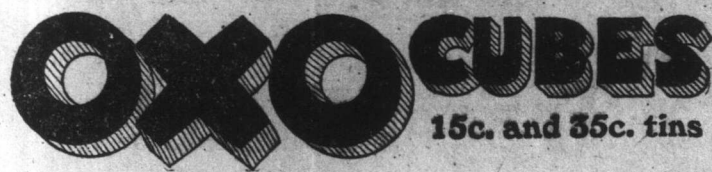


Health

There is no person in the community that OXO cannot help, building up health, increasing vitality, and promoting general well-being.



Unpublished History.

Interesting Records of the Royal N.F. Fencible Regiment.

Master List of Royal Newfoundland Regiment, serving on board of the brig "Royal George" on the 2nd October, 1812, as seamen and marines during the war between Great Britain and the United States: A. H. Bulger, Lieut.; Wm. Lundrigan, Sergeant; John Welch, Sergeant; John Brewer, Corporal; Samuel Hussey, Corporal; John Marklem, Drummer; B. Rukard, Drummer. Privates:—R. Beck, Peter Bonier, Wm. Brent, Wm. Cook, Thos. Dower, Jas. Dixon, Edward Han, Thos. Gleason, Thos. Hays, John Harvey, Paul Kearney, Nathan Hill, Michael Hurley, Joseph Ivany, John Hastings, Joseph Holland, Anthony Lully, Henry Lovell, George Jones, Richard Lane, Thomas Mall, Wm. Maher, John Martin, Wm. Miller, Frederick Robinson, John Ruddy, Edward Ronan, Peter Ross, John Shannon, John Silvey, Thos. White, John Welch, Robert Foley, Christopher Hughes, Alex. Seaton (Drummer), E. J. Howell, Thomas O'Brien, David Kearney, David Kelly, John Dasher, Thos. Price, John Thang, Thos. Thompson, James Swarth, Dennis McCarthy, John Webber, Michael Welch, John Lystead, Jacob Johnson, Joseph St. Croix, George Blisset, Pat Day, John Barry, Charles McGaragon, Pat Stafford.

INDIANS SUPERFLUOUS.
Kingston, Feb. 8th, 1814.
To His Excellency Sir George Prevost, Bart., Commander of the Forces.

Sir,—I have the honor to acquaint your Excellency that I propose setting out, to-morrow, for the purpose of meeting the Provincial Legislature at York, on the 15th inst. From the information I have received from the Province, and which no doubt, has been communicated to Your Excellency from thence, of the movement of the enemy's guns and stores from Salmon River, from the departure of the Newfoundland Regiment from hence, the deficiency of artillery men, and particularly of officers of that corps, and the want of the 39th Regiment, which I had expected here, I consider the garrison to be so insufficient for the defence of this place, that I have thought it necessary to order the effective part of the 41st Regiment from York without delay.

The garrison will be left, as well as the centre division, under the command of Major-General Stoven, who arrived here on the 6th inst. I regret to report to Your Excellency the great deficiency of forage in this neighborhood, particularly of oats, although hay is more abundant than usual. The appearance of the Deputy-Commissionary General will not be able, I am apprehensive without a recurrence to martial law, to procure a supply for a period beyond the month of April. The farmers hold back their stock on hand so very rigidly, that although I am extremely desirous to use such means, I believe shall ultimately be under the necessity of issuing a proclamation to that effect. With regard to provisions I fear we shall suffer the greatest distress in spring, if we do not receive the most ample supplies from the snow. We should feel ourselves

most satisfactorily relieved, if we could get rid of a considerable proportion of Indians from the head of the Lake, by some of them being employed in the Lower Provinces, where, such as in the neighborhood of Odell Town, Chataugay, or Salmon River, their services might be made extremely useful, if it met Your Excellency's approbation to direct a body of them to be moved to that neighborhood.

