

REPORT OF ST. MARY'S
WOMEN'S ALTAR SOCIETY.
REGINA.

To the Rev. Spiritual Director of St. Mary's Women's Altar Society, and lady members:

With much pleasure I submit my report for the year 1904. During that time the sum of \$1250.00 has been realized. This has been done by holding a St. Valentine's tea, a garden party, a concert and a bazaar. Monthly meetings have been held, at which committees to clean the church and attend to the handling of the Altar linen, have been formed, as well as committees to visit the sick. Much good work has certainly been accomplished. During the year it has pleased God to remove by death one of our worthy Vice-Presidents, Mrs. Kramer. Since her death Mrs. Acoaster has very creditably filled the position. To the Rev. Father Kasper, who has been Spiritual Director during my term of office, I wish to tender my sincerest gratitude. I have ever found him ready to assist by counsel or by his presence, in any good cause, brought to his notice; and to his indefatigable zeal and untiring patience we owe much of our success. With the new year will come a new set of officers. To our future Spiritual Director, to the incoming officers and members I extend the heartiest goodwill and sincere wishes for renewed prosperity. The new church to be built, will mean that strenuous efforts must be put forth, to raise money, to further the good work.

Before closing my report I wish to thank the members for the co-operation and the hearty support I received without which no society can flourish. The maxim rule of all societies applies to ours "United we stand—divided we fall."

Again wishing you one and all unbounded prosperity.

M. McCUSKER.

TIMELY PROVERBS.

By Agnes Deans Cameron.

- A lie nailed in time saves nine.
- A little devil devileth the whole dump.
- He who fools with dynamite is soon parted.
- The bobby catches those who help themselves.
- An honest lawyer is the scarcest work of God.
- A bird on the plate is worth three on your bonnet.
- An archer is known by his game, not by his arrows.
- God help the man who can't help himself these days.
- Those who sit in play houses should not throw vegetables.
- Our relatives we inherit, but our friends we find ourselves.
- The cow with the short temper shouldn't have long horns.
- It isn't the long spear, but the steadiest that impales the big salmon.
- Misery loves company; but rational company doesn't hanker after misery.
- "A custom more honored in the breach than in the observance"—a mother's patch on her boy's trousers.
- Men and Women.

A VILE SUBSTITUTE FOR
WHISKEY.

Pertinent to the observations made in these columns from time to time regarding the debasing character of the so-called medicine known as "Peruna," is the following from the Northwest Review:

"The Peruna faker is still at work displaying a picture of a nun supposed to belong to an unnamed institution in the United States. There is no such nun. The fraud has been exposed over and over again. When first this pesty-visaged bogus nun appeared in a Winnipeg paper, one of the judges of the supreme court said to a Catholic: "I see your Sisters are qualifying for the Gold Cure." "How so?" asked the Catholic friend. "O because they are taking Peruna, which is half alcohol." This percentage may be a slight exaggeration but it is quite certain that the intoxicating element in Peruna is what insures its vogue. Taking Peruna is a respectable excuse for tipling."

Supplementing the foregoing testimony of the debauching effects of Peruna, is this account of a court proceeding taken from the Greenville, Ill., Sun of January 12, 1905:

"A very unusual case came up in the city court Tuesday, when one of our merchants was fined \$20.00 and

costs for selling Peruna. The warrant charged him with selling intoxicating liquor without a license. It is alleged that a number of people have been purchasing the Peruna and getting on some high old speers with it. The court was not compelled to go into the matter of whether or not Peruna is intoxicating as the defendant pleaded guilty to the charge. The case came up before Police Magistrate Taylor. Bearing in mind this practical admission that Peruna does inebriate, it is amusing to pick up our daily papers and find a large picture of a noted divine or church worker who testifies to its exhilarating effects upon the system, and recommends it to all others afflicted like they once were."

It is this demoralizing, villainous compound of alcohol and herbs that is foisted on innocent purchasers under alleged recommendations, cunningly emphasized by bogus pictures of nuns and testimonials that have been repudiated. The persistent use made of our Sisters of Charity as decoys for the sale of this noxious compound is a scandal and an outrage.—Catholic Columbian.

