

HOUSEKEEPERS! BEAR IN MIND:

Sunlight Soap is made and guaranteed by Lever Bros., Limited, soapmakers, by appointment, to His Majesty King George V.

Impure Cheap Soap is most expensive in the long run, because it ruins your Clothing, causes decay and damages your hands.

Sunlight Soap is entirely pure soap, warranted not to injure even a baby's tender skin.

Throughout the World the best shops sell, and the most intelligent people use, Sunlight Soap.

SUNLIGHT SOAP IS HIGHEST QUALITY

NEW SUPPLIES of

**KLIM, MILK STOCK,
TRUMILK and TRUCREAM**

in drums and barrels

Harvey & Co., Ltd.

THE EMPLOYERS' LIABILITY ASSURANCE CORPORATION

LIMITED
OF LONDON, ENGLAND

UNDERTAKES THE FOLLOWING
INSURANCES:

PERSONAL ACCIDENT AND HEALTH.
WORKMEN'S COMPENSATION.
EMPLOYERS' LIABILITY.
PUBLIC LIABILITY.
AUTOMOBILE LIABILITY.
AUTOMOBILE FIRE AND THEFT.
FIDELITY GUARANTEE BONDS.
CONTRACT BONDS.
TOTAL RESERVES OVER
TWELVE MILLION DOLLARS.
No Medical Examination Required.

J. B. Urquhart
NFLD. AGENT.

FIRE! FIRE! FIRE!

FOUR ON WATER! FOUR ON WATER!
DON'T DEFEND ON THE FIRE DEPARTMENT.
Newly-weds: Now is the time to have some Fire Insurance placed on your property of any description. It's too late when the fire bells ring.

Older-weds: Your House and Furniture was HARD TO GET. Fire will make it EASY TO LOSE. Be prepared for the fire when it comes by having ample insurance.

Tell us what you have and we'll tell you how to keep it.
FRED J. ROIL & CO.
REAL ESTATE & INSURANCE AGENTS.
Smallwood Building, Duckworth Street.

Household Notes.

An attractive dessert is vanilla ice cream sprinkled with raspberries and served with tiny raspberry tarts.
Rub your breadboard with a cut lemon, wash with cold water and dry in the sun, and it will be beautifully white.

A cracker custard pudding is made as one would prepare a bread pudding. Serve with vanilla or lemon sauce.
It is a good idea to keep a jar of cold cream over the kitchen sink and to use it after having the hands in water.
MINARD'S LINIMENT FOR ACNES

Prospectors for Labrador Gold are Sorely Displeased.

MACMILLAN THINKS ALL REPORTS OF FIND WERE VERY EXAGGERATED.

HUGE ICE FIELDS
Newfoundlanders Discouraged - Adventurers' Return is Forecast.
NEW YORK, July 31.—(Special Wireless from Macmillan's Arctic-bound Ship Bowdoin, via American Radio Relay League Station 1-ANA, Chathamport, Mass.—By Capt. Donald B. Macmillan. Copyright, 1923.)
We are anchored here to-day at Grady, Labrador, after steaming through ice all day, covering a distance of fifty miles from Boulder Rock. We left Battle Harbor, Friday, July 13, although there were reports of heavy fields of ice packing against the land at Seal Island, 57 miles north.

These reports were not exaggerated as we later discovered when we met an ice field driving south under the influence of a strong northwest wind. The ice extended north and east as far as the eye could see and gave us a strenuous task to reach Boulder Rock for harbor. There, we found three Newfoundland vessels awaiting a change in the weather. Their crews were all discouraged and stated they had never known worse ice conditions in Labrador.

As we left Boulder Rock we met the steamship Seal being towed with a broken shaft and the blades stripped from her propeller. We are forced to drop anchor here at Grady, well outside the harbor, as the latter is filled with ice which has smashed both the fishing stage and the dock.

