MC 2035 POOR DOCUMENT

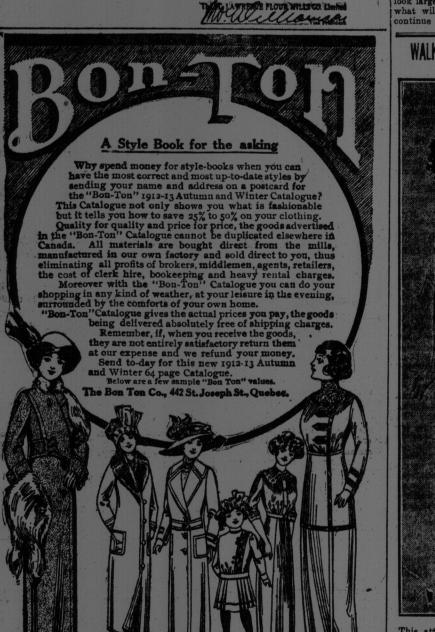
THE EVENING TIMES AND STAR, ST. JOHN, N. B., SATURDAY, NOVEMBER 2, 1972

ONESTLY we believe we can help you in the kitchen. Perhaps trim your expenses a trifle. This is not an empty claim. It has at its back a sincere guarantee.

From Regal Flour you can bake the best quality and the utmost quantity of bread possible from a barrel of flour. It is not cheap in price, but it yields more. Makes fine, white, light loaves and flaky pastry.

Forfeit :

If Regal Flour doesn't live up to this signed promise your dealer will return your money. Isn't that a fair understanding? We pay your dealer back; in fact we lose entirely unless we have promised faithfully. Remember—Regal.



a-Ton prices are net—no extras for delivery nor customs, and every absolutely guaranteed. Thousands of customers, throughout Canada ing satisfaction from the Bon-Ton Co., 444 St. Joseph Street, Quebec



Got a Sore Throat?

"Well, sonny, you can thank your stars you're not in for the dosings I used to get as a boy. You have an easier time of it

"Just rub that Capsicum Vaseline well into your chest— it's the best thing in the world for a cold or sore throat—and swallow a teaspoonful of plain White Vaseline. In the morning you'll feel fine—soreness all gone."

Capsicum Vaseline is splendid for all pains in the chest, rheumatism, neuralgia, gouty complaints, etc. More efficient than the old mustard plaster; easier to apply, and cleaner; will not blister the skin.

Little Beauty Chats By BLANCHE BEACON

Keep the Eyes Young and Beautiful

my readers are doubtless saying—but is it? Why cannot the eyes be given eternal youth, barring some terrible accident? The more think over this matter, the more I am I think over this matter, the more I am convinced that it is quite within the bounds of possibility to keep the eyes bright, strong and expressive.

Most important is it that the eyes should express all the varying moods of their owner, as it is expression that keeps the eyes from growing old. A great many women who are interested in no one—not even themselves—have eyes that are a perfect blank, and consequently not at all pretty.



WEAK STOMACHS

Need New, Rich Blood to Restore Them to a Healthy Condition.

CANADA'S RAILWAY GROWTH

This attractive welling gown is carried of its shaning in a shedo suggestive of the shaning of the shaning

THOUGHT IT WORTH A NICKEL

Several drummers stopped at a hotal hown in illinois for diments. In small town in illinois for diments in a mall town in illinois for diments are different in the next way of the same of the first one of the first one

Daily Hints For the Cook

OYSTER CHOWDER

One quart small oysters, 1 can corn. 1 can tomatoes, 3 pints milk, 1-4 pound of butter, warm corn and milk together—stew oysters and add. Stew and strain tomatoes, add small teaspoon of soda, add salt and pepper to taste and about 1-2 teaspoon of sugar and a piece of butter. This will serve six or eight people.

WASHINGTON PIE

Piece of butter size of an egg, creamed, 1 cup sugar, 1 egg beaten well, 1 cup milk and 1 1-2 cups flour, in which 1 1-2 teaspoonfuls baking powder have been sifted.

Filling:—White of an egg beaten stiff, add to it 1-2 cup confectioner's sugar, and beat with 1-2 cup confectioner's sugar. Combine both mixtures and beat 25 minutes, after adding 1-2 teaspoonful vanilla. It will be thick and creamy.

Kilkenny Castle is one of the oldest is abited houses in the world, many of the boms being much as they were 800 years.

The SPIRELLA CORSET The Spirella Boning is flexible, supporting; will not take a permanent bend; is guaranteed not to

Read the Spirelle advertisements in Ladies' Home Journal, Delineator, Designer, New Idea and Vogue.

Chance to get everything you need in Men's wear line at money saving prices.

Glance through this list, these prices are the best argument for the wisdom of buying

Men's Heavy Top Shirts, regular \$1.00 value, for 75 cents.

Men's Heavy All-Wool Underwear; 73 Men's Heavy Coat Sweaters, regular

\$5.00 value, for \$4.00. Men's Pants, \$1.23, \$1.49 \$1,68, \$1.78 to

Men's Cashmere Half-Hose, regular 50c. value, for 27 cents.

CORBET'S

196 Union Street

WILLOW FURNITURE

\$3.29.

always looks good in any room. They give a pleasing contrast against other furnishings that sets off your room very nicely.



A comfrotable Rocker, brown or natural, \$3.90.



Rocker has large roll arms and back, a neat and dainty design, in green on natural, \$3.40.



Reception Chair, \$4.20. J. Marcus, 30 Dock St.

MOTOR MEN ORGANIZING

A New Factor For Governments of New Brunswick and Nova Scotia to Recognize

Neaves Food



ALMANAC FOR ST. JOHN, NOV.