A QUIZZ . . . Why worry along "Ad 'astra' per aspera" When by devoting your vacation periods to OUR BUSI-SHICHSS SHICHSS SHICHS NESS you can provide entire expense of your course, relieve your mind of financial perplexities and pass with honors? Work-Pleasant, Profitable, Perennial. Affords-Cash, Experience, Outing. **Agent Kilburn Views** and Saturn 'Scopes. L. J. THOMAS TORONTO Athletic Supp (See hand-book page 68 for address) LUSPRY H Our ON BO Shredded Ur, OOK Wheat Suits **Received the Endorsation of** Physicians. YOBON YO. "I most cheerfully endorse the Cereal Food and (Shredded Wheat Biscuit) as a healthy and h hly nutritious food. It is specially adapted for those suffering from weak ingestion, as it is easily digested and assimi-lated, even by those who are not whe to digest other cereal foods."-W. Carey Allen, M.D., Colorado Springs, Col. Overcoats Drop a postal for our book of Food and Facts and Food Values, containing 262 receipts for preparing healthful dishes. Address are the best value in the city, and Natural Food Co. we're putting our best foot forward to **32 CHURCH ST.** give the student population of Toronto the best money's-worth to be had anywhere. Shredded Wheat Biscuit

OAK HALL, 116 Yonge, 115 King E.

MENTION THIS PAPER.

For Sale By All Grocers.