

FACTS ABOUT HEALTH

It is Easy to Keep Well if We Know How. Some of the Conditions Necessary to Perfect Health. The importance of maintaining good health is easily understood, and it is really a simple matter if we take a correct view of the conditions required. In perfect health the stomach promptly digests food, and thus prepares nourishment. The blood is employed to carry this nourishment to the organs, nerves, muscles and tissues which need it. The first great essential for good health, therefore, is pure, rich blood. Now it is certainly a fact that no medicine has such a record of cures as Hood's Sarsaparilla. It is literally true that there are hundreds of people alive and well today who would have been in their graves had they not taken Hood's Sarsaparilla. It is depended upon as a family medicine and general regulator of the system by tens of thousands of people. This is because Hood's Sarsaparilla makes the blood pure. This is the secret of its great success. Keep your system in good health by keeping your blood pure with Hood's Sarsaparilla. It is absolutely cures when other medicines fail to do any good whatever.

Hood's Pills are the only pills to take with Hood's Sarsaparilla.

Commercial.

Local Market.

[Reported by A. M. Hamilton & Son.] Wheat, white fall, per bu., \$1.40 to \$1.45; wheat, red fall, per bu., \$1.35 to \$1.40; wheat, spring, per bu., \$1.30 to \$1.35; oats, per bu., \$1.20 to \$1.25; corn, per bu., \$1.10 to \$1.15; rye, per bu., \$1.00 to \$1.05; buckwheat, per bu., \$1.00 to \$1.05; beans, per bu., \$1.00 to \$1.05.

WEEKLY.

The receipts of wheat have been fair this week. The first part saw better demand. Cuckoo was one of the small-fisted ones that came in. Receipts of corn, peas, barley and buckwheat were all lower. Live and ocean came never were away with prices showing no change; demand for all kinds of grain steady. Eggs fell 2c to 25c per dozen, and closed steady. Butter was about 10c lower. Turkeys, geese, ducks and chickens were scarce and sold at a good deal higher prices. Receipts of beef and mutton good; prices unchanged. Dressed hogs steady at \$17.75 to \$18 for choice light-weights. Potatoes sold at \$1.00 to \$1.05; bag, according to quality. No change can be seen in any other line.

Poultry Supplies.

Miss Crystal Hill, Ontario, Shell, Pratt's Egg Producer, Dr. Hest, Fens, West, Instant for Fowls, etc. We will appreciate your trade.

A. M. HAMILTON & SON, 378 Talbot St., Market Square, Phone 662.

English Markets.

THE FOLLOWING TABLES SHOW THE QUOTATIONS PER CENT AT LIVERPOOL FOR THREE PREVIOUS MARKET DAYS. In the case of wheat highest prices are given.

