Cough Caution

Never, positively never poison your lungs. If you cough—even from a simple cold only—you should always heal, soothe, and ease the irritated bronchial tubes. Don't blindly suppress it with a stupefying poison. It's strange how some things finally come about. For twenty years Dr. Shoop has constantly warned people not to take cough mixtures or prescriptions containing Opium, Chloroform, or similar poisons. And now—a little late though—Congress says "Put it on the label, if poisons are in your Cough Mixture." Good! Very good!! Hereafter for this very reason mothers, and others, should insist on having Dr. Shoop's Cough Cure. No poison marks on Dr. Shoop's labels—and none in the medicine, else it must by law be on the label. And it's not only safe, but it is said to be by those that know it best, a truly remarkable cough remedy. Take no chance then, particularly with your children. Insist on having Dr. Shoop's Cough Cure. Compare carefully the Dr. Shoop package with others and note the difference. No poison marks there! You can always be on the safe side by demanding

Dr. Shoop's Cough Cure

BEAR RIVER PHARMACY.
ROYAL PHARMACY.

OUR NEW COURSES OF STUDY

Are filling our rooms to the doors.

See the combination: Loose Leaf Systems, Card Systems, Duplicating Systems, Modern Method of accounting, Isaac Pitman Shorthand.

Catalogues to any address.

S. KERR,
Principal,
Odd Fellows Hall

Shorthand and Typewriting

IN

30 Days.

All persons sending this ad. to us on or before the 15th, day of November, will get the benefit of the reduction on the correspondence. All presenting this ad. at our College will receive the benfit of reduction on

Shorthand & also Typewriting FREE.

We teach Shorthand only, in 30 days. Students at our College write from new matter 134 words per minute transcribing notes perfectly on their 14th, day at College. Only NINE CHARACTERS, No DOTS, DASHES or thickening Characters. As easily written as longhand months after being written. CITY REFERENCES from

Graduates and Employers.

Classes every day except Saturday and Mon. Wed. and Friday evenings. Write for full information to,

Boyd's Syllabic Shorthand & Business College,
Publ cover Block,
SYDNEY, N. S.

TO COUGH PROPERLY.

(From Health.)

Few people know how to cough properly. It never occurs to the ordinary individual that there is a right way and a wrong way of doing it. Yet it is a matter of no small importance. If every sigh means a drop of heart's blood, as people say, every cough means some greater or less proportion of time knocked off one's life. Most people cough as loudly and forcibly as they can. But it is rather costly noisel for the simple reason that it tears and inflames the lungs. The lungs consist of an extraordinarily delicate spongelike tissue, which some times gets inflamed and choked with phlegm. When we try to get rid of this substance we cough. But obviously, if we remove it violently, we must necessarily injure the delicate lung tissue. Therefore, train yourself to cough as gently as possible.

FOR CONSTIPATION.

Mr. L. H. Farnham, a prominent druggist of Spirit Lake, Iowa, says: "Chamberlain's Stomach and Liver Tablets are certainly the best thing on the market for constipation." Give these tablets a trial. You are certain to find them agreeable and pleasant in effect. Price 25cents. Samples free. For sale by
W. A. WARREN, BRIDGETOWN. W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

The number of immigrants into Canada last year was 277,376 persons.

A HEALING SALVE FOR BURNS, CHAPPED HANDS AND SORE NIPPLES.

As a healing salve for burns, sores, sore nipples and chapped hands Chamberlain's Salve is most excellent. It allays the pain of a burn almost instantly, and unless the injury is very severe, heals the parts without leaving a scar. Price, 25 cents. For sale by W. A. WARREN, BRIDGETOWN. W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

"The wise mother of to-day emphatically instructs her daughter, if not in set terms, yet clearly, that though a happy marriage is the best thing on earth for both men and women, it must not be made the sole object of life. She shows her that an unhappy marriage is perfect misery, and must be forever shunned. She teaches this gentle, aspiring, conscientious girl, that happiness is a by-product, which comes as one pursues congenial work earnestly and heartily—cares for the invalid mother—tends a store—cooks in a kitchen—carves wood—designs patterns—nurses the sick. A girl brought up in this sensible way will gladly take a husband, if the right man comes along; but she will not become cross and hateful and spiteful, if she never marries. She will do with her might what her hand finds to do and there will be love in her heart toward all, and a song on her lips."

