

## ustomers

umbing bill with aid a prominent other day when heque for work etters, all bearare here to tell innon Plumbing ressive ideas—by tions, by honest nt. by carefully know their work rapid motor car he good will of render a service sed to praise.

ICE-DAY OR HARGE FOR COMING BRANCH:

NON AN ELEKT 738-739.

. Phone 334.

rcel contained socks
In addition they
arge parcels. The
was \$150. VOOD YARD.

communication with d lots for sale with nunicipal wood yard ikely the enterprise private individuals, be in the hands of

LERK ILL.

erk of the County of me. Mr. Kirkwood's t's disease, affected as right up to the sek he was seen in nd doing his best to be celebrated his 89th

ASSIST.

ork of making the ernment, Miss Daisy ngland and Mrs. Bert

nico TORISTS

MIMICO COURT ases on the lists of Court yesterday these 110 had To-

returned soldier, de was not traveling es an hour, accord-meter. The officer if \$5 and costs. "We iff in France," he is he left the court-

H. Tuggenhaft aching him, as he car under the He explained that long for everyday for speeding. ove at a rate of 33 Mimico. She paid

62 Pleasant boules man, paid \$1 and d that he was on Lieut. G. Beatty, reet, paid \$2 and \$10 and costs. J range avenue, two sts on each. ht avenue, paid \$10 ret of Beamsville. s. \$5 and costs of

charges against Halton street, and osts on each; total had four He claimed that road at those times inion that someone s motorcycle, which ge on Lake Shore and costs on each iles, undertaker, of d \$2 and costs. nd costs on each of oodyear Tire 2 and costs.

oronto

OSE THUMBS.

f Brown's . Rollin and in a flattening ay evening, and a lent lost the thum This was the seco nd within fifteen can being the fit st a thumb.

DGES

RE ELECTED.

meeting of Loyal M.U., I.O.O.F., No. nton Orange Mrs. Bond, V.G.; : H. Clutty. vay, I.G.; Mrs. Bel-Greenaway, trustee. cen by Bro. H. Gilthe transaction social evening was

HAMILTON-HOTEL, 193 James N

and Accommo

BERNING MICE STORY

THE HARD S

On Wednesday next the food committee of the Women's Patriotic League will hold a demonstration in g and drying fruit at 2.30 p.m. at 83 West King street.

# Brain Fag

You are mentally tired, The strain has been continuous. The supply of nerve force is running low. You cannot leave for a

long rest in the country, and it is therefore necessary that you have assistance where you are. Help awaits you in the form of Dr. Chase's Nerve Food.

This great restorative feeds the nerves back to health and vigor. It restores the energy and vitality that is necessary to success and the healthful enjoyment of

CONDUCTED BY MRS. EDMUND PHILLIPS

remainder of his estate he left in equal shares to his two sisters, Violet

and Dorothy Seaman, Toronto. The estate consists of \$340 in the bank, \$10

in personal effects and \$95 in defer-

CONTINGENT EAST OF QUEBEC.

The contingent of 179 returned in-

valided soldiers en route to Toronto is

still east of Quebec City. For this reason the Toronto authorities do not

yet know what day this week the con-

tingent will reach Toronto, but state

definite information on this point will

be available today to those who tele-phone Capt. Lou Scholes' office, Col-lege 56 and College 57.

SAY HE STOLE FILM.

Charged with the theft of a moving picture film from a local house, Joseph Silverman, Kensington place,

was arrested by Detective Elliott last

CHARGED WITH THEFT.

quantity of scrap iron from the Canadian Pacific Railway, John Keenan, who gives his address as 66 Lans-

Charged with the theft of a small

held in the library building this arternoon Herbert F. Tuck was appointed
agent of the Children's Aid Society
for the County of Dufferin and Mayor
Henderson was elected president of
Henders mainder to her daughter, Leda Storey.
Gunner Roy D. Seaman, who was killed in action November 10, left in his will £15 to Miss Jessie Darley, 8
Laton road, Hastings, England. The remainder of his estate he left in

## War Garden Bulletin

USE YOUR FRESH VEGETABLES Now is the time to use the fresh vegetables which the war gardeners have been so assiduously striving to cultivate. We must never forget that the use of these short-lived greens results in the liberation of the more concentrated and staple foods for overseas.

in the liberation of the more concentrated and staple foods for overseas.

