

## TAKE SALTS TO FLUSH KIDNEYS

Eat Less Meat If You Feel Back-  
achy or Have Bladder  
Trouble.

Meat forms uric acid which excites  
and overworks the kidneys in their  
efforts to filter it from the system.  
Regular eaters of meat must flush the  
kidneys occasionally. You must re-  
lieve them like you relieve your  
bowels; removing all the acids, waste  
and poison, else you feel a dull misery  
in the kidney region, sharp pains in  
the back or sick headache, dizziness,  
your stomach scurs, tongue is coated,  
and when the weather is bad you have  
rheumatic twinges. The urine is  
cloudy, full of sediment; the channels  
often get irritated, obliging you to get  
up two or three times during the night.

To neutralize these irritating acids  
and flush out the body's urinous waste,  
get about four ounces of Jad Salts  
from any pharmacy; take a table-  
spoonful in a glass of water before  
breakfast for a few days, and your  
kidneys will then act fine and bladder  
disorders disappear. This famous  
salt is made from the best of grapes  
and lemon juice, combined with lithia,  
and has been used for generations to  
clean and stimulate sluggish kidneys  
and stop bladder irritation. Jad Salts  
is inexpensive; harmless and makes a  
delicious effervescent lithia-water  
drink which millions of men and wo-  
men take now and then, thus avoid-  
ing serious kidney and bladder dis-  
eases. W. T. STRONG, druggist,  
agent, London.

## ITCHY NOSE AND RUNNING EYES CURED IN FIVE MINUTES BY "CATARRHOZONE"

Bronchial Distress and Bad  
Throat Trouble Relieved  
at Once.

Every day comes news of wonderful  
cures made by Catarrhazone. Cases  
are reported and personal testimony  
is given that proves beyond question  
the marvelous merit of Catarrh-  
azone.

Bad colds and running eyes it  
stops in a few minutes.  
Irritable throat and dry bronchial  
coughs are helped in a jiffy—always  
cured—if Catarrhazone is used as di-  
rected.

Chronic Catarrh in the nose and  
throat, the sort that keeps the breath  
rank and maintains a vile, sickening  
discharge—even that type of catarrh  
yields completely to the power of Ca-  
tarrhazone.

## HAIR STOPS FALLING, DANDRUFF DISAPPEARS—25-CENT DANDERINE

Save Your Hair! Make It Soft,  
Fluffy, Lustrous and  
Beautiful.

Try as you will, after an application  
of Danderine, you cannot find a single  
trace of dandruff or falling hair and  
your scalp will not itch, but what will  
please you most, will be after a few  
weeks' use, when you see new hair, fine  
and downy at first—yes, but really  
new hair—growing all over the scalp.

A little Danderine immediately

## FINANCIAL and COMMERCIAL

### OATS AT HIGH PRICE MEET BRISK DEMAND

Big Supply Sells Readily—Hay  
Sells Well—No  
Syrup.

There was a brisk demand for hay on  
the market on Wednesday, and prices  
were good. There were 16 loads on the  
square, and several of them brought  
\$14.50 per ton. Most of them sold around  
\$14 per ton. Four loads of straw went  
slowly. Two loads of choice wheat straw  
brought only \$6 per ton.

Oats were very firm, and are being  
offered in large quantities. Altogether  
there were 30 loads on the square on  
Tuesday, and about a dozen up to 11:30  
this morning. Buyers displayed an eager  
demand for them, even at \$1.25 per cwt.  
Few loads sold for less than \$1.22 per  
cwt.

Only one load of wheat was offered, and  
sold for \$1.18 per bushel.  
Markets are brisk, on account of the  
favourable break-up in country roads, and  
buyers are laying in a stock of hay, straw  
and produce, requiring heavy wagons to  
draw it.

There were no eggs on the square,  
but the present drop in prices is  
expected to continue, and they may be  
still lower if the present weather con-  
tinues.

Hides were rather scarce, but prices  
remained steady, and they sold as quoted  
below.

No maple syrup since Saturday has ap-  
peared, but it is expected in large quan-  
tities very soon, as the weather has been  
excellent to produce a good flow of sap.  
Wheat, per cwt. \$1.65 to \$1.67  
Oats, per cwt. 1.20 to 1.25

Nothing else will so effectively and  
quickly cure you as Catarrhazone.  
Get the \$1.00 outfit; it always does  
the trick. Small size 50c; sample  
trial size 25c., at all dealers.

