

# FOOTBALL

# ATHLETICS

# BOWLING

## REAL BOWLING SENSATION, ACTORS VS. STANDARD MEN

A bowling team from the Thompson-Woods Stock Company, now filling an engagement in the Opera House, narrowly escaped defeat at the hands of five members of the writing staff of The Standard yesterday afternoon on Victoria alleys. If The Standard team had knocked down 15 more pins it would not have been called upon to pay. Luck, however, and the fact that the actors had had several hours of practice before the match were against the newspaper team and of course it could not win against such odds.

Right here it might be remarked that the ten men composing the two teams have every qualification for becoming experts in the great game, that is if they practice diligently for several years or so. As it was the game was a revelation to other bowlers in the alley and many of them left their own games to watch the actors and writers and see if they could not get some of the higher points of the game. The spectators were very enthusiastic during the progress of the match and their applause was particularly gratifying to actors and writers alike.

The news getters (?) got off to a bad start, but this was wholly on account of three members of the team not being familiar with those particular alleys (or any other, for that matter), but as the match progressed it was clearly shown that both teams were strong and the way the balls shot down the gutters was marvelous. After the players found that the balls had to run along the smooth floor between the gutters in order to knock the pins down they did much better and before the game was over they were disputing among themselves about spares, strikes, English, side and other matters, too complicated for ordinary bowlers.

The tabulated score which is appended will show the relative strength of the players. The scores would have been much higher, only both teams put up a strong defensive game and this was the sole reason why the number of pins bowled over is not higher.

Up to a late hour last night it could not be learned who had arranged the match but it was announced that a return game would be played two weeks from last night. In the meantime The Standard team will practice on the office roof, and the actors will go into real training. The newspaper team expects to have an expert coach on hand early next week and a new code of signals will be arranged.

The next game has been arranged for Friday, December 5, immediately after the reporters have received their weekly (beg pardon, weekly) stipend. The details of the game in tabulated form will be found below:

Thompson-Woods Co.				
	1	2	3	Tl. Av.
Fleming	54	46	56	156 52
Hodge	59	65	60	184 61.3
Moharry	74	77	77	228 76
Palmer	57	76	82	215 65
Weyer	77	88	79	244 81.3
	321	352	334	1007

Standard.				
	1	2	3	Tl. Av.
Slatery	48	63	72	183 61
Thorne	56	69	63	188 62.3
Conlon	47	53	51	151 50.3
McDinley	59	90	72	221 73.3
Mackinnon	62	102	78	242 80.3
	272	383	336	990

Notes on the Match.  
Some contortionist that Weyer Boy!

The best game of the year.  
Five men, three strings, three dollars.

Only a win by seventeen points—not so bad.  
Weyer showed up well in the pinches.

Conlon, although lined up with the newspaper men, played a fine game for the actors.

It is said that the actors can play hockey, so wait till the ice comes, only both teams put up a strong defensive game and this was the sole reason why the number of pins bowled over is not higher.

Friday, December 5, 1913, the date.

## PAVLOVA, MARVEL OF PHYSICAL ENDURANCE, EXPLAINS SECRET

By Minnie McInture.

On the stage Anna Pavlova, declared by the experts to be the greatest living dancer, and perhaps the greatest since Pertele, the Muse who invented dancing, seems to the beholder to be but an airy, fairy sprite from another world, to whom the demonstration of the poetry of motion is a gift of the gods, rather than art attained through years of toil and labor.

Yet we know that the illusion is false, that Pavlova is a "real enough" woman of flesh and blood, and that she must have earned her supremacy by unremitting and unflagging toil and retains it by the same method. Even that disciple of strenuousness, Col. Roosevelt, is not such a marvel of physical endurance as the wonderful Russian dancer. From year's end to year's end, with never a respite, Anna Pavlova travels about the earth and up and down in it. In every great city of Europe and North and South America she is known to enthusiastic millions. She never stops, her energy never flags, she has no "off-season."

How can she do it?  
The secret is simple, very simple. It is—ouch!—hard work!

I should like to tell you that Pavlova keeps well and strong, that she obtained and maintains her tremendous vitality, by taking something out of a bottle.

