

## "BEST MEDICINE FOR WOMEN"

What Lydia E. Pinkham's Vegetable Compound Did For Ohio Woman.



Portsmouth, Ohio.—"I suffered from irregularities, pains in my side and was so weak at times I could hardly get around to do my work, and as I had four in my family and three boarders it made it very hard for me. Lydia E. Pinkham's Vegetable Compound was recommended to me. I took it and it has restored my health. It is certainly the best medicine for women's ailments I ever saw."—Mrs. SARA SHAW, R. No. 1, Portsmouth, Ohio.

Mrs. Shaw proved the merit of this medicine and wrote this letter in order that other suffering women may find relief as she did.

Women who are suffering as she was should not drag along from day to day without giving this famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, a trial. For special advice in regard to such ailments write to Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of its forty years experience is at your service.

### CHARGED WITH ELECTRICITY

Exciting Time in a Barber Shop When a Customer Became Shocked Drinking Water

Thursday's Yarmouth Herald says: A rather exciting time took place in Mr. T. A. Maloney's tonsorial parlors Monday evening when practically the whole establishment became charged with electricity. It was first noticed when one of his customers went for a drink of water and on touching the faucet received a severe shock. It was then found that the steel walls were charged and it was impossible to touch or handle anything about the shop without receiving a certain amount of shock. The switch was pulled and the shop closed and this morning electricians discovered that the meter, which a few days ago had been removed for testing purposes, had been deranged, causing the trouble. So strongly were the walls charged with the fluid that it was possible to cause an electric bulb to light wherever the walls were touched with it.

### War Savings Stamps

Cost \$4.00. They may be had at any bank, post office and the principal railway stations. \$5.00 will be paid by the Government for them in 1924. They are backed by the credit of Canada.

### THRIFT STAMPS

Cost 25 cents each. They are a means of buying a War Savings Stamp on the instalment plan. Sixteen of them may be exchanged for a War Savings Stamp. They may be had wherever War Savings Stamps are sold.

### "Love at First Sight"

The marriage of Sir Douglas Haig, the British Commander was the result of "love at first sight." He met Miss Doris Vivian for the first time on a Monday in Ascot week and instantly fell in love. He became engaged to her on the following Saturday and wedded her within a fortnight.

## To Arrive THIS WEEK

One carload of

## Purity Flour

Also in stock

A choice line of

## Family Groceries

Good Service Prompt Delivery

Joseph I. Foster

Granville St. Tel. 55

## Cheap Housing and Labor Saving in the Winter Fattening of Swine

(Experimental Farm Note)

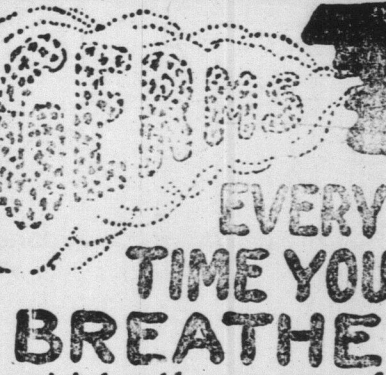
One of the most common losses in connection with winter swine management is due to crippling or rheumatism.

That this malady easy to contract and difficult to cure, may be practically eliminated, or rather, prevented, in breeding stock, wintered out-of-doors with open shelters, has been demonstrated beyond doubt. No ill effect has cropped up to offset this advantage. With several individuals in a small, well-bedded cabin, there is no apparent discomfort to the inmates even during the most rigorous months of the Canadian winter.

The fattening hog, heavily fed, required to make maximum gains in minimum time, would seem to require warm quarters. The energy required to offset cold would there be utilized for growth and fat production. Less feed would be required. While the latter premise proves true, the fact of the matter is that the swine feeder is confronted with the choice of two apparent evils, a comparatively cold house, that because of its nature, is practically like outdoors and therefore dry, or a more expensive, tightly-built, warmer structure, that, even if ventilated, usually proves more or less damp. Crippling in hogs will appear to a greater or lesser degree under bad or good management. Damp quarters undoubtedly predispose to it. Add to this, heavy feeding, with occasional over-feeding, and the result is frequently that of several more or less crippled pigs, the whole or partial losses from which will seriously affect the winter's profits. On the other hand it has now been pretty well proven at several points in the Experimental Farm System that such losses from out-door-fattened hogs are practically negligible and that the evidence of thrift and quality resultant, very greatly over-balanced the extra cost of out-door feeding. Cold air should in itself have no virtue. Nevertheless the open-air hog is more vigorous and healthy than the one fed in warm, dry quarters. Constantly pure air and a certain amount of exercise would seem to be responsible.

Very little capital need, then, be tied up in winter swine feeding quarters. A low sleeping berth made of old boards and covered with straw within or near a shed for feeding purposes, is necessary. While a straw stack is frequently used for shelter, the above arrangement is better. Access to a pile of horse manure in the shed or yard will provide a certain amount of food and exercise and a very considerable amount of recreation for the hogs. Such an arrangement, as discussed, provides a dry, comfortable bed, a difficult acquisition in the fairly expensive building.