I have ordered Major-General Riall to arrange a small force, consisting of the Light Companies of the Royals, and 8th Regt. with the Kent Volunteers, and a strong body of Indians, and push them toward Oxford, and according to information, advance them to Delaware Town, or even to the mouth of the Thames. I hope this force will be able to circumscribe the bounds of the enemy to collect what supplies the country affords, (which I fear has been well drafted already), and at all events to provide for themselves and the Indians with them, for a short time.

I am sorry to say, that some of the inhabitants, in the neighborhood of the head of the Lake, have left their farms rather than reside amongst such troublesome neighbors. And how necessary it is, that this number should be diminished, I have only to state to Your Excellency that their consumption of provisions amounts to no less upon an average, than 15 head of cattle and 25 barrels of flour daily.

I beg leave to call Your Excellency's attention to the inadequate supply of money usually sent to this Province. It is not so much felt at this port, as at York and Burlington, in particular, in consequence of the Deputy-Commissionary General here being able to procure a loan occasionally from the merchants; but at the latter places, the want of money to defray the common expenses has been highly prejudicial to the service, and injurious to the public credit. The sum commonly sent up, is sufficient only to pay off old debts, and nothing scarcely is left to commence afresh with.

I have the honor to be, Sir, Your Excellency's most obedient servant,
GORDON DRUMMOND, Lt.-General.

SOLDIERS AND SAILORS 200.
Montreal, 18 May, 1814.

To the Right Hon. Earl of Bathurst.
My Lord,—Since the report which I had the honor to make to Your Lordship from L'Arcade on the 21st March, the enemy have gradually withdrawn their force from the territory of Lower Canada and after having placed garrisons in Plattsburg, Burlington, and Vyonesse, have marched the residue of it either to reinforce Sacketts Harbor or to add to the army forming at Batavia for the purpose of menacing Major-General Riall's position on the M'ra frontier.

I have great satisfaction in informing Your Lordship that Lt.-Col. McDonald has completed in the course of

the winter on the Nottawassaga River thirty Bateaux of the largest class, four of which have been armed with cannonades. He commenced descending that River with his flotilla to Lake Huron on his voyage to Michillimackinac on the 12th inst., with provisions, naval ordnance and reinforcements comprised of 1 Non-Commissioned Officer and 10 Gunners of the Royal Artillery, 2 Captains, 4 Subalterns, 8 Sergeants, 4 Drummers and 120 rank and file of the Royal Nfld. Regiment, and 1 Lieutenant and 20 seamen. As it does not appear from any certain information which I have been able to obtain that the enemy have availed themselves of the protracted winter in making preparations for an attack upon His Majesty's possessions on Lake Huron, in that an American force has been pushed across Lake St. Clair, and up the St. Clair River to intercept reinforcements moving towards Sacketts Harbor from the Nottawassaga, and Mackinac the Ottawa River. I encourage the hope that Lt.-Col. McDonald has before this reached his destination and placed the port out of all danger from the views of the enemy of its destruction. The two new ships which I had constructed during the winter at Kingston, having been launched on the 14th of April, and consequently completely equipped, armed and manned. I determined to preserve the naval ascendancy which by the accession of strength has been acquired, by employing the squadron with a division of troops in capturing and destroying the depots of provisions, naval stores and ordnance formed by the enemy at Oswego for the facility of transport from thence to Sacketts Harbor.