You, too, fair lady and brave man, might attain symmetrical development, health, ease, grace and remarkable vitality by following the Pavlova method. True, Pavlova was only ten years old when, at the Imperial dancing school in St. Petersburg, she began those exercises which she continues to follow for two hours every day. At your age, you cannot hope to become another Pavlova. Still, by following the recipe faithfully, you may win the blessings of health and vigor—if you have the ambition and the

perseverance and the energy to stick to it. As of course you haven't! I dare you!

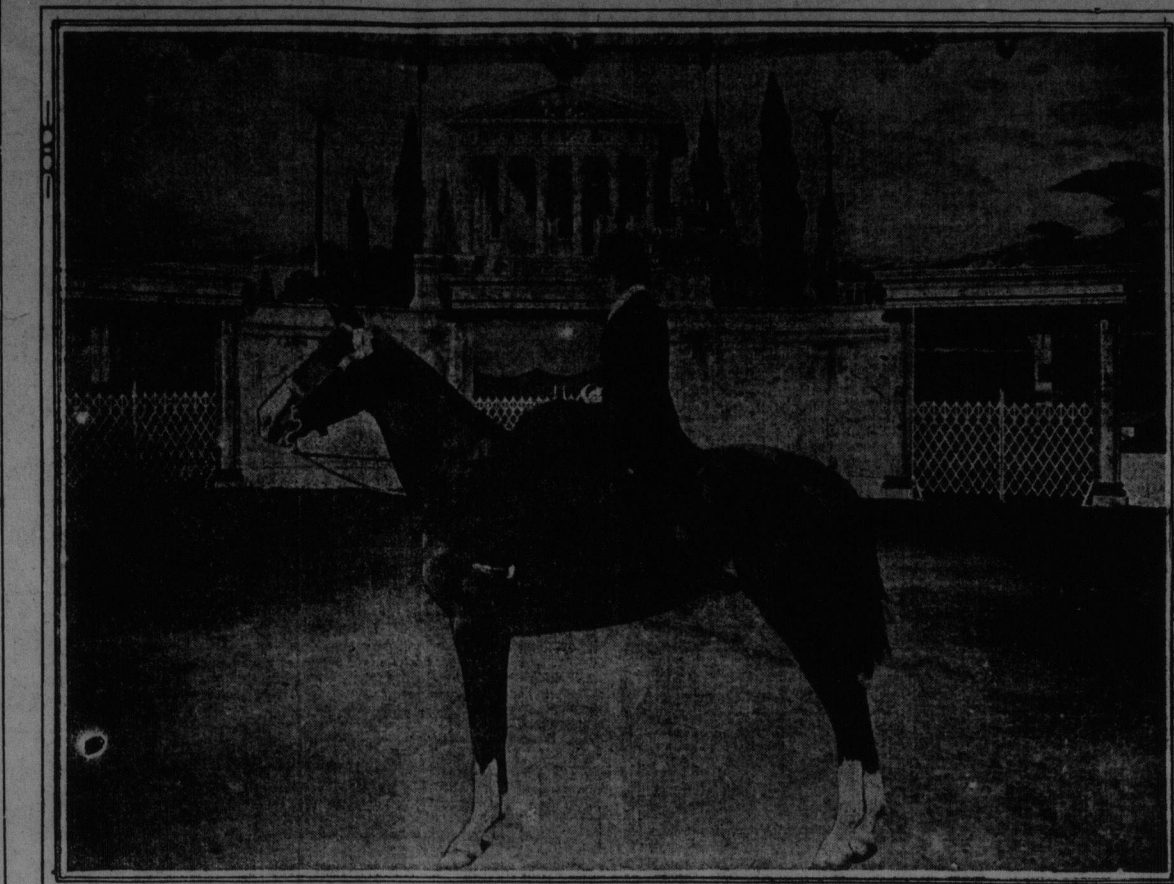
The exercises used by Pavlova, in common with other Russian dancers, for developing suppleness and strength and endurance and grace include the "plier," "le grand battement," "Ronde de jambe, fouettée," "entre chais, elevation, pirouettes and arabesques. The list reads like a menu, but they are not so difficult as they sound.