Stag Harbor Sand.
Yesterday we met several schooners southward bound, loaded to the rail with sand and gravel from the gold diggings at Stag Harbor. In every port were are believed to be a party engaged in the same gold rush. All the visitors are quite disappointed when we tell them we are not interested for the whole country is thoroughly aroused over the report of gold in Labrador. I understand that the steamers loaded with engineers, prospectors and supplies are rushing up from Montreal and Halifax.

It is our belief that nothing will come from it and that many have been deceived by exaggerated reports. No harvest will be reaped except by mosquitoes and black flies. Most of the suffering adventures will be home in the Fall. We may call in at Stag Harbor on the way up and give a further more definite report on the situation.

We made some magnetic observations here, re-occupying the old station of 42 years ago. The work is being done by Richard Goddard under the direction of the Carnegie Institute of Washington. E. P. Macdonald, of Chicago, my guest, has left for home. The boys all regret his going. The ice is not as compact to-night.

indicate that there is no surplus of Anthracite Coal in the U.S. The shortage caused by the strike of Anthracite Miners last year has not been made up, and American hard coal will, in all probability, be hard to get and high priced. Coke is an excellent substitute for hard coal, and we have on hand a stock of same that will soon be disposed of, because a shortage of hard coal invariably creates an increased demand for our product.
We advise our customers to book their requirements as soon as possible.
ST. JOHN'S GAS LIGHT COMPANY.
PHONE 81.
MINARD'S LINIMENT FOR DAN. DRUFF.

ECZEMA IN RASH FOR 9 YEARS

On Scalp, Arms and Limbs.
Lost Rest. Cuticura Heals.

"Eczema broke out in a rash on my scalp, arms and limbs. The itching and burning were terrific. My hair became lifeless and dry and fell out in handfuls. My clothing aggravated the breaking out, and I could not rest at night on account of the irritation."
"The trouble lasted about nine years. My mother tried many different remedies but they did no good. We began using Cuticura Soap and Ointment which completely healed me." (Signed) Miss Beatrice M. Cleason, No. Sedgwick, Maine, Feb. 20, 1922.
Olive Cuticura Soap, Ointment and Talcum the care of your skin.

Send for Free Book. Address: "Cuticura," Dept. 5, P.O. Box 177, Portland, Me.

Newfoundland Honors Captain.

G. C. EVANS, WELL KNOWN IN THIS PORT, RECEIVES BINOCULARS.

At the offices of the Mercantile Marine Service Association, Liverpool, recently, Captain G. C. Evans, late commander of the Canadian Pacific liner Metagama, received a pair of binocular glasses, awarded to him by the Newfoundland Government in recognition of his services in rescuing the crew of the St. John's schooner Ida M. Cunningham, on February 14, 1923, during a heavy northwesterly gale. The presentation was made by Captain H. Elliot (vice-President of the Association) in the absence of the president, Captain G. C. Oakley, Schooner in Distress.

The Secretary (Mr. Thomas Scott) gave an account of the rescue. The Metagama, he said, when homeward bound, picked up a wireless message that the fishing schooner Ida M. Cunningham had blown adrift in the neighbourhood of Liverpool, N.S., with the request that all ships should keep a lookout for her. This was done, and in the afternoon of the 14, during a northwesterly gale with a high sea, the Metagama sighted the schooner with her sails lost, auxiliary engine disabled, and generally helpless, her crew of five men making signals to be taken off. By skilful manoeuvring Captain Evans brought his ship to windward of the schooner, enabling the distressed crew to launch their own boats and reach the Metagama in safety, where, suffering from cold and general exhaustion, they received the utmost care and attention, and were eventually brought to Glasgow.

Captain Evans has since retired. He was an old and trusted commander in the steamers of the Canadian Pacific, having sailed out of Liverpool for many years. First in the Beaver Line and continuing when that fleet transferred to the now famous Canadian Pacific, where he has had a long and successful career. A member of the association for many years, Captain Evans was appointed to the council in 1910. During the war he acquitted himself so well that he was appointed an officer of the Order of the British Empire "in recognition of his bravery and devotion to duty."