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and downy at first—yes, but really  
new hair—growing all over the scalp.

A little Danderine immediately

## TIMOTHY SEED

SOW THE MOST  
PROFITABLE  
BRAND—

STEEL, BRIGGS'  
"ERMINÉ"

Specially selected  
for Purity and  
high Germination

SOLD BY  
ALL BEST  
DEALERS

STEEL BRIGGS  
SEED CO. LIMITED  
HAMILTON  
TORONTO  
WINNIPEG

## In Making Your Will

You will admit that nothing warrants greater discrimina-  
tion than the selection of an executor or trustee. Authori-  
ties agree that the Trust Company is by far the most  
efficient appointee. Surely their opinion will guide you.

This company solicits your favorable consideration when  
you make your will.

The Fidelity Trusts Company of Ontario  
DOMINION SAVINGS BUILDING, LONDON.

### Grain, Per Bushel.

Wheat, per bu.	1.00	1.00
Potatoes, wholesale, bag	85	80
Potatoes, retail, bag	95	1.00
Beets, per bu.	45	40
Turnips, per bu.	30	35
Carrots, per bu.	80	80
Onions, per bu.	1.15	2.00
Parsnips, per bu.	75	75
Cabbage, per doz.	1.75	1.00
Lettuce, per doz.	40	40
Celery, per doz.	30	50

### Hay and Straw.

Hay, per ton	14.50	14.50
Straw, per ton	7.00	3.00
Straw, per load	6.00	6.00
Butter, rolls, per lb.	30	30
Butter, fancy, retail, lb	31	31
Butter, store, lb.	28	24
Butter, creamery, lb.	31	32
Butter, cracker, lb.	27	28
Eggs, per basket	25	25
Eggs, crate, wholesale	26	28
Honey, per basket	1.00	1.00
Honey, strained, 10 lbs.	1.00	1.00
Honey, sections, doz.	75	2.25

### Live Stock.

Hogs, per cwt.	8.80	9.00
Pig sows, per cwt.	9.00	9.00
Export cattle, cwt.	6.00	6.50
Milk cows, each	60.00	90.00
Small pigs, per pair	10.00	15.00
Poultry.		
Old fowl, per lb.	11	11
Young chickens, lb.	10	10
Ducks, per lb.	10	11
Turkeys, per lb.	16	17
Turkeys, per lb.	16	17

### Poultry, Dressed.

Old fowl, per lb.	14	14
Chickens, spring	18	18
Ducks, per lb.	15	16
Turkeys, per lb.	22	22
Geese, per lb.	15	16

### Butcher's Meats.

Lamb, per lb.	17	17
Dressed hogs, choice	12.00	12.00
Veal, per cwt.	14.00	15.00
Beef cows, cwt.	12.00	13.50
Mutton, per cwt.	9.00	10.50

### Hides, Wool, etc.

Cow hides, No. 1	12	13
Cow hides, No. 2	12	13

### Winnipeg, March 24.—The wheat market

broke to the extent of 3/4c from the  
high point today, caused by heavy selling  
on the part of one or two local houses  
with American connections. Opening  
prices were steady, unchanged to 1/2c  
higher and closed 3/4c lower for all months.  
The cash demand for all grades of  
wheat continues good, but little of no  
business is being done owing to the few  
offerings on the market. Export inquiry  
was dull.

Cash wheat closed 3/4c to 3/8c lower for  
contract grades. Cash oats closed un-  
changed to 3/8c lower. Cash barley closed  
unchanged. Cash flax closed 3/4c higher  
for all grades.

Inspections Monday totalled 886 cars  
against 246 cars last year, and in eight  
were 300 cars.

Cash grain: Wheat—No. 1 northern,  
90¢; No. 2 northern, 87¢; No. 3 north-  
ern, 87¢; No. 4, 85¢; No. 5, 81¢; No. 6,  
75¢; feed, 71¢; No. 1 rejected seeds, 86¢;  
No. 2 rejected seeds, 84¢; No. 3 rejected  
seeds, 83¢; No. 1 smutty, 86¢; No. 2  
smutty, 84¢; No. 3 smutty, 83¢; No. 1  
red winter, 90¢; No. 2 red winter, 88¢;  
No. 3 red winter, 87¢.