The exercise called the "plier" is an improvement on the "full squat" of the gymnasium, and is very like it except that the heels must be kept on the ground. Four different positions of the feet are used in executing the plier. The easiest is with the heels about ten inches apart, and the toes turned outward as far as possible. In the second position one foot is on tip-toe and is supported on the other foot, which is flat on the floor. The feet, of course, should alternate in these positions. Another position for performing the plier is with one foot flat on the floor and the other extended backward. The fourth position can be acquired only after experience. It is with one foot in front of the other, with the large toe of one foot touching the heel of the other. To perform the plier in this position will at first be impossible to the average person. With the feet in these positions, the plier is merely a matter of squatting as far as you can. At first it would be just as well to hold to some firm support with the hands.

The "grand battement" is—ah!—just the high kick under a more imposing name. The feet are planted firmly on the floor, heels turned in and about a foot—revolving, toes turned out, arms extended, with one outstretched hand grasping something tangible that will prevent the high kick from becoming a low dip.

In the "elevation," the same foot po-

## MRS. F. AMBROSE CLARK, NOTED HORSEWOMAN.



MRS. F. AMBROSE CLARK RIDING SUPPLEMENT, WINNER IN CLASS C-4

Mrs. F. Ambrose Clark is one of the best known horsewomen in the country. She is shown here riding her thoroughbred Supplement, which won a blue ribbon at the big horse show now in progress at Madison Square Garden, New York. Mrs. Clark has exhibited with her horses at many of the horse shows throughout the country and has carried off many prizes.

New York, Nov. 21.—Master and Masterpiece, the splendidly matched pair of ponies exhibited by Major C. W. McLean, of Brookville, Ont., were again in the limelight today at the horse show. As in the Olympia show in London, they carried off the blue ribbon in the class for ponies in harness.

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programme the trial of hunters over the water jump, a leap at first of fifteen feet and finally widened to eighteen feet. Twenty-three horses were exhibited in the spectacular event. First prize went to Romeo, exhibited by the French government and ridden by Lieut. D'Orgeix; second, Ra-

muncho, owned and ridden by Chevalier Selliers De Moranville, Belgium; third, Commander, exhibited by Squadron "C," United States army, and ridden by Dennis Stockton; fourth, Mayfair, exhibited by Captain J. W. Sifton, Canada, and ridden by Jack Hamilton.

none rise to the rank of this contest, which may definitely decide the championship of this section of the football world. There is the same under-graduate interest and rivalry in the Wesleyan-Trinity, Syracuse-Carlisle, Lehigh-Lafayette, Stevens-Rutgers, Army-Springfield and Navy-New York University games, but the fame and traditions of the gridiron classic at Cambridge overshadow all others.

AT POWERS' GYM.  
On Monday night Jack Powers will have a number of his pupils give an exhibition in his Gym on Union street. During the past few months Instructor Powers has a class of young men who have learned the boxing art in such a manner that their work with the gloves is remarkable, and it is to show their friends, who are members of the club, how skilful they are that

## HARVARD AND YALE PLAY TODAY

New York, Nov. 21.—The Harvard stadium will be the mecca toward which the eyes of all faithful football followers will turn tomorrow, for on the green turf of that arena, surrounded by towering walls of humanity, will come the climax of the gridiron season in the meeting of the eleven of Harvard and Yale. Other games are scheduled for eastern football fields, but

HAD HIGHEST SCORE  
Edward Morrissey won the prize for the highest score on the Victoria boys yesterday—His highest string was 118.

## To the Busy Man

A glass or two of RED BALL PORTER, in the course of the day, is a great stand-by to the busy man; it relieves fatigue, and is really meat and drink;—stands to reason, doesn't it?—The choice Dublin malt, garden-grown hops and artesian well water that make up RED BALL PORTER, spell nutriment, vigor, energy. Keep some in the house and try it awhile. RED BALL PORTER will be

Delivered to Any Part of the City  
Parties residing in Scott Act districts supplied, for personal use, under Canada Temperance Act.

SEND FOR FAMILY PRICE LIST.

SIMON JONES, LTD. - Brewers - St. John, N. B.

