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Gloria Tonic.

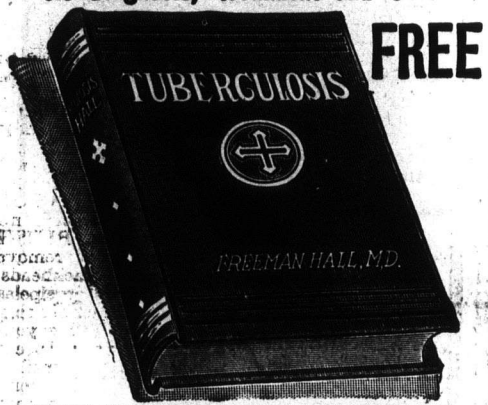
Rheumatism, Lumbago, Sciatica, Pain in the back have been cured, in the real meaning of the word, by a little Stillingia, Iodide of Potassium, Poke Root, Guaiac Resin and Sarsaparilla. Any person can take these remedies in any reasonable amount with perfect safety, and the results have been found to be astonishing. It has been proven that this combination makes up the best rheumatism remedy in existence, having actually cured many stubborn cases of over 30 and 40 years' standing—even in persons of old age.

The five ingredients mentioned above prepared with great accuracy and skill not only in regard to proportion, but also in selecting the best material, have been put up in compressed tablet form, and are called "GLORIA TONIC," and fifty thousand boxes are offered free to introduce it.

If you suffer from any form of uric acid in the blood, and have Rheumatism, Gout, Lumbago, Sciatica, this is the way to drive it out of your system in quick time. Simply send your name and address, enclosing this advertisement, to JOHN A. SMITH, 1654 Laing Building, Windsor, Ontario, and by return mail you will receive the box absolutely free. It is only in "Gloria Tonic" that you can get the above combination ready for use.

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NEW TREATISE ON TUBERCULOSIS

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This valuable medical book tells in plain, simple language how Consumption can be cured in your own home. If you know of anyone suffering from Consumption, Catarrh, Bronchitis, Asthma or any throat or lung trouble, or are yourself afflicted, this book will help you. Even if you are in the advanced stage of the disease and feel there is no hope, it will instruct you how others, with its aid, cured themselves after all remedies tried had failed, and they believed their case hopeless.

Write at once to The Yonkerman Co., 1742 Rose St., Kalamazoo, Mich., and they will gladly send you the book by return mail free and also a generous supply of the New Treatment absolutely Free, for they want you to have this wonderful remedy before it is too late. Don't wait—write to-day. It may mean the saving of your life.

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enjoy reading it. I think the bachelors of the West write cheery letters, but I guess they get lonely sometimes. I am enclosing a stamped letter to be forwarded to "Buffalo Bill" as I would like to correspond with him. I would also like to hear from cowboys in the West, and will promise to answer all letters. My address is with the Editor, I will sign myself,

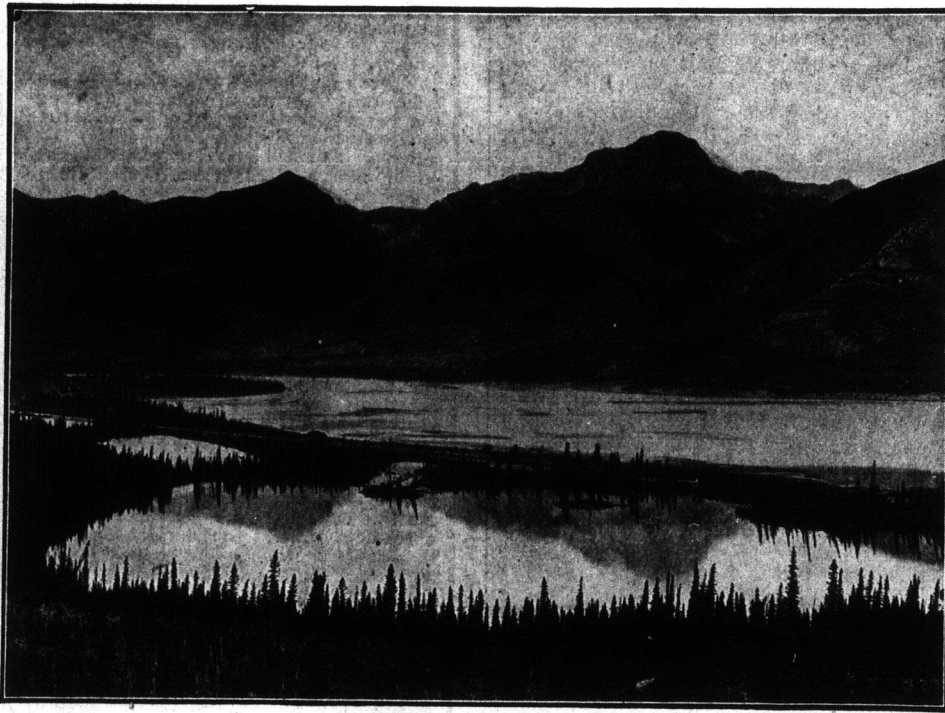
Ruby.

A Great Improvement

Sask., Oct. 14, 1913.

