PE-RU-NA

For Cramps in the Stomach of Six Years' Standing.

"I was troubled with cramps in the stomach for six years. I tried many kinds of medicine, also was treated by three doctors.

"They said that I had nervous dyspepsia. I took the medicine for two years, then I got sick again and gave up all hopes of getting cured.

"I saw a testimonial of a man whose case was similar to mine, being cured by Peruna, so thought I would give it a trial. I procured a bottle at once, and commenced taking it.

"I have taken nineteen bottles, and am entirely cured. I believe Peruna is all that is claimed for it."—Mrs. J. C. Jamison, 61 Marchant St., Watsonville, Cal.

Improbable Combination.

They were talking of the strange sights to be seen in a great city and one man paid his tribute to New York. "I don't believe one of you could think of any combination of circumstances that hasn't at some time occurred on the streets there," he said.

"I reckon I know of one that's never occurred there," said Hiram Fowle.

"What's that?" asked the other curiously.

"I guess," said Hiram slowly, "that you've never seen nor ever will see a brass band going in on direction an' the heft of the folks going the other."—Youth's Companion.

Sleeplessness.—Sleep is the great restorer and to be deprived of it is a vital loss. Whatever may be the cause of it, indigestion, nervous derangement or mental worry, try a course of Parmelee's Vegetable Pills. By regulating the action of the stomach, where the trouble lies, they will restore normal conditions and healthful sleep will follow. They exert a sedative force upon the nerves and where there is unrest they bring rest.

"You don't make very good music with that instrument," said the innocent bystander to the man behind the bass drum as the band ceased to play.

"No," admitted the drum pounder, "but I drown a heap of bad."—Chicago News.

CATARRH CANNOT BE CURED

with LOCAL APPLICATIONS, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free.

F. J. CHENEY & CO., Props., Toledo, O.

Sold by Druggists, price 75c.

Take Hall's Family Pills for constipation.

Mrs. Dorcas—When are you going to join your anti-bird-killing society?

Mrs. Fadde—As soon as I can find coming to me.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

He—I love you, of course—but the medium said I'd marry a blonde.

She—Oh, I'll fix that up.

There may be other corn cures, but Holloway's Corn Cure stands at the head of the list so far as results are concerned.

An engagement ring is a girl's idea of a band of hope.

The patient seldom knows anything about the medicine the doctor gives him—and neither does the doctor, once in a while.

Minard's Liniment Cures Dandruff.

Hard to Read.

Speaking about handwriting which is hard to read, an old time conductor on the Louisville & Nashville Railroad told a story about James Guthrie. Mr. Guthrie, besides being Secretary of the Treasury under James Buchanan, was also President of the Louisville & Nashville Railroad and a resident of Louisville.

In the early days of railroading there were no printed passes as at present, and Mr. Guthrie would frequently write a pass for a friend on a scrap of paper. The conductors on the road would honor these, of course, but one farmer carried a piece of paper purporting to be a pass for a friend. The conductor honored it, but later grew suspicious, and one day took it up. He carried it to the office of President Guthrie and said:

"A farmer has been riding on this pass for about a year; do you want him to continue to use it?"

President Guthrie put on his glasses, looked the paper over carefully, and said:

"Why, this is not a pass. It is a receipt I gave a fellow for a load of wood about a year ago."—Louisville Courier-Journal.

Non-alcoholic Sarsaparilla

If you think you need a tonic, ask your doctor. If you think you need something for your blood, ask your doctor. If you think you would like to try Ayer's non-alcoholic Sarsaparilla, ask your doctor. Consult him often. Keep in close touch with him.

We publish our formulas. We banish alcohol from our medicines. We offer you to consult your doctor.

Ayer's

Ask your doctor to name some of the results of constipation. His long list will begin with sick-headache, biliousness, dyspepsia, thin blood, bad skin. Then ask him if he would recommend your using Ayer's Pills.

—Made by the J. C. Ayer Co., Lowell, Mass.—

MAMMOTH FOSSILS.

Deposit of Dinosaurian Bones to Be Collected.

