

SHIP NEWS.

PORT OF ST. JOHN.

Arrived. June 30—St. Duart Castle, Seely, from the West Indies, 8 Schofield and Co, Malta, tea and sea cargo.

At French Cross, June 27, sch Fleetwing, Goucher, for St. John, 20 tons, 1000 lbs, Kilkpatrick, for Boston.

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Cleared.

At Barbados, June 25, bark Conductor, Lombard, from Port Natal (and sailed 18th for Norfolk); H. O. Christensen (Dan), Boya, from Barbados; H. B. Sena, Kropotkin, from Bahia (and sailed for Laguna); 18th, sch Eba B. Tanner, Burtin, from Matagorda; 18th, sch King, Burtin, from Matagorda; 18th, sch Colon (to load for New York); schs Neva, Boudoir, from Barbados; 20th, schs Azevia, Fernaux, from St. John.

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ALCOHOL IS A BODY FUEL.

Prof. Atwater's Investigation of the Drink Problem.

He Finds That, While Alcohol Cannot Build Up or Repair Wasted Tissues, It Can Supply Strength, and in Certain Quantities Is Not Harmful to the System.

MIDDLETOWN, Conn., June 17.—At the meeting of the Middletown Scientific association, recently, Prof. W. O. Atwater of Wesleyan university reported the results of the experiments upon the effects of alcohol.

The chamber in which the man lives is about seven feet long, four feet wide and four feet high. It is furnished with a folding bed, chair and table. In the experiments where muscular work is done, a stationary bicycle is also provided.

The special object of the recent experiments was to study the nutritive effect of alcohol. Pure alcohol was administered with water or coffee.

Three important results were observed. First, the alcohol was oxidized, it is burned as completely as bread, meat, or any other food.

Second, the alcohol was transformed into heat and muscular power. In other words, the body made the same use of the energy of the alcohol as that of sugar, starch and other ordinary food materials.

Reference was also made to the effects of so-called temperance physiology in the public school, the Sunday school and the pulpit, as well as on the temperance platform.

What is CASTORIA

Castoria is for Infants and Children. Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It contains neither Opium, Morphine nor other Narcotic substance. It is Pleasant. Its guarantee is thirty years' use by Millions of Mothers.

Castoria is an excellent medicine for children. Mothers have repeatedly told me of its good effect upon their children.

THE FAC-SIMILE SIGNATURE OF CHARLES H. HITCHCOCK APPEARS ON EVERY WRAPPER.

THE WONDERFUL DOCTOR. HALIFAX. HALIFAX, July 2.—The work of construction on the Dominion Steel and Iron works at Sydney has commenced.

ARRIVAL OF DUART CASTLE. ST. JOHN, N. B., July 2.—Duart Castle, Capt. Seely, arrived about 6 o'clock Friday evening from the West Indies with a large cargo and fifty passengers.

WHIPPED THREE WILD CATS. ST. GEORGE'S, July 2.—St. George's has on its rolls a man whose name should go down to undying fame as a brave of the first water.

OUR CHEESE FACTORY IS DOING MUCH BETTER THAN AT FIRST. A TON OF MILK IS RECEIVED EACH DAY.

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