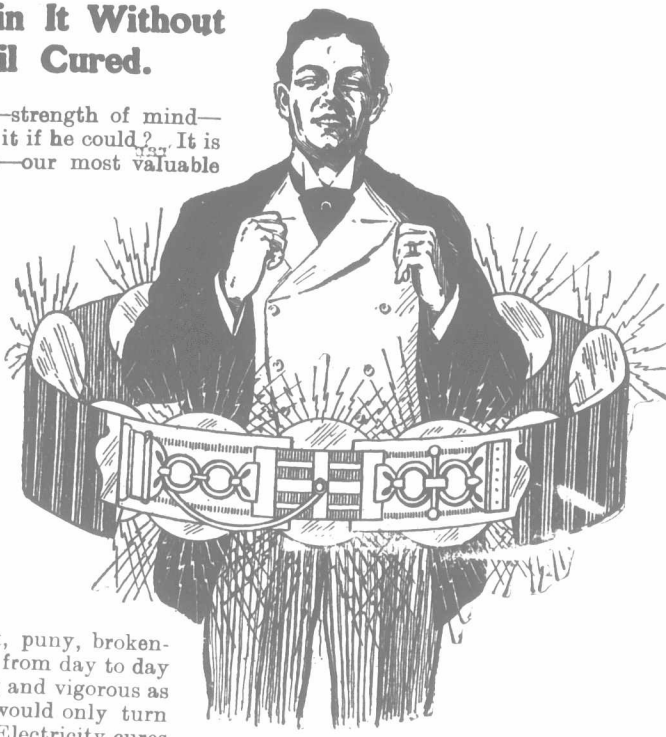


STRENGTH—Free to Men!

How to Regain It Without Cost Until Cured.

Strength of body—strength of mind—who would not possess it if he could? It is Nature's greatest gift—our most valuable possession.

Without this strength life is a failure, with it everything is possible. Almost every man was made strong, but few have been taught how to preserve this strength. Many, through ignorance, have wasted it recklessly or used it up excessively, leaving the body exhausted, the nerves shaky, the eyes dull, and the mind slow to act. There are thousands of these weak, puny, broken-down men dragging on from day to day who might be as strong and vigorous as ever they were if they would only turn to the right source. Electricity cures these weaknesses. It gives your back the very element you have lost. It puts new life into the veins and renews the vigor of youth. For forty years I have been curing men, and so certain am I now of what my method will do that I will give to any man who needs it my world-famed DR. SANDEN ELECTRIC BELT AND SUSPENSORY FREE UNTIL CURED. You pay nothing down, you deposit nothing, you risk nothing; but upon request I will furnish you with the Belt to use, and if it cures you pay me regular catalogue price—in many cases not over \$5.00. If you are not cured or satisfied in 60 days, return the Belt to me, and that ends it. For cash I give full wholesale discount.



As I am the originator of this method of treatment and have made it a great success, there are many imitations of my belt; but my great knowledge, based on 40 years' experience, is mine alone. My valuable advice is given free with my Belt.

This offer is made especially to men who lack strength and vitality and the vim and push of former years, who have drains, losses, varicocele, etc., but I also give my Belt on the same terms to sufferers from Rheumatism, Lamé Back, Sciatica, Kidney, Liver and Stomach Troubles.

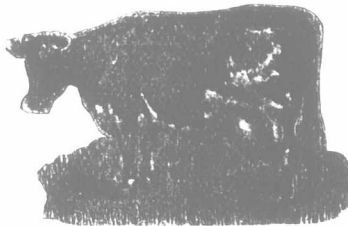
Call or write for a Belt to-day; or, if you want to look into the matter further, I have two of the best books ever written on Electricity and its medical uses, which I send free, sealed, by mail.

DR. B. W. SANDEN,

140 Yonge Street, Toronto, Ont.

Office Hours: 9 to 6; Saturdays until 9 p. m.

HOLSTEINS FOR SALE, A FEW HOLSTEIN BULLS



Four imported and one home-bred bulls from 8 to 18 months old; also our entire crop of springbull calves from weeb old up.

Sired by the grandly-bred imp. bull, Sir Howitje B. Pietertje, whose dam record is over 88 lbs milk in one day, and from great-producing cows of the most fashionable strains. Can spare a few cows and heifers, from one year up; 75 head to select from. Cheese 13c. Don't delay if you want one from this herd.

H. E. GEORGE, Crampton, Ont.

MAPLE PARK HOLSTEINS
Home of the great De Kol Pietertje and Posch families. Schuiling Sir Posch, son of Annie Schuiling, testing over 4% butter-fat officially and grandson of Altje Posch, stock bull.

S. MACKLIN, PROP., STREETSVILLE.

Imperial Holsteins—An Advanced Registry herd for sale. One year-old bull, a Toronto champion, four bulls from 4 to 8 months of age. A. R. on both sides. Imp. in dam from the U. S.