EXPERIENCE THE BEST TEACHER

An experience of nearly fifty years in the jeweler's business, has given our patrons a confidence in our work which we feel is justified by results. If you have a watch out of repair and others have failed to make it "go" try us.

J. E. SANCTON

ALL EYES FRONT

And turn towards the store at the south end for your

HOLIDAY SUPPLIES.

My stock of GROCERIES is complete and fresh. Wanted all kinds of FARM PRODUCE, in exchange for Goods at the highest market prices.

I remain yours

M. O. RICE,
BEAR RIVER, N. S.

Health in every cup of

COWAN'S PERFECTION COCOA

Very nutritious and very digestible. Give it to your children and drink it yourself.

THE COWAN CO., Limited, TORONTO

New Wall Decorations.

I have an immense stock of new wall decorations, window blinds, curtain poles etc and can show you the most select line of Wall Papers ever seen in this country comprising the crown borders, cut out borders, pannel effects, and all the latest novelties in wall decorations. I can sell you papers from 3c per roll up to $3.00 per roll, any one intending to buy wall papers this spring either in large or small quanties it will certainly pay you to come to our store and look through our large stock and get our prices, we guarantee to save you money as we bought direct from the factory and in very large quantities. Give us a call or notify me and I will call with samples of full line:

F. B. BISHOP, LAWRENCETOWN.

Murder and Attempted Suicide at Parrsboro

AMHERST, N. S., March 26.—Word just reached here at one o'clock today of a terrible tragedy at Parrsboro, Cumberland County. At noon today a prominent young man named Lewis K. Smith, who conducts a butcher shop in that town, was working away as usual when James Rector, another young man, entered and made the remark, "Smith, you are not looking well this morning." Smith immediately drew a revolver from his pocket and without speaking a word fired point blank at young Rector.

The bullet entered his breast near the right lung. Then turning the weapon on himself, he fired a shot in his own mouth.

Rector was immediately carried to a nearby drug store, but only lived a few minutes. Smith is still alive, but the doctors say he can only live a few hours.

The only reason that can be given is that Smith was temporarily deranged. He had been carrying the revolver around the store for the purpose of shooting rats.

The quiet town is in great excitement over the sad affair, which has cast a gloom over it.

A lady, belonging to the fashionable set in Detroit, Michigan, married a man, the other day, in the belief that he was a genuine Lord. In a few days she discovered that the nobleman was an eight-dollar-a-week clerk in a grocery store.

Private letters from Winnipeg state that there are thousands of unemployed walking the streets of that city at present.

"ONE TOUCH OF NATURE MAKES THE WHOLE WORLD KIN."

When a rooster finds a big fat worm he calls all the hens in the farm yard to come and share it. A similar trait of human nature is to be observed when a man discovers something exceptionally good—he wants all his friends and neighbors to share the benefit of his discovery. This is the touch of nature that makes the whole world kin. This explains why people who have been cured by Chamberlain's Cough Remedy write letters to the manufacturers for publication, that others similarly ailing may also use it and obtain relief. Behind every one of these letters is a warm hearted wish of the writer to be of use to someone else. This remedy is for sale by
W. A. WARREN, BRIDGETOWN, W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

The late King of Portugal was, at the time of his assassination, carrying life insurance for $220,000.

Weak women get prompt and lasting help by using Dr. Shoop's Night Cure. These soothing, healing antiseptic suppositories, with full information how to proceed are interestingly told of in my book "No. 4 For Women." The book and strictly confidential medical advice is entirely free. Simply write Dr. Shoop, Racine, Wis. for my book No. 4. Sold by
ROYAL PHARMACY, BRIDGETOWN, BEAR RIVER DRUG STORE, BEAR RIVER.

