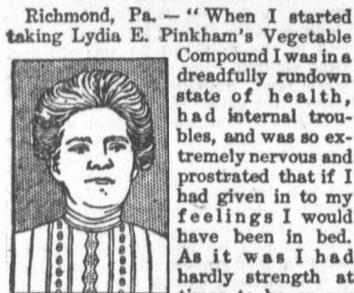


WOMAN WOULD NOT GIVE UP

Though Sick and Suffering; At Last Found Help in Lydia E. Pinkham's Vegetable Compound.



Richmond, Pa. — "When I started taking Lydia E. Pinkham's Vegetable Compound I was in a dreadfully rundown state of health, had internal troubles, and was so extremely nervous and prostrated that if I had given in to my feelings I would have been in bed. As it was I had hardly strength at times to be on my feet and what I did do was by a great effort. I could not sleep at night and of course felt very bad in the morning, and had a steady headache. "After taking the second bottle I noticed that the headache was not so bad, I rested better, and my nerves were stronger. I continued its use until it made a new woman of me, and now I can hardly realize that I am able to do so much as I do. Whenever I know any woman in need of a good medicine I highly praise Lydia E. Pinkham's Vegetable Compound." — Mrs. FRANK CLARK, 3146 N. Tulip St., Richmond, Pa.

Women Have Been Telling Women for forty years how Lydia E. Pinkham's Vegetable Compound has restored their health when suffering with female ills. This accounts for the enormous demand for it from coast to coast. If you are troubled with any ailment peculiar to women why don't you try Lydia E. Pinkham's Vegetable Compound? It will pay you to do so. Lydia E. Pinkham Medicine Co., Lynn, Mass.

Guide-Advocate

Watford, Ont. PUBLISHED EVERY FRIDAY. Subscription—\$1.00 per annum in advance. \$1.50 in advance to the United States.

Table with 4 columns: Space, One Year, Half Year, 3 Months. Rows for One column, Half column, One fourth column, and Shorter periods.

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Guide-Advocate

HARRIS & CO. PROPRIETORS. WATFORD, SEPTEMBER 10, 1915.

NOTE AND COMMENT

London Free Press: The times are such to demand that we live seriously and soberly. Men by thousands are giving their lives for a great cause. Can we be mere spectators of these marvellous facts?

Two hundred and thirty-seven voyages on Allan liners for a total distance of one and a half million miles is the record which stands to the credit of Mr. Duncan McIntosh, chief steward of the steamer Carthaginian. Practically he has spent a "life on the ocean wave."

The Germans do not want peace, as we understand the word; they want a ten-year armistice in order to retrieve the past year's miscalculations. By the same token, we may be sure that the Allies will not "let up" until the German military machine has been smashed forever. —Beck's Weekly.

Canadian troops who in future go into action will be as well supplied with machine guns as the Germans. The Government has doubled its compliments of four guns to each battalion, which will make eight. Private contributions, if they keep coming as fast as they have been doing, will amount to enough to purchase a thousand more guns.

Boston Transcript:—Staying power as it develops in England is worth rather more to the ounce than it can be in Germany, for at Berlin it has monthly been fed on success, while London has had very little to give it

new courage. Against all reverses England stands firm, these latest reports make it sure. Not all classes of her citizenry have shown an equal loyalty, but the staying power of democracy in a fight against imperialism is just beginning to make itself felt in such vows as England now has sworn in defiance.

In Germany the military authorities are suppressing public meetings. A meeting of the members of the German Bricklayers' Union, which was to have been held in Wittenberg, was forbidden because the authorities feared that the private business of the union would not alone be discussed, but that the meeting would be used to acquire fresh members for the union, and to spread dissatisfaction with existing state and social conditions among the workers. For conditions such as these Germany is fighting.

Vigorous efforts are being put forth by Hamilton citizens to induce single men to go to the front. The president of the new recruiting league, J. H. Collinson, principal of Highfield College, is urging in public speeches the attentions of young men unless they intend to serve their country. He advises the formation of a girls' guide with this purpose in view, every member to agree to frown on their suitors until they enlist. The executive has also arranged to take a census of the young men in Hamilton with a view to personally approaching those who are in a position to go. The scheme to tax single men a dollar a week for patriotic purposes is reaching a head.

