TORTURED WITH RHEUMATISM

Could Not Walk, Until "Fruit-a-tives" Completely Cured Him

CHATHAM, ONT., April 3rd. 1913.

"I am a veteran of the Crimean War and the Indian Mutiny, volunteering from the Royal Artillery into the Royal Engineers, and served under Lord Roberts during the Indian Mutiny, and am a pensioner of the British Government. Fierce hand-to-hand fighting and continual exposure, left me a great sufferer from Rheumatism, so much so that my legs swelled up, making it impossible for me to walk. My bowels were so constipated that I only had one passage a week until I got to using "Fruit-a-tives". They cured me of both the Rheumatism and Constipation. In my regular employment, I walk thirty miles a day and enjoy perfect health. No more Rheumatism or Constipation. You are at perfect liberty to publish this letter if it will be advantageous to "Fruit-a-tives".

GEORGE WALKER

Don't suffer with Rheumatism, Sciatica, Lumbago or Neuralgia all this winter. Take "Fruit-a-tives" now and be free of pain. 50c a box, 6 for $2.50 or trial size, 25c. At all dealers or sent on receipt of price by Fruit-a-tives Limited, Ottawa.

White Ribbon News.

Woman's Christian Temperance Union first organized in 1874.

AIM.—The protection of the home, the abolition of the liquor traffic and the triumph of Christ's Golden Rule in custom and in law.

MOTTO—For God and Home and Native Land.

BADGE—A knot of White Ribbon.

WATCHWORD—Agitate, educate, organize.

OFFICERS OF WOLFVILLE UNION.

President—Mrs. L. W. Sleep.
1st Vice President—Mrs. J. Kaye.
2nd Vice President—Mrs. Fitch.
Recording Secy—Mrs. W. Mitchell.
Cor. Secretary—Mrs. John Coldwell.
Treasurer—Mrs. H. Pineo.
Auditor—Mrs. T. E. Hutchinson.

SUPERINTENDENTS.

Evangelistic—Mrs. G. Fitch.
Lumbermen—Mrs. J. Kempton
Peace and Arbitration—Mrs. J. Reid.
Temperance in Sabbath-schools—Mrs. (Dr.) Brown.
Parlor Meetings—Mrs. (Rev.) McGregor.
Press Work—Miss Margaret Barss.
Surprise Soap Wrappers—Mrs. M. Freeman.
Bulletin—Mrs. M. Freeman.
Labrador Work.—Mrs. F. Woodworth.
Scientific Temperance in Schools—Mrs. G. Cutten.

Growing Old.

A little more tired at close of day,
A little less anxious to have our way;
A little less ready to scold and blame,
A little more care for a brother's name;
And so we are nearing the journey's end,
Where time and eternity meet and blend.

A little less care for bonds and gold,
A little more zest in the days of old;
A broader view and a saner mind,
And a little more love for all mankind;
And so, we are faring down the way
That leads to the gates of a better day.

A little more love for the friends of youth,
A little more zeal for established truth;
A little more charity in our views,
A little less thirst for the daily news;
And so we are folding our tents away,
And passing in silence at close of day.

A little more leisure to sit and dream,
A little more real the things unseen;
A little nearer to those ahead,
With visions of those long loved and dead;
And so we are going where we all must go,
To the place the living may never know.

A little more laughter, a few more tears,
And we shall have told our increasing years;
The book is closed and the prayers are said,
And we are a part of the countless dead—
Thrice happy, if then some soul can say,
'I live because he has passed my way.'

R J Wells.

Love Better than Alms.

Turgenieff is one of his little parables tells of meeting on the way a beggar, who held out his greasy hands for alms. Turgenieff searched all his pockets, but had no money, no food, nothing whatever to give the man. He said to him, 'I am sorry, brother, that I have nothing for thee.' The beggar's face brightened, and he said, 'That is enough. Thank you.' To be called 'brother' was better than any alms would have been. We may not give money to the mendicant on the street, but we may show him kindness, the spirit of brotherhood, and that will be worth more to him than the largest alms. It will gladden and cheer his heart, and bring to him a little of the warmth of the love of Christ.—J R. Miller, in Glory of the Commonplace.'