The German Government has decided to send an expedition to the southern part of German East Africa to examine, and make a careful collection from, the remarkable deposit of Dinosaurian bones discovered last year by Prof. Eberhard Fraas in the upper cretaceous formation of Tendaguru, in the Lindi district. According to the report of Prof. Fraas, published last August, the deposit resembles that of the famous Bone Cabin quarry in Wyoming, from which the Americans have obtained so many remarkable gigantic reptiles.

The huge bones lie weathered out on the surface of the ground, and can be followed by digging into the sandy marl and sandstone beneath them. Many of the bones are in their natural relative positions, showing that at least some parts of the skeletons were buried before their surrounding soft parts had decayed, and Prof. Fraas publishes a striking photograph of a nearly complete hind limb and foot before removal from the excavation in which it lay.

All the specimens brought back by Prof. Fraas for the Royal Wurtemburg Museum in Stuttgart, where they are now mounted, belong to a large herbivorous Dinosaur which he names Gigantosaurus. They appear to represent an animal from fourteen to fifteen meters in length, closely related to the well-known Diplodocus and Morosaurus from Wyoming. The skull remains unknown, but both vertebrae and limbs are represented by numerous specimens.

Further explorations will probably result in the discovery, not only of the missing parts of Gigantosaurus, but also of the reptiles which must have lived with it.

WEIGHT OF THE SOUL.

Scientist Figures That It Weighs Three-Quarters of an Ounce.

Again the question as to whether the soul has any weight or not has come to the front, and Fournier d'Abbe declares that he weighed one man's psychological entity and found that it tipped the beam at three-fourths of an ounce. Possibly there are persons in the world with bigger souls than that. Fournier d'Abbe is the secretary of the Dublin Society for Psychological Research, and his theory is that "psychomeres," or soul particles, make up the soul, and that that part of a human being has weight. In order to test his theory, he selected a man dying with tuberculosis, because death from that disease generally occurs with little or no muscular movement and thus the beam of the scales could be kept in more perfect balance.

"The patient," he says, "was under observation for three hours and forty minutes before death, lying on a bed arranged on a light framework built upon delicately balanced platform beam scales. The patient's comfort was looked after in every way, although he was practically moribund when placed upon the bed. He lost weight slowly at the rate of one ounce per hour, due to evaporation of sweat. During all three hours and forty minutes I kept the beam end slightly above balance near the upper limiting bar in order to make the test more decisive if it should come. At the end of three hours and forty minutes he expired, and, suddenly, coincident with death, the beam dropped with an audible stroke, hitting against the lower limiting bar and remaining there with no rebound. The loss was ascertained to be three-fourths of an ounce."

Of Interest to Cigarette Smokers.

How tobacco happened to fall under the ban of a certain well-known woman's organization is a bit of inside history which is interesting. Back in the late seventies a group of New York cigar manufacturers observed that the cigarette habit was increasing and threatened to cut into the consumption of cigars. To offset this encroachment they employed a trio of clever Bohemian writers to prepare and circulate in the press blood-curdling stories describing the so-called poisonous character of cigarettes and the awful fate which awaited those who persisted in smoking them. I knew one of these writers intimately, and I have often heard him relate how he and his fellows were wont to sit night after night in a cloud of cigarette smoke and "grind out" these articles for the liberal compensation of two cents a word. These stories, while amusingly impossible to chemists and scientists, were taken in good faith by the reading public and eventually attracted the attention of the women's temperance organization, which soon added a "department of narcotics" to its work of reform.—Carl Werner, in The Bohemian Magazine.

A "Rest Cure" at Home.

The harassed brain-worker who finds himself "at the end of his tether" from strain and overwork should try the effect of a modified "rest cure" at home. A day or a week-end in bed is far better than any drugs you can buy if your "nerves" are due to overstrain and lack of rest. Learn how to relax. Overwork is not so likely to cause "nerves" as worry, lack of method, and eternal rush and bustle. The craze for country cottages is an indication that people are realizing the need for regular periods of rest and quiet, away from the crowd and the hustle of life. But many people must live always in the noise and racket of city life. What of them? If they live the strenuous life they must cultivate the quiet and restful mind.—The Quiver.

A New Veil Roll.