	Jan. 29	Jan. 30	Jan. 31	Feb. 1
WHEAT—				
No. 1, red spring...	8.4	8.4	8.4	8.4
No. 1, white spring...	8.4	8.4	8.4	8.4
No. 2, red spring...	8.4	8.4	8.4	8.4
No. 2, white spring...	8.4	8.4	8.4	8.4
Barley—				
No. 1, malt...	3.4	3.4	3.4	3.4
No. 2, malt...	3.4	3.4	3.4	3.4
Oats—				
No. 1, white...	2.4	2.4	2.4	2.4
No. 2, white...	2.4	2.4	2.4	2.4
No. 3, white...	2.4	2.4	2.4	2.4
No. 4, white...	2.4	2.4	2.4	2.4
No. 5, white...	2.4	2.4	2.4	2.4
No. 6, white...	2.4	2.4	2.4	2.4
No. 7, white...	2.4	2.4	2.4	2.4
No. 8, white...	2.4	2.4	2.4	2.4
No. 9, white...	2.4	2.4	2.4	2.4
No. 10, white...	2.4	2.4	2.4	2.4
No. 11, white...	2.4	2.4	2.4	2.4
No. 12, white...	2.4	2.4	2.4	2.4
No. 13, white...	2.4	2.4	2.4	2.4
No. 14, white...	2.4	2.4	2.4	2.4
No. 15, white...	2.4	2.4	2.4	2.4
No. 16, white...	2.4	2.4	2.4	2.4
No. 17, white...	2.4	2.4	2.4	2.4
No. 18, white...	2.4	2.4	2.4	2.4
No. 19, white...	2.4	2.4	2.4	2.4
No. 20, white...	2.4	2.4	2.4	2.4
No. 21, white...	2.4	2.4	2.4	2.4
No. 22, white...	2.4	2.4	2.4	2.4
No. 23, white...	2.4	2.4	2.4	2.4
No. 24, white...	2.4	2.4	2.4	2.4
No. 25, white...	2.4	2.4	2.4	2.4
No. 26, white...	2.4	2.4	2.4	2.4
No. 27, white...	2.4	2.4	2.4	2.4
No. 28, white...	2.4	2.4	2.4	2.4
No. 29, white...	2.4	2.4	2.4	2.4
No. 30, white...	2.4	2.4	2.4	2.4
No. 31, white...	2.4	2.4	2.4	2.4
No. 32, white...	2.4	2.4	2.4	2.4
No. 33, white...	2.4	2.4	2.4	2.4
No. 34, white...	2.4	2.4	2.4	2.4
No. 35, white...	2.4	2.4	2.4	2.4
No. 36, white...	2.4	2.4	2.4	2.4
No. 37, white...	2.4	2.4	2.4	2.4
No. 38, white...	2.4	2.4	2.4	2.4
No. 39, white...	2.4	2.4	2.4	2.4
No. 40, white...	2.4	2.4	2.4	2.4
No. 41, white...	2.4	2.4	2.4	2.4
No. 42, white...	2.4	2.4	2.4	2.4
No. 43, white...	2.4	2.4	2.4	2.4
No. 44, white...	2.4	2.4	2.4	2.4
No. 45, white...	2.4	2.4	2.4	2.4
No. 46, white...	2.4	2.4	2.4	2.4
No. 47, white...	2.4	2.4	2.4	2.4
No. 48, white...	2.4	2.4	2.4	2.4
No. 49, white...	2.4	2.4	2.4	2.4
No. 50, white...	2.4	2.4	2.4	2.4
No. 51, white...	2.4	2.4	2.4	2.4
No. 52, white...	2.4	2.4	2.4	2.4
No. 53, white...	2.4	2.4	2.4	2.4
No. 54, white...	2.4	2.4	2.4	2.4
No. 55, white...	2.4	2.4	2.4	2.4
No. 56, white...	2.4	2.4	2.4	2.4
No. 57, white...	2.4	2.4	2.4	2.4
No. 58, white...	2.4	2.4	2.4	2.4
No. 59, white...	2.4	2.4	2.4	2.4
No. 60, white...	2.4	2.4	2.4	2.4
No. 61, white...	2.4	2.4	2.4	2.4
No. 62, white...	2.4	2.4	2.4	2.4
No. 63, white...	2.4	2.4	2.4	2.4
No. 64, white...	2.4	2.4	2.4	2.4
No. 65, white...	2.4	2.4	2.4	2.4
No. 66, white...	2.4	2.4	2.4	2.4
No. 67, white...	2.4	2.4	2.4	2.4
No. 68, white...	2.4	2.4	2.4	2.4
No. 69, white...	2.4	2.4	2.4	2.4
No. 70, white...	2.4	2.4	2.4	2.4
No. 71, white...	2.4	2.4	2.4	2.4
No. 72, white...	2.4	2.4	2.4	2.4
No. 73, white...	2.4	2.4	2.4	2.4
No. 74, white...	2.4	2.4	2.4	2.4
No. 75, white...	2.4	2.4	2.4	2.4
No. 76, white...	2.4	2.4	2.4	2.4
No. 77, white...	2.4	2.4	2.4	2.4
No. 78, white...	2.4	2.4	2.4	2.4
No. 79, white...	2.4	2.4	2.4	2.4
No. 80, white...	2.4	2.4	2.4	2.4
No. 81, white...	2.4	2.4	2.4	2.4
No. 82, white...	2.4	2.4	2.4	2.4
No. 83, white...	2.4	2.4	2.4	2.4
No. 84, white...	2.4	2.4	2.4	2.4
No. 85, white...	2.4	2.4	2.4	2.4
No. 86, white...	2.4	2.4	2.4	2.4
No. 87, white...	2.4	2.4	2.4	2.4
No. 88, white...	2.4	2.4	2.4	2.4
No. 89, white...	2.4	2.4	2.4	2.4
No. 90, white...	2.4	2.4	2.4	2.4
No. 91, white...	2.4	2.4	2.4	2.4
No. 92, white...	2.4	2.4	2.4	2.4
No. 93, white...	2.4	2.4	2.4	2.4
No. 94, white...	2.4	2.4	2.4	2.4
No. 95, white...	2.4	2.4	2.4	2.4
No. 96, white...	2.4	2.4	2.4	2.4
No. 97, white...	2.4	2.4	2.4	2.4
No. 98, white...	2.4	2.4	2.4	2.4
No. 99, white...	2.4	2.4	2.4	2.4
No. 100, white...	2.4	2.4	2.4	2.4

