Scott's Emulsion of Codglow of life to pale cheeks, the lips become red, the ears lose their transparency, the step is quick and elastic, work is no longer a burden, exer- tant. cise is not followed by exhaustion; and it does this because it furnishes the body with a needed food and changes diseased action to culation and improved nutrition, the rest follow.

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AN OPEN DOUBLE DREAM

BY WM. R. WALLER

Written for the Baltimore Catholic Mir I see the dark old "shanty" called Poor little six years old, with naught

Spelling book in one hand, in the other, Prepared, if not the best, by the kind hand of his mother

I journey oft in sorrow to his cheerless place of learning. Ignorant, innocent child. why, but yearning,

For something greater, better, thing brighter still Than "To books, to books, to books by that dreaded P. Cahill.

And then again I dream, I see old mother

Toiling in the midnight, pre and brother To enter college—that tain Home,

Just rison from its ashes, cross and dome. From which the hours are numbere and wafted to the breeze

O'er rocky glens and laurels; mid oak and chestnut trees --Sad chestnut tree for Sumpterburied him near the Church And on his lonely grave-stone the birds

do sing and perch. Ah yes! That Church-vandal touch

Tread softly-ground holy-'tis a sac The rocks themselves would answer could Saintly Brute speak-Beneath your feet he placed them.

strong and yet so weak-Bind it, support it, as vines hold the Renew it, improve it repair it-it was

Who gave it-forger it nor, and from its shrine

May glory and benedictions for ever ever shine.

WHAT TOMMY SAID,

Uncle John-Well, what do you mea to be when you get to be a man? Little Tommy (promptly)—A doctor

like pa.
Uncle John (quizzically)—Indeed; and which do you intend to be, an allopath or which do you intend to be, an airopath or a homeopath?

Little Tommy—I don't know what them awful big words mean, Uncle John; but that don't make no difference, 'cause I ain't goin' to be either of 'em. I'm just goin' to be a family doctor an' give all my patients Hood's Sarsaparilla, 'cause my pa says that if he is a doctor, he's 'bliged to own up that Hood's Sarsaparilla is the best family medicine he ever saw in his life.

BY GERALD GRIFFIN

At the time when the Tuatha

Danans held the severeignty of Ire-

land, there reigned in Leinster a king who was remarkably fond of down and die at once." hearing stories. Like all the princes and chieftains of the island at this those times, who held a large estate something might some into your from his Majesty, on condition of his head," telling him a new story every night of his life, before he went to eleep, and sometimes with the laudable purpose of lulling him into that blissful condition. So inexhaustible was the genius of the king of Leinster's story-teller, that he had already ward once more, and toward even reached a good old age, without failing, even for a single night, to have their own demesne, the lady again a new story for the king; and such was the skill and tact which he displayed in their construction that. whatever cares of state or other annovances might prey upon the mon-rothing. I am as far from having narratives was sure to make him fall home. asleep.

story-teller had married a wealthy end of the field at a little distance and high-born lady, daughter of a from the road. neighboring lord of that country, "My dear," said the wife, "do with whom he lived in peace and you see something black at the end prosperity during many years, of that field?" There is nothing, however, in this world that is not subject to decay or change, and even the human mind, wife, "and perhaps it might be the which, from its spiritual nature, means of putting something into might well be supposed incorrupti- your head which it would answer to ble, is doomed to share the infirmi- tell the king." ties of the frame, with which it is so mysteriously united. The progress of old age began to produce a sen- it is no use for me." sible influence on the imagination of the story-teller. His fancy grew drove in the direction pointed out by your horns will be caught in the less brisk and active, and the king sify his incidents with a greater number of moral and philoso- wooden leg placed beside him. phical reflections than he conceived to be necessary to the progress of the narrative. However, he made no complaints, as the storyteller's reflections evinced a great pit, miserable creature, sitting down you have for me?" said the storydeal of judgment, and the grand ob- here to rest a while." ject in view, that of setting the king to sleep, was as perfectly accom that bor plished by his philosophy as by his hand?"

teller growing older and older and me," replied the old bococh (beggar more and more philosophical and man). nightfell for the king's amusement.