Oats—No. 2 Canadian western, 35¢;  
No. 3 Canadian western, 34¢; extra No.  
1 feed, 34¢; No. 1 feed, 34¢; No. 2 feed,  
34¢.

Barley—No. 3, 46¢; No. 4, 43¢; re-  
jected, 42¢; feed, 42¢.

Flax—No. 1, Northwest Canada, \$1.39;  
No. 2 Canadian western, \$1.36; No. 3  
Canadian western, \$1.25.

Inspections: Spring wheat—No. 1 hard,  
2 cars; No. 1 northern, 285; No. 2 north-  
ern, 116; No. 3 northern, 31; No. 4, 5;  
No. 5, 26; no grade, 3; rejected,  
7; No. 5, 1; No. 6, 1; No. 3 Alberta red, 1.  
Oats—No. 1 Canadian western, 7 cars;  
No. 2 Canadian western, 48; No. 3 Cana-  
dian western, 66; extra No. 1 feed, 14; No.  
1 feed, 3; No. 2 feed, 38; rejected, 7; no  
grade, 6; mixed, 1.

Barley—No. 2 extra, 4 cars; No. 3, 27;  
No. 4, 25; rejected, 14; feed, 1; No. 1  
Flax—No. 1 Northwest Canada, 3 cars;  
No. 2 Manitoba, 43; no grade, 2.  
Totals—Wheat, 447 cars; oats, 288;  
barley, 71; flaxseed, 48.

Liverpool, March 25.—Wheat—Spot  
market, No. 2 red winter, 78 1/2d;  
No. 1 Manitoba, 78 1/2d; No. 2, 78 3/4d;  
No. 3, 78 1/2d; futures steady. March,  
78 1/2d; May, 78 1/2d; July, 78 1/2d.  
Spot steady. American, mixed,  
68 1/2d; futures, La Plata, easy; July, 48 1/2d.  
Flour—Winter patents, 28s 3d.  
Home (in London), Pacific coast, 44 1/2s  
to 46s.

Beef—Extra India mess, 17s 6d.  
Pork—Prime mess western, 10s 6d.  
Hams—Short cut, 14 to 16s, 6s 6d; clear  
bellies, 14 to 16s, 6s 6d; long clear  
middles, light, 28 to 34s, 6s 6d; do;  
dark, 28 to 34s, 6s 6d.

Unless you have a real hearty desire  
for food you should by all means take  
no chances of stomach trouble, for a loss of  
appetite means a social distress from a  
deranged digestion.

When the stomach wants food it sig-  
nals the mind through the nerves, and  
these excite the taste buds in the mouth  
which at once secrete large quantities of  
saliva. This is called "mouth water,"  
and all 44 know when our "mouths  
water" we want food.

There's an appetite that Stuart's Dys-  
pepsia Tabl gave me.

Stuart's Dyspepsia Tablets very quick-  
ly restore appetite by making the  
stomach want food. The stomach readi-  
ly recovers from indigestion, dyspepsia,  
and as soon as it is enabled to digest  
food, Stuart's Dyspepsia Tablets taken  
after each meal quickly rid the stomach  
and thus wonderfully rest the stomach.

In a short time the digestion assumes  
its normal condition and then appetite  
and a good appetite, too, is the natural  
consequence. One may actually fluidize  
a few Stuart's Dyspepsia Tablets, place  
them in a glass tube with meat, grains,  
vegetables, etc., and these tablets will  
digest the contents of the tube without  
aid.

Just think then how quickly and effi-  
ciently they act when they are mixed  
with the food in one's system and what  
a great relief it is to the digestive ap-  
paratus to have its fluids so enriched.

Go to your druggist today and obtain  
a 50-cent box, and make it a real treat  
yourself after you have eaten a large and  
hearty meal.