The Oil Market.

PETROLIA, Feb. 1.—Oil opened and closed 41.40.

American Markets.

CHICAGO, Feb. 1.—The leading futures closed as follows: Wheat—No. 2, Feb. 2.20; No. 2, Mar. 2.15; No. 2, Apr. 2.10; No. 2, May 2.05; No. 2, June 2.00; No. 2, July 1.95; No. 2, Aug. 1.90; No. 2, Sept. 1.85; No. 2, Oct. 1.80; No. 2, Nov. 1.75; No. 2, Dec. 1.70; No. 2, Jan. 1.65; No. 2, Feb. 1.60; No. 2, Mar. 1.55; No. 2, Apr. 1.50; No. 2, May 1.45; No. 2, June 1.40; No. 2, July 1.35; No. 2, Aug. 1.30; No. 2, Sept. 1.25; No. 2, Oct. 1.20; No. 2, Nov. 1.15; No. 2, Dec. 1.10; No. 2, Jan. 1.05; No. 2, Feb. 1.00; No. 2, Mar. 0.95; No. 2, Apr. 0.90; No. 2, May 0.85; No. 2, June 0.80; No. 2, July 0.75; No. 2, Aug. 0.70; No. 2, Sept. 0.65; No. 2, Oct. 0.60; No. 2, Nov. 0.55; No. 2, Dec. 0.50; No. 2, Jan. 0.45; No. 2, Feb. 0.40; No. 2, Mar. 0.35; No. 2, Apr. 0.30; No. 2, May 0.25; No. 2, June 0.20; No. 2, July 0.15; No. 2, Aug. 0.10; No. 2, Sept. 0.05; No. 2, Oct. 0.00; No. 2, Nov. -0.05; No. 2, Dec. -0.10; No. 2, Jan. -0.15; No. 2, Feb. -0.20; No. 2, Mar. -0.25; No. 2, Apr. -0.30; No. 2, May -0.35; No. 2, June -0.40; No. 2, July -0.45; No. 2, Aug. -0.50; No. 2, Sept. -0.55; No. 2, Oct. -0.60; No. 2, Nov. -0.65; No. 2, Dec. -0.70; No. 2, Jan. -0.75; No. 2, Feb. -0.80; No. 2, Mar. -0.85; No. 2, Apr. -0.90; No. 2, May -0.95; No. 2, June -1.00; No. 2, July -1.05; No. 2, Aug. -1.10; No. 2, Sept. -1.15; No. 2, Oct. -1.20; No. 2, Nov. -1.25; No. 2, Dec. -1.30; No. 2, Jan. -1.35; No. 2, Feb. -1.40; No. 2, Mar. -1.45; No. 2, Apr. -1.50; No. 2, May -1.55; No. 2, June -1.60; No. 2, July -1.65; No. 2, Aug. -1.70; No. 2, Sept. -1.75; No. 2, Oct. -1.80; No. 2, Nov. -1.85; No. 2, Dec. -1.90; No. 2, Jan. -1.95; No. 2, Feb. -2.00; No. 2, Mar. -2.05; No. 2, Apr. -2.10; No. 2, May -2.15; No. 2, June -2.20; No. 2, July -2.25; No. 2, Aug. -2.30; No. 2, Sept. -2.35; No. 2, Oct. -2.40; No. 2, Nov. -2.45; No. 2, Dec. -2.50; No. 2, Jan. -2.55; No. 2, Feb. -2.60; No. 2, Mar. -2.65; No. 2, Apr. -2.70; No. 2, May -2.75; No. 2, June -2.80; No. 2, July -2.85; No. 2, Aug. -2.90; No. 2, Sept. -2.95; No. 2, Oct. -3.00; No. 2, Nov. -3.05; No. 2, Dec. -3.10; No. 2, Jan. -3.15; No. 2, Feb. -3.20; No. 2, Mar. -3.25; No. 