Which isn't a roll at all, because it's a stick, owing to the manner of its making and to the present width of veils. It looks like a stick of mint candy and is made of six inch white satin ribbon edged with half inch red satin ribbon and then twisted in a bias twirl exactly like striped candy down a long pasteboard roll. The roll has first been covered with scented cotton, and the whole thing has a delicious look when finished.

Gypsy Earrings.

Among all the other new earrings that appear come the old fashioned loops of gold, known as the gypsy earrings. They were offered by the leading shops during the holiday season, and women are already wearing them in the day as well as the evening.

The loops have no gems set in them. They are large and heavy, hang close to the neck and are clamped to the ear with a small round ball.

He Is Back At Work Again

ABRAHAM GARAND'S RHEUMATISM CURED BY DODD'S KIDNEY PILLS.

He Suffered for Five Years and Was Four Months off work, but Dodd's Kidney Pills Cured Him.

Alfred Station, Ont., (Special).—After being laid off work for four months by kidney disease and rheumatism, from which he had been a sufferer for five years, Abraham Garand, a section man on the railway here, is back at work again and he gives all the credit for his cure to Dodd's Kidney Pills.

"I am forty-one years old," Mr. Garand said when asked about his cure. "And have been section man here for ten years. For five years I suffered from kidney disease and rheumatism, also sciatica in my right hip, which descended to my feet. For four months I could not work. Reading of cures by Dodd's Kidney Pills led me to try them. I used nine boxes in all and today I am advising all who suffer from rheumatism to use Dodd's Kidney Pills."

Rheumatism and sciatica are caused by diseased kidneys failing to strain the uric acid out of the blood. Cure the kidneys with Dodd's Kidney Pills and they will strain the uric acid out of the blood. Then you can't have rheumatism.

Novel Cake Decoration.

Mrs. S. Percy Westaway, daughter of Mr. Wm. Moore of West London, who, with her husband, are now located at Chentu, Sz Chuan, West China, supported by the Dundas Centre Methodist church, writes a descriptive letter of the events transpiring in her present home, and among the incidents related in her most interesting letter received this week is one that brings out the Chinamen as an imitator, and shows his ideas of advertising matter in certain Canadian papers. This Chinaman evidently knew that the advertisement was a most characteristic and attractive one, and from the manner in which it is displayed, thought it was an advertisement of some confectioner in this country. The advertisement of Dodd's Kidney Pills has been printed for years as a trade mark in almost every paper published and has become well known. The following is taken from the letter and fully explains the circumstances:

"Once in a while we find something to have a good laugh at. Let me tell you this incident. The West China Educational Union was holding meetings in the city; one session met in this house. We in Chentu follow the English custom and serve tea and cake at four o'clock. Mrs. Carson was going to serve tea to the members and we wished to help. I was still in bed, so told the cook to make a cake. Our cook is a pretty old fellow, about 30 or 35 years of age, and has worked for the foreigner for a long time. He can make a good cake when he so desires, and this day he made a layer cake, icing it with white, with red trimmings. He delights to get a new recipe or find some new way of decoration. The London Advertiser, after we have finished with it, frequently finds its way to the kitchen, and as a proof that the cook 'reads it' we give this:—About three o'clock Percy went into the kitchen to see how things were getting along. The cake was there, iced with white, and decorated with red, forming three rows across the cake, and this is what Percy saw and read: DODD'S KIDNEY PILLS. On the table beside the cake was that well-known advertisement—the circular box, with this inscription. He, poor fellow, had taken it for a well made cake, and decorated his like it. They are splendid imitators, and clever in their way, every one of them. The cook knows considerable English, but when he tries it on us we pretend not to understand him."—London Advertiser of March 13.

Placid During Turmoil.

Have the terrors of the French revolution been exaggerated? A Frenchwoman mentioned in Sir Mountstuart Grant Duff's diary had lived in Paris through the last thirty years of the eighteenth century and when asked for her impressions of the tragic times of the terror replied: "The whole affair has been vastly exaggerated. For my part, I never found it necessary to abandon my weekly 'at home' days."

"I purchased a bottle of *Scott's Emulsion* and immediately commenced to improve. In all, I think I took 14 bottles, and my weight increased from 133 pounds to 184 pounds in less than six months. I know from personal results the efficacy of *Scott's Emulsion*."—FRED. R. STRONGMAN, 417 Bathurst St., London, Ont.