Every day, however, brought in gold here in this leathern purse, casing indications of an intellectual replied the cld man. isie, which would not be very dis-

One morning the story-teller arose out into his garden, and through the evening. adj cert fields, in order to turn over in his mind some incidents which he was placed between them as a gammight weave into a story for the -ing table. They had not cast many healthy. With a better cir- king at night. But this morning he throws when the story-teller lost all found himself quite at fault; after the money he had about him.

rl cing his whole demesne, he reable to think of anything new or could not expect better hap in strange. In vain he sent his fancy abroad; it re urned as empty as it left him. He had no difficulty in the old man. proceeding as far as "There was once a king who had three sons," or There lived in the reign of Ollay Folls," or "One day the king of all Ireland," but further than that he found it impossible to proceed. At ength the servant came to announce to him that break sat was ready and his mistress waiting for him in the house. He went in and found bis

chagrin that overspread his counten-"Why do you not come to break

fast, my dear?" said his wife. "I have no mind to eat anything," replied the story-teller. "As long as I have been in the service of the king of Leinster I never yet sat down to breakfast without having a new story to tell him in the evening, but this morning my mind is quite shut up, and I don't know what to do. I might as well lie down and die at once. I'll be disgraced forever this evening, when the king calls for his chariot.

story-teller." "That's strange," said the wife, can't you think of anything new at all ?"

"Nothing whatever; the door of my mind is locked against it." "Nonsense," said his wife, " can't you invent something about a giant man. or a dwarf, or a bean mhor (buge

foreign parts ?" "Oh, it is easy enough to find

at all ?" "I can not: our estate is gon from us forever; besides the open

show that will be made of me tonight at the palace." "When the story-teller's wife heard this dreadful news, she broke into a fit of crying and weeping, as dead. At length her husband pre-

vailed on her to be composed. "Well," said she, "let us sit down to breakfast, at any rate; the day is

of it." The story-teller shook his head, as f to intimate his distrust of its contents, but sat down to breakfast as his wife desired. When all was re-

"Well," she asked, "do you think of anything yet?"

"Not a pin's worth," said the story-teller. "I might as well lie

"I'll tell you what you'll do. Order the old man. early date, he had a favorite story- your horses and chariot, and let us teller, according to the custom of take a good long drive, and maybe The story-teller complied, and the chariot was prepared. Two of bis

finest horses were harnessed to the carriage, and three favorite hounds followed them. After driving a long distance, they took the road homeing, when they came within sight of asked her husband if he had yet thought of anything to tell the king. "There is no use in my attemp ing it," he replied, "I can think of

arch's mind, one of his story-teller's anything new as I was when we left At this moment it happened that In the course of his career, the the lady saw something dark at the

"I do," replied her husband.

"Let us drive towards it." said the "I'll do as you desire," replied

the story-teller, " though I am sure They turned the horses' heads and

the lady. When they drew nigh branches, and you will be starved observed that he began to diver- they saw a miserable looking old with hunger; neither choose to be a man lying on the ground with a fox, for you will have the curse of asked the story-teller.

"Ob, then, 'tis little matter who I praised by high and low.' am. I'm a poor, old, lame, decre-

"I am waiting here to see whether So he made the choice of the hare, Matters thus proceeded, the story- any one would play a game with and the old man immediately threw or 6 boxes for \$2.50. At all druggists,

liver Oil with Hypophos- less and less fireiful, but be was "Play with you!" exclaimed the phites brings back the ruddy jet tue to his engagement, and sto y-teller. "Why, what has a never failed to have a new story at poor old man like you to play for?" "I have one hundred pieces of

> "D) you go down and play with him," said the story-teller's wife, " and perhaps you might have somea ly, a d, as was his custom, strolled thing to tell the king about in the

He descended, and a smooth stone

"Much good may it do you, turned to his house without being friend," said the story-teller. "I foolish an undertaking."

"Will you play again?" " Don't be talking, man; you have all my money.

"Haven't you a chariot and and hounds?" "Well, what of them?"

"I'll stake all the money I have gainst them." "Nonsense, man!" exclaimed the

story-teller, "do you think for all the gold in Ireland I'd run the risk wife seated at the table, and looking of seeing my lady obliged to go home much perplexed at his delay. She on foot ?" was not long observing the air of

"Maybe you'd win," said the "Maybe I wouldn't," said the

story-teller. "Do play with him, husband," said the lady. "It is the second time, and as he won before, you

mind walking." my life that it was possible to com- (she threw him into the hound's I won't do so now,"

He sat down, accordingly, and in one throw lost horses, hounds and "Will you play again?" asked the

"Are you making game of me, nan ?" said the story-teller, " what

else have I to stake?" " I'll stake the whole money and all against your lady," said the old

The story-teller looked surprised, woman), or a baoch (champion) from and was turning away in silence when his wife spoke to him again: heroes," replied the story-teller. his offer. This is the third time, But what am I to do with them and how do you know what luck you may have? Besides, if you lose your "And can't you invent anything estate to-night, as you are afraid, sure I'd be only a bother to you all

our life." "Is that the way you talk !" said the story-teller. " you that I never refused a request to, since first I saw

"Well," said she, "if you never refused me a request before, don't if all her friends and relatives were refuse me this one now, and maybe it would be better for us both. You'll surely win the third time."