I have now the high satisfaction of transmitting to Your Lordship a copy of Lieut-General Drummond's report of that expedition in which Your Lordship will be gratified to observe the spirit of union and cordiality, prevailing in both services, and the emulation in the discharge of their duties equally favorable to themselves and advantageous to their country. The principal object of the attack on Oswego being to cripple the resources of the enemy, in fitting out their squadron and particularly the new ship at Sacketts Harbor, their guns and stores of every description being drawn from the former port, and thus delay if not altogether prevent the sailing of their fleet, I determined to pursue the same policy on Lake Champlain and therefore directed Capt. Pring to proceed with this squadron, on board of which I had placed a strong detachment of the 1st Battalion of marines, towards Veveyennes for the purpose of practicing the mode of destroying the new vessel launched there, and intercepting and capturing the stores and supplies for his armament and equipment. Capt. Pring accordingly sailed on the 9th inst. with the force which was comprised of the following: Brig Magora, Sloops Shannon, Brock, Canada, Magnet, Having been prevented by contrary winds from reaching his destination until the 14th inst., he found on arriving at Otter Creek the enemy fully equipped to receive him. Their vessels so strongly defended by batteries and a considerable body of troops, that after cannonading with some effect from his gunboats he judged it most advisable to abandon his intended plan of attacking them and to return to the Isle aux Noirs. The appearance of our squadron on the Lake has been productive of great confusion and alarm at Burlington and other places along the shore, and the whole of the population appeared to be turned out for their defence.

Capt. Pring ascertained from the prisoners taken during his cruise in some small vessels that a new ship and brig of the enemy, the one to carry long 18 pounders and 32 pounder cannonades, the other long 12 and 32 pounder cannonades, would be ready for the Lake in 8 or 10 days.

To meet this force a ship is now building at Isle aux Noirs, which when finished will make our squadron fully equal to that of the enemy.
(Signed) GEORGE PREVOST.

C. L. B. Cadets Old Comrades' Dance

On Wednesday next, the C.L.B.C. Old Comrades are holding a dance in the C.C.C. Hall, which promises to be a most successful affair. The newly-formed Ladies' Auxiliary have already settled down to work and are sparing no efforts to make the dance a memorable one. The very latest dance music will be played by the full Battalion Band in its usual capable manner and a thoroughly good time is assured all who attend. During the evening ice cream and cigarettes will be on sale whilst supper will be served by the Ladies' Auxiliary. This will be the first big dance to be held by the Old Comrades, and it is their intention to set a high standard which they will maintain on later occasions. Tickets are now on sale and may be had at Gray and Goodlad's.

RABBIT SEASON CLOSED.—The open season for snaring rabbits, which had been extended by proclamation, closed on Thursday last.

Minard's Liniment Cures Diphtheria.

Gagnon Hardly Knew Himself as Same Person

Looks Like A Brand New Man And Feels Splendid Since Taking Tanlac.

"When I began taking Tanlac I was almost a wreck," said Francois Gagnon, Giffard, Quebec. "but now I am in the best of health."
"For two years I never knew what it was to eat a square meal, and even the little I did eat upset my stomach so that I suffered terribly from cramping, palpitation and shortness of breath. Many a morning I went to work without eating a mouthful of breakfast, and was so nervous the least noise would upset me. I never slept well and felt so bad all the time that I dreaded to start to my work."
"But I had only taken a few doses of Tanlac when I saw it was exactly what I needed, and by the time I had finished the fourth bottle I hardly knew myself for the same man. My appetite is splendid now and I never feel a touch of indigestion, and am no longer nervous. In fact, I am just in the pink of condition. In every way, can do a big day's work and feel just tired enough when night comes to sleep like a schoolboy. I am ready to go to the limit in praising Tanlac."

Tanlac is sold in St. John's by M. Connors; in Paradise, by Mrs. Martin F. Byrnes; in Upper Gullies, by Heber Andrews; in Portland, by H. C. Haines; in St. Joseph, Salmonier, by Mrs. J. Gushue; in Marytown, by Mrs. J. Valley Royal Stores Ltd.; in Flat Islands, by William Sanson, in Jamestown, by Christopher Haines, and in Lewisporte by Uriah Freake, —adv.

Beaumont Hamel.

"That Miss Harris, daughter of His Excellency the Governor, was the first to respond to the Beaumont Hamel appeal to young people, will not be a surprise to anyone in this Colony. True to tradition and her own kind heart, the daughter of the Representative of our King quickly responded to this patriotic appeal by issuing invitations for a small party held at Government House, the result being that she and a few friends have added the generous sum of \$145.00 to the fund, as acknowledged elsewhere in this paper. Then the Veterans of the Great War heard this call and challenged all-comers to a hockey match, which added \$108.00 to the Fund, the C. C. Band under Mr. Bulley most generously giving their services free, and so virtually contributing \$20.00 of this amount.