Let us send you a copy of Mr. Strongman's letter. He had a trying experience, had got run down

Scott's Emulsion

built him up, as it has thousands of others.

The strengthening and flesh-producing properties of SCOTT'S EMULSION, are unequalled by any other preparation, and it's just as good for the thin, delicate child as for the adult. Be sure to get SCOTT'S. It's been the standard of the world for 35 years, and is worth many times the cost of the numerous imitations and substitutes.

ALL DRUGGISTS

Let us send you a full copy of Mr. Strongman's letter and some other literature on the subject. Just mention this paper.

SCOTT & BOWNE 126 Wellington St., W. Toronto

HE GOT BIG PAY.

An African Salary That Commanded Respect and Obedience.

Makuba and Oblanga were two Africans, the one the captain of a boat crew and the other subordinate to him. Oblanga was an independent fellow, not in the least lazy, who rather resented "bossing." In a book entitled "The Jungle Folk of Africa" R. H. Milligan tells of an altercation between the two men, Makuba, the diplomatic, came out of it with flying colors.

The worst disputes between Makuba and Oblanga took place when they supposed that I was asleep. The native when he lies down anywhere sleeps immediately. Whenever I was lying in the bottom of the boat they always thought I was unconscious and that no conceivable noise could waken me.

Captain Makuba orders Oblanga to "haul away on the peak halyards," to which Oblanga promptly replies:

"Do it yourself."

"I won't do it; you will do it!" says Makuba in a threatening tone.

"Are you my father?" says Oblanga.

"No," answers Makuba, with infinite scorn. "How could a Kombi man be the father of a creature like you?"

"Then stop giving me orders!" says Oblanga, with rising wrath. "It is not the first time you have tried it, and one of these days you will find out that it won't do."

"One of these days you will find out that I am captain of this boat and that you will have to obey me," says Makuba.

"Not as long as I carry a gun," answers Oblanga.

By this time they are standing up and looking hard at each other. But Makuba would not think of striking a man in a mission boat. He therefore becomes diplomatic. Suddenly in a tone altogether different he says:

"Oblanga, the trouble with you is that you are just a bushman. You don't know anything about civilization. On every big ocean steamer there is a captain, and every man on board, no matter what tribe he belongs to, obeys the captain."

Oblanga becomes instantly curious and asks, "Is he rich?"

"Yes," says Makuba; "he gets big pay, and so do I get big pay."

"How much do you get, Makuba?"

"How much do you think?"

Oblanga thinks as well as he knows how, his countenance distorted with the effort, and at length answers reflectively, "Two dollars a month." He himself gets a dollar and a half.

A broad smile engages Makuba's features as he slowly answers, "Five dollars a month."

Oblanga gives expression to his surprise in a long, low whistle. It is quite evident to him that no ordinary person could command such wages, and in a tone of utmost compliance he says: "What was it you told me to do, Makuba? I forget."

"I forget, too," says Makuba. "Oh, yes," he adds, "I told you to haul on the peak halyards."

Athlete at Eighty-Four.

A wonder amongst octogenarians is Dr. Furnivall, the famous English scholar, who recently celebrated his eighty-fourth birthday. "Keep steady; take exercise; don't drink and don't smoke." By following his own maxims Dr. Furnivall is able, at the age of eighty-four, to help a crew of stalwart young men pull a four-seated sculling boat from Hammersmith to St. Margaret's, Twickenham, and back every Sunday. Furthermore, he walks daily to the British Museum from his house on Primrose Hill. When he is not reading in the famous library—his first ticket was issued to him in 1860—he is engaged at home in the fascinating pursuit of words for the great dictionary.

Records of the Leicester Family.

The recent death of the Earl of Leicester has revealed the fact that his eldest son, who has succeeded his father in the family honors, has been heir for more than sixty years. When Georgina, Lady Leicester—who will be thus designated now that her daughter-in-law, known for thirty years as Lady Coke, has become the reigning countess — married the late Lord Leicester in 1875 as his second wife, she found herself the stepmother of nine children, nearly all of whom were older than herself. Her own marriage was blessed with six sons and a daughter, so that she has been for more than thirty years the presiding mistress of a truly patriarchal household. Two of her own sons married in 1907.