Liquor Traffic Ended.

Since February 1st, 1913, absolute prohibition of the sale of alcohol to the native of the Kongo region has been enforced. There are heavy penalties attached to the violation of the prohibition laws made necessary on account of the ravages caused by the consumption of trade rum and gin among the natives. This liquor traffic came principally from Germany and Belgium. Other portions of the Dark Continent are early in need of the same prohibition. In the British colonies of Southern Nigeria, the Gold Coast, and Sierra Leone the importation of spirits rose in the six years, from 1906 1911, from 1,700,000 gallons to 6,500,000 gallons. It is a shameful fact that this destruction of the African through strong drink is caused by citizens of so called Christian nations.

The Sunday-school teacher was talking to her pupils on patience. She explained her topic carefully, and, as an aid to understanding, she gave each pupil a card bearing the picture of a boy fishing.

'Even pleasure,' she said, requires the exercise of patience. See the boy fishing; he must sit and wait and wait and wait. He must be patient.

Having treated the subject very fully she began with the simplest, most practical question:—

'And now can any little boy tell me what we need most when we go fishing?'

The answer was quickly shouted with one voice—

'Bait!'

MINARD'S LINIMENT is the only Liniment asked for at my store and the only one we keep for sale.

All the people use it.

HARLIN FULTON,
Pleasant Bay, C B.

The witness, a heavy-set man, who looked as though he spent a good share of his time feasting, was called to stand as a witness in a case of assault and battery.

'You were in the restaurant at the time this happened,' began the judge. 'Now, tell the court just what you heard.'

'Who, me?' asked the man in the wilderment. 'I didn't hear anything I was eating.'

CASTORIA
For Infants and Children.
The Kind You Have Always Bought
Bears the Signature of Chas. H. Fletcher

A fond father vouches for this: His little girl had much disturbed her father and mother by using the word 'devil.'

'My dear,' said her mother, 'that is a word we do not use in polite society and I never want to hear you say it again.'

She noticed that her admonition was carefully heeded. Then on Sunday evening, about two weeks later the mother inquired what the day's lesson had been about.

'Why, mother,' was the answer, 'it was about the temptation by the—by—by—the—the gentleman that keeps hell.'

Children Cry
FOR FLETCHER'S
CASTORIA

To clean wall paper, take one heaping cupful of sifted flour, one tablespoonful of salt, one tablespoonful of kerosene, two tablespoonfuls of ammonia and one half cup of warm water. Mix in a small kettle. Boil until the flour is thoroughly scalded and the moisture is used up, stirring constantly. Now take it out and knead it with the hands, and it is ready for use. Rub the wall paper with balls of this rubbery substance as you would clean paper with an eraser.

Children Cry
FOR FLETCHER'S
CASTORIA

Mistrress—Of course, I don't wish to put any obstacles in the way of your getting married, but I wish it were possible to postpone it until I get another maid.

Mary Ann—Well, mum, I 'ardly think I know 'im well enough to ask 'im to put it off.

WOMAN IN TERRIBLE STATE

Finds Help in Lydia E. Pinkham's Vegetable Compound.

Cape Wolfe, Canada.—"Last March I was a complete wreck. I had given up all hope of getting better or living any length of time, as I was such a sufferer from female troubles. But I took Lydia E. Pinkham's Vegetable Compound, and today I am in good health and have a pair of twin boys two months old and growing finely. I surprised doctors and neighbors for they all know what a wreck I was.

"Now I am healthy, happy and hearty, and owe it all to Lydia E. Pinkham's remedies. You may publish this letter if you like. I think if more women used your remedies they would have better health."—Mrs. J. T. COOK, Lot No. 7, Cape Wolfe, P.E.I., Canada.

Because your case is a difficult one, and doctors having done you no good, do not continue to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial. It surely has remedied many cases of female ills, such as inflammation, ulceration, displacements, tumors, irregularities, periodic pains, backache, and it may be exactly what you need.

