PASTOR PE-RU-NA.



and Its Pastor and Elder. onsider it well nigh a specific. tonic for weak and worn oit has few or no equals."---Smith.

Rossman, a prominent merreensboro, Ga., and an elder esbyterian church of that used Peruna, and in a recent The Peruna Medicine Co., of Ohio, writes as follows: ng time I was troubled with f the kidneys and tried many all of which gave me no reing was recommended to me I friends, and afterusing a few im pleased to say that the long relief was found and fam now better health than I have for nd can heartily recommend o all similarly afflicted. It is a grand medicine."_M. .I.

s essentially the same wherelocated.

lo not derive prompt and satis sults from the use of Peruna. ce to Dr. Hartman, giving a ent of your case and he will to give you his valuable ad-

Dr. Hartman, President of

VAY MEN TO RETIRE. William Hagerman of the branch of the C. P. R., m McKinnon, car repaire ricton station, have been m the head office that they retired on superannuation over thirty years ago

OR SALE.

property on the North Side of s. St. John, known as the "Am-40x100 feet. The building in-lotel and two shops on the ground om, large dining room, littchen, h room, closets and storerooms, contiguous to the Country March Hotel business is well established to be carried on in the buildards of thirty years. In its pleasant, fronting on the central and convenient, the ay cars passing within 100 feet ay cars passing within 100 feet, while the cars running outh cross at the head of King a little farther away, ty will be sold at about three-s assessed value, if disposed of the January. The owner resides vishes to close out his real estin St. John.

118 Prince William St., St. John, N. B.

WANTED.

A Second-class Female Teacher-rict, in the Parish of Simonds, John. Board can be obtained of England within half mile-ary \$60 term, or you can state. Please address THOS. P. JOR-y, Ben Lomond P. O., St. John

est Horse is liable to "go lame" at any time. Curbs. Splints. Spavins and other forms of Lameness yield "readily-and are cured permanently by Tuttle's Elixir

an Condition Powders Ills pain instantly, Our 100-page book. PREE, 64 Beverly St., Beston, Mass.

K'S RFECT ULSION

it, it's an easy thing u will be glad if you tlê. Large bottle \$1.00

CITY NEWS. Recent Events in and Around

St. John, Together With Country Ites from Correspondents and Exchanges.

To cure Headache in ten minute KUMFORT Headache Powders.

A rolling mill is to be erected Toronto to use the Dominion St Co.'s products.

Str. August Korff, which was towe into Falmouth Dec 23 with rudder dis-abled, left there Thursday in tow for Nordenhum. This was the vessel which Battle liner Albuera had in tow for

C. J. Thomson of Virden, Manitobs who was appointed by the Dominio government to meet the Scotch cur lers and accompany them on the tour through Canada, is at the Roya hotel, St. John.

A beautiful steam yacht is now unler construction at the "Old Fort,"
Carleton. The yacht is owned by R.
C. Elkin and will cost about \$7,000.
Messrs. Harned, the builders, are doing good work, but will not launch he Two bulls, weinghing between 2,30

and 2,400 pounds each, are being kept at the lower I. C. R. terminus till the str. Kastalia is ready to go to sea. They are fine looking animals and have attracted no little amount of at-

Samuel Taylor, the commercial trav-eller, of Sackville, who was one of the injured in the Intercolonial disaster at Belmont some weeks ago, has not yet been able to leave his bed. Mr. Taylor was very severely cut and bruised, but is glad he is alive.

The new cable of the Commercial Pacific Cable Company from San Francisco to Honolulu for business to-Francisco to Honolulu for business to-day, Jan. 5th. The rate from New Brunswick and Nova Scotia to Hono-lulu is 62 cents per word. This com-pany is associated with the Canadian Pacific and Postal Telegraph Compan-

Sir-I would like to correct a little mistake concerning myself which appeared in your paper of Dec. 27th insue. It was there stated that I had accepted an invitation from the Sum-merside Methodist Church. I do not know the source of your information, but I would like you to correct the item, as no such invitation has been

received by me. Very truly yours, T. A. WIGHTMAN.

