POOR DOCUMENT

MC 2035

FINAL CLEAN-UP OF

LADIES'

GOOD QUALITY BOOTS

On Friday and Saturday Only

at our Three Stores

We have an excellent assortment of Ladies' Boots, made by good, reliable shoemakers. Regular retail value, $4.50 to $8.00. On the above days we are reducing them to **$2.65—away below the cost of manufacture—$2.65.**

This offer remains open until late Saturday night and on Monday morning these prices will be withdrawn—therefore, think wisely and don't let this **grand opportunity to save money** slip through your fingers.

We are actually giving you these boots less than cost. **Be sure and buy a pair.**

"THE HOME OF RELIABLE FOOTWEAR"

Waterbury & Rising, Limited

61 KING ST. 212 UNION ST., 677 MAIN ST.

2—25.

TRY **Drummond** SCREENED **Coal**

The best Soft Coal substitute for Anthracite in a furnace. Let us explain to you how to use this coal. You can soon get the "hang" of it, and it's cheaper—$10 a ton.

CONSUMER COAL COMPANY, LIMITED

FEB. 23rd. **HUT DAY** FEB. 23rd.

—FOR—

CANADIAN SOLDIERS' HUTS OVERSEAS

Help the Salvation Army in Its Work for the Welfare of Our Soldiers

KEEP THE POT BOILING 2-25

Settle the Flour Question

BY USING

PURITY FLOUR

Once you know how good Purity Flour really is, you will rely on it constantly for all your baking needs. It goes further, too, and is therefore the cheapest flour you can use.

More Bread and Better Bread---and Better Pastry, too.

JUDGMENTS GIVEN

Fredericton, N. B., Feb. 22—The appeal court adjourned this afternoon sine die. Argument in the case of the Woodstock Light Company vs. the Dominion Canneries was completed. Court considers.

Three judgments were handed down today. Ex parte McFarline: Application was refused in this case. Application was for Chief Inspector W. D. Wilson to show cause why he refused to grant a beer license to R. B. McFarlane, of Fredericton. Judgment to the effect that the chief inspector may or may not grant a license as he sees fit.

Peters vs. Charlot—Appeal allowed. Case concerned illegal arrest on capias in Restiguche and deposit of money with the sheriff for release. The money ordered refunded by the sheriff.

The King vs. the Municipality of Westmorland ex parte Fawcett—Rule discharged. This concerned a municipal election in the parish of Sackville, in which a number of ballots had been thrown out. The judgment confirms rejection of so called "double ballots," stating that all names must be on one piece of paper. It also confirms the rejection of ballots on which the word "dirty" had been written, but declares good the balot on which had been written the letters A. C. Chief Justice Hazen made some remarks to the effect that factums were too long and contained much that was not necessary.

The provincial government concluded its meeting here tonight. The members left for their homes tonight. The next meeting will be held here on the day before the opening of the legislature. To-day's meeting dealt entirely with matters of routine.

"Canada's Greatest Seed House"

PLANT Steele, Briggs' Seeds

For Sale Everywhere

Send for Catalog

Steele, Briggs Seed Co. Limited

TORONTO

HAMILTON WINNIPEG

CREST OF THE CANADIAN FOOD CONTROLLER.

Carrots and Onions Should Be Consumed

Food Controller Announces That Large Supply is on Hand—Material for Many Tasty Dishes

(Toronto Star.)

The fashionable and patriotic act for the next six weeks will be to eat carrots and onions. The position of these friends of our childhood has varied greatly in the last few years—once they were looked upon as humble food, last year their price set them as a dish for kings, now they are to be the principal item of the evening meal of every patriotic family. Last summer the government in an energetic campaign called upon us to plant plenty of onions and carrots. Now it demands that we eat them.

There are now large supplies on hand of these vegetables. It is estimated that in the Toronto markets alone, there are over 20,000 bags of carrots and 25,000 bags of onions. These are perishable commodities and the people are asked as a patriotic duty to clean the market of them within the next six weeks, and effect a national saving.

Are Good Medicine.

The iron which they supply to the blood is readily absorbed and provides the mineral matter needed particularly by anaemic people. Carrots enrich the blood—indeed they are unequalled among vegetables in this respect.

Onions are especially nutritious and are easily digested when properly cooked. They are valuable for the children's evening meal, as they have certain soporific qualities which tend to promote sleep.

At this season of the year when the appetite is jaded, and the children are hard to please, the ingenuity of the housewife is sorely taxed to find a sufficient variety of food. The old favorites can be used in many tempting dishes.

