Pause while thou may's, nor deem that fate thy gan.,

Which all too fast Will drive thee forth from this delicious plain; A man at last."

Youth is the time for buoyancy of spirit, and the youthful ardour must get vent; for if unduly restrained, it will, like " new wine in old bottler," break through its restaints, and be productive of serious evil. Young men must have recreation; and we would no more withhold it from them than we would forbid the lamb its gambols or the given its play If healthful and natural, their exoberance will overflow. It will not do to place an old head on young shoulders, or to expect from one still in his teens, the gravity of a man of three score. We would not forbid the loud laugh of youth, or rob it of its proper enjoyments. We are not of those who would " look with a severe and indignant eye upon all the recreations by which the cares of men are relieved ;" we would "draw a lino between innocent and dangerous pleasures," but we would not by " an indiscriminate censure of all amusements, deliver up the entertainments of s ciery into the hands of the loose and corrupted " Young men, however, are in great danger, the natural buoyancy of their spirits and their love of excitement hurrying them on, until not satisfied with the "temperate participation" of the pleasures which are innocent, they rush into the viest excess and dissipation.

Young Men.-We are no enemies of your inmocent pleasures-bear that in mind; but, conscious of the dangers in your path, we would warn you with all earnesiness, and would, at the same time, counselyou, as to the way in which you may resist temptations that beset you on every hand. "The fear of the Lord is the beginning of wisdom, and to depart from evil is understanding." "Happy is the man that find eth wiedom! Her ways are ways of pleasantness, and all her paths are peace" If you would resist temptation, fear God; if you would be truly happy, your earthly joys sweetened and intensi-fiel, seek wisdom. Wherewithal shall a young man cleanse in- ways! By taking heed thereto necording to thy Word. Mark well that answer. " I have written unto you young men," says John, " here use yo are strong, and the Word of Gud abideth in you, and ye have overcome the wicked one," " Oh!" sa d the learned Sa'masus, whose fame was world-wide for learning, as he lay upon his death-bed-" On! I have lost an immense portion of time-time, that precious thing in the world! Had I but one year more it should be goent in studying David's Psalms and Paul's Enistics."

Young men, a word and we have done .- The times in which we are now cast are momentous. But still more momentous times are coming upon The conflict between the opposing powers of light and darkness thickens; soon you must take the one side or the other. Now, for what side are you preparing yourselves? will you be men, ready if need be, to take a stand for Bible truth even to the loss of your goods and the rise of your lives? Will you defend the sanctification of the Sabhath, and fight for an open Bible ! Will you do what in your lies to stem the tide of drankenness, that threatens to sweep before it all things sacred? Will you be of those " that walk not in the counsel of the ungodly, nor stand in the way of sinners, nor sit in the seat of the scornful, but whose delight is in the law of the Lard" | Get right principles now: form good habita mom; bigin to fear Gad zone : and when you are called to take the place of your seniors v.or will be prepared for your responsible daties; and then after serving your day and generation when you give way to others I will afford you the bliss and happiness of that kingdom waich your life has been prepared and majored to enjoy. -Iciok Presingerium.

COLUMN FOR THE YOUNG.

CALEB VERNON.

In 1665, a hop of twelve years was drawing near his end. His name was Caleb Vernon, born in Dublin, but soon removed to London His mother eat heaide him, and the boy spoke to her of Christ, in whom he believed, repeating a verse of one of his hymns:-

> And if (above i: all !) To Christ I married be, My living springs, O King of kings, Willetill run fresh in theo!"

His mother than said, " And do you remember, child, the hymn about Young Isance?" " Yea mother," said he, and immediately repeated the following lines:-

> Young Isaacs, who lift up their eyes, And medicate in fields ; Young Jacobs who the blessing prize, This age but seldom yields

> Fow Samuels, leaving youthful plays, To temple work resigned; Few do as he, in youthful days, Their great Creator mind.

How precious Obadiahs be, That fear God in their youth ! How seldom Timothus we see. Versed in the word of truth!

Few babes and sucklings publish praise, The avenger's rage to bind; O then, in these, your youthful days, Your great Creator mind.

Few tender-hearted youths, as was Josiah, Judah's king! Hosunna in the highest, alas! How seldom children sing.

What children pulse and water choose Continually to cat, Rather than conscience should accuse For tasting royal meat?