LETTER OF CONDOLENCE. From L. O. Lodge, No. 123,

BATHURST, N. B., Jan. 1.- The officers and members of the above, lodge wish to take this opportunity to convey to their old friend and brother Orangeman, the Rev. Joseph Seller, and family, now of Guysboro, N. S. their sincer: sympathy with them in their recent sad bereavement through the death of their son and brother, John R. Seller in Philadelphia, U. S. May He who tempers the wind to the shorn lamb be with them in this their day of sore trial, and if human syn pathy can assuage pain, may they feel that they have that also.

A. J. EDDY, W. R. JOHNSON.

BALFOUR SUPPORTS BRODRICK And the War Secretary takes to Hin

self a Wife. LONDON, Jan. 5.—War Secretary Brodrick and Madeleine Stanley, daughter of Lady Jeuene, were mar-ried at St. George's church, Hanover Square, this afternoon. The scene was a briffliant one. The church was crowded with fashionable people and the center aisle was lined with noncommissioned officers and men of the Surrey yeomanry, of which Mr. Brod-rick is honorary colonel. Premier Balfour was the best man. The bride, who was given away by

her step-father, Justice Jeuene, supported by seven bridesmaids. A FAMILY GATHERING. Mrsp Geo. S. Grimmer, with her five sons and their wives, sat down to dinsons and their with the sons and graphs of the good-looking group were taken by McKay.—St. Andrews Bea-

The canvassers collectors for the SEMI-WEEKLY SUN are now making their rounds as mentioned below. The Manager hopes that all subscribers in arrears will pay when called on.

ALBERT COUNTY.

County N. B. J. E. Austin in the Counties of Queens and Sunbury, N. B.

BIG APPLE CROP. John Gilman, an enterprising and successful Kingsclear farmer, raised last year no less than 850 barrels of apples. A large proportion were win-fer varieties, and he had no difficulty in disposing of the entire crop at pricer ranging from \$1 to \$3 per barrel.

Chronic Constipation surely cured or money back. LAXA-CARA TABLETS never fail. Small, chocolate coated, easy to take. Price, 35 cents. At

A BAD BLAZE.

Further Particulars of the Fire Which Destroyed W. J. Noble's Depot

William John Noble, who lumbers in Maine for Cushing & Co., of St. John, returned to Fredericton Friday evening, and confirms the report of the destruction by fire of his depot camp a short time ago. The camp was located on Baker Lake and was destroyed with all its contents. A blanlulu is 62 cents per word. This company is associated with the Canadian Pacific and Postal Telegraph Companies.

WANTED—A case of Headache that KUMFORT Powders will not cure in from ten to twenty minutes.

D. C. Mulhall of Liverpool, N. S., received a cable on Monday from Capt. J. D. Manthorn of the schooner Severn, announcing her arrival at St. Thomas, W. I. The Severn left New York for Weymouth in ballast five weeks ago, and no doubt was carried to the southward during the heavy westerly gales. It was thought the Severn was lost.

A change to get some very special values in clothing is now being offered by J. N. Harvey, the Union street clothier. The release of the canadam was destroyed with all time contents. A blanket which had been hung up near the stove pipe took fire during the temporary absence of the cook, and when he returned he found the flames leaped in a box on a shelf were exploded by the heat, and so alarmed the cook and others, who were attracted to the scene, that they made no attempt to remove the contents of the camp Besicove pipe took fire during the temporary absence of the cook, and when he returned he found the flames leaped in a box on a shelf were exploded by the heat, and so alarmed the cook and others, who were attracted to the scene, that they made no attempt to remove the contents of the camp Besicove pipe took fire during the returned he found the flames leaped in a box on a shelf were exploded by the heat, and so alarmed the cook and when he returned he found the flames leaped in a box on a shelf were exploded by the heat, and so alarmed the cook and others, who were attracted to the scene, that they made no attempt to remove the contents of the camp Besicove pipe took fire during the returned he found the flames leaped in a box on a shelf were exploded by the heat, and so alarmed the cook and others, who were attracted to the scene, that they made no attempt to remove the contents of the camp bearing up to the ceiling and the place filled with smoke.

mm, announcing her arrival ast Schemes arrival ast Schemes with a monuncing her arrival ast Schemes that they such as the more than they made an attempt to the form we weeks ago, and no doubt was carried to the southward during the heaving and lumbering to loss, Mr. Noble reserved weeks ago, and no doubt was carried to the southward during the heaving to the several mass lost.