Usually there is great waste where garden truck is concerned. It seems so abundant that we do not value it sufficiently. As a matter of fact, by the judicious use of vegetables many meatless meals can be prepared and the housewife should regard them as her chief standby during the hot weather, when appetites are jaded. The French people are now reduced to three meatless days a week of necessity. We in Canada might get down to that by choice, at least as long as our war gardens flourish. It will mean all the more meat for the people of France, who need it so badly.

The use of canned goods at the present time is anything but patriotic. Most families have a garden of their own. For those who have not, the stores are selling plenty of fresh vegetables and they are about as cheap as anything we can buy.

# Why not try?

the board. Warden Menary and a number of members of the county council attended to show their interest and promised that the council would help free feeling and the society obtain a first class children's shelter.

FRUIT DEMONSTRATION.

Frederick Capell has applied for the will of Mrs. Sarah A. Storey, a widow, who died in Moorefield, Wellington County, June the society obtain a first class children's shelter.

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Frederick Capell has applied for the will of Mrs. Sarah A. Storey, a widow, who died in Moorefield, Wellington County, June the players, after which, in the terse words of the will bring bound to him the woman he paragraph not so pleasant told of a game of cards in the trenches interpreted by a bomb which threw up the dirt, scattering the players, after which, in the terse words of the will of Mrs. Sarah A. Storey, a widow, who died in Moorefield, Wellington County, June luman ties. The girl feels that the can go easier, having bound to him the woman he bringing up their own children, and the wellington County, to give their boys and girls a better chance in life than they had.

The man feels that he can go easier, having bound to him the woman he denied themselves in when they were having bound to him the woman he specified themselves by the most unbreakable of all human ties. The girl feels that the can go easier, having bound to him the woman he specified themselves in when they were having bound to him the woman he specified themselves by the most unbreakable of all human ties. The girl feels that the can go easier, having bound to him the woman he specified themselves in when they were having bound to him the woman he some proposed that the can go easier, having bound to him the woman he specified themselves to he wild the specified themselves in the proposed that the can go which

tear at her soul.

If we were all heart and life were all sentiment, one would unhesitatingly says to every soldier and his girl, "get married, if you want to, while you are still strong and has from marrying until they are able to finance their own household. all sentiment, one would unhesitat-ingly says to every soldier and his girl, "get married, if you want to, while you are still strong and beau-tiful, before your splendid young body is married by shot and shell and your nerves wracked by the hell of battle or the agony of anxious waiting. Perhaps this is the only time love will ever hold its chalice to your lips. If you do not drink it now, you will never taste its nectar."

But, alas, life is not all sentiment. It is mostly grim, hard, cold facts. Every act has far-reaching conse-Every act has far-reaching consequences, and some time we dare not indulge ourselves in the pleasure.

we must pay later on.

Sane people must needs face realities, take account of possibilities and look ahead of them a bit. They cannot shut their eyes to the fact that marriage generally means the founding of a family that will need money to support it or to the dangers of war.

of her heart, and take her happingss without fear, and take her happingss without fear. For if the worst should happen and her man comes back to her broken in body and health, hers will be the privilege of not only nursing and tending him with a wife's devotion, but of being able to support it or to the dangers of war.

Six willing workers, Marjorie Nelles, Thelma and Lorne Williamson, the ported her, had he not laid the view. marriage generally means the founding of a family that will need money to support it, or to the dangers of war, and the possibility that the man who of his manhood on his country's altar.