2, Apr. -3.30; No. 2, May -3.35; No. 2, June -3.40; No. 2, July -3.45; No. 2, Aug. -3.50; No. 2, Sept. -3.55; No. 2, Oct. -3.60; No. 2, Nov. -3.65; No. 2, Dec. -3.70; No. 2, Jan. -3.75; No. 2, Feb. -3.80; No. 2, Mar. -3.85; No. 2, Apr. -3.90; No. 2, May -3.95; No. 2, June -4.00; No. 2, July -4.05; No. 2, Aug. -4.10; No. 2, Sept. -4.15; No. 2, Oct. -4.20; No. 2, Nov. -4.25; No. 2, Dec. -4.30; No. 2, Jan. -4.35; No. 2, Feb. -4.40; No. 2, Mar. -4.45; No. 2, Apr. -4.50; No. 2, May -4.55; No. 2, June -4.60; No. 2, July -4.65; No. 2, Aug. -4.70; No. 2, Sept. -4.75; No. 2, Oct. -4.80; No. 2, Nov. -4.85; No. 2, Dec. -4.90; No. 2, Jan. -4.95; No. 2, Feb. -5.00; No. 2, Mar. -5.05; No. 2, Apr. -5.10; No. 2, May -5.15; No. 2, June -5.20; No. 2, July -5.25; No. 2, Aug. -5.30; No. 2, Sept. -5.35; No. 2, Oct. -5.40; No. 2, Nov. -5.45; No. 2, Dec. -5.50; No. 2, Jan. -5.55; No. 2, Feb. -5.60; No. 2, Mar. -5.65; No. 2, Apr. -5.70; No. 2, May -5.75; No. 2, June -5.80; No. 2, July -5.85; No. 2, Aug. -5.90; No. 2, Sept. -5.95; No. 2, Oct. -6.00; No. 2, Nov. -6.05; No. 2, Dec. -6.10; No. 2, Jan. -6.15; No. 2, Feb. -6.20; No. 2, Mar. -6.25; No. 2, Apr. -6.30; No. 2, May -6.35; No. 2, June -6.40; No. 2, July -6.45; No. 2, Aug. -6.50; No. 2, Sept. -6.55; No. 2, Oct. -6.60; No. 2, Nov. -6.65; No. 2, Dec. -6.70; No. 2, Jan. -6.75; No. 2, Feb. -6.80; No. 2, Mar. -6.85; No. 2, Apr. -6.90; No. 2, May -6.95; No. 2, June -7.00; No. 2, July -7.05; No. 2, Aug. -7.10; No. 2, Sept. -7.15; No. 2, Oct. -7.20; No. 2, Nov. -7.25; No. 2, Dec. -7.30; No. 2, Jan. -7.35; No. 2, Feb. -7.40; No. 2, Mar. -7.45; No. 2, Apr. -7.50; No. 2, May -7.55; No. 2, June -7.60; No. 2, July -7.65; No. 2, Aug. -7.70; No. 2, Sept. -7.75; No. 2, Oct. -7.80; No. 2, Nov. -7.85; No. 2, Dec. -7.90; No. 2, Jan. -7.95; No. 2, Feb. -8.00; No. 2, Mar. -8.05; No. 2, Apr. -8.10; No. 2, May -8.15; No. 2, June -8.20; No. 2, July -8.25; No. 2, Aug. -8.30; No. 2, Sept. -8.35; No. 2, Oct. -8.40; No. 2, Nov. -8.45; No. 2, Dec. -8.50; No. 2, Jan. -8.55; No. 2, Feb. -8.60; No. 2, Mar. -8.65; No. 2, Apr. -8.70; No. 2, May -8.75; No. 2, June -8.80; No. 2, July -8.85; No. 2, Aug. -8.90; No. 2, Sept. -8.95; No. 2, Oct. -9.00; No. 