They are going to have a new public building in Harbor Grace, to house all the public offices of the town.

The appreciation of the public is the final test of merit. This is the reason "Salada" Tea has the enormous sale of over eighteen million packets annually. If you do not use it, The "Salada" Tea Co., Toronto, will send you a sample. State whether you use Black, Mixed or Green and the price you usually pay per pound.

DON'T, DON'T, DON'T.

(Colchester Sun.)

Don't send your money away from home, and when you are hard up, ask your home merchant for months or years of credit; it is not fair.

o o o

Don't growl about your home merchants living in fine houses, when you send away your money to keep up mansions for those who do not know you.

o o o

Don't talk about your increase in taxes, when you send your cash away where not one cent of it will ever be circulated in your own town, village or county.

o o o

Don't ask your home merchants for donations for your church, then send away for goods, perhaps to furnish the same. See what you can do at home.

o o o

Don't expect your children to earn high salaries, unless you spend your money near at home and all work together in trying to build up your own province.

o o o

Don't ask for credit, when you can pay the cash, and save money by doing so. Sending money away and getting credit at home will in time ruin all those who continue to do so.

o o o

Don't think because your money is your own, that you should not circulate it in your community.

MINARD'S LINIMENT RELIEVES NEURALGIA.

THROW AWAY LINIMENTS

Here's the Prescription to Cure Rheumatism.

Liniments only reach the skin and the muscles directly under the skin. Now, liniments can't cure Rheumatism. They simply deaden the nerves for a time. When the effect wears away, the pain returns worse than ever.

If the bowels do not move regularly—if the kidneys are strained or weak—if the skin is dry or harsh—the blood is sure to be filled with impurities or urea. This urea is changed into uric acid which is the poison that causes rheumatism.

Now, the only possible way to cure Rheumatism is to prevent uric acid from being formed. Logically, the only way to do this is to keep kidneys, bowels and skin in good working order, and prevent the stomach from being too acid. And the only way to do this is to take "Fruit-a-tives."

These marvelous tablets of fruit juices and tonics act directly on the three great eliminating organs—bowels, kidneys and skin—and put them in perfect condition. That is the only secret of their great success in curing rheumatism, sciatica and lumbago.

50c a box—6 for $2.50. "Fruit-a-tives," Limited, Ottawa.

The Russian authorities have discovered two bomb factories at Sebastopol and a conspiracy to blow up the Black Sea fleet.

RHEUMATIC PAINS RELIEVED.

Mr. Thos. Stenton, postmaster of Contypool, Ont., writes: "For the past eight years I suffered from rheumatic pains, and during that time I used many different liniments and remedies for the cure of rheumatism. Last summer I procured a bottle of Chamberlain's Pain Balm and got more relief from it than anything I have ever used, and cheerfully recommend this liniment to all sufferers from rheumatic pains." For sale by
W. A. WARREN, BRIDGETOWN, W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

FINANCIERING IN THE KITCHEN.

Anna Stees Richardson, in the March number of Woman's Home Companion, gives some helps that are of inestimable value to the housewife, and especially to the girl who earns her own living.

One woman writes her:

"How can I earn money without having home? Can a woman whose one talent is housekeeping turn it to practical account?"

Her reply in part is:

"The woman who can cook well, who knows how to prepare dainty as well as wholesome food, who has something worth offering in the culinary line, is really better off to-day than the home girl who is an indifferent cook, but free to turn to office or store work when the family income drives her to wage earning.

"In every city the country over you will find women who seldom leave their kitchens, yet make incomes that put a stenographer or bookkeeper to shame.

"They bake cakes, bread and pies for private customers, or exchanges for women's work, or grocers. They specialize on salads or jellies or home made candies.