Now young people throughout the Dominion, what are you doing? We cannot think that the young girls will hesitate to follow this splendid example given by Miss Harris. No doubt some are already doing so; but will those who have not yet begun get some entertainment ready for the time when the men come home from sealing, and before they leave for the fishery, and send the proceeds to Mrs. Eric Ayre for this Fund. Girls, do not hesitate; young men, help your sisters and sweethearts. St. John's has begun, which other place will be the first to follow? It only needs something from each settlement to be able to meet the sum required, and we feel confident that no place will go back on those who fell fighting for our liberty. You must secure for Newfoundland this "burial place" in France. We, the people of Newfoundland, must own this land; it is in our hands to finish the work begun. Who comes next? I must add a small extract from the letter written by Lady Harris to Hon. J. A. Robinson, in appreciation of his article on the battlefields. She says:—

"Natural indeed is the wish to hold that little plot of Sacred ground where so many Newfoundlanders rest at Beaumont Hamel." "You will do your utmost to hold it, young people, will you not?"
ADELINE E. BROWNING, Chairman B. H. Fund Com.

BEAUMONT HAMEL FUND.
The Committee of the Beaumont Hamel Fund beg to acknowledge the following with many thanks:—
Miss Harris \$145.00
The Veterans' Hockey Match 108.00
Per Mrs. E. Ayre " " 1.00
MARY MCKEEN, Treasurer.

EASTER MUSIC.—George Street choir will repeat their Easter music to-morrow evening.

Colored silk parasols have white ivory tops, white kid leather handles and ferrule ends to match.

BRUCE'S BULBS for Summer Flowering

GLADIOLUS
Unequaled for beauty of bloom. Plant in May and June, bloom in August and September. Easily grown and bulbs good for several seasons.
DAHLIAS
Very handsome flowers. Plant in May, bloom in September. Easily grown and tubers good for several seasons.

BRUCE'S CHOICE MIXED. A good mixture, 10 for 50c, 25 for \$1.00, 100 for \$3.50 postpaid.
BRUCE'S SUPERB MIXED. A grand mixture of all sorts, 10 for 50c, 25 for \$1.50, 100 for \$5.00 postpaid.
SEPARATE COLORS. White, Yellow, Pink, Scarlet and Striped, 10 for 75c, 25 for \$1.50, 100 for \$5.00 postpaid.
NAMED VARIETIES. Each separate and distinct, 12 for \$1.12, 25 for \$2.62.

FREE.—Our 128-page Catalogue of Seeds, Plants, Bulbs, Garden Implements and Fowl Supplies. Send a card for it to-day.

JOHN A. BRUCE & CO., LIMITED
Established 77 Years
HAMILTON, ONTARIO

Side Talks by Ruth Cameron

LETTING THE CHILD ALONE.

"How does that woman manage to do so much?" I heard someone say the other day. The woman in question is a woman who has four children, does all her own work, and seems to have time and strength left over. We all considered the question.

She had no reason. I went to walk one day with a woman, her husband and her dog. The dog was ranging in the woods barking at something. "Come here, Peter," she called, "and stop barking."

"What makes you call him?" asked her husband. "What difference does it make if he does bark?" She couldn't give any reason. She just interfered with him thoughtlessly because it was her natural instinct.

In the case I have described, it was the man and not the woman who interfered with the children, but I think it is apt to be the other way. Beware of instinctive interference, for your own sake and for the sake of the children.

A Bit Saving of Nerve Strain.
"Well, for one thing," suggested the friend who knows her best, "she lets her children alone more than any woman I ever knew. I lived in her home once for six weeks and I thought the way she kept from interfering with her children was perfectly wonderful. She never interfered if she could help it, she let them settle most of their disputes among themselves, and she let them do anything they weren't a very good reason for their not doing. And I think it was a great saving of nerve strain both for her and for the children. Their father was quite different, and when he was left with them there was sure to be some kind of trouble; they would get nervous and fractious and he would be worn out by the end of the afternoon."

