

95% OF ILLNESS DUE TO ONE CAUSE

Physicians agree that 95 per cent of all illness is possible only because of accumulated waste in the Colon (Lower Intestine).

In fact, the most eminent of the World's Specialists claim that if the Colon were always kept clean the average life of humanity would be doubled. There is now a new and simple method of cleaning the Colon of this poisonous waste, and keeping it clean, pure and healthy, of curing Constipation and the depressing bilious attacks which make us dull, blue and inert—without any risk of ambition.

That method is internal bathing with warm water, administered by the "J. B. L. Cascade," aptly termed "Nature's Cure."

Over 500,000 people are now enthusiastically using this modern warm water cure, and physicians are prescribing it everywhere. It is making sick folks well, and well folks better, stronger, more ambitious, energetic and confident.

This letter is from Mr. J. B. L. Cascade, of the Cascade Lumber Company, Parry Sound, Ont., a sufferer for 35 years from Constipation, is very valuable.

Parry Sound, Ont.
Dr. Chas. A. Tyrrell, Toronto:

Dear Doctor: I have used the J. B. L. Cascade since I received it 21 days ago with wonderful results. I am now one day without taking medicines, since I have not taken one dose, and feel so much better in every way.

I have been troubled with Constipation for the past 35 or 40 years, and, of course, at my age, cannot expect a speedy cure, but at the age of 78 years, but the relief it has already given me is a promise of the good it will do for me.

I think a good many orders will come from Parry Sound as the treatment becomes known.

I cannot speak too highly of the Cascade treatment, and will surely talk much about it.

Yours gratefully,
Maclean.

The "J. B. L. Cascade" is now being explained and shown at the Standard Drug Company, Limited, London, and they will be glad to explain its action and use to you.

If you cannot call, you should write today to Chas. A. Tyrrell, M.D., 165 College Street, Toronto, or to the "Why Man of Today" is Only 50 Per Cent Efficient.

HARDEN RAISES ROW TALKING OF BELGIUM

AMSTERDAM, Sept. 21.—Maximilian Harden, editor of Die Zukunft, in Berlin, yesterday said that he was convinced that peace was obtainable this year, if Germany promised to waive the right to annex Belgium.

The statement aroused a hostile demonstration from the audience and many persons quit the hall after the interruption.

Herr Harden continued: "We think too much of waging war and not enough of politics. Whoever brings us peace, whether Socialist or pope, is welcome."

"The fate of Belgium must be brought to a speedy decision. Either we must annex Belgium or state openly that we never had any such intention. In any case, the German people must decide for themselves their own lot."

TO RELIEVE CATARRHAL DEAFNESS AND HEAD NOISES

Persons suffering from catarrhal deafness and head noises will be glad to know that this distressing affliction can usually be cured by the use of a medicine by an internal medicine that in many instances has effected complete relief after other treatments have failed. Sufferers who could scarcely hear a watch tick tell how they have had their hearing restored to an extent that the tick of a watch was plainly audible seven or eight inches away from the ear.

Therefore, if you know of someone who is troubled with head noises or catarrhal deafness, cut out this formula and hand it to them and you may have been the means of saving some poor sufferer from perhaps total deafness.

The prescription can be prepared at home and is made as follows:

Secure from your druggist 1 oz. of Euphorbia (Double Strength) and 20 grains of Iodine. Take this home and add to it a pint of hot water and 4 oz. of granulated sugar, stir until dissolved and take one tablespoonful four times a day.

Parmit is used in this way not only to reduce by tonic action the inflammation and swelling in the Eustachian Tubes, and thus to equalize the pressure on the drum, but to correct any excess of secretions in the middle ear, and the results are nearly always quick and effective.

Every person who has catarrh in any form should give this recipe a trial.

CITY FOREMAN IS FULLY CONVINCED NOW, HE DECLARES

Spent Hundreds of Dollars Without Relief.

WAS TREATED ABROAD

Troubles of Twenty-Five Years' Standing Have Been Overcome by Tanlac.

"My first bottle of Tanlac convinced me that I had found the right medicine at last, for although I had suffered for 25 years, and had spent hundreds of dollars in a vain search for health, a few bottles of this wonderful preparation have entirely relieved me of all my troubles."

The remarkable statement made by Thomas Simms, city foreman of concrete construction work and residing at 96 Edinburgh avenue, Hamilton, the other day, is a "Giver since my stomach got in such a terrible condition," continued Mr. Simms.