Would you not bow a king to please, Though tortures were behind? O then, in these, your youthful days, Your great Creator mind.

The boy who was thus delighting his godly mother's ear and heart, got his name, " Caleb, at his birth, because his parents felt how few again blessed to him, whotting yet more his apcleave to the Lord with full purpose of heart," and therefore desired that this their son might to long yet more for the full enjoying of Christ. he in h s day a Culeb, " following the Lord fully," Num. xiv. 24).

He had a great capacity for learning, so that desire. at four years of age he could read the Bible distinctiy; and at six, understood a great deal of the lessons and decreines of the Word. But till he was afflicted, he went astray, (Psz. exix. 67). He had no serious thoughts about his soul, till a violent ague attacked him, when he was seven years of age, which made him think much of death, and caused him to question whether he should be saved. His father was at this time sent to Newgate prison, for not conforming to the cermoniesenjoined by those who ruled in the church; and his little boy went to see him; but the grief this caused him, and the fear too, threw him into another sickness. And now again his soul was seized with convictions of sin; which were all the more lasting, that his elder brotier also was deepty affected.

He had a good friend in London, Mr. R. D. to whom he wrote a letter, when he was ten years old, with the desire to be better instructed This good man had taken an interest in the boy, and had encouraged him to tell his mod. So he wrote thus:-

"Dear S.r .- I received your kind lever, for which I thank you, and desire that the book which you sent me may be made of good effect to my soul, and that my roul may be filled with hy reases of sin.

the love of God, being ready for the day of His coming to judge the world in righteou-nesswhen the kings of the earth shall tremble, and the rulors shall be astonished at the brightness of his coming; when He shall come with His holy angels in power and glory, to judge the earth in the valiey of Jehoshaphat. O that my soul was fit for His coming! that I may be a flourishing flower in the garden of Eden, prepared for the Lord Jesus! This is a trying day; the Lord is scarching Jerusalem with candles, to find out outside professors, who do make clean the outside of the cup and platter, when their hearts are full of deceit. O that we might be comforting one another wish His coming, putting on the breas-plate of faith, and laying aside the tradition of men. O how near is His coming! even at the door! Therefore we should be watching, for we know not what hour He will come. My brother John and cousin Deborah thank you for your kind letters .- I remain

April, 1663. " CALEB VERNON."

In another letter, written to his father, he refera again to Christ's coming-which the state of the land at that time, and his own father's imprisonment, made him think much upon .---Dear Father,-This is the day when the hand of violence is reigning over the people of the God of Jacob; but the time will come when He shall come from Mount Ston, with ten thousand of His saints, to execute the judgement in tighteousness and equity. Othat my soul might be risited from above, that I might mourn and weep over the sins of my youthful days! O that we might be fitted to lay down our tives and liberties for Christ. O what a glorious thing it would be for us to be ready upon our watch, waiting for the coming of our Lord God, and that we might not eay, 'My Lord delayeth His coming." again, in another letter to his friend Mr. R. D., he says, " O, wherefore should we not be watching? for we know not in what hour the Lord will come (Mark viii 35). The time is hasting. It is but a little while, when He that shall will come, and will not tarry (Heb. x. 37). It will be a sad day to them which are Christless, when they shall cry to the rocks to cover them from the face of the Lamb (Rev vi. 16). But it will be unto the righteous everlasting juy."

The plague now appeared in London, and Caleb, though he escaped that terrible scourge, felt ill of fever and pleurisy. This visitation was petite for the bread of heaven, and causing him "O that the fountain of righteousness in Christ Jesus may be opened to me!" was his habitual

Dear young tender has this ever been your desire? Are you convinced of your si s? Do you see that you are by nature exposed to the wrath of God? Unless you are a believer in Jesus-unless the "fountain of righteou-ness is opened to you in Christ"—you are undone for ever! Solemn thought! "Gad be marciful to me, a sinner."-New York ludenendent.

HENRIANA.

Men may thank them-elves, if they make God and His Word a terror to them.

A hypocrite may go very far in the performance of holy duties and yet come short.

Equity is not to be judged of by prosperity: Whishers sever a good man goes, he desires to take God along with him.

Unity is not always the mark of a true church and true ministry.

Those are wretchedly hardened in sin, and ripening apace for ruin, who hate God's ministers because they deal plainly with them, and laithfully warn them of their danger and mwery,