A chance to get some very special values in clothing is now being offered by J. N., Harvey, the Union street cjothier. The prices at this store are always marked very low, as the hust seeded to courred when the substance his courred to the first family of provisions, clother and the public are assured of the camp that morning a rink of St. Andrew's Andrew's Rink, where the several noted to safe keeping. He was a the section of country where he operates of the section of country there he operates.

LOST RIGHT ARM that they state a substance of the section of country there he operates.

LOST RIGHT ARM that they shall be a strictly cash, and where a cut is made the public are assured of the section of the states and the public are assured of the states and the public are assured of the states of the sta

FED THE PROFESSOR.

You must feed the professors and teachers right or they can't do justice to pupils. They should, of all people, possess a healthy nervous and mental organization. The teacher with weak nerves cannot obtain as good results as the one who has a perfect mental polse.

'It had been for me a most difficult problem," said a professor connected with a prominent college of the South, "how to keep the nerves in proper condition and the brain in good working order. Lack of proper opportunity to take exercise, an irregular diet and improper food brought on a general break-down in the health. I became irritable and restless and at night would dream of more terrible things than any of Dr. Holmes' visions of 'The Comet.'

The Comet.'

The Comet.'

The commenced to Dr. Kirk, who, after the singing of He's a Jolly Good Fellow, made a pleasing response. dition and the brain in good working George's Society, welcomed the visit-

The Comet.'
Upon the suggestion of a frient' a abusy business man, I commenced to eat Grape-Nuts every day, and found in a short time a great improvement in my health; the food contained just the right kind of nourishment for my body and brain that was lacking. The testlessness disappeared

SCOTCH CURLERS

Given a Hearty Welcome By the St. John Brethren.

> intertained at a Smoking Concert at St. Andrew's Rink Saturday Night - Rev. Dr. Kerr Preached Two Ser-

Edgar Canning is in

LBERT COUNTY.

F, S. Chapman in Kings

County N. B.

The Scottish curiers arrived in the city Saturday afternoon from Halifax, and although the weather is such that curling is out of the question, they seem to be thoroughly enjoying themselves and say that the kindness extended to them is far beyond what they even dared to expect.

The party travelled from Halifax in the handsome and comfortable car Calgary, attached to the fast express. The Scottish curlers arrived in the

mons Yesterday

Calgary, attached to the fast express, Calgary, attached to the fast express, and arrived sharply on time at 5.40 p. m. Alex. Macauiay and R. A. Courtney of the Thistic Curling Club and R. K. Jones, Dr. J. M. Magee and John Tillotson of the St. Andrew's Club, met the party some miles up the line. At the depot there was a large gathering of St. Andrew's Society, who extended an enthusiastic reception to the visitors when they reception to the visitors when they stepped off the train. The party is composed of the follow-

Rev. J. Kerr, M. A., F. R. S. A., (Scot.), hev. J. Kerr, M. A., F. R. S. A.,
Dirieton, captain.
Provost Ballantyne, Peebles.
Major Bertram, Medwin.
R. Branwell, Upper Nithsdale.
Robert Cousin, Mershiston.
A. E. Campbell, Gourock.
Major Scott Davidson, Hercules.
Provost Gordon, Bathgate.
E. Gibson, Biggar.
R. Husband, hon. secretary and trounfermline.

Henderson, Kinnochtry,
Johnston, Upper Annandale.
Kirk, Bathgate.
Bentley Murray, Airthery Castle.
MacMillan, Glencairn,

D. Bentley Murray, Airthery Castle.
T. MacMillan, Glencairn.
D. Murray, Kelvindock.
James McGregor, Camperdown,
Henry Prain, Castle Huntly.
D. Provan, Craighlockhart.
G. Deans Ritchie, Proughton United.
Mark Sanderson, Duddington.
A. T. Simson, Elidon Grove.
J. Simson, Orwell.
And. F. Smith, Stenhouse and Carron.
Immediately upon arrival theory.