"I have been spending money and trying everything I could think of to get my health back. I even tried specialists abroad without getting any benefit, and I had almost given up hope of ever getting well. My appetite failed entirely and I just had to force down everything I ate. My wife had a hard time trying to fix up something that I could eat with safety, for strong foods, such as meats and potatoes, would make me miserable for hours. After eating anything I would swell up so with gas that I would almost choke. My heart would flutter and act so strangely that I was greatly alarmed. I was constantly being sick, and my undigested food, and many a time cramps in my stomach would almost draw me double. I actually had to give up two different jobs on account of my shape."

"When I read in the papers where Tanlac relieved Mr. McKeehan after he had suffered twenty years I felt encouraged to get me a bottle of it, and long before I felt my appetite returning and I was enjoying my meals for the first time in many years, I have taken four bottles in all, and I can now eat anything I want, meats, potatoes and other things I wouldn't have dared touch a few weeks ago, and I choke no more. Those swellings never bother me; my heart is acting all right; my indigestion seems to be entirely gone, and I am feeling better in every way than I have in many a year. I have taken Tanlac Laxative Tablets, too, and they act more like nature than anything else I have ever tried."

Tanlac is sold in London by Standard Drug Ltd., under the direction of a special representative and by an established agency in every town.

Adv.

CENTRAL POWERS REPLY TO POPE, HOPE PEACE PLAN WILL GO THROUGH

Kaiser "Cherishes Lively Desire" It May Meet With Success—Emperor Charles Says Peace Would Come if Nations Entered Into Negotiations In Spirit Pope Suggests—Eliminate Armed Force, Declare Seas Free, Arbitrate.

Amsterdam, Sept. 21.—Copies of the text of the replies of Germany and Austria-Hungary to the peace note of Pope Benedict have been received here.

The German Government, in its reply to the peace note of Pope Benedict, "cherishes a lively desire" that the appeal may meet with success.

Emperor William, the German note says, has been following the efforts of the pope towards peace for a considerable time with high respect.

Peace would come from the recent peace proposals of Pope Benedict if the belligerent nations would enter into negotiations in the sense of the pope's suggestion, Emperor Charles of Austria-Hungary states, in his reply to the Vatican note.

Emperor Charles sees in the pope's peace plan a suitable basis for initiating negotiations toward a just and lasting peace, and expresses the hope that the nations opposing his own may be animated by the same ideas.

Austria-Hungary's ruler received the pontiff's note with a thankful heart and with an expression of hope that the pontiff's efforts may lead to the realization of the emperor's desire for a lasting peace for all parties.

Freedom of the seas, the emperor hopes of Emperor Charles in order that heavy material burdens could be taken from the nations of the earth and new sources of prosperity opened to them.

The reply, received here in a dispatch from Vienna, was handed to Monsignor T. Valere di Bonzo, the papal nuncio at Vienna, on Thursday.

The Austrian Emperor admits that the future arrangement of the world must be based on the elimination of armed force and on the rule of international justice and legality.

Austria is prepared, the report states, to enter into negotiations for the submission of international disputes to compulsory arbitration.

THE GERMAN REPLY

Amsterdam, Sept. 22.—Following is the complete text of the German reply to Pope Benedict's peace proposals.

"His Majesty the Kaiser, together with his Imperial Highness the Crown Prince, have received your letter of August 2, to transmit to the Kaiser and King, my gracious master, the note of his holiness, the pope, in which his holiness, filled with grief, has expressed his earnest desire for peace."

"The Kaiser-King has deemed it his duty to entrust the reply to me."

Praises Pope.

"His Majesty has been following for a considerable time with high respect and sincere gratitude his holiness' efforts in a spirit of true impartiality to alleviate as far as possible the sufferings of the war and to hasten the end of hostilities."

The Kaiser-King, in the latest step of his holiness' fresh proof of his noble and humane feelings and cherishes a lively desire that for the benefit of the entire world the papal appeal may meet with success."

"Safeguard Peace."

"The effort of Pope Benedict is to give the way to an understanding amongst all peoples and might surely reckon on a sympathetic hearing and the wholehearted support from his Majesty, seeing that the Kaiser, since taking over the government, has regarded it as his principal and most sacred task to preserve the blessings of peace for the people and the world as a whole."

In his first speech from the throne at the opening of the Reichstag on January 18, 1888, the Kaiser promised that his love of the German army would lead him into temptation to cut short the benefits of peace upon us by an attack on the empire or its allies. The German people should safeguard peace for us, and should peace, nevertheless, be broken it would be in a peaceful way, and with honor. The Kaiser has, by his acts, fulfilled the promise he then made in 25 years of happy rule, despite provocations and temptations.

