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EYLON NATURAL GREEN Tea is fast becoming as pular as SALADA Black tea. Sold only in lead packets. se and 40c per lb. By all grocers.

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WELLINGTON Lodge, No. 46, A. F. & A. M., G. R. C., meets on the first Monday of every month, in the Masonic Hall, Fifth St., at 7.30 p. m. Visiting brethren

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ESTABLISHED 1817. (Apital (all paid up) \$13,379,240 on deposit receipts.

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he Hot Wash Tub.

For a lady to stand and drudge over a wash tub hot clothes this weather is both dragreeable and unhealthy. Call up shone 199, and we will call for your washing and deliver it back in as good order as we receive it, and cleaned as cleanly as you can do it yourself.

CHATHAM STEAM LAUNDRY.

....... B. C. Red Cedar Shingles White Pine Shingles. . BY CAR LOT.

Orders promptly filled. Write for prices.

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A cat and a kitten set out to go
To a wonderful traveling circus show.
They reached the door of the circus tent,
They paid their money, and in they went.

And, oh, the wonderful things they saw!
A glass eater with a terrible jaw,
Who ate bottles and tumblers with greatest (He was an ostrich, as you may have guessed).

handed clock, Gave the sightseers quite a shock,

TARRH THAT CONTAIN

tarrh Cure be sure you get the genu-ine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co., Testimonials free. Sold by Druggists. Price, 75c. per

Hall's Family Pills are the best.

ing than to know what isn't true.

Error is a great deal worse than gnorance; it is better to know noth-

MERCURY.

MISS FLORENCE CORBETT.

A Clever Young Woman Who Is an Expert on Dietetics.

Miss Florence Corbett, consulting dietitian, is one of the most important officials of the charities department of Brooklyn, and her work is all of a scientific nature.

"Look into this! See about this! How are meals cooked at the almshouse? How are the kitchens and dining rooms at the Metropolitan hospital arranged with relation to each other? Taking into account the money spent at that institution, could better results be obtained for the same expenditure? Is the service all it might be here, and might not the food be

made more appetizing there?"

These are samples of the questions the commissioner brings up almost daily before his consulting dictitian.

Miss Florence Corbett was one of the students in the Kansas State Agricultural college a few years ago,



MISS FLORENCE CORBETT.

working on foods, general science, biology, physiology, diet, domestic science. Even then she had a clear ambition of what she wanted to do. Completing her course there, she took a postgraduate course, not neglecting to get a good practical knowledge of how to cook thoroughly and well. Then she came east and took two terms, or about two-thirds of a year, at the Pratt institute in domestic science. Equipped for her novel profession as well as the technical schools could make her, got a post in the Elizabeth hospital, half as scientist, half as practical executive, seeing to everything from the moment the raw material came out of the storeroom until it was finally served to patients, nurses and staff. But in Elizabeth there was too small

The healthy old man wears his gray hairs like a silver crown. What if he be threescore and ten if there is still fire in his eye, firmness in his step, command in his voice and widom in his counsel? He commands love and reverence. Yet how few wear the mantle of age with dignity. Dim-eyed, querulous speech, halting step, childish in mind, they "lag superfluous on the stage," dragging out the fag end of life in a simple exa field. Her work was too varied in the Elizabeth hospital, with too little of a chance to bring her scientific acquirements and practical theories into play. The ground was, however, bro stantial one, and when some months perfluous on the stage," dragging out the fag end of life in a simple existence. The secret of a healthy old age is a healthy middle age. The man who takes care of his stomach, who keeps his body properly nourished, will find that the body does not fail him in old see. The great value later she got into communication with Dr. Duryea of the Kings County hospital and outlined to him her ambitions and the possibilities of the profession she was pioneering Dr. Duryea decided that this was just the sort of official he ed, will find that the body does not fail him in old age. The great value of Dr. Pierce's Golden Medical Discovery lies in the preservation of the working power of the stomach and other organs of digestion and nutrition. From this centre is distributed the nourishment of the whole bofy, the salt for the blood, the lime for the bones, phosphates for the brain and nerves. A sound stomach means

At the Kings County hospital Miss Corbett was dietitian, and she still remains on the city pay roll as such, though now in the charities department central office her duties are very different. Her advancement is exceptionally interesting, for her studies and investigations as an expert in all matters that concern food, its preparation and its service may quite possibly bring about great changes in the conduct of all the institutions under the city's

This is the first time the dietary of charitable institutions in any American city has been subjected to scientific study.-Brooklyn Eagle.

