

"H who gives himself to the study and work of medicine," says the great and good Sydenham, "ought seriously to ponder on this thing: that as he is himself not exempted from the common lot, and is liable and exposed to the same laws of mortality, the same miserian pains as are all the rest; so he may endeavor the more diligently and with a more tender affection, as being himself a fellow sufferer, to help hem who are sick."

In all your relations of life *be true and loyal*. Truth and loyalty are two great characteristics of the gentleman, by which term I do not mean the conventional gentleman, who may be defined simply a unit of the male sex, well dressed and with nothing particular to do; but that man of sterling worth, who may be met with in every rank of life, whose heart vibrates towards truth as constantly and as naturally as the needle does towards the north pole, to whom a mean and unworthy action is simply impossible because of his innate nobleness of character, and of whom it may be said in the truest sense of the terms *noblesse oblige*. Be loyal to your Queen, to that wise and gracious Sovereign whom Providence has appointed to reign over us and under whose benignant and constitutional sway the people of this mighty empire have enjoyed the blessings of a true and enlightened freedom. Who has endeared herself to her subjects by the eminent virtues which have adorned her character, and who has commanded the loving admiration and esteem of every good man and woman throughout the civilized world, and made the throne of Great Britain, glorious as in itself it is, still more glorious by her wifely and motherly devotion. May the Supreme Ruler of events spare Her Majesty's valuable life, in the words of the National Anthem—

"Happy and glorious  
Long to reign over us,  
God save the Queen."

Be loyal to your country. You should acquaint yourselves with so much of the politics of your country as to be able at all times to take an intelligent part in public affairs. With questions relating to her material interests you need not concern yourselves more than members of the community generally, as there appear to be not a few with more leisure time, who are willing to attempt their solution, and to sacrifice themselves, as they are pleased to say, for the benefit of the country. What is more within your province, however, is to throw the whole weight of whatever influence you may possess in favor of every measure which has for its object the moral elevation of the community, and to aid in establishing laws, both local and general, for the preservation of health and the prevention of disease.