Two or three others of the group who were discussing this phenomenon, a modern mother who had energy left over from four children and the

Form Radio Club.
A meeting held recently of young men interested in wireless telegraphy resulted in the formation of a Radio Club which will be of great benefit to all boys and young men who intend qualifying as wireless operators. The idea of the Club is to have all interested get in closer touch with one another, by holding regular meetings, thereby profiting by the experience to be gained in this manner. The advantages of the Club are many, as beside teaching Radio work it will also instruct them in almost every branch of electricity.

Colored silk parasols have white ivory tops, white kid leather handles and ferrule ends to match.

THE JOYS THAT GOT AWAY.
This life is like a fish's trip. Or so it seems to me; Beside a stream we sit and dream And hope for joys to be, Of varying sizes are the fish We're caught at close of day. But though their meat was good to eat, The best ones got away!

A goodly string of fish I've caught To more than fill the pan, But always I have passed them by— Just like my fellow man— And overlooked the meal they meant. "This sorry line to say: 'I should be glad if I but had The ones that got away!'"

I've caught full many a joy in life, My string of smiles is long, I've had my share of weather fair seasons and song, The years have kindly dealt with me And oft have let me play, But still I've thought I should have caught The joy that got away.

Teach me to value what I win, Nor sigh for what I miss, And let me smile and count worth-while. My present store of bliss: At last when homeward I shall turn And lifeless lies my clay, I'd not deplore or grumble o'er The joys that got away.

Brick's Tasteless makes you eat. For sale at STAFFORD'S. Price \$1.20; postage 20c. extra.

Hardy Shovels

MADE IN SHEFFIELD, ENGLAND.

Wm. Heap & Co., Ltd.,
AGENTS FOR NEWFOUNDLAND.

We offer prompt delivery, f.o.b. Liverpool. Get our prices.

We now offer High Grades of two and three-ply Asphalt Roofing, to take the place of the old-fashioned style Tarred Roofing, 2 and 3-ply, at about the same price, and you do not have to purchase coatings, nails or tins, in the following brands:

"CARO YELLOW LABEL" a very high grade of Asphalt Roofing, in 2 and 3-ply, complete with nails and cement.
"CARO RED LABEL" a good grade of Asphalt Roofing, in 1, 2 and 3-ply, cheaper than the ordinary Tarred Roofing.

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TEAS. GROCERIES. FISH. COOKED MEATS. VEGETABLES. CONFECTIONERY.

CIGARS. CIGARETTES. TOBACCOS. MEAL. RICE. OATS. FLOUR.

Telephone No. 1040 for prompt delivery.
mar26,1m

Kyle at Port aux Basques

S.S. Kyle reached Port aux Basques at 11:40 a.m. yesterday bringing 90 sacks of mail and the following passengers who are on the incoming express:—E. J. Strickland, Miss E. Sullivan, J. and Mrs. Hancock, R. Parsons, Miss A. Fyfe, Miss M. Bagn, L. Chafe, A. J. House, L. Blackhears, W. Bartlett, T. Dunphy, J. B. Wick, M. Seaward, A. G. Day.

On her last two trips across Cabot Strait the Kyle passed through numerous young harps which were undisturbed. Near the Newfoundland side of the Gulf hundreds of whitecoats were seen and Capt. Stevenson believes that had any of the sailing vessels prosecuted the voyage they would have done well.

Eczema. You are not a person unless you are free from Eczema and Skin Irritation. It relieves all cases and gradually cures the skin. Sample Free. Chase's Treatment Free if you stipulate this paper and send to stamp for postage. 25c. per 1/2 dealer or Edmundson, Sales & Co., Limited, Toronto.

St. John's
The Evening Telegram, April 2, 1921.