

can then be followed and studied more fully. The peculiarities I refer to are ten or twelve in number. The chief are: Undue delay in the time of reaction, failure to respond at all, response by repetition of the test-word, perseveration affecting the succeeding reactions, anomalous clang associations, assimilation of the test-word in an unusual sense, and erroneous reproduction of the reaction when the memory for it is subsequently tested. Last but not least is the analysis of the patient's dreams by means of the special technique introduced by Freud. The study of dreams is in this connection of supreme importance, for of all the means at our disposal it is the one that best enables us to penetrate into and understand the most hidden parts of the mind. No one can have more than an outsider's notion of the psycho-analytic method who has not thoroughly studied Freud's *Traumdeutung*, for in this work he has laid down the technique of his methods, and discussed the principles on which they are based with a fulness to be found nowhere else in his writings.

By means of the methods just outlined we are enabled to determine the origin of the symptom by retracing the steps along which its pathogenesis proceeded. It is impossible to deal with the underlying complexes, to discharge their pent-up affect, to render them more assimilable by the patient, unless one succeeds in this task and brings them to the full light of day. The symptoms constitute a veiled language in which hidden thoughts and desires find the only means allowed them of coming to expression. We have to get the patient to translate his symptoms into more direct language, and thus to understand and appreciate the origin of them. In so doing we give the patient a deeper insight into the workings of his mind so that he is enabled to correct abnormal deviations, to overcome internal inhibitions and impediments, and to acquire a more objective standpoint towards the repressed mental complexes, the automatic functioning of which has produced the morbid manifestations. He is in this way able to free his per-