Always and ever the young woman in public places shows her breeding to the observing stranger, first by her

walk, sedate, yet with buoyancy that does not attract undue attention, then

by her talk, which is in well modulated

tones, designed for the ear of the per-

son whom she is addressing and not pitched in such a key and delivered in

such a style as to impress one that she is talking for the benefit of the stran-gers around her—a foolish vanity

which some are known to indulge in-also, good breeding is shown in her

general manner, which, if it betrays native vivacity in unguarded moments,

does not give way to vehement ges-tures or a dramatic display of facial ex-pression better suited to the stage, and, lastly, count dress among these things, since it declares the choice of the indi-

vidual very particularly, says a writer in Modern Woman. Happy she whose

purse is measured to her taste! Per-haps she is happier whose taste is fit-

ted to the purse, but may the taste be not for what is gaudy or extravagant merely, but for things adequate, ele-

gant and appropriate—things such as enhance a woman's beauty and hang

upon her body more as suggestions of the soul's enrichment than as an ad-

vertisement of the skill of the highest priced milliners and modistes.

Marriage is a partnership in a special sense, in which the man is generally

the breadwinner, but it by no means follows that the woman is merely an orimment or a doll arrayed in pretty dresses or house gowns. In the ideal home the wife bears her share of the

burdens that must come, it would seem, to us all. She keeps the house

mre or less elaborate, according to

C. C. RICHARDS & CO.

Dear Sirs,—I have used MINARD'S LINIMENT in my stable for over a year and consider it the very best for horse flesh I can get, and strongly recommend it.

GEO. HOUGH.

and nerves. A sound stomach means a sound man. A man who keeps his stomach sound by the use of "Golden Medical Discovery" will wear the crown of gray hairs as befits a mon-

dignity and ease.

Tommy-Say, Pop.
Tommy's Pop-Well, what is it?
Tommy-Is a Scotch high ball what
people play golf with?

arch, with

Livery Stables, Quebec.

Is Sydney Spluggs putting on many airs since he came into his fortune? Airs! I think so; he's had three surgical operations.

LOSS OF APPETITE.

LOSS OF APPETITE.

Is commonly gradual; one dish aften another is set aside till few remain. These are not eaten with much relish, and are often so light as not to afford much nourishment.

Loss of appetite is one of the first indications that the system is running down, and there is nothing else so good for it as Hood's Sarsaparilla—the best of all tonics.

Accept no substitute for Hood's.

He's been trying for months to raise a moustache.

And he can't raise it, for I notice it's still down.

Wash greasy dishes, pots or pans with Lever's Dry Soap a powder. It will re-move the grease with the greatest case. 36 She—Are you sure you love me?
He—Sure? Why, I never had any
agony in my life that made me so
happy!

Minard's Liniment - Lumberman's

the circumstances. If she has one servant or more her burdens take other forms than if she did her own work. If she has children there is the responsibility of caring for them. The mother's influence upon her children for good or evil is very great. If there are guests at the home the matter of en-tertainment devolves largely upon the wife. Her duties are multifarious, and when she has done all she is expected to be a companion for her husband and to be interested in the things in which he is interested. All this is just as much contribution to the household happiness and comfort as the money the husband brings home every week. In business matters the wife should be treated like a business partner; she should have an allowance and should ing for it .- Woman's Home Companion. Make Baby Comfortable

Don't make baby's dress too tight, says a writer in Good Housekeeping. Many a baby frets and cries simply because the little arms are restricted or the neckband is too tight. By making baby's first clothes large you will save yourself much extra work and many fretful days. My baby wore her first dresses until she wore them out, some being in use when she was two and a half years old. No change was necessary save in length of skirt. Recently I saw a big, overgrown baby of six months whose yoke met only at one button. I asked the mother if I might loosen the clothes. I did so and found that the sleeves, made for a small baby, now cut into the fat arms. The haby at once stopped fret-

ting.