Dear Editor—Although I have been a reader of your valuable paper for two years, this is the first attempt I have made to write to you. I will endeavor to pen a few lines which may be of interest to some of those Eastern girls who have a desire to know a little about us Western bachelors. First of all I want to tell you I have been seven years in the West, so you can guess by that, that I am no newcomer. "Lancastrian" of October number is quite right when he says homesteading is an up-hill life. Certainly we have many battles to fight. Don't be discouraged "Lancastrian," if at first you don't succeed, try, try again. I am very much interested in Blondy's letter. Say girls, there's some sound advice for you which I am sure is worth remembering. "Blondy" is perfectly right when she says

and hope others will take it up. I am not by any means the "ideal woman" whom "Rose Bush" describes; though I am endeavoring to lead a Christian life. I am conscious often of many failures. Although healthy I am not particularly strong, though thanks to Canada—much stronger in recent years. Some of the qualifications probably fit me. Now if I may further trespass on your space, Mr. Editor, I will endeavor to describe my "ideal man," though in many respects he will be a duplicate of "Rose Bush's" description of the "Ideal Woman." He will be an earnest Christian, though with nothing "mamby-pamby" about his nature. As opportunity offers he will be an active Christian worker, healthy, height about 5 feet, 9 inches, age from 32 to 35 years, dark hair and eyes, a clear rather ruddy complexion, well educated, courteous to all, a lover of children and nature in all its phases. He must above all have very high ideals of marriage and home life, though very patient with the little failings incidental to a home. May I add that I am English, though my residence in Canada has been of duration long enough to allow me sometimes to be mistaken for a genuine Canadian. I am a school teacher in a City in Saskatchewan, and thoroughly enjoy the work. I wish I could trespass long enough to tell of the help the W.H.M. has been to me. It cer-



Interlaken, Alta.

Mother will prove a friend to us when all others fail. I would be pleased to hear from "Blondy" if she would care to write to a lonely homesteader. Although I am glad to say it is not so lonely as it used to be four years ago when we had to go sixty miles to town and used to get our mail once a month. Now we are only nine miles from a good town, and the country is well settled. Of course I have work enough to do to keep my hands out of mischief. I have 320 acres of land; I had 200 acres in crop this year. I do all the work myself, so you may guess I am not idle. "Rose Bush" certainly gave us quite a picture of an "ideal woman," now girls hurry up and give us a picture of an "ideal man." I am anxious to see that. I would like to hear from any of the girls, and I leave my address with the Editor,

Western Sun.

A School Teacher's Ideal Man

Sask., Oct. 13, 1913.

Dear Editor and Readers—I have been an appreciative reader of the W.H.M. for three years, but never before have summoned up the courage needed to write to the Correspondence department. If this letter is consigned to the waste paper basket I fear it will be more than three years before I again am courageous enough to venture an opinion. I have enjoyed the October number even more than usual, which is saying a great deal. The letters of "Qui Vive" and "Rose Bush" of the current number, have provided the stimulus I was needing to incite me to my decision to write. I shall be very interested in the subject for discussion proposed by "Rose Bush,"

certainly has helped to mould my ideals. I will welcome any correspondence,

Father's Girl.

Not an Age of Chivalry

Kamloops, B.C., Oct. 17, 1913.

Dear Editor—It is a long time since I have seen anything from Kamloops, B.C., in this column, so if I may have a little space I will tell you how things are going on out West, but, first of all, I would like to praise you for the nice issue of October. The picture of that fine healthy girl on the front page is worth the money. I might say if there are many girls like her in the W.H.M. Club I would give all I had to meet them. It is pretty difficult to find such healthy good looking girls as the one in the picture. The reading in the magazine is fine and very true. The first little paragraph about a visitor at Winnipeg giving up his seat to twelve ladies without one of them thanking him. You can see that all over, what with the rush in work, and eating, and making dollars there is no chivalry. Another is about the religious feeling in the West—it is materialism sure enough, but still I blame the Colleges for sending us such men as they do. They may be versed in the Bible, but they have not got the go and will power to hold a crowd; they think they are safe, but the crowd is supposed to be ignorant and lost. We have a good one now in our settlement, but the last three were surely slow. Send us good talkers, men who will fall in line and make themselves at home, and forget what they used to do away back East. Let us give thanks, yes we can give thanks, we are proud of our country; as Canadians we

GIRL SUFFERED TERRIBLY

At Regular Intervals—Says
Lydia E. Pinkham's Vegetable Compound completely cured her.

Adrian, Texas.—"I take pleasure in adding my testimonial to the great list



and hope that it will be of interest to suffering women. For four years I suffered untold agonies at regular intervals. Such pains and cramps, severe chills and sickness at stomach, then finally hemorrhages until I would be nearly blind. I had five doctors and none of them could do more than relieve me for a time.

"I saw your advertisement in a paper and decided to try Lydia E. Pinkham's Vegetable Compound. I took seven boxes of it and used two bottles of the Sanative Wash, and I am completely cured of my trouble. When I began taking the Compound I only weighed ninety-six pounds and now I weigh one hundred and twenty-six pounds. If anyone wishes to address me in person I will cheerfully answer all letters, as I cannot speak too highly of the Pinkham remedies."—Miss JESSIE MARSH, Adrian, Texas.

Hundreds of such letters expressing gratitude for the good Lydia E. Pinkham's Vegetable Compound has accomplished are constantly being received, proving the reliability of this grand old remedy.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

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No additional help or medicine necessary with this, which we send you in confidence. Most doctors if they knew this would probably charge \$3.00 to \$5.00 to write it out for you. No charge for this if you

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