W. H. SIMMONS, New Durham P. O. & Sta.

MAPLE GROVE HOLSTEIN HERD
Is made up of Record of Merit cows and heifers with large records and headed by Lord Wayne Mechtildie Calamity. Young bulls fit for service at reasonable prices. Walburn Rivers, Folsen's, Ont.

Evergreen Farm Holsteins is headed by Prince Pauline DeKol, which we are offering for sale; sire of 10 daughters in Record of Merit; also a choice lot of young bulls fit for service, from Record of Merit cows with large records.

F. C. PETTIT & SON, Burgessville Ont.

Glenwood Stock Farm—Holsteins and Yorkshires. Holsteins all sold out. Have a few young York shire sows, about 2 months old, for sale cheap True to type and first-class. Bred from imported stock. THOS. B. CARLAW & SON, Warkworth P. O. Campbellford Bn.

Advertise in the Advocate

fit for service, for sale at reasonable prices. Choice females, all ages. If you are willing to pay good prices for good stuff, write me.

G. W. OLEMONS, St. George, Ont.

CENTRE AND HILLYVIEW HOLSTEINS
Bulls 1 year and under for sale, from great-testing dams and sires, all in A. R. O. Records. Our prizes in milk test in America's A. R. O. Records is, 1st prize in 30-day; 5th in 7-day; 5th in 7-day, over 8 months milking.

P. D. EDE, Oxford Centre P. O. Woodstock, C.P.R. or G.T.R.

Lyndale Holsteins. For Sale A number of bull calves from one to four months old, out of Record of Merit cows, and sired by Beryl Wayne Paul Concordia, whose four nearest dams have official butter records averaging 22 lbs. 11 oss each.

"GLENARCHY" HOLSTEINS
43 head of big, deep-flanked, heavy-producing Holsteins, many of them milking from 50 to 60 lbs. a day on grass. Young stock of both sexes for sale. A straight, smooth lot.

G. MACINTYRE, Renfrew P. O. and Sta.

Greenwood Holsteins and Yorkshires For sale: A few richly-bred bulls from one to eighteen months old. Also a few choice females of all ages. Yorkshires of either sex.

D. JONES, JR., Caledonia P. O. and Sta.

HILTON STOCK FARM—Holsteins, Cotswolds and Tamworths—Present offering: Some young cows; a nice lot of young pigs; few boars six months old, and sows in pig. **R. O. MORROW & SON, Hilton P. O. Brighton Tel. and Sta.**

Grove Hill Holsteins Herd consists of fifty-four head, containing blood of De Kol, Pietertje Korndyke, Keyes, Inka, and other families of good testing qualities. Young stock of both sexes for sale at present in limited quantities. Write for prices.

F. R. MALLORY, Frankford P. O. and Sta. Trenton station, G. T. R.

REGISTERED HOLSTEINS for sale—For immediate sale: two cows, five two-year-old heifers in calf, sired by Duke Neatherland Pietertje, two yearlings and five heifer calves. For breeding and prices address: **DAVID RIFE Hespeler, Ont.**

Holsteins and Yorkshires **R. HONEY, Brickley, Ont.**, offers a very choice lot of young bulls, also boars and sows fit to mate.

GOSSIP.

Live-stock ear labels, with name and number, for cattle, sheep and hogs, are advertised by F. G. James, of Bowmanville. These labels are an essential requirement, especially where pure-bred recorded stock is kept. See the advertisement, which speaks for itself.

Shetland ponies have been enquired for in these columns by several parties lately. In this issue Messrs. P. McCullough & Son, Markdale, Ont., advertise ponies for sale, and state that at the Toronto Exhibition, 1906, they showed eight ponies, and won eight prizes, three of which were firsts, four seconds, and one third, a pretty good record. They also provide accommodation for mares sent from a distance to be bred to their imported stallion. Write them for particulars, mentioning "The Farmer's Advocate."

The summaries of the butchers' opinions of the carcasses of cattle and sheep purchased by them at the late Smithfield Club Show show that a large number of the reports are very favorable. The percentages of carcass to live weight are more noticeable as generally satisfactory than for a few exceptionally high returns, the figures having frequently been exceeded in individual cases. The highest percentage was 71.19 for Sir John Swinburne's cross-bred steer, followed by 69.11 for Mr. E. T. Learner's Shorthorn steer. The King's champion Shorthorn steer, which was described by the butcher as "one of the finest beasts he ever cut," had the very good percentage of 68.32.

Messrs. H. Cargill & Son, Cargill, Ont., have made a change in their advertisement of Shorthorns in this issue and write: "While sending this change of advertisement, we rise to remark that we mean just what we say, and that the bulls offered are the best lot we have ever had to offer. They combine all the essentials which go to make up good bulls, viz., flesh, quality, conformation, and the very best of Scotch breeding, all being out of imported Scotch cows and sired by gilt-edged imported Scotch bulls, both of which have been specially selected with the idea of producing good ones."

"We shall be pleased to forward catalogue of the herd with a list of the bulls to anyone interested, together with any information desired. While we are making a special offering of the bulls, please do not forget that we are equally well equipped with heifers, from some just past two years old, in calf, down to calves."