Natives Want Rights.

A petition, signed by nearly 4,000 aboriginals residing in the Transvaal, has been sent to the National Convention, praying that Parliamentary representation should be granted to them in the United South African Constitution. The educated natives of the Witwatersrand are organizing themselves, and have formed a society called the "Transvaal Native Union," for the purpose of advancing native interests, and obtaining the franchise, and "the removal of oppressive class laws."

Last of the Dandies.

Lord Althorp, who accompanied the King to Germany as Lord Chamberlain, goes by the name of the "Last of the Dandies," by reason of his immaculate attire and the variety of his fancy waistcoats.

Found Liquified Air.

The bestowal of the Albert Medal on Sir James Dewar recalls his discoveries in connection with the liquefaction of gases. He spent $5,000 getting his first pint of liquid air.

Bishop of North Pole.

The Bishop of Moosonee presides over one of the largest dioceses in the world. It is 400,000 square miles in extent and includes the North Pole.

A Stiff One.

It was raining outside, and little interrogative Irma was in one of her worst or at least most trying moods. Father, busily writing at his desk, had already reproved her several times for bothering him with useless questions.

"I say, pa, what"—

"Ask your mother!"

"Honest, pa, this isn't a silly one this time."

"All right this once. What is it?"

"Well, if the end of the world was to come and the earth was destroyed while a man was up in an airship, where would he land when he came down?"—Everybody's Magazine.

What's the Matter with the Blood

It is thin and watery, the lips and gums are pale, the whole system is weak and run down.

The food fails to supply the necessary nutrition and to get well you must use such treatment as Dr. Chase's Nerve Food.

Your mirror shows you that the lips and gums are pale and the inner eyelids without color.

What can be the matter? You are anaemic. There is a deficiency in the quality or quantity of blood in your body. The food you eat fails to make good this shortage. You must use some preparation that will supply in condensed form the elements from which blood is made.

Now Dr. Chase's Nerve Food is exactly what is required in ailments of this nature for it is above all else an enricher and builder of the blood.

Women and girls are particularly subject to anaemia. The feminine system demands an immense amount of blood in carrying on its functions and unless the system is strong and well nourished there is likely to follow a bankruptcy in the blood supply.

Such symptoms as loss of appetite, lack of interest in the affairs of life, feelings of languor and fatigue, impaired digestion, shortness of breath, dizziness and fainting, cold hands and feet, heart palpitation, and weakneses and irregularities are an indication of anaemia or bloodlessness.

Do not delay treatment thinking that you will get all right for anaemia in its pernicious form is often incurable.

Get all the sunlight and fresh air you can and add to the richness of the blood by using Dr. Chase's Nerve Food.

You will soon note improvement under this treatment and can prove the benefit derived by keeping a record of your increase in weight. 50 cents a box, 6 boxes for $2.50, at all dealers or Edmanson, Bates & Co., Toronto.

HELPFUL HINTS

When polishing the finger nails rub across, not up and down. Dust the hands with orris powder for excessive perspiration.

In order to keep the head clean for a month a tonic should be used, after which the hair should be thoroughly gone over with a clean brush. It is surprising how much dirt is removed by this process.

A simple but effective way to make hair wave in big ripples, which continue to be fashionable, is to dampen it and tie it down with bands of baby ribbon, pulling the hair out in loose waves between the bands.

To prevent noise round pads of leather cut from old boots and nailed to the legs of kitchen chairs prevent the grating noise upon a brick or tiled floor which is so distressing to the nerves of sensitive people.

For dear old ladies with rheumatism in their knees: In damp cold weather at night draw a pair of old cotton stocking legs well over the knees. In winter use woolen legs for the same purpose. Having tried them once, the sufferers will value them above gold.

A Safe Pill for Sufferers.—There are pills that violently purge and fill the stomach and intestines with pain. Parmelee's Vegetable Pills are mild and effective. They are purely vegetable, no mineral purgative entering into their composition and their effect is soothing and beneficial. Try them and be convinced. Thousands can attest their great curative qualities because thousands owe their health and strength to timely use of this most excellent medicine.