The use of the self-feeder during winter has also proven a success. The feeder or feeders must be protected by a shed, as suggested. There is no trouble from frozen troughs and the general inconvenience and waste of slop-feeding in winter. Much disagreeable labor in the cold is avoided; in fact, the man who has used the self-feeder for winter work finds it even more of a convenience than it proves in summer. As to gains and cost to produce, tests have proven it usually superior to the hand-feeding method. Whole, cracked or ground corn, ground barley or barley and oats may be fed. Shorts, bran, re-cleaned screenings, etc., may be mixed with the above.



EVERY TIME YOU BREATHE

you inhale cold germs, some of which are bound to lodge in the throat and breathing passages. You cannot prevent this. You can, however, prevent their development which sets up inflammation resulting in coughs, colds, bronchitis, sore throat and laryngitis.

To avoid these troubles, keep the throat, nasal and breathing passages bathed with the medicinal and germ-destroying vapor that is released when Peps are dissolved in the mouth. This vapor mingles with the breath and reaches the remotest parts of the throat, breathing passages and lungs; destroying all germs and preventing infection.

Safeguard yourself by keeping a supply of Peps on hand. See box. All dealers or Peps Co., Toronto.

FREE TRIAL package will be sent you upon receipt of this advertisement and 1c stamp to cover return postage.

PEPS

or following the American plan, fed separately in compartments. Where corn enters heavily into the ration, tankage should be fed in a compartment by itself. Charcoal, woodashes, slacked-lime, salt, etc., or a mixture of these should be available. If nothing better, supply plenty of ashes, both coal and wood. Where dairy by-products are not available, water, preferably slightly warmed, must be supplied. Some form of watering device including a tank heater, home made or purchased, will prove useful where many hogs are kept. A rough rack along one side of the shed near the trough or feeder should be kept filled with well cured clover or alfalfa hay. Enough of it will be eaten to help balance the meal ration, supply necessary and palatable roughage, and materially reduce costs.

### U. S. Lifts Ban on Export of Feed to Canada

Washington, Dec. 26—Sweeping relaxation of restrictions on the exports of food stuffs, fodders and feed to the Pan-American republics, Canada, Cuba and the West Indies was announced tonight by Chairman McCormick, of the war trade board.

Vancouver Daily Province: A pleasant interchange of courtesies occurred in His Honor Judge Ruggles' Court yesterday during the course of the trial of Clarke vs. Lynott, et al. Among the spectators was His Honor Judge Forbes, of Liverpool, N. S., recognizing his old friend, Judge Ruggles invited Judge Forbes to sit beside him on the bench. Mr. Gerald V. Pelton, himself a son of a Nova Scotia judge, was urging for a non-suit on behalf of one of the defendants and quoted a Nova Scotia case in support of his argument, with the timely remark that "Nova Scotia judgments are usually very astute." Judge and Mrs. Forbes came from Nova Scotia to the bedside of their daughter who has been seriously ill here following an attack of influenza.

### Comfort of Body

Many children and adults are constant sufferers from cold hands and feet and are acutely susceptible to every chill and sudden climatic change. There is definite help in

## SCOTT'S EMULSION

which furnishes fuel to warm the body, helps make pure, red blood and maintain the system in a state of robustness, so that the buffeting winds or the sudden chill of evening are enjoyed rather than feared. For comfort of body and buoyant health, take Scott's Emulsion.

Scott & Bowne, Toronto, Ont. 15-13

# FAWCETT LEADERS

## IN FURNACES

The New Rival, the Maplewood and the Scorchers.

## IN CAST RANGES

The New Crawford and Sovereign.

## IN STEEL RANGES

Imperial High Oven, New Champion, Peerless, Victoria and Superb.

## IN HEATING STOVES

The New Retort Hot Blast and Fairy Oak.

These goods are made by expert workmen from the best of materials, and go to you fully guaranteed.

The name "FAWCETT" on your stove, range or furnace, stands for over half a century of successful experience in the foundry business; half a century of painstaking effort to produce the best; half a century spent in manufacturing the highest grade stoves, ranges and furnaces, which have stood the test of time and use.

Ask for prices and illustrated descriptive folders.

## CHARLES FAWCETT, LIMITED

SACKVILLE, N. B., CANADA

KARL FREEMAN, Dealer,

BRIDGETOWN, N. S.