"We think we can make a visit to our herd interesting to anyone who has a few days to spare, and who may be interested in looking over one of the best herds of pure Scotch Shorthorns in America."

"We do business so that when we once land a customer, nine out of ten come back when anything more is required, which means satisfied customers."

WHAT IT COSTS TO RUN AN AUTOMOBILE.

The prospective automobile purchaser must realize that even though he buys a runabout—the smallest type of motor, carrying the driver and one other passenger—he is not going to be able to keep the car in operation for \$5 or \$10 a month. It has often been said and truly, that it is not the first cost of an automobile that counts so much as the maintenance expense. It may be possible for a man with a small car who motors modestly to get along with an expense of \$26 or \$30 a month if he has good luck and handles his car carefully and considerably, but the average cost of maintenance will be from \$50 to \$300, and even more, a month. Here are some figures from bills I paid while the owner of a car of the runabout type with a single cylinder eight-horsepower engine and convertible body carrying two or four passengers. These are my expenses for seven months, from April to November, when I covered nearly 10,000 miles. My bill for April was \$55.88. My bill in May was \$67.22, and was made up chiefly for mechanics' time in making adjustments, as I was not then familiar enough with the car to do this work myself.—From "The Automobile and the Average Man," by Harry B. Haines, in the American Monthly Review of Reviews for January.

PASTOR AND PEOPLE PRAISE

PSYCHINE

(PRONOUNCED SI-KEEN)

A Marvellous and Triumphant Record of Victory Over Disease.

No medicine has ever effected as large a number of wonderful and almost marvellous cures as Psychine. It has had one continuous record of victories over diseases of the throat, chest, lungs and stomach. Where doctors have pronounced cases incurable from consumption and other wasting diseases Psychine steps in and rescues numberless people even from the very verge of the grave. Coughs, Colds, Catarrh, Bronchitis, Chills, Night Sweats, La Grippe, Pneumonia, and other like troubles, all of which are forerunners of Consumption, yield quickly to the curative powers of Psychine.

Mrs. Campbell, one of the many cured, makes the following statement:

I cannot refrain from telling all who suffer of my remarkable recovery with Psychine. In April, 1902, I caught a heavy cold which settled on my lungs and gradually led to consumption. I could not sleep, was subject to night sweats, my lungs were so diseased, my doctor considered me incurable. Rev. Mr. Mahaffy, Fort Elgin Presbyterian Church, recommended Dr. Slocum's Psychine to me, when I was living in Ontario. After using Psychine for a short time I ate and slept well, the night sweats and cough ceased. Months ago I stopped taking Psychine, as I was perfectly restored to health and to-day I never felt better in my life. Psychine has been a god-sent to me.

Mrs. ANDREW CAMPBELL, Cottonwood, N.W.T.

PSYCHINE never disappoints. PSYCHINE has no substitute. There is no other medicine "Just as good."

At all dealers, 50c. and \$1.00 per bottle. If not write to DR. T. A. SLOCUM, Limited, 179 King St. W., TORONTO

Dr. Root's Kidney Pills are a sure and permanent cure for Rheumatism, Bright's Disease, Pain in the Back and all forms of Kidney Trouble. 25c per box, at all dealers.

W. W. CHAPMAN,

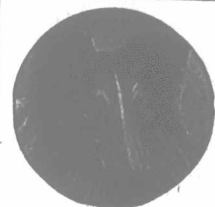
Secretary of the National Sheep Breeders' Association.

Secretary of the Kent or Romney Marsh Sheep Breeders' Association.

and late Secretary of the Southdown Sheep Society.

Pedigree Live Stock Agent, Exporter and Shipper. All kinds of registered stock personally selected and exported on commission; quotations given, and all enquiries answered.

Address: **MOYBRAY HOUSE, Norfolk St. LONDON, W. C., ENGLAND.** Cables—Sheepcot, London.



SOUTHDOWN

AND

Scotch Collies.

Robt. McEwen, Byron, Ont.

Long-distance 'Phone.

STOP! LOOK!! LISTEN!!!
The Fairview Shropshires have maintained their reputation as winners and producers of winners at both the Chicago International and Guelph Winter Fair. Won at the International: 3 championships, 19 firsts, 1 second, 10 thirds, and 3 fourths—totaling \$397. Won at Guelph: 1 championship, 11 firsts, 12 seconds, 9 thirds, and 1 fourth—equal to \$301. Won 1st, 2nd and 3rd twice in very keen competition. At Chicago, Wisconsin Agricultural College's weathers—our strongest opponents—were all sired by rams sold from Fairview. Wishing you all a joyous festive season, I remain, yours cordially, **John Campbell, Woodville, Ont.**

WE are offering **SHROPSHIRE EWES**, bred to Prolific, imp., at \$15.00. Ram and ewe lambs, \$10.00 to \$12.00. Six-weeks **YORKSHIRES**, \$7.00 each. Peking ducks and Barred Rock cockerels. **W. R. BOWMAN, Mt. Forest P. O. Co. Gray, Ont.**

Advertise in The Farmer's Advocate and Get Good Results