

to choose a book for you should themselves be recommended by their sincere and generous piety, the dignity of their life, the solidity of their judgment, strengthened by an extensive knowledge of men and things. Above all things be on your guard against the books recommended by worldly women, lovers of pleasure and parties; those whose light and frivolous minds sicken at serious thoughts, who are on their guard lest they may do too much for God, and who vainly endeavor to reconcile, in a monstrous union, the maxims of the world with those of the Gospel, the seductions of pleasure with the austerities of virtue, desiring to serve God and mammon.

If, by some negligence, or even in good faith; you open one of those books against which you have been warned, shut it the moment you feel your imagination excited by the images it offers, or when you perceive