"This machine gun business is a difficult thing to figure out," said an officer just back from the front recently. "For instance, one day at Ypres a part of the British forces was subjected to a particularly galling fire. We concluded there must be at least a full regiment of Germans in the trench from which the murderous blaze came. For several hours our artillery fire was concentrated on the trench, and then we charged it. All we found there was a score of machine guns and their crews, but not a single infantryman. Not many of them lived to become prisoners, but they had killed many times their own numbers before we got them."

Germany, it is said, has in her possession 68 per cent. of the total production of coal in France, 78 per cent. of that in coke, 90 per cent. of that of cast iron, and about 70 per cent. of that of steel. The occupation of the northeastern provinces of France has deprived her of 34 per cent. of her total machinery. At Valenciennes, when the Germans occupied the town, they found a horseshoe factory with very large stores, of which they were badly in need. The factory has since been worked by German labor and is providing large quantities of horseshoes for the German armies. In railway building works in other districts they found quantities of rolling stock almost completely, among which were refrigerating vans lined with asbestos. Finally, nearly everything needed for a campaign fell into German hands at the Arbel factories at Douai and at the arsenal in the same town at the Maubeuge works, and at those at Roubaix, Tourcoing and Lille. Yet with all these disadvantages France is holding the enemy at bay and is determined to fight it out to a successful finish.

The New York World is publishing a series of articles of a stalling nature revealing the length to which the German government has gone to control public opinion in the United States and even defeat the policy of President Wilson. Briefly, it is charged that high German officials have been plotting to stir up discord in the United States in various ways, including the subsidizing of newspapers in a widespread effort to influence public opinion. Among the men declared to be in charge of the propaganda are Von Bothmann-Hollwig, chancellor of the German Empire; Von Bornstorff, the German Ambassador at Washington; Von Papan, the military attaché of the embassy, and other men high up financially and diplomatically. The World asserts that so far the posters have spent \$2,000,000 weekly in their operations; that the German government is now actually engaged in building and extending a large

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munitions plant in the United States which it secretly controls for the manufacture of shrapnel cartridges and other explosives, and which are to be exported with the aid of a neutral country in close proximity to Germany. The World produces documentary evidence in support of its charges, in which other papers see proof of Berlin's duplicity in her relations with the United States and vigorous action by the government is demanded.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for full testimonials. Address: F. J. CHENEY & CO., Toledo, O. Sold by all Druggists, 75c. Take Hall's Family Pills for constipation.

A Call We Must Heed

(Christian Guardian) It is the call to carefulness, to economy, to thrift, in public life, in private life, everywhere. And we must heed it, heed it now, and seriously, for if we do not we will have to pay for our folly and neglect in hard and bitter ways in days to come. The London Daily Telegraph puts the matter forcefully and well: "The call comes from every practical person, including the very poorest, who realizes what the monstrous additions now being made to the nation's financial burden must mean, and how vitally necessary it is to apply, impartially and universally, the simple principle of Doing Without. Very many people, it is remarked, have not submitted themselves to that necessity. So much the worse for them; time will be their teacher; but the Government knows well what the position is. There is no question of crippling the national apparatus of civilization; no question of affecting any economy which could result in diminishing the increased health, the increased social welfare, the increased intelligence and fitness for the work of the world, which have been attained by the nation through the vast extension of the sphere of administration in modern times. None of those things can the country afford to sacrifice if it is to win back the fullness of its depleted strength. It is simply a question of eliminating real waste, of cutting down superfluity, of rooting out jobs and sinecures, of sternly discouraging carelessness of cost down to the very smallest detail, in every branch of departmental work; of pursuing, in a word, precisely the same policy that the best, the most enlightened, type of business man pursues in the conduct of his business. The Government is not asked to do more; there is no longer a shadow of excuse for its doing less." This is the word for governments and individuals alike, the word that we must not neglect. The Man With Asthma, almost longs for death to end his suffering. He sees ahead only years of endless torment with intervals of rest which are themselves fraught with never ceasing fear of renewed attacks. Let him turn to Dr. J. D. Kellogg's Asthma Remedy and know what complete relief it can give. Let him but use it faithfully and he will find his asthma a thing of the past.

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