The Pinkham record is a proud and peerless one. It is a record of constant victory over the obstinate ailments of women—ills that deal out despair. It is an established fact that Lydia E. Pinkham's Vegetable Compound has restored health to thousands of such suffering women. Why don't you try it if you need such a medicine?

Minard's Liniment Cures Distemper.

BUTTERMILK CHEESE

Dairy By-product Utilized at Agricultural College

In the Dairy Department of the Ontario Agricultural College, Miss Bell Millar, in charge of the Home Dairy Work, made some experiments in the utilization of dairy by-products. Cheese was made from skim milk and buttermilk. The making of cheese from skim milk is comparatively simple, but the buttermilk requires a little more of a process, which is described as follows:

Heat the buttermilk to 80 degrees F., as rapidly as possible, stirring enough to ensure even heating. Leave it undisturbed for an hour.

Heat to 138 degrees rapidly, and with just enough stirring to ensure even heating. Cover it to retain the heat, and leave undisturbed for about an hour.

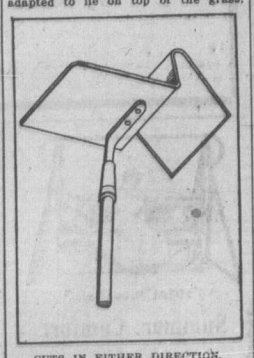
Without further stirring drain the curd by hanging it up in a cheesecloth bag, or by placing a piece of cheesecloth over a rack or strainer. As the portions of the curd next the cloth will drain more quickly, lift the cloth and allow the curd to roll over, thus securing more even and more rapid drainage.

As soon as the curd is properly drained it is salted and packed. The amount of salt to use will depend on the consumer. 1 ounce of salt to 5 pounds of cheese is recommended, but many prefer 1 ounce of salt to 3 pounds of cheese.

LAWN EDGER

Effective Tool for Trimming Turf Along Paths, etc.

To give a lawn that neatly kept appearance that is admirable, the edges of the turf along walks and flower beds must be trimmed cleanly. For this purpose a new edging tool has been patented. On the end of a long handle is a single sheet of metal with a straight, flat section, adapted to lie on top of the grass,



CUTS IN EITHER DIRECTION.

and a V-shaped cutting section bent down from it, with sharp edges on both ends. By pressing this tool along the edge of the turf the overhanging grass is trimmed neatly and a smooth little trench is cut between the grass and the edge of the walk, or whatever the border is. This is a great improvement over the usual straggly borders that mar the appearance of otherwise attractive suburban places.

MISSED COBALT'S RICHES

Old French Voyageurs Knew of One Mine 150 Years Ago

That the old French voyageurs and missionaries knew of the existence of at least one mine old maps show beyond disputation. If they had extended their researches for minerals beyond the waterways and had happened upon the silver mines at Cobalt what a difference it would have made to the probable destiny of the Dominion?

The discovery of Cobalt a century and a half ago was quite within the realms of possibility, says The Cobalt Nugget. There was an old Indian trail within a few feet of Long, now Cobalt Lake, and where the Indian was wont to go, there too, the French voyageur could and did follow him. There would have been no difficulty in mining the ore. It was right on the surface and could easily have been mined and taken down in boats to Quebec. Then would the world have been astounded with the glamor of a silver Eldorado in the heart of Canada. The French king would have taken more pains to conserve the country which his predecessor had valued as so many arpents of snow and the destiny of the Dominion might have fallen along quite other lines.

Problems of the Large Employer

In the small factory, frequently managed by a resident owner, the continuance of a system of direct contact between employer and worker has generally operated to maintain and perpetuate harmonious relations. The problem before the large corporation-owned plant is to provide that ready touch which, by emphasizing the essential community of interests, establishes a sense of unity and fellowship. It can be done only by making this oneness of aim and interest a reality, and not merely the occasion for pleasant speech-making. It cannot be done by reducing wages; it may be done by dividing profits. Success depends principally on an unfailing insight into the needs and problems of the body of employes, and that insight can only be obtained by sharing the problems of management with the men. The degree to which employers are prepared to go in this direction is a sound indication of their earnestness in desiring the removal of the prevailing mood of discontent.—Engineering Magazine.