The chairman in making the presentation, said they were glad that the Newfoundland Government had recognized Captain Evans's gallant conduct, and they hoped he would be long spared to enjoy his well-earned retirement.
Captain Evans, having acknowledged

ged the gift. Captain J. Dobson (marine superintendent of the Canadian Steamships, Ltd.), who represented Captain Foster, and Captain P. D. Murray, spoke in eulogistic terms of Captain Evans.

ON THE STREET.

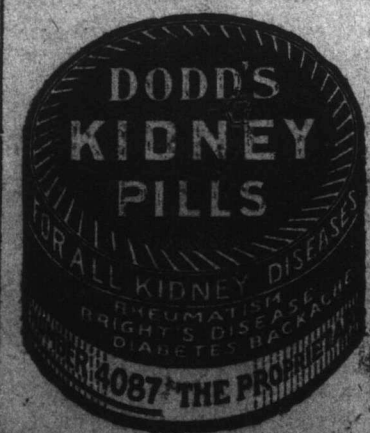
The girls are chasing in the street, may heaven bless their little feet! In olden times the little maids, eschewed the midnight street parade; in quiet homes they spent their nights, enjoying safe and sane delights; they read good books that soothed the soul, and played a game of crokinole; at seemly hours they sought the hay and slept the peaceful hours away. And if at night a damsel fair desired to journey anywhere, there always was a stately aunt who by her side would gallivant, and guard her from the masquerade, the hoodlum's stare and sinner's guile. But times have changed, and at this date each girl's master of her fate, if she elects to roam the street, and elbow Mike and flirt with Pete, there is no guardian aunt on deck to take her gently by the neck, and run her home with kindly tact, and there declaim the riot act. The morning papers we peruse, and shudder at the dark red news. The tough and hoodlum play their trades; the victims are win-some maids; who gambol up and down the street, and elbow Mike and flirt with Pete. And we bewail the good old days, the sheltered homes, the quiet ways, the girls as sweet as growing plants, who walked at evening with their aunts.

The utmost in Taxi Service
Phone 2016.
June 21st

Are Women Overworked

Yes, hundreds of thousands of them are. This applies to the housewife and mother who struggles on a small income to make both ends meet by doing all the washing, ironing, cooking, making and mending for a large family. There are others who not only support themselves working in factories, shops, stores and offices, but often have an invalid father or mother to support, therefore do household work. These are the women who break down early and are afflicted with various forms of female weakness. Ninety-eight out of every 100 women who have tried Lydia E. Pinkham's Vegetable Compound have proved that it is a successful remedy for women's ills. For nearly fifty years it has been restoring women to health, and it will pay every ailing woman to try it.

Tomato salad has an exceptionally nice flavor when the salad bowl is rubbed with a little garlic and the tomatoes are sprinkled with chopped parsley.



P.E.I. Potatoes

Last year's crop is nearly exhausted and we only have a limited quantity of this vegetable to offer for prompt delivery.

Get your requirements without delay as we predict a potato famine before the new crop will be ready for market.

F. McNamara,
PHONE 393 . . . QUEEN STREET

Keep Baby Outdoors



There's nothing like plenty of outdoor air to keep Baby in glowing health. And there's nothing like his carriage to keep him healthy outdoors.

JUST RECEIVED another shipment of
**BABY CARRIAGES
PULLMAN SLEEPERS
and SULKIES.**
COME IN AND SEE THEM.

U. S. Picture & Portrait Co.
Complete House Furnishers.

Make holes in the centres of pared potatoes, fill with sausage meat, place in a greased baking pan, and bake.
Canned pears are delicious sprinkled with grated cheese, spread with mayonnaise and serve on lettuce leaves.

Baked potatoes should be broiled open to let out the steam and preserve softness as soon as they are taken from the oven.

Look out for the Independent
4-1212

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performance.