Immediately upon arrival they wen driven in hacks to the Royal Hotel, which will be their headquarters while in the city. Here another contingent of loyal Scotsmen greeted them. Rev. Dr. Kerr was at once taken in hand by Rev. Df. Fraser and Rev. L. G. Macneill, who extended to him a

SMOKING CONCERT.

ager, passed into the hands of Donald Provost Ballantine, who is accompanied on the trip by his wife and manager.—Woodstock Dispatch. his warm appreciation of their kind-ness. They did not come here merely to curl, but to make friends with beir

This One Had "Dreams More Terrible brothers.

President Sinclair of the Thistle Club, on behalf of Rev. Dr. Fraser, extended an invitation to the visitors to attend divine service at St. Stephto attend divine service at St. Stephen's church on Sunday morning. The chairman extended a similar invitation to the visitors to go to St. Andrew's church in the evening.

R. S. Ritchie sang Plenty's Horn.

Palak March on behalf of the Hamp-

Ralph March, on behalf of the Hamp-ton Club, extended a welcome to the visitors and delighted his hearers with Dr. Thomas Walker, president of St

pleasing response.

During the evening refreshments
were served and the gathering broke

up in the usual manner shortly after

in church work. He has for two years been treasurer of the Church Service Society. The object of this society is the study of the liturgles—ancient and modern—of the Christian church, with a view to the preparation and publication of forms of prayer for public worship, and services for the administration of the sacraments, the celebration of marriage the public services.

tration of the sacraments, the celebration of marriage, the burial of the dead, etc. The society numbers upwards of 600 members and was founded on January 31, 1865.

Dr. Kerr took for his text Isaiah 33 and 17, "Thine eyes shall see the King in His beauty. They shall behold a far stretching land."

"In the course of an able and eloquent address the speaker referred to the purpose of the visit of the Sottish curlers as not only to enjoy curling but also to clasp hands with their brethren in Canada, and he expressed the hope that their visit would serve the interest of true religion, which is the interest of true religion, which is love, and would draw Canada and the United Kingdom more closely together in the bonds of affection. He referred to Canada sending men to behold King Edward in the beauty of his coronation robes. They were disappointed, but later on saw him clothed in greater beauty and with brighter in-terest, when their king, on a sick bed thought not of himself but of the trou-ble he was causing his people. Since that time great thoughtfulness had manifested itself in the King's life, tender solicitude for those in suffering. Here Mr. Kerr related an incident that occurred during a recent visit of His Majesty to Balmoral. A boy, whose parents resided on the estate, was sick, and the king hearing of it, went in person to see him, and recognizing how attend the lad and did everything possible for the boy, who, however, died. His Majesty shows that spirit of affection for his people that so characterized his great mother, Continuing, Dr. Kerr said he brought

to the church in Canada the greeting of the mother Church of Scotland; to the Canadian curlers a message of good will from the Royal Caledonian Club, and also from His Majesty the assurance of his love and care for his Canadian people. Dr. Kerr also refer red to the kindness met with so far which surpassed even their expecta-tions. He was sure the visit would help to promote the spirit of imperial

Dr. Kerr has a delightful personality and preached a sermon manly and of fine spirit.

IN ST. ANDREW'S CHURCH. Rev. John Kerr, M. A., preached in St. Andrew's church last night to a large congregation, taking for his text John 15:15: "Henceforth I call you not servants; for the servant knoweth not what his lord doeth; but I have called you friends, for all things that I have heard of my father I have made known

Leigh Ebbett, meaning a deer. Mrs. Bulyea is upwards of the worship regreted the unfavorable weather, which he's hoped would not continue, and extended a hearty will transport to the Crow's Nest, and with such a modern outfit will been five a good account of themselves in the far west.

ACQUIRED NEW PROPERTY.

Acquir

cellent shape for the first game in the provincial league, to be played here on Thursday night between St. Stephen and Fredericton.

