sufferer to have this wonderful cure before it is too late. Don't wait—write today. It may mean the saving of your life.



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Gentlemen use it after shaving. This Balm is handled by the best firms, and is highly recommended by those who have used it.

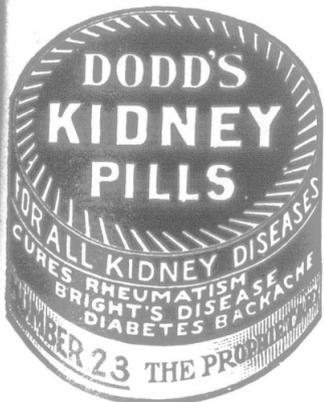
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LTD., OTTAWA.

Many stories are told of a certain section of the South, where the inhabitants are noted for their longevity, but none better illustrates the view the natives take of the matter than this: "Your father must be getting pretty well on in years," said a cousin from the city to a farmer. "Yes; pap's nigh to ninety." "Health good?" "No; not just now. He ain't been feeling himself for some time back." "What seems to be the trouble?" "I don't know. Sometimes I think farming don't agree with him any more."



## GOSSIP.

### WHOLE-WHEAT BREAD.

Sir Oswald Mosley, one of the best-known stock-breeders in the Midlands, has taken a new line in which remarkable interest has been developed all over the country. He has started a scheme for the supply of whole-meal bread to the inhabitants of the village of Rolleston, on his estate near Burton-on-Trent. The flour is ground by the old-fashioned stones, which the modern steel rollers have nearly everywhere displaced. A great many people are gravely dissatisfied with our present bread, and as we are a bread-eating people, the matter is of national importance. Certain it is, that since fine flour came into fashion, dental and stomach troubles have greatly increased. Quite a few authorities contend that the whole of the wheat should be used in flour-making.

No one blames the miller for the trouble. He simply supplies what the public wants, and would quickly install stones for the production of whole-meal flour, if there were a demand for it.

Cumberland, which has long been noted for fine, muscular men, used to have a fine "Haver" bread, which was really a very thin cake of fine oatmeal. This was the staple bread on the farms, and was most delicious. Now that that country has largely forsaken this kind of bread for bread made from ordinary white flour, it is claimed there has been considerable deterioration, and especially dental troubles. The village bakery at Rolleston has been simply overwhelmed with orders for the whole-meal bread, and if Sir Oswald's experiment leads to an improvement in our bread supply, he will have greatly enhanced an already great reputation.

### Burgoyne's Fyfe.

Another attempt to improve our bread supply by bettering the quality of British wheat without impairing its yield, promises success. This work has been done at the Cambridge School of Agriculture. Strong wheats, such as Canadian and Russian, give a much better loaf than English wheat, but seem to be inherently less prolific. Transferring "Fyfe" to England does not appear to increase its yield. So the Home-grown Wheat Committee has been experimenting with crosses, and one cross promises favorable results. This is Red Fyfe, crossed on Essex Rough Chaff. The cross is named Burgoyne's Fyfe, and a considerable quantity of seed has been distributed amongst farmers at 10s. per bushel. The coming season will show how far the experimental promise is borne out in actual field culture.—F. Dewhurst.

## TRADE TOPICS.

We draw attention to the advertisement of Wm. Ewing & Co., Montreal, whose catalogue of reliable seeds may be had on application. This 90-page catalogue gives valuable directions regarding culture of the different garden crops, as well as prices of all seed supplies for the farm, and vegetable and flower gardens. Poultry and pet supplies, and also implements for the lawn, garden and greenhouse, are catalogued as well.

PLANET JR. TOOLS were invented by Samuel L. Allen, a practical farmer, whose original ideas led him to construct improved implements for use on his own farm. The ingenuity of these inventions, and their practical efficiency, were too good to remain long unknown, and he was soon constructing similar implements for his own neighbors. From this beginning has grown the large and complete plant of S. L. Allen & Company, in Philadelphia, from which farm implements are now shipped to all parts of the world. Planet Jr. tools include seed drills and wheel hoes for garden, one- and two-horse cultivators, potato diggers, and orchard and beet tools that are adapted for all farming and gardening purposes. Any farmer interested will find a copy of the Planet Jr. catalogue filled with valuable suggestions and helpful information. It can be had upon request.

"How are you?"  
"Oh, I'm about even with the world."  
"How's that?"  
"I figure that I owe about as many people as I don't owe."



# How "Eastlake" Steel Shingles will save you money



Talk No. 6

## A Good Investment

By  
The Philosopher of  
Metal Town

Mr. Farmer—consider "Eastlake" Steel Shingles purely from an investment standpoint.

A building is only as good as the roof—Then why spend time and money on inferior roofing that really lowers the value of your property?

"Eastlake" Shingles cost you less than any roof that will not last you half as long.

They are economical and durable—make a roof that remains in perfect condition for a lifetime.

Time has proven them—roofs covered with "Eastlakes" 25 years ago are in perfect condition to-day.

Is not this a good investment?

Every dollar spent on "Eastlake" Shingles returns two dollars in increased property value.

And here's a note for the housewife—"Eastlake" roofs mean plenty of clean rain water for household use.

Learn more about "Eastlake" Steel Shingles before spending a dollar in any roofing.

Send for our illustrated booklet, "Eastlake Metallic Shingles," also for booklet containing all these talks. Write to-day.

We also manufacture Corrugated Iron, Barn and House Siding, Metallic Ceilings, Eavetrough, Conductor Pipe, Ventilators, etc.

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If you ever see a farmer coming down the road on a wagon and whistling a tune, you can make up your mind the wagon is a T.-K. Handy Farm Wagon with Wide-Tire Steel Wheels. The reason is that his wagon was loaded in half the time usually necessary with ordinary wagons, the load is greater by far, and the wheels take the ground (rocky or muddy) smoothly and without the least resistance.



Wide-Tire Steel  
Wheels and  
Handy Farm  
Wagons



This is the kind of equipment you want to haul your loads. T.-K. wagons with indestructible wheels will outlast two ordinary wagons. The steel wheels are best construction possible. They are made with staggered spokes, so the tires won't bend between spoke-heads, while the hubs never wear out. Letters from thousands of farmers testify to their superiority. Write for booklet and special prices.

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