They played again and the story-teller lost. No sooner had he done long yet, and maybe you'd think of so than, to his great astonishment something or another in the course and indignation, he beheld his lady walk over and sit down near the ugly old bocoeh.

"Is that the way you are leaving

me?" said the story-teller. "Sure, I was won, my dear," moved and they had sat for a while said the lady; "you would not cheat

the poor man, would you?" "Have you any more to stake?" asked the old man.

You know very well I have not,"

replied the story-teller. "I'll stake the whole now, your "Well, my dear," said the lady, lady and all, against yourself," said "Nonsense, man !" said the story-

teller, "what in the world business would you have of an old fellow like "That's my own affair," said the bococh, "I know myself what use I

could make of you; it is enough for you if I am willing to consider you a sufficient stake against all I have." "Do, my dear," said the lady; surely you do not mean to leave me here after you?"

The story-teller complied once nore and lost. "Well," said he, with a desolate ook, "here I am for you now, and

what do you want with me? You have the whole of us now, horses and carriage and mistress and master, and what business have you of us? "I'll soon let you know what business I have of you, at any rate," said the old man, taking out out of his

"Now," he continued, "as I have posession of your property, I do not choose to be annoyed by you any longer, so I propose transforming you into some kind of an animal, and I give you a free choice to be a hare, or a deer, or a fox, whichever of the three best hits your fancy."

packet a long cord and a wand,

The story-teller, in dismay, look "My dear," said she "do not

choose to be a deer, for if you do. everybody down upon you; but choose "Who are you, my good man?" to be an honest little hare, and every one will love you, and you will be

" And is that all the compassion teller. "Well, as I suppose it is the "And what are you doing with last word I have to say to you, it that box and dice I see in your shall not be to contradict you at any



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SUMMER COMPLAINTS of Children or Adults. Sc. Beware of Imitations.

the cord around him and struck him with the wand, when the transformation was effected. Scarcely had the poor hare taken a skip or two, in order to divert himself, when the lady called the hounds, and set them after him. The hare ran, the dogs followed. The field in which they happened to be was enclosed by a high

wall, so that the course continued a

long time in the sight of the old man and the lady, to the great diversion of both. At length the bare, panting and weary, ran to the feet of the latter for protection. But then was witnessed a singular instance of the caprice and mutability of the sex, for the story-teller's wife, forgetful of all his kindness, experienced during a long sourse of years, unfeelingly kicked might win now. Besides, I don't him back again towards the dogs, whence arose the proverb long current

"I never refused you a request in in after times, caith se a glab no con ply with," said the story-teller, and mouth), as applied to all who act with similar ingratitude. They coursed him a second and a third time, and at the end of each the lady acted with the same beartlessness, until at last the old man struck the hounds and took the hare into his lap, where he held him for some time, until he had sufficiently racovered his strength. He then placed him on the ground, and, putting the cord around him, struck him with the wand, on which he im-

mediately re-assumed his own form. "Well," said the old man, "will you tell me how you like that sport?" "It might be sport to others," re-"Do, my dear," said she, "accert plied the story-teller, looking at his wife, "but I declare I don't find it so ever you are. Would it be asking an impertinent question to know from you who you are at all, or where you came from, or what is your trade, that you should take a pleasure in plaguing a poor old man of my kind in the

manner?" "Qb," replied the stranger, I'm very odd kind of a man-a kind of a walking good-for-little fellow-one day in poverty-another day in plentyand so on-but if you wish to know anything more about me or my habits, come with me in some of my rambles and perhaps I might show you more than you would be apt to make out if

you were to go alone." "I am not my own master to go or

stay," replied the story-teller with a resigned look. When the stranger heard this, he put one hand into the wallet which he carried at his side, and drew out of it. before their eyes, a well looking mid-

dle-aged man, to whom he spoke as follows :-"I command you by all you heard and saw since I put you into my wallet, to take care of this lady, together with the carriage and horses and all.

and have them ready for me at a call,

"He had scarcely said these words

whenever I shall require them."

when all vanished from the storyteller's sight, and he found himself. on a sudden, transported, he knew not how, to a place which he recognized as the Fox's Ford, well known as the residence of Red Hugh O'Donnell. On looking around, he saw the old man standing near him in a dress still more grotesque than before. His figure was now erect, though tall and ank, his hair grey, and his ears sticking up through his old hat. The greater part of his sword was exposed behind his hip, he wore a pair of tattered brogues, which, at every pro-digious stride he made over the marshy ground sent the water in jets up to his knees; and in his hand he carried three green boughs. It hap pened on this very day that O'Don-nell and his followers and kinsmen were partaking of a splendid banquet in his house. They were very merry, feasting and playing at innocent games, and as the story-teller and his companion drew near, they heard one of the guests exclaim, in a loud and commanding tone: (To be continued.)

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