W. E. Smith, manager and secretary of the N. B. Telephone Company, is quite ill at his home here.

A GOOD WINTER.

Less Poverty and Suffering Than Ever Known in St. John. Mrs. Chas. H. Hall, secretary of the Associated Charities, whose position keeps her in close touch with all of poverty and suffering that there is in the city, reports that in spite of seemingly adverse conditions, this has been the easiest winter that has come into her experience of eighteen years' ac-tive work with the poor of St. John. The cause of this is the abundance of

work for men, which has continued so steadily that the demands for relief steadily that the demands for relief have been very few.

In spite of the high price of coal, which might be expected to cause great hardships, the requests for aid in that direction have been less than ever before. At the beginning of the season the Associated Charities laid in a supply of 200 tons of coal for distribution through the churches and charitable organizations and this, it is expected, will be sufficient to meet all

body and brain that was lacking. The restlessness disappeared, my stomach ceased to trouble me, mental vigor returned and I am now able to do more and better work than ever before.

When friends express surprise to find me so well, it is necessary only to mention the merits of Grape-Nuts." Name given by Postum Co., Battle Creek, Mich.

AT ST. STEPHEN'S CHURCH.

At the eleven o'clock service at St. Stephen's church, yesterday morning, the preacher was Rev. J. Kerr, M. A., captain of the Scottish curlers. Dr. Kerr is a very prominent member of the Church of Scotland, filling a number of important positions, and is looked upon as a leader to member the curlers.

Mich.

THE CHICAGO TRIBUNE THE SUNDAY, OCTOBER 12, 1902. A dire

higan boule- APPENDICITIS DUE TO WHITE FLOUR.

uilding. The stood, got all at place. The Leroy Payne 105 feet and 'ed with a two is suil occu-So Declares Physician, Who Says System of Milling Is to mpany pur-rom Themas 0,000 Blame.

ESTATE. Involving

d on]—The Liv-ort, has sold ay and For-

HANGES in milling processes are responsible for appendicitis, according to a physician who has been in the practice of medicine for fifty years and who has observed the spread of the disease. This physician, Dr. H. C. Howard of Champaign. Ill., asserts that until the trade demand for exceedingly white flour changed the methods of griading wheat there was no appendicitis.

To prove this assertion the physician points to the fact that where coarse breads are used the disease is unknown, but that as seen as the fine breadstuffs are introduced appendicitis comes along assequence.

By this reasoning it is shown that the people of agricultural communities who secured their flour from small mills did not have the disease until the small mills were crywded out by the large ones and fine white flour supplanted the coarse.

Then the negroes of the south so long as the communities of the court so long as

Then the negroes of the south so long as they ate corn bread were free from the disease, but when the new process flour began to be used the disease came among them. The same results attended the departure of the German folks from their coarse bread to the refined flour.

Disease Rare Before 1875.

I can remember that prior to about 1875," said Dr. Heward, "that there was little or none of the ailment among the people. In twenty-nve years of practice among the people. In twenty-nve years of practice among the people before that 'time I'do not think I saw more than forty cases of appendictis. Now they are common.

they are common.

"Large and extended changes in the diet of people has contributed to this. For example, about the date mentioned there began to be a general change from the old method of grinding grain to the present method of roller mills and excessively ine botting cloths. This plan of milling began first in the large cities, and appendicitis began to increase first there. Later the new process crowded out the small mills in the country, and the people could not get flour made by the old processes. They bought products of the large milling establishments, and then the farmers began to have appendicitie."

Still the newpoon of the second of the country and the people could not get flour made by the old processes.

"Still the negroes of the south did not have it, but in time they began to get away from their plain corn bread, and they, teo, began to have appendicitis. Soit goes. They did not have appendicitis in Germany until they began to eat our fine white flew and put in the new process of milling after our fashion. Now they have appendicitis in Germany just as we do. Desarranges Digestive Organs.

me 5:45
ing, but me mainsified by the old process, but the trade demands it chiefly on account of its whiteness. On account of its indigestibility the
disarrangement of the digestive organs of
the people eating it has greatly increased.
The prime cause of appendicitis is found in
this clear rangement.