## BOWLING ON BLACK'S YESTERDAY

CITY LEAGUE.  
In the City League game on Black's alleys last evening the Imperials defeated the Wanderers by four points.

Imperials.				
	1	2	3	Tl. Av.
Johnson	91	89	91	271 90.3
Brown	84	93	105	282 94
McDonald	81	96	95	272 90.3
Stocum	106	92	112	310 102.3
Klley	98	83	83	264 88

Wanderers.				
	1	2	3	Tl. Av.
Foohay	98	96	86	280 93.3
Dickson	74	87	74	235 78.3
Logan	78	72	77	227 75.3
Hanlon	108	81	82	271 90.3
Richardson	86	75	92	253 84.3

444 411 413 1268  
COMMERCIAL LEAGUE.  
In the Commercial League series on Black's alleys, there was an interesting match between T. McAvity & Sons and the Consolidated Rubber Company, each team making two points.

T. McAvity & Sons.				
	1	2	3	Tl. Av.
Ramsay	68	86	80	234 78
Dickson	75	82	70	227 75.3
McKenzie	69	62	71	202 67.3
Trifts	77	96	81	254 84.3
Foohay	84	88	93	265 88.3

Consolidated Rubber Co.				
	1	2	3	Tl. Av.
Mague	84	76	71	231 77
Crocker	75	82	86	243 81.3
Bridges	75	71	83	229 76.3
Knox	71	70	89	230 76.3
Coughlan	79	74	232	77.3

384 385 403 1172  
Tonight in the City League the Ramblers will play the Sweeps.

## WRESTLING.

Sam Anderson the champion middleweight wrestler of the world, who is placing his valuable championship belt against two hundred dollars, put up by Frank Carpenter, of Chicago, is expected to arrive in the city today from Belmont, Mass., to wrestle on Tuesday next.

It was in 1908 that Anderson traveled to London, England and won the belt, and has been working hard to defend his title ever since. When he failed to throw Dan McDonald twice within an hour a couple of weeks ago he made the offer to place his belt against the money with the result that Carpenter, as soon as he was notified of the offer, accepted it.

their instructor will give them a chance to show their abilities on Monday night, which is the regular monthly exhibition given by the members of the Gym.

**SANTAL MIDY**  
CATARRH and DISCHARGES  
Relieved in 24 Hours  
Each Capsule contains the MIDY name.

## ARE YOU AS WELL AS YOU SHOULD BE?

Or do you suffer from

**Anaemia**  
The body derives its nourishment from the blood. When the blood is weak and "watery" it can not supply the body with sufficient nourishment. Therefore people suffering from Anaemia have pale, transparent skins—have constant headaches — and a feeling of intense weariness. But a few wineglassfuls of "Wincarnis" will speedily create a new fund of rich, new blood—will give brightness to the eyes and new vigour and vitality to the whole system.

**Weakness**  
When your system is weakened by worry, overwork, illness or any other cause—when you feel listless and low-spirited, "Wincarnis" will promptly invigorate and strengthen you. Directly you have taken a wineglassful of "Wincarnis" you will feel a delicious stimulating effect. This is

**Sleeplessness**  
Sleeplessness is due to a disorganized condition of the brain cells. The body may be thoroughly worn out, but owing to the excitable and highly-strung state of the brain, sleep is impossible. A wineglassful of "Wincarnis" taken the last thing

"Wincarnis" can be obtained from all leading Stores, Chemists and Wine Merchants.

**ASSETS**  
Stock Sheets  
Bills Receivable  
Insurance Policies  
Book accounts  
Mortgages,  
Deeds, etc.

## Protect these assets from fire.

If the documents and books representing these assets were lost, how much could you realize on them?

What could you collect without your records?

What's worth keeping is worth keeping safe. Your protection is our first consideration.

The best fireproof safe with room to hold all your papers is not expensive. Consult us on the subject.

**J. & J. Taylor**  
**Safes**  
TORONTO SAFE WORKS  
Branches at Montreal, Winnipeg, Vancouver.

## GET TO IT!

It's good  
What's good?

## WHYTE & MACKAY'S

Of course.

Sold by every dealer in St. John