

NEW STRENGTH FOR WEAK GIRLS

Can be Had Through the Rich,
Red Blood Made by Dr. Williams' Pink Pills.

There comes a time in the life of almost every girl when weakness attacks her. The strain upon her blood supply is too great, and there comes headache and backache, loss of appetite, attacks of dizziness, heart palpitation, a constant weariness and a tendency to a decline. All these symptoms may not be present in any particular case but the presence of any one of them shows the necessity for prompt treatment. And the very best treatment is through the blood-making tonic qualities of Dr. Williams' Pink Pills. They are the one thing needed to maintain the health of growing girls and women of mature years.

Here is a bit of strong proof:—Miss Matilda Breen, King Highway, New-castle, N.B., says:—"I was in an extremely run-down and nervous condition. I was losing flesh, had a poor appetite, always pale, and suffered frequently from headaches. In fact my condition can best be described as miserable. I had tried several treatments but they did not help me in the least. Then, reading one day about Dr. Williams' Pink Pills, I decided to try them. After using three boxes I was much improved, but continued until I had taken six boxes, with the result that I am now well and strong, with good color and a hearty appetite. In view of what Dr. Williams' Pink Pills have done for me I cannot recommend them too highly."

You can get these Pills from any medicine dealer, or by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Value of School Music.

In thousands of communities, really worth-while concerts are promoted by the school music supervisor. Some of these are given by imported professionals, but more are the result of constructive work in school and community.

School children love to appear in public performances, and the supervisor who capitalizes this natural desire not only is able to stimulate the childish musical ability, but also furnishes the adult population with a chance to hear worthwhile music. For no musical effect can be more beautiful than the voices of children singing with correct tone production and with an appreciation of the meaning of what they sing.

As for the drawing-power of school entertainments, the presence of a large number of children in any capacity always will bring out an admiring audience of relatives and friends. They are put on in many places as money-making ventures; but their chief merit lies in their ability to interest the public in music and particularly in school music. In small and remote communities they constitute valuable additions to social life. Certainly, they add more to a town's enjoyment and edification as the best of moving pictures; and, if carefully planned their performances may be of genuine educational value.

A Dance.

Little Jimmy's father found him in the barn. He was shaking his pet rabbit and saying: "Five and five. How much is five and five?"

The surprised father finally interrupted the proceedings.

"What is the meaning of all this, Jimmy?"

"Oh," said Jimmy, "teacher told us that rabbits multiply rapidly, but this fellow can't even add."

WE WANT CHURNING CREAM

We supply cans and pay express charges. We pay daily by express money orders, which can be cashed anywhere without any charge.

To obtain the top price, Cream must be free from bad flavors and contain not less than 30 per cent. Butter Fat.

Bowes Company Limited,
Toronto

For references—Head Office, Toronto, Bank of Montreal, or your local banker. Established for over thirty years.

**DOCTOR
THUNA
HERBALIST**

For Removing Tonsils and
Adenoids or any form of
Gottre without operation
call to see Dr. Thuna.

Main Office and Laboratory
426 Queen St. W. Toronto
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0408; 298 Danforth Ave., Tel.
Gerrard 7276. Call or write.

A Poem You Ought to Know.

The Sea.

Last year occurred the centenary of the death of Lord Byron, whose name, while Keats and Shelley were almost unknown, went like a strong wind throughout Europe. His poetic achievements will always remain one of the glories of our literature.

Roll on, thou deep and dark-blue
ocean—roll!
Ten thousand fleets sweep over thee
in vain;
Man marks the earth with ruin—his
control
Stops with the shore; upon the wat-
ery plain
The wrecks are all thy deed, nor
doth remain
A shadow of man's ravage, save his
own,
When, for a moment, like a drop of
rain,
He sinks into thy depths with bub-
bling groan,
Without a grave, unknelled, uncof-
fined,
and unknown.

His steps are not upon thy paths—
thy fields
Are not a spoil for him—thou dost
arise
And shake him from thee; the vile
strength he wields
For earth's destruction thou dost all
despise,
Spurning him from thy bosom to
the skies,
And send'st him, shivering in thy
playful spray
And howling, to his Gods, where
happily lies
His petty hope in some near port or
bay
And dashest him again to earth—
there let him lay.

Thou glorious mirror, where the Al-
mighty's form
Glasses itself in tempests; in all
time—
Calm or convulsed, in breeze, or
gale, or storm,
Icing the pole, or in the torrid clime
Dark-heaving—boundless, endless,
and sublime—
The image of eternity the throne
Of the Invisible; even from out thy
 slime
The monsters of the deep are made;
each zone
Obeys thee; thou goest forth, dread,
fathomless, alone.

The Kindly Critic.