## A Famous Wheat Grower

THAT Western Canada can produce the best wheat of this continent is once more demonstrated by the fact that at the International Soil Products Exposition at Kansas City the other day, the sweepstakes prize for the best half bushel of hard spring wheat—a \$500.00 silver cup—was awarded to a Western Canadian farmer, Seager Wheeler, of Posthorn, Saskatchewan. This is the third time that Mr. Wheeler has won the premier prize, one of the most coveted amongst wheatgrowers the whole continent over, at this exposition. He was awarded the sweepstakes prize for wheat at the exposition at Wichita, Kansas, in 1914, and again at Denver, Colorado, in 1915. Wheat from his stock won the same prize for another man at Lethe, Alberta, in 1913. Mr. Wheeler is a famous winner of wheat prizes. In addition to the foregoing and to a large number of ribbons, cups and gold prizes at minor events, it was he, in 1911 won the thousand dollar prize donated by Lord Shaughnessy, President of the Canadian Pacific Railway, at New York Land Show, for the best bushel of milling wheat grown anywhere in the two Americas. In every case Mr. Wheeler has exhibited Marquis wheat, a variety that produces in very heavy yield, and matures somewhat earlier than other varieties. It was perfected a few years ago by Professor S. A. Bedford, of Brandon, Experimental Farm, and Dr. William Saunders, of Ottawa, after several years of experimentation to obtain the best variety suited to Western Canada. The provinces of Manitoba, Saskatchewan and Alberta contain 460,000,000 acres of land of which 200,000,000 at least are high-class farming land. Only about 50,000,000 were actually under cultivation in 1918, the enormous tracts which remain unsettled and uncultivated constituting the real "last best west" of the continent.



SPECIAL AWARD  
International Soil-Products Exposition  
KANSAS CITY, MO.  
1912  
BEST BUSHEL HARD SPRING WHEAT  
Canadian Pacific Railway

## NOTICE To Automobile Owners

We are now open to receive Automobiles for repairs for the balance of the season, at Flett's Garage. It would be well for those who do not purpose storing same for winter to get their cars in soon as possible. Cars overhauled at this garage, will be stored and cared for during the winter months free of charge if owners desire. Have your painting and repairs done at same time. We are still doing business at the old stand.

### FLETT'S GARAGE

Granville Street Phone 62

## RAMEY'S MEAT MARKET

I now occupy the store on the corner of Queen and Albert streets, one door south of B. N. MESSINGER'S GROCERY, where I am prepared to serve the public with all kinds of MEAT, FISH etc., at reasonable prices. A TRIAL ORDER SOLICITED.

Will send a team through the country districts once a week.

ELIAS RAMEY Proprietor.

Telephone No. 55.

### FOR SALE

BUTTER PAPER, printed or plain. Can also be supplied with name of farm, etc., specially printed to suit customer. Send all orders to

THE WEEKLY MONITOR, Bridgetown, N. S.

## SUFFERED TERRIBLE

"Fruit-a-tives" Him Quick

Buckingham, Que.—"For seven years, I suffered from Severe Headache, I had belching stomach, and I had chills. I tried many things, but nothing did me good. I took this grand fruit and it made me well. To have miserable health and indigestion, I say take 'Fruit-a-tives' and you will get well!"

ALBEE  
50c. a box, 6 for \$2.50  
At dealers or sent postpaid  
Lives Limited, Ottawa

### TRAVELLERS

## DOMINION ATLANTIC RAIL

TIME TABLE RE WEDNESDAY JAN 1ST, 1919

GOING WEST

Middleton	11:10 a.m.
Lawrencetown	11:15 a.m.
Paradise	11:20 a.m.
Bridgetown	11:25 a.m.
Tupperville	11:30 a.m.
Roundhill	11:35 a.m.
Annapolis Royal	11:40 a.m.
Upper Clements	11:45 a.m.
Clementsport	11:50 a.m.
Deep Brook	11:55 a.m.
Bear River	12:00 p.m.
Imbertville	12:05 p.m.
Smith's Cove	12:10 p.m.
Digby	12:15 p.m.

GOING EAST

Digby	12:20 p.m.
Smith's Cove	12:25 p.m.
Imbertville	12:30 p.m.
Bear River	12:35 p.m.
Deep Brook	12:40 p.m.
Clementsport	12:45 p.m.
Upper Clements	12:50 p.m.
Annapolis Royal	12:55 p.m.
Round Hill	1:00 p.m.
Tupperville	1:05 p.m.
Bridgetown	1:10 p.m.
Paradise	1:15 p.m.
Lawrencetown	1:20 p.m.
Middleton	1:25 p.m.

R. U. PARKER,  
General Passenger Agent  
GEO. E. GENE

## H. & S. W. RA

Accom. TIME TABLE  
Wednes. IN EFFECT  
days only March 10, 1918

Read down	STATIONS
11:10 a.m.	Lv. Middleton
11:41 a.m.	"Lawrencetown
12:00 m.	"Bridgetown
12:32 p.m.	Granville Centre
12:49 p.m.	Granville Ferry
12:52 p.m.	"Karsdale
1:30 p.m.	Ar Port Wade

Connection at Middleton  
points on H. & S. W. R.  
Dominion Atlantic Railway  
W. A. CUNY  
Div. F.

## Dominion Atlantic To BOSTON, MON

and all points in  
WESTERN CANADA and  
STATES via DIGBY and  
DIAN PACIFIC LI  
at Lowest Rates

For fares, sleeping accom  
and other information tel  
write to

R. U. PARKER  
General Passenger Agent  
117 Hollis Street, HALIFAX

I am prepared to pay  
than anyone else

## Rabbit

Also best price for a  
of furs and hides

## I. HIRS

BRIDGETOWN, Nova  
Telephone No. 81