In a country such as Canada, with its manifold undertakings and occupations, it should not be difficult to bring the jobless man and the manless job together. To dump large contingents of immigrants in a city and offer them en masse farm work as an occupation is about as crude a method of dodging responsibilities as it is possible to imagine.

What makes even the most patient woman mad is the sight of her next door neighbor sitting on the front porch sewing while she is obliged to while away the hour in the kitchen.

For Sale in Wolfville.

Carriage Factory and Dwelling adjoining, formerly occupied by Charles H. Borden. Good location and a splendid opportunity for a good man. Will sell at a bargain.

MRS. CHAS H. BORDEN,
Wolfville.

WANTED.

Old pictures President Lincoln, old historys Nova Scotia, old coin, old postage stamps used 60 years ago, old flint lock pistols, old church communion tokens.

W. A. KAIN
116 Germain St., St. John, N B

Minard's Liniment for sale everywhere.

HOW TO DOCTOR WOUND ON HOOF

Cleanliness and Antiseptic Treatment as Necessary for a Horse as for a Man

Nature often repairs wounds on the horse's hoof without help from man. All man can do is to assist nature; but often he hinders the reparative process, and sometimes his interference is positively harmful. This is so when he soaks an injured foot in an old, dirty tub and forgets to change the water each time it is used. The foul soaking tub is a veritable abomination. It should be accounted a relic of barbarous days not to be used by modern man.

This advice refers especially to the treatment of a nail-puncture case. It may, however, be admissible in some cases to treat sores of the coronet, or suppurating corns, by soaking in a tubful of antiseptic solution.

The average poultice also is an abomination, and positive damage in many a case. This certainly is so as regards the cow-dung poultice. Germs teem and multiply in it, and these germs induce pus or possibly may cause tetanus (lockjaw). Any hot, moist poultice in which an antiseptic is not mixed will harbor and grow noxious germs. If a poultice of any sort is used, it should be made up with a solution of a good disinfectant or germ-killer.

Modern treatment seldom employs a poultice in the nail-prick case. When a nail has been found and removed, the horseman often is contented to pour some turpentine on the wound and allow the opening to close. Germs may be retained, and in the absence of air they may cause tetanus; for the tetanus germ can live and grow only in the absence of oxygen. The right way to handle the case is to remove the shoe, cleanse the hoof thoroughly with soap and hot water, pare away all soiled horn of the sole and rinse it off with a 1-500 solution of corrosive sublimate (bichloride of mercury) or five per cent. solution of coal tar disinfectant, lysol or carbolic acid.

Then cut down upon the puncture with a sharp, sterilized hoof-knife, removing enough horn to expose the wound and allow blood, serum or pus to escape. When this has been done the wound should be well swabbed with the 1-500 solution of corrosive sublimate and at once covered with a mixture of one part of iodoform and seven parts of boric acid, fresh absorbent cotton and a clean bandage to be covered in turn with a square of clean gunny sacking, held in place by a strap around the pastern.

If there is objection to the strong odor of the iodoform mixture, substitute one part each of carbonate and subnitrate of bismuth and six parts of boric acid as a dry dressing powder. Renew the dressing daily. Often the treatment will lead to a speedy and perfect recovery. If a fungus growth comes down through the wound in the sole, add an equal part of powdered alum to the dressing powder, and cover the dressing with a wad of oakum to cause pressure.

If joint oil (synovia) flows like liquid vaseline from the wound the synovial bursa has been opened by the nail. Such a serious case should have the immediate attention of a skilled veterinarian.—Farm and Fireside.

MONEY IN WOODLOTS

Scientific Principles to be Followed to Secure Best Results

There is no part of the farm which will give bigger returns for so little expenditure of time and labor as the woodlot, says Mr. B. R. Morton, expert forester for the Dominion Government, and there are three ways in which the farmer, by the exercise of ordinary common sense, can vastly improve the composition, production and reproduction of his woodlot.

