ease of yours, you can only do so by using an ointment so refined as to be capable of penetrating to the root of the disease. Zam-Buk is capable of doing this, whereas ordinary eintments remain on the surface skin.

Besides its wonderful power of penetration, Zam-Buk is such a strong semicide that germs cannot

penetration, Zam-Buk is such a strong germicide that germs cannot live where Zam-Buk is applied. Thus, all germs, both on the surface and in the underlying tissues, are destroyed. Then the health! destroyed. Then the herbal essences, of which Zam-Buk is composed, pro-mote the growth of new tissue, and complete and permanent cure is

the result.

Prove it for yourself. All druggists, 50c. box, or Zam-Buk Co., To-



Guide-Advocate

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uide-Advocate

WATFORD, AUGUST 25, 1916

NOTE AND COMMENT

There is a slump in the estimated wheat yield of Manitoba this year, which experts now figure will only reach fifteen bushels to the acre. .

Philadelphia Ledger: The war may be far from ended; there may be disasters for the Allies yet to come But the handwriting on the wall is becoming ominously plain.

The enemy has opened a fresh submarine campaign in the Mediterranean. Failing to achieve successes or sea, the Germans have decided to gratify their lust for blood by new attacks on passenger ships and new zeppelin raids on unprotected territory.

It is said that the value of nickel has so greatly increased in the United States that a nickel five-cent piece is worth six cents for the metal. This may throw some light food. Never, never wash or scour a on the much disputed question as to how the Deutchland got the nickel which is said to have formed an important part of her return cargo.

The Hon. Valentine Winkle, Minister of Agriculture in Manitoba speaking of the wheat crop in that province says :- "It has been the worst season in years, and in several districts the wheat will not be worth cutting, owing to black rust and in-It is not worth while cutting the wheat in the Morden and Clearwater localities, and it probably will be burned.

There is a strong probability that not over ten per cent. of the apples produced in the Province this year will be free of scab. This means that very few will be of first-class dessert quality, and that the bulk will not even prove good keepers. The cause of the trouble was in the frequent rains at spraying time. Rainy weather furnished the natural conditions for the development of fungus, and prevented effective spraying tor its check. The crop will also be below the average in quantity. Owing, however, to restricted outlet abroad, the total supply available is likely to be sufficient for home needs and at prices that will not be burdensome to the consumer, while still

fairly profitable to the producer. Although the quality will be inferior from a dessert standpoint, most of the fruit will still serve very well for cooking purposes and ordinary table use. The proper policy for produc-ers this year will be to put up only two grades for market—a few choice No. 1 and the bulk as No. 3 of good size and sufficiently free from serious defects to make them useful for all average purposes.

Proportional Representation

Earl Grey, ex-governor-general of Canada, has written to the secretary of the British Proportional Representation Society expressing his approval of the movement, and his great satisfaction that a society for its promotion had been founded in Canada. He is of the opinion that a system which secures a "representa-tion which mirrors faithfully the opinions of the electors, ought to carry conviction to the mind of any im-partial democrat." This is what pro-portional representation is intended to do. As Earl Grey, savs, "Based upon justice, equity and absolute fairness to all classes of electors," it should replace the present system which offers no security for the true representation of the people.

Dr. James W. Robertson, C.M.G. is president of the Canadian organization and the vice-presidents are Senator Dennis of Halifax, and Dr. Clark, M. P., of Red Deer, Conservative and Liberal respectively. On the council are Conservatives, Liberals and Labor men and independent citizens of no party. The society merely aims at educational activity, circulating literature and addressing public meetings on the subject. Publications of the society go to mem-

CATARRH CANNOT BE CURED

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Ca tarrah is a blood or constitutional disease and in order to cure it you must take in and in order to cure it you must take in-ternal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surface. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best phy-sicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers enting directly on the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Toledo, O. Sold by Druggists, 75c. Take Hall's Family Pills for constip-

Old Days on the Farm Anent the Frying-Pan

There were no double sauce-pans in aluminum or granite in our kitchen but only the iron pots, such as our ancestors used. Of course we had frying-pans, and I wish to point out that it's a great mistake to wash a frying-pan, for the reason that an unwashed frying-pan, long used, becomes artificially flavored with the essence of beefsteak to such a degree, that all you've got to do if you are short of beefsteak is to add dripping, throw in a slice or two of bread and there you are replete with animal

frying-pan. It's wasteful, very.