Here are a few recipes arranged by Mrs. Jean Muldrew of the Food Controller's office:

Carrots, Turnips and Peas.

One and one quarter cups carrots, half cup turnips, half cup peas.

Clean, dice and cook separately the carrots and turnips. Drain and add the peas. Reheat in a sauce made of two level tablespoons flour, two level tablespoons fat, one cup equal parts meat or chicken stock and milk.

Season to taste, add one teaspoon lemon juice and serve hot.

Carrot Mould.

Two cups mashed cooked carrots, 1½ level tablespoons butter substitute, 1 well beaten egg.

Pepper and salt to taste. Add the fat and seasoning to the mashed carrots. Then mix well with the egg. Put into a greased mould and bake in a moderate oven until the mixture is very hot throughout. Turn out, sprinkle parsley over top and serve. This makes a good supper dish.

Carrot Rissoles.

Two cups of mashed and seasoned carrots add one beaten egg and grated onion to taste. Add to this two tablespoons boiled rice and half cup of milk. Mix well. Place in a dish of very hot water until set. Turn out into a shallow dish and when cool form into rissoles and fry.

Baked Onions With Toast.

Put into the oven large onions, bake slowly until tender throughout. Remove from the oven, take off the outer skin and split down the centre. Add a little butter, pepper, and salt, and serve with toast.

Onion Soup.

Four cups skim milk, one tablespoon butter or butter substitute, one tablespoon corn flour, one cup chopped onion, one cup cooked and mashed potatoes, pepper and salt to taste.

Simmer all slowly till onions are soft, on the top of the stove, or cook in a double boiler, or a fireless cooker.

SHOP AT

ARNOLD'S

90 Charlotte St.

And Save Money

2 cakes of Olive Castile Soap....	For 5c.
½ large bar of Castile Soap.....	15c.
1 box Toilet Soap.....	3 cakes, 20c.
Stick Shaving Soap..	15c. and 25c. each
Infants' Delight Toilet Soap.....	9c.
Blue Seal Vaseline....	5c. and 12c. bottle
Large pkge. of Toothpicks.....	5c.

ENAMEL WARE

Large Teapots.....	55c., 65c., 75c. each
Extra quality in white with blue, Saucepans.....	35c., 45c., 55c., 60c.
Large Pots with enamel covers.	$1.10, $1.35
Sink Strainers.....	15c.
Pie Plates	10c.
Spoons	10c.
Pans	20c.
Brown Earthen Teapots.....	22c., 25c.
Fancy Earthen Teapots,	30c., 35c., 40c., 50c.
Specials in Wallpaper.....	8c. roll
Border	2c. and 4c. yd.

BARGAINS IN DISHES

Plates	10c., 15c.
Cups and Saucers....	15c., 20c., 22c., 25c.
Pitchers	15c., 20c.
Platters	15c., 17c., 45c., 75c.
Round Dishes.....	8c., 12c., 15c.
Berry Dishes.....	4c. each
Porridge Dishes.....	8c. each
Lot of Odd Saucers....	4c. and 5c. each
Brown Casserole Dishes.....	50c.

USE THE WANT AD. WAY

Manchester Robertson Allison, Limited

Our Stores Open at 9 a.m. and Close at 6 o'clock Daily.

OUR ANNUAL SPRING SALE OF

Men's and Boys' **Furnishings**

Offers Big Savings for those who take advantage of the price reductions. As this sale extends to every section of our Men's Department, it is impossible to mention all the inducements at once.

Today We Call Attention to the Special Values in SWEATERS AND OVERCOATS

Men's Undershirts and Drawers—"Unshrinkable," medium weight, fine elastic ribbed. A reliable and comfortable spring undergarment..... **Sale Price, $1.10 per gar.**

Men's Sweaters—Big reductions on some odd lines for quick sale. Coat style, high convertible collar, or V neck no collar style; light, medium and heavy weights. Grey, brown, slate, navy, khaki and maroon. Our Sale Prices are about one-half today's market price, **$2.00, $3.00, $4.00 each**

Boys' Sweaters—The biggest bargains offered for many seasons. Coat style with high collars, medium and heavy weights. Colors: Grey, brown, maroon, and awn trimmed with brown. **Sale Prices, $1.50 and $2.00**

MEN'S FURNISHINGS DEPARTMENT

Ladies' Coat Cloths

FOR SPRING

In the New Weaves and Colorings

TWEED COATINGS—In the new and staple colorings, 54 to 58 in. wide..... **$1.75, $1.90, $2.25, $2.50, $3.25**