Twenty-five per cent. of the world's ships are constructed in British yards.

Repeat it:—"Shiloh's Cure will always cure my coughs and colds."

The sons and daughters of London love the umbrella so much that they lose some 25,000 annually.

Minard's Liniment relieves Neuralgia.

It sometimes happens that a marriage license furnishes a man with a good excuse for trying to drown his troubles.

Some men make money and some women make alimony.

To whom it may concern: This is to certify that I have used MINARD'S LINIMENT myself as well as prescribed it in my practice where a liniment was required and never failed to get the desired effect.

C. A. KING, M. D.

HEALTH AND BEAUTY

In massaging wrinkles use the tips of the fingers and thumb, always working across the line. Never follow the lines of the creases.

Washing the eyes morning and night in water as hot as it can be borne is a wonderful tonic for those useful servants, which are so easily injured.

When a child is restless from teething it can often be quieted by giving it a warm bath. The water should be as hot as can be endured without burning. Do not allow the child to stay in the bath long, or weakness will follow.

To reduce the hips stand up straight and by bending forward make the finger tips touch the floor. Do not wear tight clothing and do not bend the knees. This is an old exercise, known as the "setting up" exercise, and is much used in the army for this purpose.

Often when one has a cold the eyes feel hot and are red and inflamed. The best way to effect a cure is to bathe the eyes frequently with a solution of boric acid and water. If the eyes do not feel improved after your cold disappears it would be well to consult an oculist.

POLITICIANS AND THEIR TRICKS.

How Alexander Smith Saved the Day In Prescott In 1896.

Appeals to creed prejudices of a humorous character form a large part in every Canadian election. Particularly was this the case in 1896 when the issues were extremely complicated. It will be remembered that the outcome was the return of a French Roman Catholic Premier elected largely by ultra Protestant votes over a Protestant Prime Minister, who was offering a measure of remedial legislation. Despite the great bitterness of the fight, there were genuinely ludicrous episodes.

For instance, in the riding of Prescott, the electors, though very largely French, were inclined to stand by the Tory party against one of their own race because the clergy were strong Tupper men. This was not the case in Quebec, where the populace were dissatisfied in the matter of tithes, but Prescott is an Ontario riding where the clergy have not the same legal powers. The Liberals were bound to have the riding, and one of the French organizers struck upon a happy scheme. The chief organizer at that time was Mr. Alexander Smith, who, when clean shaven, bears a strong resemblance to the accepted type of Roman Catholic clergyman. He was asked to come to a point in Prescott where a large meeting of French-Canadians was to be held. When he got there he was instructed to come upon the platform and simply to obey instructions. These were that he should sit with his collar turned up, and whenever appealed to by the chief speaker to merely nod his head in acquiescence whenever appealed to.

Mr. Smith carried out instructions, and after the meeting was over asked what the rigmarole meant.

"Why, I told them that you were an English-speaking priest from Toronto who approved of Laurier's policy entirely, but did not know much French. At the proper moment I would appeal to you, and I must say your acting was fine."

NEW MEMBERS MAKING GOOD.

Younger Generation at Ottawa Are Brainy Crowd of Men.

Old Parliamentarians tell us that the new House of Commons is a distinct improvement upon its immediate predecessors. Not only has the West sent a body of men who are of high intellectual calibre as well as of great physical strength, but the new men from Ontario are a decided advance upon those who preceded them. But while this is so, some of the new men show a disposition to "butt in" on important discussions with a frequency which is not pleasing to the "Old Guard," and they do whisper that there have been heart-to-heart talks in the Conservative caucuses, in which men like Dr. Sproule and David Henderson have protested against the habit of the new men in expressing their views, and that the newcomers have retorted that they did not choose to come to Ottawa to have their mouths padlocked, and that if the "Old Guard" did not like it they could do the same thing.

On the other hand, the new Liberal members have kept themselves better under control in the House, but if gossip be true they have not been silent in caucus, and have emphatically told the old-timers on their side that there must be a change of fiscal policy in the direction of either an increase of the British preference or a general lowering of the tariff all round.

The budget debate is expected to give an opportunity for the frank discussion of the low tariff views of the West, and it would not be surprising to find that some of the Western Conservatives will go as far as their Liberal friends in urging progress towards freer trade.