I've already stated that my fame as a cook spread about the boundless prairie, perhaps that was the reason why we would have half-a-dozen or more young bachelor homesteaders with us on Sundays. Fancy you fine women cooks with your well stored pantries and get-there-quick cooking equipments, had you been situated thus, what a fluster you'd have been in. Never flustered me. I'd put the hungry guests to work. One would be told off to bring in prairie chicken or ducks-and let me state that fried, fricasseed, pot-pied baked or roasted plump prairie chicken is a dish fit to set before a King-another would be set preparing potatoes, another-well, I'd have them all at work. It's a good method to exchange ideas in a practical way on the art of cooking. It beats talking far and away.—An Old Pioneer.

Electric lights mounted a new pool-table are switched on as a ball drops into

Mr. Asquith and Female Suffrage

Premier Asquith's admission in the British House of Commons that the representatives of the women had presented to him a perfectly unanswerable case is not the least notable of the changes wrought by the war. It was believed by the suffragists generally for some years before the war that Mr. Asquith was the sole obstacle to the passing of a woman's franchise act. The possibility of changing his mind during times of peace did not occur to any one in the suffrage ranks and this was a potent cause of the militant policy, which alienated so much sympathy from the women's movement The outbreak of the war altered the whole condition of affairs. women, franchise or no franchise, understood that British liberty meant more both in the actual and the possible, than Germany dreamed of. It was more liperty, not less, that the women of Britain wanted, and they decided to fight against Germany. It has been no vain boast. The women have made a great fight for the common cause. Their efforts in the munition factories are regarded an essential factor in achieving victory. Without their help the advance at the Somme would have been impossible. But it has been generally understood in Britain that those who pay the piper shall call the time. Those who have fought for Britain, whether in field or factory, and have preserved and established British liberty on a firmer basis than ever, must get their fair share of what they helped to win. They were content, as Mr. Asquith says, to abide by the present franchise for the present, but would urge their claims if any change in the qualifications for the franchise was now made. When the war is over they will not only urge but insist upon a recognition of their rights. With Mr. Asquith's admission it is scarcely likely that pressure will be required to secure to the women of the nation this justice

Children Cry FOR FLETCHER'S CASTORIA

Advertisements of The Near Future

Nurse Wanted for blameless child of Nurse wanted for blameiess child of three. Sleeps from 6 a.m. to 10 a.m. and from 1 p.m. to 3 p. m. Excellent library and key of mistress's wardrobe freely available. Wages \$2,500. Frequent threatre parties.

Scullery Maid Requested, but will be rarely in scullery. Rough work done by daughters. Faculties for music; baby grand. Followers always welcome and breakages ignored. Chippendale set in bedroom. Meals with family, \$1,500 per annum. No cap or apron. per annum. No cap or apron.

Parlormaid Required in riverside mansion. Plenty of fun, Cosy "spoon-ing parlor" reserved for nance every Sunday and Thursday. "Whole house-hold assists in washing up and scrubbing. No rough hands. \$1,000 per annum cheer fully given.

Countless have been the cures worked by Holloway's Corn Cure. It has a power of its own not found in other preparations.

A Poor Job

A small boy was taken to see the pigs He looked at them thoughtfully and ask ed, "Did God make pigs?"

"Yes," his mother replied.
"Well," remarked the boy, "I should have thought He'd have made something a little pleasanter."

Tommy's Tongue Twister

A dejected Tommy was struggling in an unsuccessful attempts to clean his rifle. This is what he said: "Well, of all the pullthroughs I ever pulled through, I never pulled a pullthrough through that pulled through like this pullthrough pulls

Power derived from a windmill in-creases practically with the cube of the wind velocity. In Norway there is being built a plant that will produce 4,000 tons of aluminum annually.

Children Cry

FOR FLETCHER'S

CASTORIA CRAND TRUNK SALLWAY TIME TABLE

Trains leave Watford Station as follows GOING WEST

Accommodation, 75.....8 44 a.m. Chicago Express, 3.....11 19 a.m. Accommodation, 83..... 6 44 p.m. GOING EAST

Accommodation, 80..... 7 48 a.m.
New York Express, 6....11 16 a.m.
New York Express, 2.....3 05 p.m.
Accommodation, 112.....5 16 p.m. C. Vail, Agent; Watford

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Flour, Oatmeal, Cornmeal, Wheat Kernells, Flaked Wheat and Barley, All Kinds of Feed, Grain, Seeds and Poultry Food.

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CALDWELL'S MOLASSES MEAL AND THREE DIFFERENT MAKES OF CELEBRATED CALF MEAL

ALL KINDS OF GRAIN TAKEN IN EXCHANGE Chapping and Rolling Done While You Wait

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