NOVELTY CHECK COATINGS—54 to 58 in. wide, **$2.50, $2.75, $3.25, $3.75**

VELOUR COATINGS—56 in. wide, fawn, Copen., blue, green, navy, grey ..... **$4.90 yard**

COVERT CLOTH—Light, medium and dark fawn, 50 to 58 in. wide ..... **$2.75, $3.10, $3.25, $3.50, $3.90 yard**

Also a splendid assortment of **SPORT COATS**, Kelly green, mahogany, beet root, cerise, mustard, and scarlet, 56 in. wide ..... **$2.25 to $3.50 yard**

DRESS GOODS DEPARTMENT

Black Dress Silks

Silks are always in demand and will be worn more than usual on account of the increased cost of woollen goods.

An excellent assortment at medium prices.

Black Paillette, 30 in., **$1.35 and $1.50 yd.**
Black Paillette, 36 in., **$1.60, $1.75, $1.85 yd.**
Black Messaline, 36 in. wide, **$1.60 to $2.90 yd.**
Black Poplin, 36 in., **$1.60 yd.**
Black Bengaline, 32 in., **$2.50 yd.**
Black Bengaline, 42 in., **$4.10 yd.**
Black Taffeta, 36 in., **$1.95 to $2.75 yd.**
Black Moire Velour, 54 in., **$3.25 yd.**
Black Moire Poplin, 42 in., **$2.75 yd.**
Black Charmeuse, 40 in., **$2.50 yd.**
Black Jap Silk, 36 in. wide, **$1.10, $1.25, $1.60 yd.**
Black Shantung, 34 in. wide, **$1.40 yd.**

SILK SECTION—SECOND FLOOR

Manchester Robertson Allison, Limited

RECENT WEDDINGS

Kincade-Brown.

At the home of the officiating clergyman, Rev. I. W. Williamson, 118 Bridge street, James Wilfred Kincade and Daisy A. Brown, both of Cody's (N. B.), were united in marriage last night. The bride was attended by her sister. After a brief stay in the city Mr. and Mrs. Kincade will take up their residnce at Cody's.

Chaplin-Buggie.

Newcastle, Feb. 21—The marriage of Mark Chaplin, son of Mr. and Mrs. Robert Chaplin, of Redbank, and Miss Mary Elizabeth Buggie, daughter of Mr. and Mrs. Michael Buggie, of Renous, was solemnized at St. Thomas' church, Redbank, on Monday morning, Feb. 11. Rev. Father P. V. Duffy conducted the ceremony and nuptial mass was celebrated. The church was prettily decorated for the occasion. The bride was charmingly gowned in navy blue satin de chene, with black picture hat, and mink furs. Miss Roberta Chaplin, sister of the groom, was bridesmaid, and Edward Power supported the groom.

Bass-Matchett.

Newcastle, Feb. 21—The marriage of Mrs. Alice Matchett, widow of Albert Matchett, of Boom Road, and daughter of the late Mr. and Mrs. Alex. Harrigan, of Halcomb, to Alexander J. Bass, of Bridgetown, Newcastle, formerly of Douglastown, was solemnized at the manse, Redbank, last night, Rev. J. F. McCurdy officiating.

The Credit Not His.

"He boasts that he has given one son to the army. Why do you sneer?"

"Because everybody knows the boy ran away to enlist."

Gail Borden

EAGLE BRAND CONDENSED MILK THE ORIGINAL

60 years a Leader

THE DEPENDABLE INFANT FOOD

Always the same—summer or winter

Mrs. Mary Hamilton.

Newcastle, Feb. 21—The death of Mrs. Mary Hamilton, of Halcomb, widow of Joseph Hamilton, occurred on Tuesday evening at 7 o'clock. The deceased was an honored member of the community and an active member for years of the Presbyterian church. She was eighty years of age and had been in bed for seven months. Before her marriage she was Miss Sherrard, of Whitneyville. She leaves one sister, Mrs. William Stewart, of Boom Road, and the following children: Mrs. David Harris, Mrs. William Johnston, Thomas and John, all of Halcomb; James and Frederick, of Lyttleton, and Burton, of Halcomb.

EFFICIENT FOOD

Dr. Alexander Bryce, M.D., D.P.H. (Camb.), a famous authority in dietetics, has compiled a table showing the number of calories per ounce in different foods.

Calories are the units of food values. The number of calories per ounce contained in food proves its value.

