

all dwellings. The plans and suggestions given below, will, it is believed, aid in giving a more regular ventilation, in some cases to single rooms that are most constantly occupied, in some cases to the whole house.

VENTILATION OF SLEEPING ROOMS. It is undoubtedly a safe principle to lay down, that for persons in health, at least, it is more wholesome to have the air of the sleeping room pure, even if it is chilly, than impure, fetid and warm. Of course, many persons who have been accustomed to

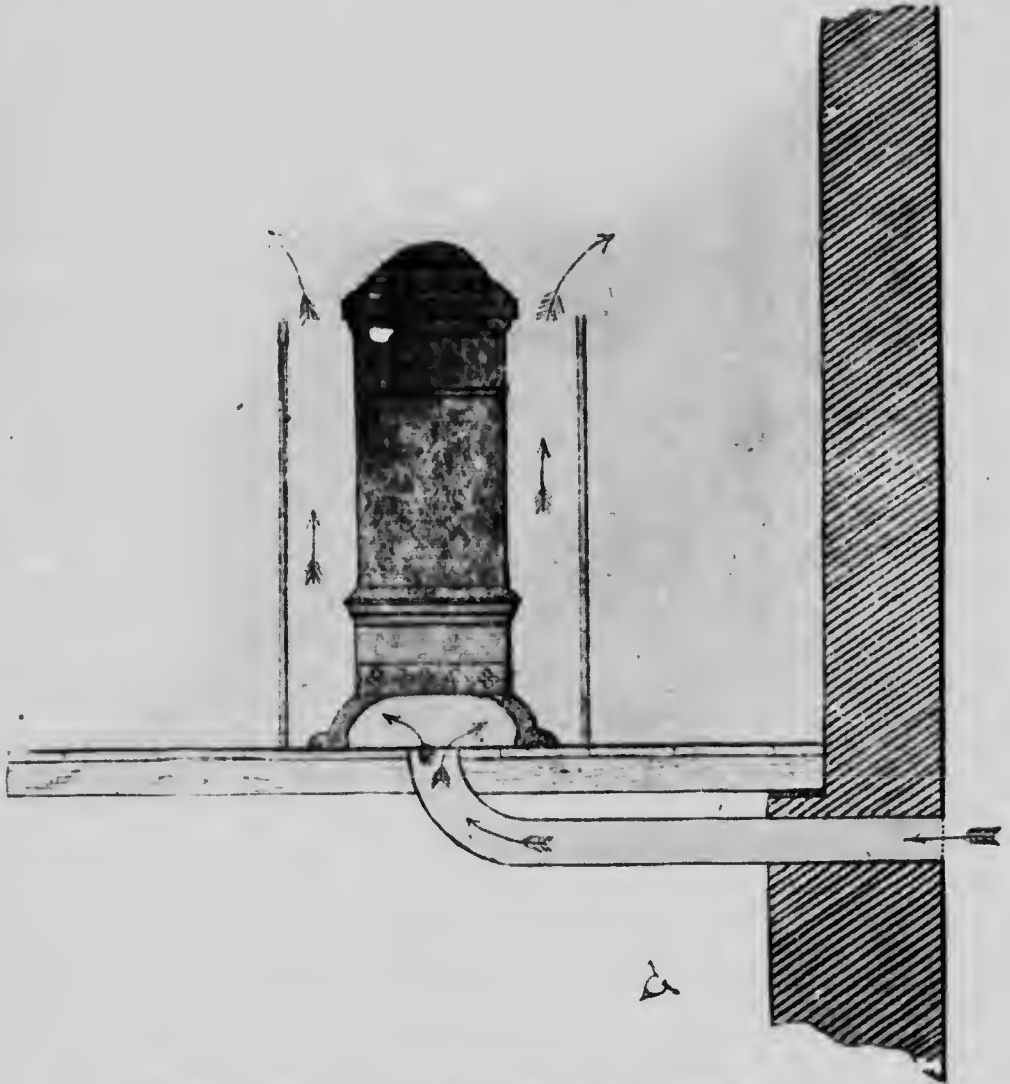


Fig. 13. Fresh air brought into a room, and warmed by passing up between the stove and a metal screen or jacket surrounding the stove.

warm tight rooms will shiver at such a cool suggestion. But that is because they have taught themselves or have been taught to sacrifice everything to warmth. With plenty of covering, one can sleep and sleep