Catarrh Cannot Be Cured

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

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EXTRAVAGANCE IN DRESS.

Msgr. Fox, vicar-general of the diocese of Trenton, preached a sermon to a congregation of young women candidates for the Sodality of the Children of Mary recently, and in the course of his remarks warned the girls against fashionable dressing.

"Women are dressing more and more extravagantly each year," said he, "and the cost of dressing deters young men from marrying. The minds of too many of our young women are filled with dress and style. This weakness is one of the many causes that have made marriage unfashionable these days.

"The poor young man's heart drops down to his shoes when he realizes the cost of the things girls wear in order to be stylish. Half the things have no apparent use. You see women dressed in furs, but not for warmth. You would think that the furs should cover the lungs. Not at all. These garments rest on the shoulders, fly open in front and the rest go flopping in the air.

"Look at that hat!" the poor young man says. How much did it cost? God help the present-day young woman and her style. A sad feature of the present day is that we have no more little girls. They are all young women. The little girls have the same ideas about dress—yes, and about the boys—that their older sisters have. The world today needs more women of the model of the Blessed Virgin."

WHY THIS DIFFERENCE?

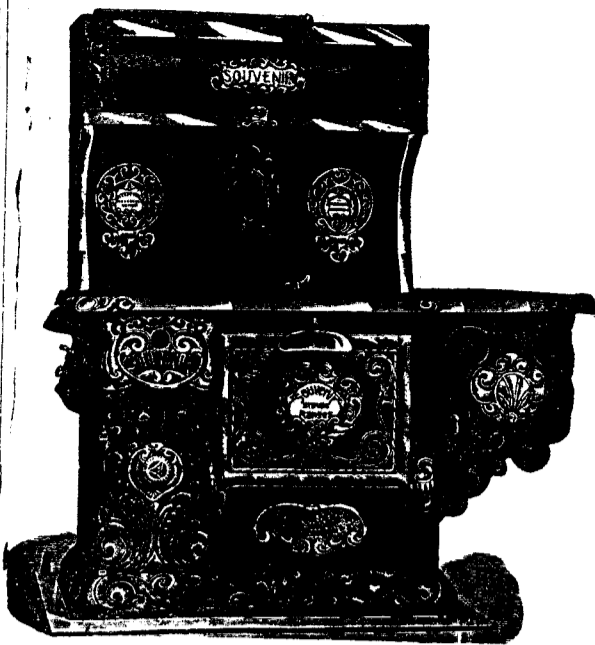
From the Crown.

If the temperature of the church be a little low people will raise a big fuss. Yet many of those same people will sit in the open air, with practically no protection, for hours, in a chill November day, watching a game of foot ball, or freeze their toes in a cold rink, taking in a hockey match, and think nothing of it—may, pay a dollar or two for the privilege.

Fools Use Washes and Snuffs

Thinking, perhaps, they will cure catarrh,—but no one ever heard of a genuine cure following such senseless treatments. There is just one prompt and thorough cure for Catarrh, and it is fragrant, healing Catarrhozone which goes right to the root of the trouble. It destroys the germs, heals the inflamed membranes and cures any case, no matter how obstinate or long standing. "I experimented for years with Catarrh remedies but found Catarrhozone the most rational and satisfactory writes W. J. McEachern, of Waterville. "It cured me for all time." For a sure cure, use only Catarrhozone. Complete outfit, \$1.00; trial size 25c.

THE REASON WHY



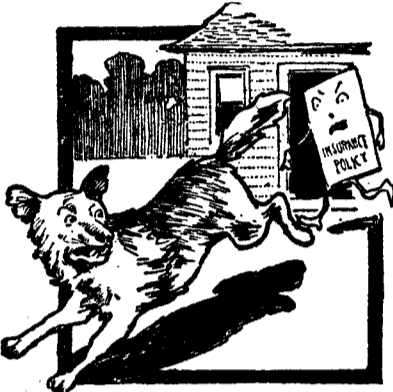
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