How to Live.

BY HORATIUS BONAR.

HE liveth long who liveth well: All other life is short and vain: He liveth longest who can tell Of living most for heavenly gain.

He liveth long who liveth well: All else is being thrown away; He hveth longest who can tell Of true things truly done each day.

Waste not thy being: back to him Who freely gave it freely give; Lise is that being but a dream: Tis but to be, and not to live.

Be what thou seemest; live thy creed; Hold up to earth the torch divine; Be what thou prayest to be made: Let the great Master's steps be thine.

Fill up each hour with what will last; Buy up the moments as they go: The life above, when this is past, Is the ripe food of life below.

Sow truth if thou the truth would'st reap; Sow peace, and reap its harvest bright: Erect and sound thy conscience keep; From hollow words and deeds refrain.

Sow love, and taste its fruitage pure : Sow peace, and reap its harvest bright; Sow sunbeams on the rock and moor, And reap a harvest-home of light.

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Rev. W. H. WITHROW, D.D., Editor.

TORONTO, JANUARY 25, 1890.

How Can You Interest Young Men in Religion and Methodism?

It is a hard question, but "is anything too hard for the Lord?" After all methods have been tried, and while they are being tried, we must rely upon the continuous aid of the Holy Spirit. God uses human instruments, and it is neither fair nor wise to leave the answer to the question at this point. How can we interest them? It is a serious question. When we remember that only one young man out of twenty in our country attends church regularly, its weighty importance is seen.

The questioner is a young preacher—so is he who replies. With no claim to infallibility, and with an eager wish himself to learn, the following suggestions merely are given :-

To interest young men in religion: Preach on the manliness of Christ. Thomas Hughes' book on that theme is very useful. Preach on the various types of young men seen in the Bible, such as

scientious young man , Paul, the converted young man. The influence of Jesus on different classes of men is seen in his choice of Peter, James, and John, for his most intimate friends The temptations, ambitions, sins, failures, and successes of young men, are good themes.

But preaching alone will not do the work. I have found a carefully and kindlyworded letter to be of much use in several instances. Also, an invitation to young men to visit you at your home for an evening's conversation-not specially on religion-will possibly prove useful. It has succeeded in some cases.

To interest them in Methodism, show that our Church started with young men, university young men, de-

voted young men. Brush away the cobwebs of | bouquet to the Mission, and when the autumn came ignorance and prejudice that have collected, and let in light on the heroic, romantic, and successful in our history. I close as I began: "Not by might, nor by power, but by my Spirit."



BY JOSIE KEEN.

BRIGHT-EYED Floy was out in the garden one day in the early summer, when a new idea darted into her curly head. She stood still for a minute thinking; then, clapping her hands, she cried, "I'll do it this very minute," and ran into the house where her father was reading the morning

"O, papa!" she cried, "won't you please to give me a little plot of ground where I can have a garden all my own?"

"What for, Puss?" said Mr. Tracey, laying down his paper. "Hasn't John all the flowers a litele lady like you can want?"

"Yes, papa; but I want a mission garden."

"A mission garden? Something new, isn't it? Foreign, or domestic? Something I never heard of before!'

"Well, papa, if you haven't heard of mission gardens you have heard of the lovely Flower Mission, where they are glad to get flowers to give to sick people in hospitals, haven't you?"

"O, yes indeed! So that is what you are after, is it? You want to raise flowers of your own for the Flower Mission. Well, come along, and we'll see what John can find for you."

Floy walked soberly along with her father, though her heart was full of joy, and very soon a sunny corner by a stone wall, over which a choice grape-vine was trained, had been selected.

"I think, Flo, I can trust you in this corner, if I tell you that all the grapes that ripen within your reach shall-be mission grapes."

"O, how splendid!" cried Floy. "Indeed, I wont touch a single grape, and O, papa, I do hope that vine will bear a lot!"

And now began the real hard work upon the mission garden. John helped, indeed, but Floy weeded and watered and tended to her own great delight, for always before her she saw pale faces growing bright, and eager hands outstretched to grasp her fragrant offerings.

The harvest came soon and sabundant, and Floy Absalom, the fast young man; Saul, the con- herself had the joy of carrying many a sweet



LESSON PICTURE. JESUS BROUGHT INTO THE TEMPLE. - Luke ii. 25-35.

she made more than one journey with her pretty basket heaped with purple grapes.

It was a little thing to do, wasn't it? but what precious fruit it bore in Floy's own heart none can tell, for the dear Saviour has said, "Inasmuch as ye have done it unto one of the least of these my brethren, ye have done it unto me."

Interesting S. S. Anniversary.

Ar Orillia, at the Sabbath-school anniversary, the scholars, led by the orchestra, rendered a number of national songs in most excellent style. The service opened with the singing of "God Save the Queen"; after which came the following national airs: "Britannia," "Hail Columbia," "Marseillaise," "Watch on the Rhine," "Men of Harlesh," "The Maple Leaf," "Scots Wha Hae,"—the climax being reached in the enthusiastic rendering of "Canada." As Ireland seemed to have no national hymn, Master Montgomery gave voice to that land in the singing of Moore's lyric, "The Minstrel Bard." The singing of each hymn was preceded by a short sketch of the characteristics of the nation represented in song. This duty fell naturally to the Rev. Mr. Manning, who performed it well. Interesting facts about the authorship of these hymns were also given by young ladies, hearing the colours of the various countries referred to. The infant class gave two Kindergarten songs, with great animation, as is usual with the little folk.

THERE WES a meeting recently in Chicago of the Board of Control of the Epworth League of the Eighth General Conference District. A long and solicitous canvass was made of topics relating to the growth and work of the League. More than ever did each member present realiz, that the possibilities within the reach of the League are incalculable. Our young people should be organized and instructed and "enthused" to aid their own pastor in all of the respects possible to ardent young men and women.

In the Methodist Magazine for December, 1889, is a well-written article on the Epworth League. The Woman's Journal offers any assistance in its power to this League, which has for its motto, "Look up, lift up." Look up to God for help, for pardon and divine grace, and then help to lift up our fellow-creatures, to make them partakers of the like precious faith.—Woman's Journal.