"In this crisis which led to the present world conflict his Majesty's efforts were up to the last moment directed towards settling the conflict by peaceful means. After the war had broken out, against his wish and desire, the Kaiser, in conjunction with his allies, was the first solemnly to declare his readiness to enter into peace negotiations. The German people supported his Majesty in his keen desire for peace."

Wanted Peace in Sun.

"Germany sought, within her national frontier the free development of her spiritual and material powers and outside the Imperial territory unhindered competition with nations enjoying equal rights and equal esteem. The free play of forces in the peaceful wrestling with one another would lead to the highest perfection of the noblest human possessions. Disastrous consequences of events in the year 1914 absolutely broke off all hopeful course of development and transformed Europe into a bloody battle arena."

Note Well Considered.

"Appreciating the importance of his holiness' declaration, the Imperial Government has taken into consideration the suggestion contained therein to earnest and scrupulous examination. Special measures have been taken in closest contact with representatives of the German people, and in answering the questions raised proved how earnest it desires, in the future, to follow his holiness' desires, and the peace resolution of the Reichstag on July 19, 1914, to the letter."

Would Reduce Armaments.

"The Imperial Government, greets with special sympathy the leading idea of the peace appeal wherein his holiness clearly expresses the conviction that in the future the material power of arms must be superseded by the moral power of right. We are also convinced that the sick body of human society can only be healed by fortifying its moral strength and by the use of arms, which would follow according to his holiness' view the simultaneous diminution of the armed forces of all states and the institution of obligatory arbitration for international disputes."

"We share his holiness' view that definite rules and a certain safeguard for the freedom of navigation and the limitation of armaments on land, on sea and in the air, as well as for the freedom of the community and high seas, are the things, in treating which, in the future, should prevail in international relations—especially by arbitration of those high peace-producing effect we, together with his holiness, fully recognize."

For Fraternal Spirit.

"The Imperial Government will in the respect support every proposal compatible with the vital interest of the German Empire and people."

"Germany, owing to her geographical situation and economic requirements, has to rely on peaceful intercourse with her neighbors and with distant countries. No people, therefore, has more reason than the German people to wish that instead of universal hatred and

THE BLESSING OF A HEALTHY BODY

Has Not Had an Hour's Sick-
ness Since Taking "Fruit-a-
tives."



MR. MARRIOTT.
75 Lees Avenue, Ottawa, Ont.,
August 9, 1915.

"I think it my duty to tell you that 'Fruit-a-tives' has done for me. Three years ago, I began to feel rundown and tired, and suffered very much from Liver and Kidney Trouble. Having read of 'Fruit-a-tives,' I thought I would try them. The result was surprising. I have not had an hour's sickness since I commenced using 'Fruit-a-tives,' and I know now what I haven't known for a good many years—that is, the blessing of a healthy body and clear, thinking brain."

WALTER J. MARRIOTT.
Fifty cents a box, 6 for \$2.50, trial size, 25c. At dealers or sent postpaid on receipt of price by Fruit-a-tives, Limited, Ottawa.

conditions for existence of both parties.

"If the nations of the earth were to enter, with a desire for peace, into negotiations with one another in the sense of your holiness' proposals, then peace could blossom forth from them."

Freedom of Seas.

"The nations could attain complete freedom of movement on the high seas, heavy material burdens could be taken from them, and new sources of prosperity opened to them."

"Guided by a spirit of moderation and conciliation, we seek in the proposals of your holiness a suitable basis for initiating negotiations with a view to preparing a peace just to all, and lasting, and we earnestly hope our present enemies may be animated by the same ideas. In this spirit we beg that the Almighty may bless the work of peace begun by your holiness."

CONFESSED SPY IS
TAKEN IN OTTAWA
BY DOMINION POLICE

Scope of His Activities Not Yet Disclosed, if Learned.

OTTAWA, Sept. 21.—An alleged self-confessed spy, who is said to have admitted to the authorities that he is in the employ of the German Government, was arrested at a week ago by Dominion Police Officer Knox at the Russell Hotel, where he was staying.

He came up in police custody this morning before Magistrate Askwith, and pleaded guilty to espionage.

On request of the Dominion police authorities, who are tracing up his antecedents, he was committed to custody, where they have been confined, to be kept in custody until the local authorities are observing the strictest secrecy regarding the man.

MAJOR GREGORY IN
IMPERIAL ARMY NOW
AND RETAINS RANK

Popular London Officer Went Over With Middlesex Battalion.