With a jolt the car came to a sudden
stop in the middle of a busy street. The
self-starter refused to act, and the
driver was forced to dismount and try
to crank the engine with the aid of
the starting handle. For five minutes
he twirled the handle furiously while
a small crowd collected.

At last an old lady stepped forward
and pressed a penny into the perspi-
ring motorist's hand.

"My good man," she said gently, "I
wish all hand organs were as quiet as
yours."

Hair-Nets.

Peanuts and hair-nets are two im-
portant products of Shantung, China.
Begun about 15 years ago, the hand
manufacture of hair-nets has attained
remarkable proportions. The hair or-
signates in China, is shipped to Europe
and America to be chemically treated
for "decoloring," is sent back to mer-
chants in treaty ports and redistri-
buted for net making among homes of
the interior. Only recently has an at-
tempt been made to prepare the hair-
nets used annually is almost unbeliev-
able.

The Sahara Desert is 3,100 miles
long and 600 miles wide. It covers
an area equal to two-thirds of Europe.

Surnames and Their Origin

HURLEY.

Variations—Harley, Flood, Torrens.
Racial Origin—Irish.
Source—A given name.

Here is a group of family names
which most anybody might easily take
for English. The only one of the five
which really sounds as though it were
Irish is Herlihy. Yet they are Eng-
lish only in the sense that they are
anglicized spellings and derivations of
a very old Irish clan name. Not even
Flood deserves to be classified as Eng-
lish, though it is distinctly an English
word. Though there are some modern
families named Flood which are Eng-
lish, the name itself traces back in-
evitably to Irish sources. Flood is not
to be found in the old English records
as a surname with sufficient frequency
to have occurred other than by ac-
cident of importation from Erin.

The Irish clan name is "O'Urthul-
lie," and was formed from a given
name in combination with the "O"
(more anciently "Ua") which signifies
"the descendants of" or "the followers
of." The "h" sound is inserted in this
case only as a means of keeping the
prefix and the initial vowels from
slurring into each other. The given
name itself is "Urthulie," and has a
meaning that in the Irish pronuncia-
tion the "th" is silent, it is not hard to
see how "O'Urthulie" developed
into "O'Harley" and "O'Harley." Her-
lihy is simply an attempt to preserve
a separate pronunciation of the vowel
elements in which the syllables have
become twisted around, a thing that
is common in nearly all languages.
Flood and Torrens (torrent) are mere
translations.

DAILY.

Variations—O'Daily, Daly, Dalley,
Daley, Dale.
Racial Origin—Irish.
Source—A given name.

While the family names of Ireland
and Scotland are more often indicative
of blood than those of England, they
are not necessarily so, for both the Irish
and the Scottish clans of the olden
days were composed of men who mere-
ly acknowledged the leadership of the
various chiefs, as well as those who
actually were related to them.

But most of the Irish names,
through such clan connections as these
trace straight back to very definite
sources. The source of the Daily
group of names was the great-grand-
son of "Adamh," who was a brother
of "Fargal," the 15th monarch of an-
cient Ireland.

This chief was "Dallach." The name
is derived from the Gaelic word for
"blind," and the clan which he founded
took from him the name of "O'Dal-
lachie."

Like so many of the Irish clan names
it has developed a number of different
English spellings, due in part to the
effort to get a spelling that in the lat-
ter language correctly represents the
sound, and in part to the enforcement
of British legal enactments at various
periods intended to foster the Eng-
lish language and customs. Euphoni-
cally either Daily or Dalley is a correct
English rendering of the name. In the
case of Dale, some bearers of the
name, either through choice or pres-
sure, have gone a step further and
taken this English name which sounds
somewhat like the Irish one, although
of different origin.

GRAND OLD MAN OF CANADIAN PACIFIC



MR. GEO. H. HAM

Thirty-nine years ago, on June 28th, 1886, the first train through the continent in Canada, left Montreal and reached its western terminus, Port Moody, right on the dot on July 4th. It was a glorious occasion, my report, and wondered how and when I had written it, and as I did not enlighten him, except to say that he had seen me writing on the train, his mystification remained with him until his death. The trip was a glorious one, and the reception all along the line was like a royal progress. The people of Port Moody in great numbers by the old "Yosemite" to welcome us. There was no public reception at Vancouver, for there wasn't any place to hold one, the original city having been almost totally consumed by fire just previous to our arrival. The flames destroyed almost everything, but the courage and hope and faith of the pioneers who bravely struggled against the blighting effects of the calamity, and they did this successfully, as can be seen to-day in the magnificent city which has arisen through the splendid results of their indomitable energy and unceasing labors which made Vancou-
ver what it is."