"They provide college spreads in university towns. They cater to hostesses who cannot afford the professional caterer from the nearest city, and whose servants are not to be trusted with dainties for luncheons, card parties, receptions, etc."

The Last Man Shaved

(Cape Times.)

There were five of us hunting and fishing in the Queensland bush when one rainy day a stranger appeared. He said he was a tramp barber, and as none of us had been shaved for a fortnight we gave him half a day's work.

About four hours after he had left us a band of six men rode up, and the leader enquired if we had seen a tall, roughly dressed man pass that way. We told him of the barber, and he looked from man to man and exclaimed:

"Good gracious, but you are all freshly shaved!"

"Yes, we gave the barber a job."

"And he shaved each one of you?"

"He did, and did it well."

"Boys, do you hear that?" shouted the man as he turned to his companions.

"What of it?" asked one of our party.

"Why, he went insane yesterday and cut a man's throat in his barber's chair over at Unadilla, and we're after him to put him in an asylum."

They rode away at a gallop and next morning returned to our camp with the man, who had been captured after a hard fight and was tied on his horse. He seemed to remember us when he was given a drink of water, and as he handed the cup back he quietly observed:

"I say, gentlemen, please excuse me. I meant to finish off the last man who got shaved, but I got to thinking of something else, and it slipped my mind."

HINTS FOR THE HOUSE-WIFE.

To clean iron sinks rub them well with cloth wet with kerosene.

Put a little saltpetre in the water you use for your boquets and the flowers will live a fortnight.

Kerosene is an excellent cleanser. Add some to the washing water if you want your clothes to be extra white.

Wash articles of brass which are tarnished in the water in which potatoes have been boiled and they will be as bright as if new.

Discolored ivory may be restored to its original whiteness by painting it with spirits of turpentine and putting it out in the sunshine for two or three days.

Use equal parts of kerosene and machine oil to clean the sewing machine. The kerosene eats up the dust that clings to the machinery as nothing else will.

To clean copper kitchen utensils—Wet a coarse cloth with hot water, soap it well and apply to copper. Sprinkle powdered borax over it and polish with a dry cloth.

A scorch mark on linen, if not too brown, may be removed by moistening with water and laying in the sun. Repeat the moistening two or three times and the mark will disappear.

To kill cockroaches—Put a mixture of flour and plaster of paris in places infested by cockroaches. The creatures will eat it greedily. The plaster of paris "sets" after they have eaten it and kills them.

Salt will do a great deal toward preserving the color in silk that is to be washed. Soak for a time in cold water, to which has been added a pinch of salt, and there will be very little danger of color running.

Housekeepers should keep a box where the paraffine which is removed from the top of home-made jellies may be placed. This paraffine servants usually throw away, but if saved, washed and melted it can be used on the jelly glasses in the fall.

The Famous Pedestrian

Gentlemen:—

"I was a martyr to catarrh of the head, throat and stomach. I was so bad the doctors feared consumption. I tried many physicians and medicines. A friend suggested Psychine. I tried it and it was the only thing ever did me any good. I am now perfectly well. It is the greatest remedy the world has ever known. I do not need it for my health now but I use it as a strengthener for my walking matches. I owe much of my physical endurance to Psychine."

JAMES REYNOLDS,
Port Hope, Ont.

Psychine is the greatest cure for catarrh of the head, throat or stomach in the world. It is a wonderful tonic and strengthener of run down system, acting directly on all the vital organs, giving youthful vigor and strength to the system. At all druggists 50c. and $1, or Dr. T. A. Slocum, Limited, Toronto.

HER BUSY DAY.

A well-known club man of Boston was married during the early days of the past winter to a charming Wellesley girl, who, of her many accomplishments is proudest of her cooking. The husband returned late one afternoon to his home in Brooklyn to discover that his wife was all tired out.

"You look dreadfully fatigued, little one," came in sympathetic tones from hubby.

"I am," was the reply. You see, dear, I heard you say that you liked rabbit. So, early this morning I went to the market to get you one. I meant to surprise you with a broiled rabbit for dinner; but I'm afraid you'll have to take something else. I've been hard at work on the rabbit all day and I haven't got it more than half picked."

