

NEXT TO CONSUMPTION THERE ARE MORE DEATHS From PNEUMONIA Than Any Other Lung Trouble.

Pneumonia is nothing more or less than what used to be called "Inflammation of the Lungs."

Consumption may be contracted from others, but as a rule pneumonia is caused by exposure to cold and wet, and if the cold is not attended to immediately serious results are liable to follow.

There is only one way to prevent pneumonia and that is to cure the cold on its first appearance.

Dr. Wood's Norway Pine Syrup will do this for you if you will only take it in time.

Dr. Wood's Norway Pine Syrup contains all the essence and lung healing powers of the famous Norway Pine tree.

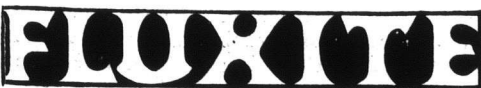
Mr. Hugh McLeod, Esterhazy, Sask., writes:—"My little boy took a very severe cold, and it developed into pneumonia. The doctor said he could not live. I got some of your Dr. Wood's Norway Pine Syrup, and he began to improve. Now he is a strong healthy child, and shows no sign of it ever coming back."

The price of this remedy is 25 and 50 cents per bottle. It is put up in a yellow wrapper; 3 pine trees the trade mark, and is manufactured only by The T. Milburn Co., Limited, Toronto, Ont.



The needy knight,
Battered and bent,
Uses Fluxite
To mend the rent.

ANYONE can repair metal
articles with



The Paste Flux That SIMPLIFIES SOLDERING

In the workshop, on the motorcar, in the home—it is used everywhere and by everyone. PLUMBERS, ELECTRICIANS, GAS-FITTERS, and other mechanics swear by Fluxite.

Of Ironmongers and Stores in small and large towns

The "Fluxite" SOLDERING SET, with which is included a pamphlet on "Soldering Work," contains a special "small space" Soldering Iron with non-heating metal handle, a Pocket Blow Lamp, Fluxite, Solder, etc.

Sample Set, Postpaid Direct, \$1.32

Auto Controller Co.

268 Vienna Road

BERMONDSEY, ENGLAND

Shiloh's Cure
quickly stops coughs, cures colds, heals
the throat and lungs. . . . 25 cents.

riding, skating, snowshoeing and dancing. I see no harm in dancing if one does not go too far. I never attend any dances except at house parties and have certainly never seen any harm in them. I have never learned card playing nor had the least desire to learn. I love music and have been taking lessons on the piano for four years. I like house work but must confess I am not much of a cook. I have never been the means of anyone dying with indigestion yet, so perhaps there is hope of me being a good cook in the future. I will be glad to correspond with anyone in the West, and will try to be an interesting correspondent if anyone cares to write. Leaving my address with the Editor I will sign myself,
Blue Eyes.

Better Luck This Time

Balgownie, Sask., Jan. 9, 1913.

Dear Editor: This is my second letter to your very charming paper. I did not see the first one in print, but I hope to see this one. I have been reading the W. H. M. for some years, and like it better every time, especially the Correspondence column. I think it is a very good way to get information about different parts of the country and also make friends with different people in our glorious Canada. Now girls, don't think I'm a very old lad for I am only nineteen. I like dancing, skating and all kinds of sport. I don't play cards or use tobacco or liquor. I live on a farm not far from Regina, and I think farm life is just as good as city life. Now girls don't fail to write to a lonely country lad. You will find my address with the Editor. I will sign,
Lonely Country Lad.

A New Recruit

Sask., Jan. 4, 1913.

Dear Editor: I salute you. I am a new recruit from the States, having only recently joined the Canadian homesteaders, though an old one from the other side as I homesteaded in N. D. and then trekked across for more land and more experience. The first copy of the W.H.M. I saw I bought, then I subscribed, so I am a new reader but like the paper well. The correspondence is both interesting and instructive. The dancing and card arguments are amusing. Anyway it's lucky we can't all see things the same way or what a monotonous world this would be. For myself I play cards indifferently, go to a dance occasionally and perhaps am on the floor for one or two squares. Can see nothing wrong about either except one goes to excess and that may well happen in other ways. I am past being in the youth's class, yet I am sorry I never mastered dancing. I see where I missed and am still missing many enjoyable times. On the drinking question I can see only one safe side, and that is leaving it strictly alone. Am not a moralist understand, rather more of a rounder, but as a policy—for health, success and respectability, I say, fellows cut it out. And here's my respects to all girls who take an outspoken stand against it as Helen indicated regarding the tobacco habit. I move that every lady contributor be asked to furnish, as the price of admission, some good simple recipe designed for improving Bacherlordom Cookery.

Yankee Rambler.

Will Send Recipes

Ontario, Jan. 12, 1913.

Dear Editor: Is it worth while trying to avoid the waste paper basket? I think so. Well, we are subscribers to the W.H.M. and could not do without it—unless someone starts one better, which I think is impossible. My sister and myself have gained several excellent correspondents through this column. My home is in the centre of the oldest country in Ontario. Until the last few years this has been strictly a grain growing county; now farmers are putting in acres of fruit principally strawberries, cherries, peaches and raspberries, and it certainly is paying them. We have no fruit except apples. Now as the letters written for this column seem to be all alike, I will say nothing about my accomplishments. I am a farmer's daughter; that will be sufficient. I can look in a mirror without breaking it, and I love dancing. Anyone

Superfluous Hair

Moles, Warts and Small Birthmarks are successfully and permanently removed by Electrolysis. This is the only safe and sure cure for these blemishes. Thick, heavy eyebrows may also be beautifully shaped and arched by this method. There are several poor methods of performing this work, but in the hands of an expert it may be done with very little pain, leaving no scar. I have made this work one of my specialties, and with fifteen years' experience, the very best method in use, and a determination to make my work a success, I can guarantee satisfaction. Write for booklet and further particulars.

MRS E. COATES COLEMAN

224 Smith Street, Winnipeg

Phone Main 996

MATHIEU'S SYRUP OF TAR & COD- LIVER OIL



Cures Coughs

Mathieu's Syrup of Tar & Cod Liver Oil is a great Tonic and not only stops a cough but enables the system to throw it off. There should be a bottle of it in every home.

Large size bottle 35c. Sold everywhere.

J. L. MATHIEU CO., Prop.

SHERBROOKE.

Western Agents:

MESSRS. FERGUSON BROS.

123 Bannatyne Ave., Winnipeg, Man.

\$150.00

COUNT THE DOTS

GIVEN AWAY

TO THE PERSONS COUNTING THE DOTS IN THIS "ARROW" AND MANY OTHER PRIZES ACCORDING TO THE SIMPLE CONDITIONS OF THE CONTEST (which will be sent)

This is a chance for clever persons to WIN CASH and other PRIZES with little effort. COUNT THE DOTS IN THE "ARROW" (you may use a pin in doing so) and write the number that you count on a sheet of paper or post card and mail to us and we will let you know at once if you are correct. AN EXTRA PRIZE of \$10.00 will be given for the nearest correct count.

BRITISH PREMIUM CO., Dept. 24 MONTREAL, P.Q.