UNSURPASSED FOR CHILDHOOD AILMENTS

Mrs. Howard King, R.R. No. 5, Turro, N.S., says:—"I am the mother of four children and have always used Baby's Own Tablets when any of them needed a medicine and I can recom-
mend the Tablets as being unsurpassed for childhood ailments." Thous-
ands of other mothers agree with Mrs. King as to the merits of the Tablets. There are thousands of homes through-
out Canada where the Tablets are al-
ways kept on hand in readiness for the least sign of any of the minor ail-
ments which afflict little ones. Baby's Own Tablets never fail to regulate the stomach and bowels, thus they banish constipation and indigestion; break up colds and simple fevers; relieve colic and bring the baby through that dreaded teething period in safety. The Tablets never do harm—always good—as they are guaranteed absolutely free from injurious drugs. They are sold by medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Navigation By Sound.

An apparatus which automatically indicates the depth of water beneath a ship by means of an echo has been in-
vented. The device, which has already been tried with success in naval ves-
sels, consists of an oscillator fitted to the ship's side beneath the water line which produces a clear musical note.

This sound is echoed from the ocean bed and picked up by hydrophones or ear-plugs built into the ship's hull. It is then converted into an electrical current, which passes to an indicator in the vessel's chart-room, and lights up a bulb behind a number on a gradu-
ated dial corresponding to the depth of water beneath the ship at the time. The navigator of the ship fitted with this automatic sounder will merely press a button in order to obtain a continuous visual indication of the depth of water beneath him.

For Every Ill—Minard's Liniment.

Sugar From Sunlight.

How sugar forms in the beetroot, sugar cane, or maple tree has long been a mystery. It is known that sun-
light is necessary to enable plants to convert the gases of the atmosphere into starch and sugar, and recent suc-
cessful experiments by Professor Bely, of Liverpool, who has produced sugar artificially, are likely to open the way to important developments.

Some time ago he noticed that when the strong light from an electric lamp, such as is used in cinema studios, was allowed to fall upon a stream of carbonic acid gas, a certain amount of well-known disinfectant gas was produced which turned into sugar when dissolved in water.

The quantity of sugar formed in this way was very small, and it was found that the violet rays given off by the lamp contained light for different wave-lengths, some of which assisted while others interfered with the for-
mation of the sugar. Addition of or-
dinary powdered chalk to the water, however, neutralized this action and produced more sugar.

Experiments were now conducted on a larger scale in a rectangular glass tank fifteen inches square and eight inches deep, with small holes in each side. Having found that the imitation sunlight gave the disinfectant gas, Professor Bely omitted this step and filled the tank with a solution of the gas in water. In the middle of the tank an electrically driven fan was fitted so that the powdered chalk, which was then added, was stirred vigorously. Lamps were inserted into each of the holes in the tank and light allowed to play on the solution.

After fourteen days' continuous ex-
posure to the artificial sunlight a yield of 8 per cent. of sugar was obtained, and after the liquid had been purified and concentrated a sweet syrup was left.

Although the process is expensive, it is expected that it will be cheapened in the near future.

A Sheaf of Sage Sentences.

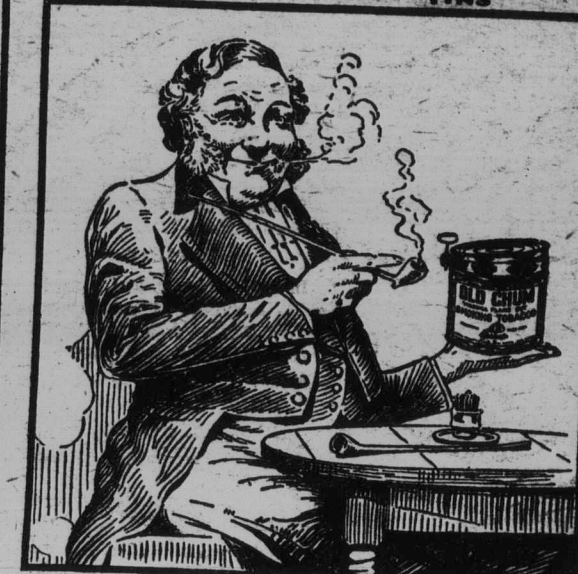
To link the conception of patriotism inseparably with that of war is to do it a grievous wrong. A true patriotism is the enemy of war.

All honor to the men who fought for our country, and to the wives and mothers who inspired and cared for them. But all honor, also, to the men and women who to-day labor to make fighting no longer necessary.

The worth of peace lies less in itself than in what it makes possible for the lives of men. It must rest upon justice or it has neither real value nor the quality of permanence.

Patriotism rightly lays its wreath upon the graves of its heroic sons who made the supreme sacrifice for their country, but it serves best the cause they died for by seeking to abolish the evil which required the sacrifice.

15¢ PER PKG. — and in 1/2 lb VACUUM (AIR-TIGHT) TINS



OLD CHUM The Tobacco of Quality

France Follows Suit.