The first thing necessary is to improve the character of the crop, which can be done by cutting down and using for firewood all diseased and deformed trees, as well as such species whose presence in the woodlot is not desirable. Only too frequently is the method of cutting exactly the reverse. The best trees are cut, often for purposes for which an inferior wood would serve. Firewood probably yields the best returns for a small acreage and for this purpose rapid-growers such as poplar, ash and elm should be encouraged, which should make an annual growth of from one-half to one cord per acre. Basswood, too, will be in increasing demand because of its rapid growth, because it coppices readily and because of its value in small sizes for the manufacture of excelsior, cooperage stock and other small articles for which the wood is particularly adapted. Maple reproduces readily, and although not a rapid grower, it nevertheless yields a substantial revenue when it becomes large enough to tap. Soft woods like spruce, balsam and pine grow much more rapidly than hardwoods and might be advantageously grown for fuel or pulpwood.

When the most suitable species have been selected and the weed-trees removed, the woodlot must then be thinned until the crowns of the best-formed remaining trees are seen to barely touch.

The third requisite in the scientific farming of the woodlot, is that the cattle be kept out, especially after heavy cutting, when reproduction is most desired. Cattle are just as injurious to a young crop of tree-seedlings as they are to a young crop of grain. They may indeed eat the grass in the woodlot, but they would just as soon, if not sooner, eat the young and tender hardwood shoots, and the same can be said of sheep. Even coniferous seedlings are not immune so that certainty in production is only assured by fencing off the cut-over areas.

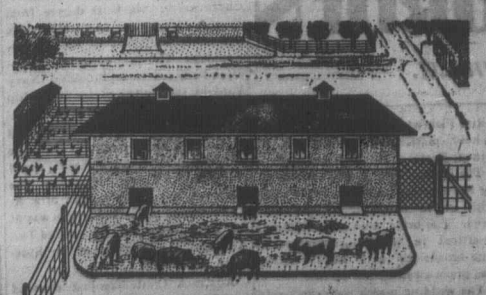
The longest artificial watercourse in the world is the Bengal Canal, 900 miles in length.

RED ROSE TEA "is good tea"

Note the Color of *your* flour—
And the Bread it makes for you.
Delicately *creamy* is FIVE ROSES flour.
Because it is *not bleached*, don't you see.
Clear—Immaculate—Desirable.
A *pure* Manitoba wheat flour—FIVE ROSES.
And the healthy sun-ripened spring wheat berries are *naturally* of a *golden* glow.
And the meaty *heart* of the polished kernels is *creamy*.
Milled from this grain, FIVE ROSES is delicately "creamy."
The only *natural* flour from Manitoba's prime wheat.
Which gets whiter and whiter as you *knead* it.
And your bread is most appetising, naturally attractive to appearance.
Looks good.
And is good.
Take this purest unbleached flour.

Five Roses Flour
Not Bleached — Not Blended
LAKE OF THE WOODS MILLING COMPANY, LIMITED, MONTREAL

FOR SALE BY WM. C. BLEAKNEY



Concrete Hog Houses and Feeding Floors

Enable you to raise bigger hogs and better pork without heavier feeding. A concrete feeding floor permits the animals to clean up *all* the feed without waste, and eliminates the possibility of your hogs contracting disease. To you they

Mean Bigger Profits

Hog houses of concrete are sanitary, easily cleaned, maintain an even temperature and give plenty of light and air, which tend to better the quality of pork. Concrete will not rust or rot. Never needs repairs or painting. It will outwear any other material for farm structures. Write for this beautifully illustrated free book "What the Farmer can do with Concrete." It shows how to build Hog Houses, Feeding Floors and many other things the farmer needs.

Farmer's Information Bureau
Canada Cement Company Limited
520 Herald Building, Montreal

PORTLAND CANADA CEMENT

If You Ride Horseback, or drive in a carriage, see before you make a start that the Trappings or

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are in good order.

Repairs executed promptly. All work will prove highly satisfactory.

We carry a full line of Harness Dressing, Axle Grease, Whips, etc

Also Buckles, Straps, Rivets, Punches, You'll not find our prices too high.

Wm. Regan,
HARNESS MAKER.

Good Salesman Wanted

For every town and district where we are not represented

Fruits are bringing high prices, and Nursery Stock is in demand.

