

INTERMURALS

RECREATION PROGRAM

The Physical Recreation and Intramural announces
NEW COUNTER HOURS 12:00 noon to 4:00 pm
 Room A121 L.B. Gym

In order to provide better service to all participants please arrange to visit us between these hours.

INTRAMURAL SPORTS

Co-Ed Softball

The CO-Ed Program begins this week with the ever popular Co-Ed Softball Tournament to be held this week and next. Team Managers are reminded to pick up a copy of the schedule from the Recreation Office after noon today. Any individuals who would like to participate but missed the entry deadline, should contact the Recreation Office between 12:00 and 4:00 pm today. We may be able to find a team for you Good Luck to all participants.

Fall Indoor Sports

Although the outdoor sports leagues are only just beginning it will soon be time to register for Fall Indoor Intramural Sports. Registration material will be available from the Recreation Office approximately 10 days before the entry deadlines. Start planning your indoor intramural activities now.

Sport	Entry Deadline
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WOMEN'S

Volleyball League	Tuesday, October 3
Basketball League	Tuesday, October 31

MEN'S

Basketball League	Tuesday, October 3
Ball Hockey League	Tuesday, October 3
Ice Hockey League	Thursday, October 12

CO-ED

Inner-Tube Waterpolo
 Tuesday, October 3
 Broomball League
 Wednesday, October 11
 Volleyball Tourney
 Tuesday, October 17
 Basketball Tourney
 Tuesday, November 14

Tournaments

Badminton
 Friday, October 13

Cross Country Meet
 TBA

Officials Needed



KAYAK CLUB

The club is able to handle up to about 15 to 20 persons with the current pool time available. Arrangements could be made if more people are interested. Pool use and instruction is usually held on a weekly basis. The kayak instruction is aimed at white-water techniques, (i.e. Eskimo roll, etc.). There are a couple of film and slide presentations viewed during the year, and in spring when the ice has broken, (end of April), a small white-water trip is usually attempted.

Ownership of a kayak is not a must, but it certainly is a benefit. Boat rentals are available, but the majority of the rental costs are burdened to the non-boat owner.

Approx. Fees:

Student with boat:	\$25.00
Non-student with boat:	\$30.00
Student without boat:	\$50.00
Non-student without boat:	\$55.00

Meeting/Practise Times: Sundays 4:30 - 6:30
 Oct. - Apr.

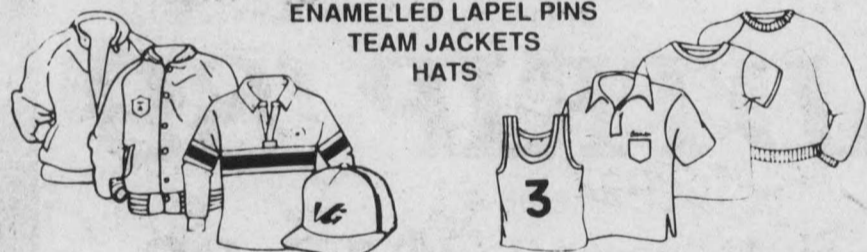
Contact person: Alan MacLennan Ph: 455-2149

Instructor: Peter Forbes and/or Bruce Smith

Come and try the sport first, then decide if it is for you.

Welcome Students

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