After reverting in rank and serving with the Canadian troops in France, seeing some, very hot fighting, Major William Gregory, second in command of the 15th Battalion, has been reappointed to his old rank in the Imperial forces, with his old rank of major.

Some nineteen other Canadian officers were transferred at the same time, to replace the wastage among Imperial officers.

Major Gregory had served in the trenches of the Somme, and was one of the few officers who had been in the front line of the 15th Battalion, which has been reappointed to his old rank in the Imperial forces, with his old rank of major.

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Pay Will Be The Same

Men selected under the Military Service Act will receive the same pay as those now on active service receive. Pay will start from the time a man reports for duty. Money from the Patriotic Fund and Separation Allowance will also be available for selected men.

Canadian soldiers are well paid. The fact that wages in Canada are generally higher than those paid in Europe is recognized in the system of remuneration for men on active service. Clothing and all equipment in addition to food is also supplied to the Canadian soldier, leaving him with no expense except personal incidentals.

The rate of pay for men in the Canadian Expeditionary Force, other than commissioned officers, is as follows:

	Pay	Field Allowance
Warrant Officers	\$2.00	30 cts.
Regimental Sergt-Major, if not a Warrant Officer	1.85	20 "
Quartermaster-Sergeants	1.80	20 "
Orderly Room Clerks	1.50	20 "
Orderly Room Sergeants	1.50	20 "
Pay Sergeants	1.50	20 "
Squad, Batt., or Co. Sergt-Major	1.60	20 "
Colour-Sergeant or Staff-Sergeant	1.60	20 "
Squad, Batt., or Co. Q.M.S.	1.50	20 "
Sergeants	1.35	15 "
Lance-Sergeants	1.15	15 "
Corporals	1.10	10 "
Lance-Corporals	1.05	10 "
Bombardiers, or Second Corporals	1.05	10 "
Trumpeters, Buglers, and Drummers	1.00	10 "
Privates, Gunners, Drivers	1.00	10 "
Sappers, Batmen, etc.	1.00	10 "

As in the case of those already gone overseas, Separation Allowances will be available for those dependent for livelihood upon selected men. The Separation Allowance is \$20.00 per month for the rank and file, \$25.00 for sergeants and staff-sergeants and \$30.00 for warrant officers. The experience is that many men can afford to assign half their pay to dependents, in addition.

A considerable number of men who have enlisted in the Canadian forces have found themselves better off under the army rate of pay, which is granted in addition to board, lodging, clothing, equipment, transportation, etc., than they were while in civilian positions. Their wants are provided for, and they receive a steady addition to the bank account each month.

Issued by
The Military Service Council.

REV. ELMER GREEN
ACCEPTS CALL TO
CHURCH AT PRESTON

BUENOS AIRES PLACED
UNDER MARTIAL LAW

LA FOLLETTE FACING
CHANCE OF ARREST

ST. PAUL, Minn., Sept. 21.—Governor Burnquist announced tonight that if an official investigation of the alleged disloyal statements made by Senator La Follette at the closing session of the non-partisan league high cost of living conference here last night reveal that his remarks were seditious, the Minnesota public safety commission, of which the governor is chairman, will ask for the senator's arrest.

TWO RECOMMENDED
FOR \$5,000 REWARD

ARREST OF MONETTE ON INFORMATION FROM
DUAL SOURCE.

MONTREAL, Sept. 21.—The \$5,000 reward for the capture of Henri Monette, alias Charles Edouard Girard, the alleged bandit and dynamiter, arrested last Tuesday afternoon, may go to Corporal Mathieu and Jos. Bastien, the former a machinist and the latter a munitions worker of this city. Inspector Groulx of the Dominion Police has written to the auditor-general at Ottawa that these two men supplied him with the information which led to the arrest of Monette.

MOUNT CLEMENS.
The bests at Mount Clemens, Michigan, are noted for the treatment of rheumatism and kindred ailments, have been more popular than ever this season, all of the hotels and bathhouses being crowded to capacity. The big rush is now over and patients can get better care at the hotels and bathhouses than during the crowded months of summer.

"Yes, I find Labatt's Ale and Lager
Ideal Summer Beverages"

"They're so full of snap and life
and thirst-quenching qualities"

Special Ale and Lager

For the home, for the picnic, for all social affairs where a refreshing, healthful, tempting, temperate beverage is wanted

Sold at Grocers, Cafes and Hotels or direct from the Brewery
Drink It Cold - Serve It Cold
John Labatt, Limited, Est. 1832, London, Canada