Make big money this Fall and Winter by taking an agency.

Experience not necessary, free equipment, exclusive territory, highest commissions paid

Write for full particulars.

Stone & Wellington
Fonthill Nurseries
TORONTO, ONTARIO.

CORSETS.

The Spirella Co. of Canada leaves samples Mrs. G. E. Johnson, Sunnyside street, as their representative for Wolfville and vicinity, who will be pleased to call upon those wishing Corsets, Waists, and etc.

DOMINION ATLANTIC RY
S. S. STEAMSHIP LINES
TO ST. JOHN via DIGBY
AND TO BOSTON via
DOMINION ATLANTIC RY. and YARMOUTH Three Steamers of the BOSTON & YARMOUTH S.S. Co. Leave Yarmouth
YARMOUTH LINE
LAND OF EVANGELINE ROUTE

Wolfville Time Table
Corrected to June 1st, 1914

LEAVING.
Express for Truro and Halifax 6.15 a.m.
Accom for Halifax 12.35 p.m.
Express for Truro and Halifax 4.15 "
Express for St. John and Yarmouth 10.03 a.m.
Accom. for Annapolis 1.45 p.m.
Express for Kentville 5.49 "
Express leaving at 10.03 a.m. connects at Kentville with D. V. Branch train for Kingsport.

ARRIVING
Express from Kentville 6.15 a.m.
Accom. from Annapolis 12.35 p.m.
Express from Yarmouth and St. John, N.B. 4.15 "
Express from Truro & Halifax 10.03a m.
Accom. from Halifax 1.45 p.m.
Express from Halifax 5.49 "
These trains only run on week days.

Boston Service
Express train leaving at 10.03 a.m. for Yarmouth connects with steamers of the Boston & Yarmouth S. S. Co., Ltd., sailing Tuesday, Wednesday, Friday and Saturday for Boston.

R. U. PARKER
General Passenger Agent,

P. Gilkins, Manager,
Kentville, N. S.

GO TO BOSTON
VIA THE
YARMOUTH LINE
4 Trips Per Week Service

Sailings from Yarmouth TUESDAYS, WEDNESDAYS, FRIDAYS and SATURDAYS. Steamships 'Prince George' and 'Boston' in commission. Leave Yarmouth 5.00 p. m., on arrival of trains from Halifax and way stations.

For further information, rates etc, apply to agent, Dominion Atlantic Ry or write to A. E. Williams, agent, Boston & Yarmouth Steamship Co., Yarmouth, N. S.

Spring Clothes.

Our new Spring Suitings and Overcoatings have arrived and we certainly have a dandy range.

We invite our patrons to call and inspect them and get prices.

The balmy days of spring are not far off and our establishment is going to be busy.

Orders booked early will get best attention.

J. G. VANBUSKIRK
"THE CLOTHIER"

FRAME STOCK
SAWED TO ORDER.

Also Lathes, Shingles, Sheathing and Flooring.
WRITE FOR PRICES.

J. H. HICKS & SONS
BRIDGETOWN, N. S.

Wentzell's Spring and Summer Catalogue is Ready

Is your name on our mailing list? If it is not you cannot afford to let another day pass without filling in, cutting out and mailing the coupon below. You'll save money.

WENTZELLS Limited, Halifax, N. S.
Without any obligation on my part send to the address below your Spring and Summer Catalogue.
Name .....
Address .....
ACADIAN

Advertise in "THE ACADIAN"

Cash Store.
HARGAINS IN
CANNED GOODS
THIS WEEK
Get my prices. You will be sure to buy. I want the money, and you want the goods.
G. W. STRONG
Wolfville.

Wolfville Real Estate Agency.
Persons wishing to buy or sell—apply to
J. W. SELLEMORE,
Manager.
Wolfville, April 27

Leslie E. Fairn,
AUCTIONEER,
AYLESFORD, N. S.

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HALIFAX
Receivers and Sellers of all kinds of Farm Produce.
Consignments Solicited.
Prompt Returns.

COAL
If you want good Coal promptly delivered give us your order.
Old Sydney, Springhill, Minudie, Hard Coal, Kindlings.
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