2, Nov. -9.05; No. 2, Dec. -9.10; No. 2, Jan. -9.15; No. 2, Feb. -9.20; No. 2, Mar. -9.25; No. 2, Apr. -9.30; No. 2, May -9.35; No. 2, June -9.40; No. 2, July -9.45; No. 2, Aug. -9.50; No. 2, Sept. -9.55; No. 2, Oct. -9.60; No. 2, Nov. -9.65; No. 2, Dec. -9.70; No. 2, Jan. -9.75; No. 2, Feb. -9.80; No. 2, Mar. -9.85; No. 2, Apr. -9.90; No. 2, May -9.95; No. 2, June -10.00; No. 2, July -10.05; No. 2, Aug. -10.10; No. 2, Sept. -10.15; No. 2, Oct. -10.20; No. 2, Nov. -10.25; No. 2, Dec. -10.30; No. 2, Jan. -10.35; No. 2, Feb. -10.40; No. 2, Mar. -10.45; No. 2, Apr. -10.50; No. 2, May -10.55; No. 2, June -10.60; No. 2, July -10.65; No. 2, Aug. -10.70; No. 2, Sept. -10.75; No. 2, Oct. -10.80; No. 2, Nov. -10.85; No. 2, Dec. -10.90; No. 2, Jan. -10.95; No. 2, Feb. -11.00; No. 2, Mar. -11.05; No. 2, Apr. -11.10; No. 2, May -11.15; No. 2, June -11.20; No. 2, July -11.25; No. 2, Aug. -11.30; No. 2, Sept. -11.35; No. 2, Oct. -11.40; No. 2, Nov. -11.45; No. 2, Dec. -11.50; No. 2, Jan. -11.55; No. 2, Feb. -11.60; No. 2, Mar. -11.65; No. 2, Apr. -11.70; No. 2, May -11.75; No. 2, June -11.80; No. 2, July -11.85; No. 2, Aug. -11.90; No. 2, Sept. -11.95; No. 2, Oct. -12.00; No. 2, Nov. -12.05; No. 2, Dec. -12.10; No. 2, Jan. -12.15; No. 2, Feb. -12.20; No. 2, Mar. -12.25; No. 2, Apr. -12.30; No. 2, May -12.35; No. 2, June -12.40; No. 2, July -12.45; No. 2, Aug. -12.50; No. 2, Sept. -12.55; No. 2, Oct. -12.60; No. 2, Nov. -12.65; No. 2, Dec. -12.70; No. 2, Jan. -12.75; No. 2, Feb. -12.80; No. 2, Mar. -12.85; No. 2, Apr. -12.90; No. 2, May -12.95; No. 2, June -13.00; No. 2, July -13.05; No. 2, Aug. -13.10; No. 2, Sept. -13.15; No. 2, Oct. -13.20; No. 2, Nov. -13.25; No. 2, Dec. -13.30; No. 2, Jan. -13.35; No. 2, Feb. -13.40; No. 2, Mar. -13.45; No. 2, Apr. -13.50; No. 2, May -13.55; No. 2, June -13.60; No. 2, July -13.65; No. 2, Aug. -13.70; No. 2, Sept. -13.75; No. 2, Oct. -13.80; No. 2, Nov. -13.85; No. 2, Dec. -13.90; No. 2, Jan. -13.95; No. 2, Feb. -14.00; No. 2, Mar. -14.05; No. 2, Apr. -14.10; No. 2, May -14.15; No. 2, June -14.20; No. 2, July -14.25; No. 2, Aug. -14.30; No. 2, Sept. -14.35; No. 2, Oct. -14.40; No. 2, Nov. -14.45; No. 2, Dec. -14.50; No. 2, Jan. -14.55; No. 