Six willing workers, Marjorie Nellies, Thelma and Lorne Williamson, Annie Schear, Harley Haig and Gordon to the man who of his manhood on his country's altar. til the war is over before they marry.

letting up of the strain under which they have been so long, to a few more comforts than they have been able to

tal that every community has erected to its war brides. It gives her a his father and mother, og her father right to flaunt in public her service and mother to take upon their bent flag with its one glittering star, to old backs the burden of her support, and of her babe, forcing them to start and perhaps, display the grief that over again all the sacrifices they have

The only poor girl who has a right to marry a poor soldier boy as he starts to war is a girl like my correspondent—a business girl who has the intelligence, the skill, and the ability to take care of herself and to support her family. She is in the fin-ancially independent class, and is a free woman, free to do as she pleases The self-supporting girl who car indulge ourselves in the pleasure of crucial hour she may follow the lead the moment because of the price that of her heart, and take her happiness

## FOOD DEMONSTRATIONS CONTINUE AT SCHOOLS

Continuing the demonstrations in

Delegates appointed to the Local Council of Women: Miss Hart, Mrs. McDonagh, Mrs. Healey, Miss K. Clark, Mrs. J. D. Warde.

FOR WAR PRISONERS.

Amounts lately received by the committee of the Prisoners of War Fundare: Scarboro Beach, June 16, \$410.83; Hanlan's Point, June 29, \$384.39. The committee interested in the work are Principal Hutton, University College, president; corresponding secretary, Mrs. Alexander McPhedran; recording secretary, H. H. Langton; treasurer, Hugh Fletcher.

MEMORIAL SERVICE.

On Sunday at 7.30 p.m., at New St. Andrew's Church, the Rev. J. D. Mac-Millan of Winnipeg will preside at a memorial service for the nurses who went down in the Liandovery Castle. It is expected that a great many nurses and members of the C. A. M.

POINT AU BARIL SLEEPING CAR SERVICE VIA CANADIAN PACIFIC.

The Canadian Pacific will, commencing June 28th, operate standard sleeping car, Toronto to Point au Baril, at 10.00 p.m e2th Monday and Friday. Further particulars from Canadian Pacific Ticket Agents or W.

goes forth a splendid young giant may either be slain, or come back as helpless as a baby.

Or in the man who goes forth a splendid young giant may either be slain, or come back as helpless as a baby.

Or in the helpless are a baby. may either be slain, or come back as helpless as a baby.

This is why it is well for the poor soldier and his sweetheart to wait unsoldier and his sweetheart t

## The Safest Matches in the World

having his license number greased. He denied that his number was greased, but nevertheless Major Brunton fined him \$10 and costs.
Other motorists fined for speed ing were J. M. Loose, \$6.25; A. M. Thorne, \$6.25; R. C. Todd, \$6.25; Geo. Hewitson, \$7.25, and Alex. Cummings, \$7.25.

TEN DOLLARS MISSING.

Charged with the theft of \$10 from V. Petoff, William Marsh, Simcoe street, was arrested last night by Constable McCrea. It is alleged that Petoff gave Marsh the \$10, to pay on a room for him. Marsh in turn cleams that he gave the money to another man to get whiskey with, but the man failed to return.

MISSION HOLDS PICNIC.

Christian Unitey Mission held a picnic to Island Park yesterday, a large num-ber of children and mothers taking advantage of the outing.

Old!



SULPHUR This world - famed
Hair Restorer is prepared by the great Hair
Specialists, J. Pepper &
Co., Ltd., Bedford Laboratories, London, S.E.,
and can be obtained of
All stores.

all stores.

Its quality of deepening grayness to the former color in a few days, thus securing a preserved appearance, has enabled thousands to retain their position. abled thousands to retain their position.
SOLD EVERYWHERE.
Lockyer's gives health to the hair and
restores the natural color. It cleaness
the scalp and makes the most perfect
Hair Dressing.

By Sterrett

# Polly and Her Pals

downe avenue, was arrested by an official of the company last night. HEREAFTER, PA WILL LOOK ALL AROUND BEFORE APPROVING.









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