## R. J. YOUNG & CO.

### Up-to-Date Garments In Our Ready-to-Wear Department

Ladies' New Shepherd Check Skirt, with pleat down front and back; button-trimmed.  
Only \$3.95

### Spring Suits

New Spring Suits, in fancy brocade. Silk-lined coats with Persian collars. Skirt in tunic  
and peg-top style. Only \$20.00

### Waists

Ladies' White Voile Waist, open front, long sleeve, with pleating on front  
and neck. Very special at 98¢

### Underskirts

Five dozen only Ladies' New Black Satin Underskirts, with deep-pleated  
flouncing. All sizes. Only 98¢

### Bath Towels

10 dozen large-sized Bath Towels. Very  
special value. Each 19¢

### Repp Suiting

White Repp Suiting, nice heavy weave,  
good wearing and washing material, suitable  
for skirts and suits, at 15¢, 20¢, 25¢

### White Voile

Nice fine even thread Cotton Voile, full  
40 inches wide, at 25¢, 40¢ and 50¢

### Perrin's Gloves

Perrin's world-renowned Gloves in black,  
white and tan. \$1.00 and \$1.25

## R. J. YOUNG & CO.

heavy, 35 to 40 lbs. 67s; short clear backs,  
16 to 20 lbs. 65s; shoulders, square, 11  
to 13 lbs. 57s 6d.

Lard—Prime western, in tierces, old  
terms, 54s 6d; do, new terms, 53s; Ameri-  
can refined, in tins, 54s 9d.  
Cheese—Canadian finest white, 68s 6d;  
do, colored, 70s.

Tallow—Prime city, 32s 3d; Australian  
(in 1 cask), 34s 1 1/2d.  
Turpentine Spirits—38s 6d.  
Rosin—Common, 9s 10 1/2d.  
Petroleum—No. 1, 12 1/2d; No. 2, 12d.  
Lined Oil—28s.  
Cottonseed Oil (Hull refined)—Spot,  
30s 8d.

### TORONTO STOCK EXCHANGE.

	Asked	Bid
Barcelona Transit	81 1/2	81 1/2
Brazilian T. & P.	81 1/2	81 1/2
B. C. Packers, com.	137	137
Burt, F. N., com.	78 1/2	78 1/2
Burt, F. N., pfd.	88	88
Canada Bread, com.	28 1/2	28 1/2
Canada Bread, pfd.	91 1/2	91 1/2
Canada Cement, com.	91	91
Canada Cement, pfd.	91	91
Canada Electric	110	110
Canada Locomotive, pfd.	87	87
Canadian Pacific	267 1/2	267 1/2
Confederation Life	380	380
Consumers Gas	175 1/2	175 1/2
Crows Nest	55	55
Dominion Canners	95	95
Dom. Iron and Steel, pfd.	90 1/2	90 1/2
Dom. Steel Corporation	91 1/2	91 1/2
Dom. Telegraph	100	100
Duluth Superior	65	65
Electric Dev.	17 1/2	17 1/2
MacKay, com.	84	84
MacKay, pfd.	88 1/2	88 1/2
Maple Leaf, com.	42	42
Maple Leaf, pfd.	97 1/2	97 1/2
Mexican L. & P.	45 1/2	45 1/2
Monarch	81	81
N. S. Steel, com.	78	78
Penman's, pfd.	84	84
Porto Rico Ry.	67	67
Porto Rico Ry., pfd.	100	100
Quebec L. H. & P.	16	16
R. and O. Navigation	102 1/2	102 1/2
Recess, com.	116	116
Russell, M. C., pfd.	116	116
Sawyer Mas.	28 1/2	28 1/2
Shedden, com.	124 1/2	124 1/2
St. L. and C. Navigation	110	110
Shredded Wheat, com.	87 1/2	87 1/2
Shredded Wheat, pfd.	87 1/2	87 1/2
Spanish River, pfd.	45	45
Steel of Canada, pfd.	83 1/2	83 1/2
Steele Bros., pfd.	48	48
Toronto Paper	60	60
Toronto Railway	128 1/2	128 1/2
Twin City, com.	106	106
Winnipeg Railway	203	203

at 208; Barcelona, 225 at 28 1/2; Steel Cor-  
poration, 202 at 32; Col. Loan, 50 at 80;  
Hillinger, 100 at 1600; Canada Landed,  
10 at 162 1/2; Nipissing, 780 at 598 to  
600; La Roca, 170 at 161 to 164; Trete-  
wey, 21 at 23; Cannors, 85 at 55 to 56;  
Consumers Gas, 10 at 176, and 10 shares  
miscellaneous.