"Quite small children have it. I know one
boy who has had thirteen well defined attacks of the disease and came out of all of
them without surgical operations. He
changed his food to corn bread and much
with coarse breads in general, vegetables,
ittle meat, and some fruit, and he has taken
on "Transdividual
in Treas."

"The lack of phosphates in the food is "

"The lack of phosphates in the food is visible in the people, and physicians have greatly increased the use of medicines containing phosphates. It is a necessity Children are brought to me suffering from earditions resulting from a lack of material in their systems to form their teeth. Ten days of treatment, giving phosphates, will bring relief, and the teeth will begin to grow They are suffering breause the ingenuity of men and the foolish demands of trade have resulted in taking from their food the material which nature put in it for their growth."

The new process which is held accountable for disease takes from the grain the phosphates chiefly existing in the germ or the wheat and just under the bran, and leaves only the starch and glutan.

A little white bread is safe.

A man who had appendicitis brought on by the use of starchy food, that kept up a continual irritation of the intestinal tract, because he experimented for about two years in (in other words, go through the first form of digestion) so that he could have the required elements of food and

not suffer therefrom. This was the origin of Grape-Nuts, and the man followed exactly in the line of Nature in changing the starch

of the cereals into grape sugar. There are absolutely no foreign ngredients in or about Grape-Nuts. It consists entirely and wholly of wheat and barley, containing all of the valuable food elements of these nour-

ishing grains. The food is granular in shape, pur osely made a little hard in order to bring down the digestive juices from the gums and preserve the teeth by proper use. It is softened by cream and is one of the most delicious dishes ever placed on the table.

We unhesitatingly say, and the statement will be verified by the great majority of physicians all over the world, that Grape-Nuts is the most scientifically prepared food in existence. Made for a purpose, it accomplishes its purpose,

It furnishes the system the valuable, much needed carbo-hydrates, the a little slice of meat, if thought best elements that make brain, nerve and brawn, and it is presented in a form ready for immediate and easy digestion.

It can be handled by the weakest stomachs. It is used by thousands of

Och 14, at the North State Az gives an "Author The formal op and ball was give The first meet Matheon club wat Ogden avenue and I day afternoon. The An interesting been arranged below. The mextra day, when the she yote itself to the a Publications." O. T. Bright, win

Sacred E

A meeting o

Extension," At he
"Beauty and Edu
"Beauty and Edu
by Dr. Arnold ."
Books," by Mirale
to Simplify the Lan
day," by Miss Mary
The program of
afternoon consistes afternoon consisted on "Historic Cassi dvals of France," by "Round the We entertainment the boulevard, and the

visitors and give An Armenian we tainment. The nebe London, whee-court, and the lactostume. Here

bers of the co At t Mrs. Bessie

athletes for their nourishment Much, is a menace and danger It requires no cooking, having been thoroughly and skillfully cooked by pert bakers. It is ready for immediate service. It is economical, for but facer heaping teaspoonfuls are required for couldn't digest the starch, worked and the cereal portion of the meal. perfecting a food in which the starch tire meal of four heaping teaspoonsmis-This dees not mean make your enshould be first changed to grape sugar of Grape-Nuts; it means that is the

proper amount for that part of the meal, and you may depend upon it the system will absorb more valuable nourishment from that four heaping teaspoonfuls than from many times the weight of other food. It is particularly intended to take

mothers for infant's food, and the

the place of the quantities of white bread now in too free use by most Our remarks on white bread may

displease some, but we stand for a principle in this matter and know exactly whereof we speak. There are on file in our office mad nundreds but thousands of letters from people in all parts of the world giving descriptions of distress, disease, and ill-health from the use of improper

food, and detailing the health and comfort that has come from a re-arrange ment of their diet along our Hoes. We advise for breakfast a little fruit, cooked or raw, a dish of Grape-Nuts and cream, two soft boiled care and a cup of Postum Coffee. - Let it

At the mid-day meal repeat, adding

go at that.

At night have a good, generous mixed meal with a dessert made from one of the many recipes in the Grape-Nuts book found in each package Postum Cereal Co., Ltd., Battle Creek,