NILE'S VALUE TO EGYPT.

Why It Is Necessary For Great Britain to Hold the Soudan.

In his note on the budget for 1909 Paul Harvey, financial adviser to the Egyptian Government, says:

"The year 1908 has not been a period of economic prosperity for Egypt. Nevertheless the economic situation is, in fact, essentially sounder now than it has been for some years past. The complaints which are heard are due in a measure to a comparison of the present situation with times of abnormal and morbid commercial activity.

"The portion of the expenditure which has incurred the severest criticism is that which has been devoted to the Soudan. The criticism is, however, based on an incomplete understanding of a large political and economic problem. The essence of Egypt's prosperity is the water of the Nile. The diminution of this supply, particularly in the critical summer months, would involve an incalculable loss to Egypt. But this would at once result, if the Nile water were diverted, as it very well might be, to the irrigation of the Soudan. It is to maintain the supply intact at its source that Egypt holds the Soudan. Unfortunately, the Soudan is not to be held without sacrifice. A vast country, almost entirely undeveloped, without communication, largely occupied by unruly tribes, needs expenditure on its administration considerably in excess of its annual revenue.

"To remedy this situation two objects must be pursued, the development of the country's resources, and internal security. For both these purposes capital expenditure is necessary. The soundness of this policy has been proved by the growth in eight years of the Soudan revenue from £E.187,500 to £E.1,000,000, and the reduction last year of the Egyptian annual subsidy from £E.253,000 to £E.208."

The Salt Sea Legend.

There is a legend in the Norse scalds which explains why the sea is salt. The "bountiful Frodi," whose mythical reign was a golden age indeed, possessed a quern, or hand mill, which ground out gold and peace, but which would grind out stores of anything desired by its owner. Two giant maidens, ruled over by Frodi, were the grinders. In an evil day a sea rover came upon the scene, slew Frodi and carried off the quern and the two giant maidens who worked it. When the sea rover's vessel was right out at sea he ordered the maidens to grind salt. At midnight they asked if they had not ground enough. The sea rover, angry at being awakened from his sleep, commanded them to grind until morning. Now, the giant maidens naturally enough worked very quickly, so as they went on grinding the load of salt grew so heavy that it sank the ship, and now the sea will continue salt forever.

SUNLIGHT SOAP

HOUSE CLEANING

Instead of being a monotonous drudgery becomes a labour of love when Sunlight helps you. Remember—Sunlight does all the work, at half the cost and in half the time of other Soaps.

How Many in a Quartette?

When the Democrats held their State convention at Rochester, N. Y., last fall to nominate Chanler for Governor one of the leaders thought it would be a grand idea to give a dinner to the Democratic editors and newspapermen of that part of the State.

He sent out the invitations and ordered the dinner. Then he decided it would be a good scheme to have some music. A Rochester friend told him there was an excellent quartette that could be secured and sent the leader of the quartette over to see the big man.

"Kin ye's sing?" he asked.

"Yes, sir; we can sing very well."

"Have ye's dress suits? Them's necessary."

"Yes, sir, we all have evening clothes."

"How much will it cost?"

"We get ten dollars apiece for such an engagement."

"I know; but how much'll it cost? How many av ye's is they in this quartette?"—Saturday Evening Post.

Won Fame on its Merits.—The unbounded popularity that Dr. Thomas' Eclectric Oil enjoys is not attributable to any elaborate advertising, for it has not been so advertised, but is entirely due to the merits of this Oil as a medicine. In every city, town and hamlet in the country it is sought after solely because of its good qualities.

Adam had cause to remember his first New Year's Eve for many a day.

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The class in very elementary chemistry was having one of its early sessions. The matter of sea water came up. "Peters," said the teacher, "can you tell me what is it that makes the water of the sea so salty?"

"Salt," said Peters.

"Next! said the teacher. "What is it makes the water of the sea so salty?"

"The salty quality of the sea water," answered "Next," "is due to the admixture of a sufficient quantity of chloride of sodium to impart to the aqueous fluid wifh which it commingles a saline flavor, which is readily recognized by the organs of taste!"

"Right, Next," said the teacher. "Go up one!"—Youth's Companion.

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