2, Feb. -14.60; No. 2, Mar. -14.65; No. 2, Apr. -14.70; No. 2, May -14.75; No. 2, June -14.80; No. 2, July -14.85; No. 2, Aug. -14.90; No. 2, Sept. -14.95; No. 2, Oct. -15.00; No. 2, Nov. -15.05; No. 2, Dec. -15.10; No. 2, Jan. -15.15; No. 2, Feb. -15.20; No. 2, Mar. -15.25; No. 2, Apr. -15.30; No. 2, May -15.35; No. 2, June -15.40; No. 2, July -15.45; No. 2, Aug. -15.50; No. 2, Sept. -15.55; No. 2, Oct. -15.60; No. 2, Nov. -15.65; No. 2, Dec. -15.70; No. 2, Jan. -15.75; No. 2, Feb. -15.80; No. 2, Mar. -15.85; No. 2, Apr. -15.90; No. 2, May -15.95; No. 2, June -16.00; No. 2, July -16.05; No. 2, Aug. -16.10; No. 2, Sept. -16.15; No. 2, Oct. -16.20; No. 2, Nov. -16.25; No. 2, Dec. -16.30; No. 2, Jan. -16.35; No. 2, Feb. -16.40; No. 2, Mar. -16.45; No. 2, Apr. -16.50; No. 2, May -16.55; No. 2, June -16.60; No. 2, July -16.65; No. 2, Aug. -16.70; No. 2, Sept. -16.75; No. 2, Oct. -16.80; No. 2, Nov. -16.85; No. 2, Dec. -16.90; No. 2, Jan. -16.95; No. 2, Feb. -17.00; No. 2, Mar. -17.05; No. 2, Apr. -17.10; No. 2, May -17.15; No. 2, June -17.20; No. 2, July -17.25; No. 2, Aug. -17.30; No. 2, Sept. -17.35; No. 2, Oct. -17.40; No. 2, Nov. -17.45; No. 2, Dec. -17.50; No. 2, Jan. -17.55; No. 2, Feb. -17.60; No. 2, Mar. -17.65; No. 2, Apr. -17.70; No. 2, May -17.75; No. 2, June -17.80; No. 2, July -17.85; No. 2, Aug. -17.90; No. 2, Sept. -17.95; No. 2, Oct. -18.00; No. 2, Nov. -18.05; No. 2, Dec. -18.10; No. 2, Jan. -18.15; No. 2, Feb. -18.20; No. 2, Mar. -18.25; No. 2, Apr. -18.30; No. 2, May -18.35; No. 2, June -18.40; No. 2, July -18.45; No. 2, Aug. -18.50; No. 2, Sept. -18.55; No. 2, Oct. -18.60; No. 2, Nov. -18.65; No. 2, Dec. -18.70; No. 2, Jan. -18.75; No. 2, Feb. -18.80; No. 2, Mar. -18.85; No. 2, Apr. -18.90; No. 2, May -18.95; No. 2, June -19.00; No. 2, July -19.05; No. 2, Aug. -19.10; No. 2, Sept. -19.15; No. 2, Oct. -19.20; No. 2, Nov. -19.25; No. 2, Dec. -19.30; No. 2, Jan. -19.35; No. 2, Feb. -19.40; No. 2, Mar. -19.45; No. 2, Apr. -19.50; No. 2, May -19.55; No. 2, June -19.60; No. 2, July -19.65; No. 2, Aug. -19.70; No. 2, Sept. -19.75; No. 2, Oct. -19.80; No. 2, Nov. -19.85; No. 2, Dec. -19.90; No. 2, Jan. -19.95; No. 2, Feb. -20.00; No. 2, Mar. -20.