Savarin's famous recipe for cheese fondue is worth preserving and should be pasted on the fly leaf of the cookbook most often in use. "Take first as many eggs as there are guests and about one-third as much by weight of the best Gruyere cheese and half of that of butter. Break and beat up the eggs well in a saucepan, then add the butter and the cheese, grated or cut into small pieces. Place the saucepan on the fire and stir with a wooden spoon until it is of a soft consistence; put in sait according to the age of the cheese and a strong dose of pepper, that being a special attribute of this ancient dish, and finally let it be brought to the table on a hot dish."

The Ready Made Hat. A girl having good taste and whos observation of the smartest hat models leads her to fix in her mind certain modes of trimming may with very little expense add lace, ribbon or a spray of flowers to the ready made hats sold at so moderate a price at the department shops. This is the cheapest way to secure a pretty hat. Those who wear them as they are sold usually appear most commonplace in them, while those who invest them with a fashionable air are never sus-pected of their amateur cleverness, so professional does the hat look on their heads.—Buffalo News.

The Neck.

Nearly every woman believes that a black velvet band brightens the beauty of her neck when in low corsage. Especially if it be long and slender does she insist upon putting black velvet or a narrow necklace about it, and thus she makes it look even longer and more slender. The effect is to make the neck appear longer and the face thinner. It is the stout woman with a too plump neck who may thus deco-rate herself.

Shirt Buttonholes

When shirts give out at the buttonholes, take a piece of linen tape as wide as the neckband and put a piece inside and outside about an inch each side of the buttonhole. Overcast it neatly at top and sew down flat. Then cut and make a new buttonhole over the old one. It will last the shirt out. When laundered, you would hardly know it had been mended.

Home Corned Beef. Home corned beef is better than that corned in the market. Make the brine of two quarts of water, two cupfuls of salt and two teaspoonfuls of saltpeter. Put it in a covered jar. Turn the beef when it has been in the brine for two days and allow it to stay in for two or three days longer. The rump is the best piece for corn-

Discolored Piano Keys. Discolored piano keys can with care be restored to their proper color. Dilute one ounce of nitric acid in ten eunces of soft water. Apply this liq-uid to the ivory with a brush, taking care that none of it touches the wood on which the ivory is veneered. Wash off the acid with a piece of flannel dipped in clean water.

An excellent way for treating the floor of a girl's bedroom is to enamel it in some pretty art color and have a rug on it. Such a floor is easily kept clean, always looks dainty and, if given a thin coat of enamel every year, can be kept in good condition.

The brush and tray service for the removal of crumbs from the table-cloth is out of date. Use a folded napkin and a plate or one of the silver scrapers that come for the purpose.

Let the home be cheerful, a place where the husband or son, when re-turned from his daily toil, may find a haven of rest, an oasis in the desert.

The stout girl must gain control over her waist and abdominal muscles. She must sit and stand correctly.

A little lemon juice in the shampon water will lighten the hair,

WHERE

BUYTHE PLANET

THE DAILY PLANET will be found on sale at the following places in Chatham :-

Robt. Cooper's Bookstore.

W. J. Kenny's " J. L. Davis' Drug Store.

W. W. Turner's " Sulman's Bee Hive.

TOLD IN A DREAM.

The Message That a Dying Girl Con-

Here is an interesting, if somewhat "creepy," story which reachés us from a correspondent upon whose good faith we can rely: A certain young lady, whom we will call Mary A., was recovering from illness. The doctor had declared her to be out of danger, and her friends and relatives were rejoicing in the fact. Nevertheless, Miss A., receiving a visit one day from a sister, gravely assured her that she was going to die. The sister poohpoohed the ide and treated it as an invalid's fancy. Miss A., however, with the utmos calmness, repeated her statement. She was certain that she would die that night and begged her sister to fetch her parents and other relatives to say goodby. Thinking to humor her, the sister complied. One person was absent from this strange family gathering-a broth er, who was at sea and was expected home in a week or two. "But it does not matter," Miss A. quietly observed. "I saw him last night in a dream and said goodby to him in his cabin." Before the sun rose again Miss A.'s prediction had come true; she was dead. That, however, is not the strangest part of this weird story. When in due time the sailor brother reached port he was met by his other sister who began to tell him the sad news. he interrupted, "you need not tell met Mary is dead. I knew it, for she came to me one night in my dreams and told me she was going to die and wanted to say goodby." On comparing dates it was found that the dreams were dreamed on the selfsame night-London News. Don't be a schemer.