NEW YORK STOCK EXCHANGE.  
J. M. Young, broker, 18 Dominion Sav-  
ings building, reports fluctuations in New  
York stocks as follows:

New York, March 25.  
Trunk Lines and  
Grangers—Open, High, Low, 130;  
Baltimore & Ohio, 31 1/2; 30 1/2;  
Erie, com., 30; 30; 29 1/2;  
Erie, 1st pfd., 46 1/2; 46 1/2; 45 1/2;  
Great Northern, 127 1/2; 127 1/2; 127;  
Illinois Central, 111 1/2; 111 1/2; 111;  
New Haven, 69 1/2; 69 1/2; 68 1/2;  
Northwestern, 104 1/2; 104 1/2; 104;  
New York Central, 91 1/2; 91 1/2; 90 1/2;  
Rock Island, 4 1/2; 4 1/2; 4;  
Rock Island, pfd., 7; 7; 6 1/2;  
St. Paul, 101; 101; 100 1/2;  
So. Con., 128; 128; 127 1/2;  
Wabash, pfd., 6; 6; 5 1/2;  
Pacifies and  
Southern—  
Atchafalpa, com., 87 1/2; 87 1/2; 87;  
Canadian Pacific, 208 1/2; 208 1/2; 207 1/2;  
Kan. & Tex., pfd., 45;  
Louisville & Nash., 138 1/2; 138 1/2; 138;  
Missouri Pacific, 25 1/2; 25 1/2; 24 1/2;  
Northern Pacific, 115 1/2; 115 1/2; 114 1/2;  
Southern Pacific, 95 1/2; 95 1/2; 95;  
Southern Railway, 26 1/2; 26 1/2; 25 1/2;  
Southern Ry., pfd., 84 1/2; 84 1/2; 84;  
Union Pacific, 159 1/2; 159 1/2; 158 1/2;  
Coalers—  
Chesapeake & Ohio, 53 1/2; 53 1/2; 53;  
Lehigh Valley, 148 1/2; 148 1/2; 148;  
Norfolk & Western, 104 1/2; 104 1/2; 102 1/2;  
Ontario & Western, 25;  
Pennsylvania, 112 1/2; 112 1/2; 110 1/2;  
Reading Railway, 166 1/2; 166 1/2; 165 1/2;  
Traction Shares—  
Brooklyn Transit, 92 1/2; 92 1/2; 92 1/2;  
Interboro, com., 15;  
Interboro, pfd., 60 1/2; 60 1/2; 60;  
Third Avenue, 43 1/2; 43 1/2; 43;  
Industrials—  
Amer. Beet Sugar, 23 1/2; 23 1/2; 23;  
American Can., 29 1/2; 29 1/2; 29;  
Amer. Car Foundry, 52;  
Amer. Locomotive, 34 1/2; 34 1/2; 34;  
American Smelters, 70 1/2; 70 1/2; 70;  
Central Leather, 35 1/2; 35 1/2; 35;  
Corn Products, 7 1/2; 7 1/2; 7;  
Cotton, 62 1/2; 62 1/2; 62;  
Col. Fuel & Iron, 33 1/2; 33 1/2; 33;  
Consolidated Gas, 133 1/2; 133 1/2; 133;  
Distillers, 18 1/2; 18 1/2; 18;  
Ice Securities, 30 1/2; 30 1/2; 30.

## Paint Knowledgeably

Apply a simple business rule—Before you act, know the  
whole truth. Don't paint or let a contract till you get en-  
durance facts. Learn about paint's first essential, WHITE  
LEAD. You'll find that the world's standard for more than  
a hundred years is Brandram's B. B. Genuine. Guaranteed  
figures will prove to you that an uniquely large proportion  
of the world's premier white lead is combined in

## Brandram-Henderson's English Paint

Come in. We have a booklet of plain but convincing  
paint facts awaiting your judgment.

Hoes, Rakes, Shovels, Spading Forks, Stepladders, Curtain  
Stretchers and all supplies for the spring cleaning.