CHAMBERLAIN'S HAS THE PREFERENCE.

Mr. Fred C. Hanrahan, a prominent druggist of Portsmouth, Va., says: "For the past six years I have sold and recommended Chamberlain's Colic, Cholera and Diarrhoea Remedy. It is a great remedy and one of the best patent medicines on the market. I handle some others for the same purposes that pay me a larger profit, but this remedy is so sure to effect a cure, and my customer so certain to appreciate my recommending it to him, that I give it the preference." For sale by Minard's Liniment Co., Limited.
W. A. WARREN, BRIDGETOWN. W. W. WADE AND BEAR RIVER DRUG STORE, BEAR RIVER.

The New York postoffice handles an average of 100,000 postcards in a day.

MOTHER

Seigel's Syrup

Cures all stomach troubles and makes you strong and fit, because it strengthens stomach, liver and bowels, cleanses your system and

Purifies Your Blood

Price 60 cents per bottle. Sold Everywhere.
A. J. WHITE & CO., Montreal.

Beaver Flour

Manitoba Wheat — Ontario Wheat

Gluten is really the nutriment in wheat. It is a heavy, tough substance much resembling raw dough. The trouble with Manitoba flour is, that it contains too much gluten. Bread made with it is apt to be gray and heavy, and pastry is sure to be.

Ontario wheat does not contain quite enough gluten, but it is rich in carbohydrates—which give to flour the qualities of lightness and whiteness.

Beaver Flour

is both a Manitoba and an Ontario wheat flour.

Just as much (Ontario Fall Wheat / Manitoba Spring Wheat) are used in blending Beaver Flour, so that each will supply what the other lacks.

That is why Beaver Flour makes whiter, lighter, more wholesome Bread and Biscuits than Manitoba flour—and makes lighter, tastier Cakes, Pies and Pastry than any "pastry" flour.

No matter what other flour you are using now, try Beaver Flour. The first sack will prove its superiority. At your grocer's. 68

ONTARIO FALL WHEAT BLENDED FLOUR ASSOCIATION

Dealers, write for prices on all kinds of Feeds, Coarse Grains and Cereals. T. H. TAYLOR CO., Limited, Chatham, Ont.

I Want Your Cash. You Want My Goods

Bargains! Discount from 20 to 50 p. c

To clear balance of Men's and Boys' Underwear Top Shirts, Caps, Sweaters and Jumpers, Ladies' Misses' and Children's Underwear, Night-gowns, Wrappers, Furs, Hats, Caps Toques Wool Hosiery, Gaiters, Gloves, Corsets, Tam O'Shanters, Waist Lengths and Felt Slippers.

BLANKETS, ART MUSLIN, CRETONNES

—ALSO—

GLASSWARE, TINWARE, HORSE BLANKETS.

Women's Rubbers	50c	Misses Rubbers	40c
Stock Food	20c	Baking Powder 1-2 lb	10c
Art Baking Powder with premiums			60c

1 China Tea Set, price $2.50 now $2.00
1 " " " " 3.00 " 2.25

These bargains for short time only.

W. W. WADE, BEAR RIVER, N. S.

Seeds For Early Sowing

We have now our full lines of Seeds in stock. Start your **Tomatoes and Cauliflowers** early and insure yourself the first fruit. Our stock of.

Flower Seeds

includes the choicest and best special lines of the best growers.

Atlee's Strains

of MIXED SWEET PEAS and GIANT CALIFORNIA VARIEGATED NASTURTIUMS both climbing and dwarf are unexcelled

☞ The above named we put up in 5c and 10c packages. Postage paid on all package seeds. Send us a trial order.

Atlee's Drug and Stationery Store
Annapolis Royal N. S.

'Nothing Succeeds Like Success'

The Manufacturer's Life

New Business for first half-year 1907 $5,177,628

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