Paris is to have a Wembley of its own next year, and preparations for the new exhibition are already in an advanced state. The French venture is to be an international exhibition of decorative and industrial art, and it is expected that from May to October next year, while it is in progress, the city on the Seine will be busier than ever.

Lobby towers are already rising on the chosen site, which stretches from the Invalides across the river to the Champs Elysees, and the whole area of the Esplanade and Place des In-
valides is being covered with a series of fairy palaces.

Very prominent in this latest exhibi-
tion will be French cooking and the art of the French furniture makers. And it is expected that the American accent will be even more in evidence at the Paris exhibition than it was at Wembley.

Telephone subscribers in Canada now total over 1,037,550, more than one in nine of the population.

Classified Advertisements

SALES ORGANIZER WANTED.

LARGE FLAVORING EXTRACT HOUSE, selling direct to homes, wants bright energetic woman as sales organizer in each county. Right party can easily make \$50 a week. Craig Bros., Sask. H. Niagara Falls, Ont.

ASTHMA!

Spread Minard's on brown paper and apply to the throat. A I s o inhale. Quick relief assured.



Improve Your Appearance

More Phosphate if you want your complexion to clear, eyes to brighten, and skin to become soft and smooth. Thin, nerve-exhausted people grow strong on Bitro-Phosphate and druggists guarantee it. Price \$1 per pkg. Arrow Chemical Co., 25 Front St. East, Toronto, Ont.

Pigs is Pigs.

Hi—"What made you fire your new hired man?"

St—"I told him to take some skim milk to the pigs, and he went and served it to the summer boarders."

Keep Minard's Liniment in the House.

Riding right round Australia, a distance of over 8,000 miles, a young Australian performed the journey in just under six months.

MURINE You Cannot Buy New Eyes

But you can Promote a Clean, Healthy Condition

YOUR EYES Use Murine Eye Remedy Night and Morning.

Keep Your Eyes Clean, Clear and Healthy. Write for Free Eye Care Book. Charles E. Murine Co., 9 East Ohio Street, Chicago.

Eczema On Hands For Two Years Cuticura Healed

"For about two years I suffered with eczema on my hands. It started with small scales and then turned to a rash and was very sore and red. It itched terribly at times and kept spreading until my fingers were covered with it. I could not put my hands in water nor do any work. I did not get much sleep at night on account of the irritation. "I used other remedies without much success. I saw Cuticura Soap and Ointment advertised and sent for a free sample. After using it I purchased more and in a month's time I was completely healed." (Signed) Lawrence Chauvin, West Chazy, N. Y., Sept. 27, 1924.

Make Cuticura Soap and Ointment your every-day toilet preparation and have clear, sweet skin, soft smooth hands, and a healthy scalp with good hair. Cuticura Talcum is unexcelled in purity.

Sample sent Free by Mail. Address Canadian Agents: "The Canadian Cuticura Co., Ltd., 100, Queen St. W., Toronto, Ont. Cuticura Shaving Stick 25c.

TO EXPECTANT MOTHERS

Letter from Mrs. Ayars Tells How Lydia E. Pinkham's Vegetable Compound Helped Her

Spring Valley, Sask.—"I took the Vegetable Compound before my last confinement, when I got to feeling badly that I could not sleep nights, my back ached so across my hips, and I could hardly do my work during the day. I never had such an easy confinement and this is my sixth baby. I read about Lydia E. Pinkham's Telegram and wrote you for one of your books. We have no druggist in our town, but I saw your medicine in T. Eaton's catalogue. I am a farmer's wife, so have all kinds of work to do inside and outside the house. My baby is a nice healthy girl, who weighed nine pounds at birth. I am feeling fine after putting in a large garden since baby came. (She is as good as she can be.) Yours is the best medicine for women, and I have told about it and even written to my friends about it." — Mrs. ANNIE E. AYARS, Spring Valley, Sask.

Lydia E. Pinkham's Vegetable Compound is an excellent medicine for expectant mothers, and should be taken during the entire period. It has a cerebral effect to strengthen and tone up the entire system so that it may work in every respect as nature intends. All druggists sell this dependable medicine. Give it a trial.

ISSUE No. 28—25.

Genuine
ASPIRIN

Proved safe by millions and prescribed by physicians for

Headache	Neuralgia	Colds	Lumbago
Pain	Toothache	Neuritis	Rheumatism

Safe → Accept only "Bayer" package which contains proven directions. Handy "Bayer" boxes of 12 tablets. Also bottles of 24 and 100—Druggists.

Aspirin is the trade mark (registered in Canada) of Bayer Manufacture of Monocyclic acid ester of Salicylic Acid (Acetyl Salicylic Acid, "A. S. A."). While it is well known that Aspirin means Bayer manufacture, to assist the public against imitations, the Tablets of Bayer Company will be stamped with their general trade mark, the "Bayer Cross."