

HINTS.

Regularly recurring sick headache of long standing has been permanently cured by *Iris vers.*

According to Dr. A. M. Cushing, facial neuralgia, of long standing, with "an alkaline mouth" has been cured by *Kalmia lat.*

"I believe *Rhatany* (or *Ratanhia*) will cure more diseases of the rectum than all the other remedies in our *Materia Medica*."—Cushing. The special indication for the remedy is itching.

Try *Ferrum met.* for sciatica.

Chilliness and fever after exposure to dry cold, *Aconite*.

Malaria, head hot and full, desire to hug the fire, *Gelsemium*.

Thin watery discharge, chilly, frontal headache, worse in open air, *Arsenicum*. *Arsenicum* cold is in nose, *Phosphorus* on the chest.

Discharge of water from nose and much sneezing, *Nat. mur.*

A ripe cold with thick discharge *Ful-satilla*.

Cold and aches coming on after exposure to cold, wet conditions, *Rhus tox.*

Tendency to catch cold at every exposure, *Calc. carb.*

"No appetite for breakfast, though there is for the other meals of the day," is one of the symptoms of *Borista*.

"Any dyspeptic," says an exchange, "who has not tried pineapple juice should lose no time in taking the advice of one who has." Your Homœopathic pharmacies can supply the pure juice or syrup.

For red, terribly itching spots of greater or less size on the skin, try *Mezereum*.

Dry hacking coughs coming on in violent attacks, *Belladonna*.—*Homœopathic Envoy*.

SUGAR AND SORE EYES.

In all forms of *ophthalmia* (*country sore eyes*, &c.), Dr. Aitchison states that he has found a solution of one drachm of sugar in three drachms of water dropped into the eye every hour or so, never fail to afford relief, and that generally, if applied early, (it) cut short the disease at once. This practice, he added, he has followed for twelve years, and used nothing else. Children, according to his experience, will actually come and ask to have the remedy dropped into their eyes, so great is the relief it affords. At bedtime, in these cases, it is advisable to apply to the eyelashes a little sweet oil or grease, and the first thing in the

morning carefully to wash the eyes with hot milk and water. This solution is also useful for removing small foreign substances from the eye. (*Bazaar Medicine*, Waring, p. 171.)—R. T. C., in *Homœopathic World*.

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