

To prevent the Night-mare.—Avoid heavy suppers, and take either of the following doses on going to bed :

1. Bicarbonate of soda, 1 drachm ; tincture of cadamus (comp.) 3 drachms. Mix.

1. Sal volatile, 10 drops ; tincture of ginger, 2 drachms. Mix.

3. Magnesia, 20 grains, rhubarb, 15 grains, carbonate of soda, 10 grains. Mix.

Anti-Attrition.—Lard, 80 pounds ; black lead, 25 pound, spirit of turpentine, 5 pounds ; soap, 4 pounds. Mix. For machinery.

2. Lard, 4 parts ; plumbago, 1 part. Mix.

Anti-ferment for Cider, Beer, Wine, &c.—Sulphate of lime, 1 part ; powdered mustard-seed, 2 parts. Mix. This is infallible if properly used.

Family Basilicum Ointment.—Take 1 ounce of beeswax, 1 ounce of resin, and 1½ ounce hog's lard. Melt all together. Healing and exciting. Used for dressing sores,

Raspberry Syrup.—To every quart of fruit add a pound of sugar, and let it stand over night. In the morning boil and skim it for half an hour ; then strain it through a flannel bag and pour it into bottles, which must be carefully corked and sealed.

To Boil a Ham.—Put your ham into the pot at noon the day before you want it for the table, and keep the water hot until that time, then let it boil 15 minutes.

Raspberry Jam.—Take 1 pound loaf-sugar to every pound of fruit ; bruise them together in your preserving-pan with a silver spoon, and let them simmer gently for an hour. When cold, put them into glass jars.

Premium Cheese.—For a cheese of 20 pounds, a piece of rennet about two inches square is soaked about twelve hours in one pint of water. As Rennets differ much in quality, enough should be used to coagulate the milk sufficiently in about forty minutes. No salt is put into the cheese, nor any outside during the first six or eight hours it is being prepared ; but a thin coat of fine Liverpool salt is kept on the outside during the remainder of the time it remains in press. The cheeses are pressed forty-eight hours under a weight of seven or eight cwt. Nothing more is required but to turn the cheeses once a day on the shelves.

Premium Cheese.—The milk strained in large tubs over night : the cream stirred in milk, and in morning strained in same tub ; milk heated to natural heat ; add color and rennet ; curd broke fine and whey off, and broke fine in hoop with fast bottom, and put in strainer ; pressed twelve hours ; then taken from hoop, and salt rubbed on the surface, then put in hoop, without strainer, and pressed forty-eight hours, and then put on tables, and salt rubbed on surface, and remain in salt six days for cheese weighing 30 pounds. The hoops to have holes in the bottom : the curds are saved, and set and churned, to grease the cheese. The above method is for making one cheese per day.

Itch Ointment.

1. Take lard, 1 pound, suet, 1 pound, sugar of lead, 8 ounces ; vermilion, 2 ounces. Mix. Scent with a little bergamot.

2. Take bichloride of mercury, 1 ounce ; lard, 1 pound ; suet, 1 pound ; hydrochloric acid 1½ ounce. Melt and mix well, and when perfectly cold, stir in essence of lemon, 4 drachms, essence of bergamot, 1 drachm.

3. Take powdered chloride of lime, 1 ounce, lard, 1 pound. Mix well, then add essence of lemon, 2 drachms.

4. Take bichloride of mercury, 1 part ; lard, 15 parts. Mix well together.

5. Take white precipitate, 1 part ; lard, 12 parts. Mix.

A portion of either of these ointments must be well rubbed on the parts affected, night and morning.

TOWNSHIP OF YORK  
AGRICULTURAL SOCIETY.

THE Committee of the Township of YORK AGRICULTURAL SOCIETY give notice that the following list of Premiums will be awarded at the SPRING SHOW, to be held on the 13th of May, next.

Best Bull of any age	-	-	£1 0
Second best do do	-	-	0 10
Second best do 2 years old	-	-	0 10
Second best do yearling	-	-	0 5
Best Milch Cow	-	-	1 0
Second best do	-	-	0 10
Heifer, 2 years old	-	-	0 10
Yearling	-	-	0 5
Best Stallion (saddle)	-	-	1 0
Second best do	-	-	0 10
Best Stallion, draught	-	-	1 0
Second best do	-	-	0 10
Best Saddle Mare, in Foal or Foal by her side	-	-	1 0
Second best do	-	-	0 10
Best Draught Mare in Foal or Foal	-	-	1 0
Best Boar	-	-	9 10
Best Sow	-	-	6 10

Members compete free. Persons not members, entering Stock previous to the 6th May, pay 5s., after that date 10s each, and allowed the privilege of Members during the year.

By order.

JOHN DEW,

Secretary.

April, 1845.

J. CLELAND,  
BOOK AND JOB PRINTER,  
KING STREET, TORONTO,

Adjoining Mr. Brewer's Book Store, leading to the Post Office.

Every description of Plain and Ornamental Printing neatly executed on moderate terms.

Toronto, October, 1844.