Only \$10.00 to Atlantic City

Cape May, Sea isle City or Ocean City and return. Three Sea Shore Ex-cursions, via Lehigh Valley Railroad— August 4, 18 and 25. Tickets good 15 days, and only \$10

from Suspension Bridge to above Seashore Resorts and return. Tickets allow step-over at Philadelphia.
For further particulars call on or address ROBT. S. LEWIS, Passenger Agent, 33 Yonge St., Toronto, Ont.

EVERYBODY SHOULD TAKE A VACATION. ,

Whether it be for a few days or a few weeks, the change of occupation, the peaceful quiet gest in the woods, or a trip through the charming lakes and rivers of "the Highlands of Ontario," breathing in the pure air, impregnated with the odor of the balsam and pines, will not only do you and your family good, but will make you of more benefit to your make you of more benefit to your employer. Think of this and call on W. E. Rispin, City Passenger and Ticket Agent, or depot Ticket Agent Grand Trunk Railway for handsome illustrated folders, resort guides, and reliable information as to hotels

\$64.80 CHATHAM TO NORTH PACIF-IC COAST POINTS.

Do not miss this opportunity to visit the Pacific Coast. Round trip tickets are now on sale and until Aug. 13. to Vancouver and Victoria, B. C., Seattle and Tacoma, Wash., and Portland. Ore., at reduced fare of \$64.80. Tickets are valid to return until October 15th 1999. er 15th, 1903.

For tickets and all information re garding routes, stop over privileges, etc., apply to Agents Grand Trunk Railway System. W. E. RISPIN, Agent, King St., Chatham.

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Tickets are now on sale and until August 13th. to Los Angeles or San Francisco, Cal., at reduced fare of \$68.60 for the round trip, valid for rereturn until October 15th. Remember that the Grand Trunk service is unexcelled to Chicago, making direct connection with all lines for west and south-west

south-west.

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Via the Chicago and North-Western
Railway. First class round trip tickets on sale from Chicago, August 1st
to 14th, to San Francisco and Los
Angeles, also to Portland, Tacoma
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rates from other points. Favorable
stopover privileges. Return limit
October 15th, 1908. Three trains daily
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without change, with first class Pullmans and tourist sleeping cars. For
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WEST. \$ 8.15 a.m. for Windsor, Detroit and inrmediate stations.

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t 4.23 p.m. for Windsor and Detroit.

9.07 p.m. for Detroit, Chicago and west
EAST. \$ 8.32 a.m. for London, Hamilton, Toron-

o, Bullalo.

1.45 p. m. for Glencoe and St. Thomas

2.23 p.m. for London, Toronto, Mcareal, Buffalo and New York.

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conto, Montreal and East.

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Band Concerts Tuesdays and Fridays. Fare 25c. Regular daily fare returning same day, 40c. Children 20c. Regular daily fare returning next day, 60c, Children 30c. Rond Bau to Chatham and Return Wednesdays and Saturdays 60c.

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On July 31st to August 13th anclusive, the Wabash will sell round trip tickets to San Francisco or Los Angeles, Cal., at the lowest rate ever made from Canada, tickets good until October 15th, 1903. All tickets should read via Detroit and over the great Wabash line, the short and true route to Pacific Coast points. This will be the last, best and cheapest excursion to California this season, do not miss it. For full particulars apply to any Wabash agent, or J. A. Richardson, District Passenger Agent, Northeast corner King and Yonge streets. Agent, Northease Yonge streets. W. E. RISPIN. C. P. Agent, Chatham. J. C. PRITCHARD, Depot Agent

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