This is what Dr. Bryce found and published:—

(CALORIES PER OUNCE)

Kellogg's Toasted Corn Flakes	103.
Eggs (poached)	48.3
Macaroni au Gratin	44.5
Milk	20.6
Oatmeal (cooked)	18.
Potatoes (baked)	32.7

Not one of these staple foods contains one half the number of calories per ounce that Kellogg's Toasted Corn Flakes do — some of them are less than a fifth efficient in calories.

This is a real test of food values.

Put Kellogg's Toasted Corn Flakes on your daily menu—they are good to eat three times a day. Delicious, digestible, nourishing.

Sold only in the original red, white and green package.

Kellogg's TOASTED CORN FLAKES

LICENSED BY THE FOOD CONTROLLER UNDER NUMBER 2—055

ONLY MADE IN CANADA BY

The Battle Creek Toasted Corn Flake Co., Limited

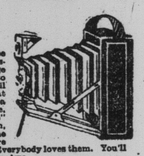
Head Office and Factory: London, Ont.

Est'd 1906

13

FREE Grand 38-Piece Scholar's Outfit and a Dandy $5.00 Camera

BOYS AND GIRLS—This is the best and most complete Scholars' Outfit you have ever seen. It would cost you a small fortune to go into the store and buy all these useful and necessary articles. **Just read what it contains:**—One large size English school bag, boy's or girl's style, three gold finished nibs, big complete printing outfit with three rows of type, type holder, tweezers, and everlasting ink pad, one dozen high grade lead pencils, a fine pencil box with lock and key, a first-rate eraser, a fine quality pencil sharpener, sanitary covered aluminum pocket drinking cup, a box of fine crayons, a box of paints containing 8 good colors, a twelve inch wooden ruler, a set of six blotters, a dandy hundred page scholar's memo pad, a point protector for your lead pencils fitted with fine eraser, and last, but not least a fine self filling fountain pen with a package of ink tablets, sufficient to make five bottles of finest quality fountain pen ink. It is a **wonderful outfit.** Send us your name and address to-day, and we will send you, postage paid, a free sample package of "Dainties"—our delightful new, whipped cream, candy-coated, breathlets and just 32 large 10c. packages to introduce among your friends. Open your free package and ask your friends to try a "Daintee." They'll like them so much that everyone will want a package or two at once. Just one little "Daintee" will purify the mouth, sweeten and perfume the breath, and they are irresistibly delicious. Everybody loves them. You'll sell them all in an hour or two.



Then return our $3.20 and we will at once send you this grand 38 piece scholar's outfit exactly as represented, and the beautiful $5.00 folding film Camera will also be sent to you for just showing your grand scholar's outfit to your friends and getting only 5 of them to sell our goods and earn our fine premiums as you did. We pay all delivery charges on your grand outfit right to your door. Write now—while you think of it. Be the first in school to win this great outfit.

Address GOLD DOLLAR MANUFACTURING CO. DEPT. D. 27 TORONTO, ONT. 20B.

FREE COMPLETE HOCKEY OUTFIT

BOYS—Don't pay $6.00 or $.00 for a hockey outfit, when you can get, ABSOLUTELY FREE, this magnificent outfit complete, consisting of a pair of splendid, strong, polished steel hockey skates (all sizes), a good lively puck, and a strong, well made rock elm hockey stick, and in addition, as an extra present, a dandy pair of well-padded hockey gloves with fingers and wrists protected by cane splints covered with leather, or a pair of strong, heavy hockey boots, extra well stitched and reinforced. **WITH THIS SPLENDID OUTFIT YOU WILL BE THE BEST EQUIPPED PLAYER ON THE TEAM.**

WRITE TO-DAY—before you forget and we will send you by mail just 32 handsome bottles of our delightful Royal Japanese Perfume to sell among your friends at only 10c a bottle. Rose, Violet, Lilac, Carnation, Heliotrope, etc.; no trouble at all to sell: everybody wants two or three bottles. You will sell them all in an hour. Then return our $3.20 and you will receive at once, the complete hockey outfit of fine quality skates, rubber puck and hockey stick, and the fine hockey gloves or hockey boots you can also receive without selling any more goods, by simply showing your fine premiums to your friends and getting only four of them to sell our goods and earn our fine premiums as you did.

Hurry up boys! We arrange to stand payment of all charges on your outfit under our reimbursement system, and if you can't sell all the breathlets we will take them back and give you presents for what you do sell.

Address: GOLD DOLLAR MANUFACTURING CO., DEPT. A 22 TORONTO, ONT. 19B